

This year consists of the following competitions:

25.5	Roskilde, DEN	12 th Nordic 10000m Challenge
7.-8.6	Jyväskylä, FIN	36 th Nordic Junior Championships Combined Events
16.-17.8	Bergen, NOR	5 th Nordic U20 Match & Championships
6.-7.9	Tampere, FIN	5 th Nordic U23 Championships – Open for EST, LAT, LTU
13.9	Eskilstuna, SWE	27 th Nordic Race Walking Championships
5.10	Stockholm, SWE	26 th Nordic Race Walking Championships Long distances
15.11	København, DEN	12 th Nordic Cross Country Championships

Nordic 10000 m Challenge

Roskilde, DEN 25 May

Men

Senior	25 May
1 Matti Räsänen	FIN 29:43.63
2 Obed Kipkurui	FIN 29:55.73
3 Jesper Faurschau	DEN 29:56.46
4 Tuomas Jokinen	FIN 30:25.26
5 Rolf Knudsen	DEN 30:26.98
6 Mikael Ekwall	SWE 30:50.63
7 Henry Gross	SWE 31:06.91
8 Mikael Olsen	NOR 31:14.05

9 Martin Kjäll-Ohlsson, SWE 31:57.52, Laust Bengtsen, DEN DNF
Extra: Henri Manninen, FIN 30:04.56, Miikka Takala, FIN 30:37.27, Jeppe Farsøht, DEN 31:25.12, Jarkko Hamberg, FIN DNF

Women

Senior	25 May
1 Kirsten Melkevik Otterbu	NOR 32:31.45
2 Maria Sig Møller	DEN 34:25.28
3 Anna von Schenk	SWE 34:44.13
4 Anna Rahm	SWE 34:48.22
5 Johanna Peiponen	FIN 36:23.72
6 Suvi Miettinen	FIN 36:43.92
7 Laura Skyttä	FIN 37:35.99

Extra: Sanna Kullberg, FIN DNS

Nordic Junior Championships Combined Events

Jyväskylä, FIN 7-8 Jun

Men

U23 Decathlon	7-8 Jun
1 Tero Ojala	FIN 7.364
2 Rasmus Carlsson	SWE 6.879
3 Josua Gustafsson	SWE 6.791
4 Juho Mäkipää	FIN 6.768
5 Joel Thorén	SWE 4.160
Sami Itani	FIN DNF
Ex Perttu Noponen	FIN 6.510
(100m, Long jump, Shot put 7,26kg, High jump, 400m, 110 hurdles 106,7cm, Discus 2kg, Pole vault, Javelin throw 800g, 1500m)	
1 11.64 6.91 13.18 1.90 51.15 16.15 41.34 4.65 66.73 4:46.08	
723 792 678 714 762 716 692 804 840 643	
-0,5 -0,7	-1,6
2 11.39 6.59 13.23 1.90 51.08 16.35 35.39 4.65 48.80 4:55.88	
776 718 681 714 765 694 572 804 571 584	
-0,5 +2,0	-1,6
3 11.45 6.44 11.54 1.93 50.62 14.64 32.64 4.55 46.51 5:07.81	
763 684 579 740 786 894 517 775 537 516	
-0,5 +0,5	-1,6
4 12.03 6.74 12.76 1.93 56.06 16.03 34.16 4.75 64.47 5:09.74	
645 753 653 740 557 729 547 834 705 505	
-0,5 -1,3	-1,6
5 11.56 NM NM 1.93 DNF 16.60 36.55 4.05 63.28 DNF	
740 0 0 740 0 667 595 631 787 0	
-0,5	-1,6
11,48 DNS	
757	
-0,5	

Ex 11.33 7.10 13.38 1.93 51.59 15.12 41.16 NM 55.75 5:08.28
789 838 690 740 743 835 688 0 674 513
-0,5 +0,9 -1,6

High jump

	1.81	1.84	1.87	1.90	1.93	1.96
1	o	o	xo	o	xxx	
2	o	o	o	xo	xxx	
3		o	-	xo	o	xxx
4	xo	-	xo	o	xo	xxx
5			xo	xo	Xxx	
Ex	xo	o	xo	xo	xxo	xxx

Pole vault

	3.95	4.05	4.15	4.25	4.35	4.45	4.55	4.65	4.75	4.85
1		o	-	o	o	o	xo	xxo	xxx	
2					o	-	xo	o	xxx	
3		o	o	o	o	o	xxo	xxx		
4						xxo	xo	-	xxo	xxx
5	xxo	xxo	-							
Ex	xxx									

Long jump

	6.48	6.78	6.91	13.18	12.85	13.13	37.92	41.02	41.34	66.73	X	64.66
1	-1,2	+1,1	-0,7									
2	6.28	6.59	6.33	12.33	X	13.23	34.74	35.39	X	45.59	46.69	48.80
	+1,4	+2,0	+0,5									
3	6.31	X	6.44	10.60	10.98	11.54	32.64	X	31.01	46.51	43.52	41.83
	+0,2		+0,5									
4	6.74	6.56	X	12.76	12.68	12.60	X	29.25	34.16	58.61	64.47	60.48
	-1,3	+1,7										
5	X	X	X	X	X	X	36.55	X	36.43	61.39	63.28	X

DNS

Ex X 7.10 7.04 12.35 13.38 12.81 X 41.16 X 46.26 49.52 55.75
+0,9 -0,6

U20 Decathlon

	7-8 Jun
1 Sveinn Elías Elíasson	ISL 7.086
2 Niklas Karlsson	SWE 7.067
3 David Kallebäck	SWE 7.051
4 Tero Sarkala	FIN 6.676
5 Einar Daði Lárusson	ISL 6.658
6 Petri Lemmetyinen	FIN 6.387
7 Morten Laugesen	DEN 5.709

Felix Siljebäck-Larsen, SWE DNF, Juha Sola, FIN DNF,, Petter Olson, SWE DNF
(100m, Long jump, Shot put 6kg, High jump, 400m, 100m hurdles 100cm, Discus 1.75kg, Pole vault, Javelin throw 800g, 1500m)

1 10.98 6.96 13.11 1.87 48.86 15.28 32.61 4.25 44.55 4:43.19	
865 804 674 687 868 816 516 688 508 660	
-0,3 +3,0	+0,2
2 11.90 6.28 13.78 1.87 51.74 14.59 38.26 4.25 51.10 4:23.41	
671 648 715 687 736 900 688 605 788 788	
-1,8 +0,4	+1,7
3 11.28 7.00 12.81 1.99 51.55 16.87 43.57 4.05 46.19 4:36.17	
799 814 656 794 745 638 737 631 532 705	
-0,3 +1,4	+0,2
4 11.91 6.44 13.41 1.90 51.98 14.85 35.91 4.15 52.86 5:19.73	
669 684 692 714 726 868 582 659 631 451	
-1,8 -1,0	+1,7
5 11.41 6.77 11.76 1.90 50.14 14.97 36.88 3.45 42.17 4:50.50	
771 760 592 714 808 853 601 469 474 616	
-1,8 +1,3	+1,7

6	11.66	6.47	13.49	1.72	53.96	15.17	29.24	4.25	48.28	5:01.91
	719	691	697	560	641	829	450	688	563	549
	-0,3	+1,1				+0,2				
7	12.18	6.06	10.28	1.69	54.47	17.01	23.94	4.15	45.84	4:40.24
	616	600	502	536	620	623	347	659	527	679
	-0,3	+1,1				+0,2				
	11.49	6.68	11.72	1.72	51.19	15.82	39.95	NM	DNS	
	755	739	589	560	761	752	664	0		
	-0,3	+0,7				+1,7				
	11.82	6.53	12.82	1.81	51.69	15.63	DNS			
	687	704	656	636	738	674				
	-0,3	+1,3				+0,2				
	11.71	6.66	12.79	DNS						
	709	734	654							
	-1,8	+0,2								

High jump

	<u>1.60</u>	<u>1.63</u>	<u>1.66</u>	<u>1.69</u>	<u>1.72</u>	<u>1.75</u>	<u>1.78</u>	<u>1.81</u>	<u>1.84</u>	<u>1.87</u>	<u>1.90</u>	<u>1.93</u>	<u>1.96</u>	<u>1.99</u>	<u>2.02</u>
1					o	-	-	xo	xxo	o	xxx				
2						o	o	o	o	xo	xxx				
3										o	o	o	o	o	xxx
4					o	o	o	o	o	o	xxo	x-			
5					o	-	o	-	o	o	xo	xxx			
6					xxo	xxx									
7	xxo	-	xo	o	xxx										
	o	o	o	-	xxo	xxx									
					o	o	xo	o	xxx						

DNS

Pole vault

	<u>3.35</u>	<u>3.45</u>	<u>3.55</u>	<u>3.65</u>	<u>3.75</u>	<u>3.85</u>	<u>3.95</u>	<u>4.05</u>	<u>4.15</u>	<u>4.25</u>	<u>4.35</u>
1								o	o	o	xxx
2							o	o	o	o	xxx
3				o	xo	o	o	o	xxx		
4				o	.	o	o	o	xxx		
5	o	xo	xxx								
6						o	xo	xo	xxx		
7				o	-	o	-	xxo	xo	xxx	
						xxx					

	Long jump			Shot put			Discus throw			Javelin throw		
1	6.36	6.96	6.64	12.74	13.11	X	X	30.36	32.61	44.55	-	-
	+1,0	+3,0	+0,9									
2	6.23	6.28	6.21	13.01	12.54	13.78	37.04	36.23	38.26	51.10	50.84	50.93
	+2,4	+0,4	+1,6									
3	X	6.43	7.00	11.36	12.81	X	39.59	40.10	43.57	45.20	40.96	46.19
	+1,7	+1,4										
4	6.31	6.44	4.49	13.41	X	13.17	33.29	35.91	35.72	51.63	X	52.86
	+0,7	-1,0	+0,7									
5	X	6.67	6.77	10.03	11.62	11.76	36.47	36.88	34.38	40.83	42.17	X
	+0,7	+1,3										
6	6.47	6.18	6.32	13.49	13.27	13.21	X	29.07	29.24	46.19	48.28	X
	+1,1	+0,9	-0,4									
7	2.53	6.06	5.93	10.28	9.97	9.91	X	X	23.94	38.37	45.50	45.84
	+2,3	+1,1	+2,0									
	X	6.56	6.68	11.72	X	X	39.95	34.21	38.11	DNS		
	+0,9	+0,7										
	6.53	6.42	1.99	12.33	12.45	12.82	DNS					
	+1,3	+0,5	+1,1									
	6.32	6.66	6.43	12.69	12.79	12.76						
	+1,1	+0,2	-0,1									

U18 Decathlon

1	Eetu Taskinen	FIN	7.491							
2	Otto Ylöstalo	FIN	7.426							
3	Marcus Nilsson	SWE	7.272							
4	Samuli Bryggare	FIN	7.182							
5	Fabian Rosenquist	SWE	7.103							
6	Tuomas Ranta	FIN	6.840							
	Sebastian Axell	SWE	DNF							
(110m hurdles 91,4cm, Discus 1,5kg, Pole Vault, Javelin throw 700g, 300m, 100m, Long jump, Shot put 5kg, High jump, 1000m)										
1	11.68	6.60	15.61	1.81	36.26	15.15	46.25	4.45	55.82	2:52.04
	715	720	827	636	804	831	793	746	675	744
	+1,8	+1,6				-0,5				
2	11.77	6.81	14.91	1.90	36.98	14.77	41.61	4.15	58.92	2:51.91
	+1,8	+3,6				-0,5				

3	11.85	6.35	14.95	1.87	36.56	15.22	41.66	4.15	55.68	2:45.41
	681	664	787	687	786	823	698	659	673	814
	+1,8	+1,0				-0,5				
4	11.53	7.00	14.09	1.84	36.16	14.74	36.36	3.55	55.85	2:49.29
	746	814	734	661	810	881	591	496	676	773
	+1,8	+2,2				-0,5				
5	11.58	7.02	13.99	1.78	35.87	14.87	39.00	5.75	45.27	2:46.15
	736	818	728	610	828	865	644	549	519	806
	+1,8	+3,6				-0,5				
6	11.73	6.10	15.71	1.81	37.99	15.60	46.99	3.65	51.00	3:01.85
	705	608	833	636	701	778	808	522	603	646
	+1,8	+2,0				-0,5				
						38.36	15.98	35.42	4.45	56.17
						680	735	572	746	680
						-0,5				

High jump

	<u>1.63</u>	<u>1.66</u>	<u>1.69</u>	<u>1.72</u>	<u>1.75</u>	<u>1.78</u>	<u>1.81</u>	<u>1.84</u>	<u>1.87</u>	<u>1.90</u>	<u>1.93</u>
1		o	o	o	o	o	xo	xxx			
2			o	-	o	o	o	xo	o	xo	xxx
3	o	-	o	-	o	o	o	o	xo	xxx	
4					o	o	o	xo	xxx		
5			o	o	o	o	xxx				
6		xo	o	-	xo	xxo	xxx				

Pole vault

	<u>2.85</u>	<u>2.95</u>	<u>3.05</u>	<u>3.15</u>	<u>3.25</u>	<u>3.35</u>	<u>3.45</u>	<u>3.55</u>	<u>3.65</u>	<u>3.75</u>	<u>3.85</u>	<u>3.95</u>	<u>4.05</u>	<u>4.15</u>	<u>4.25</u>
1															xxo
2	-	xo	xxx												
3									o	-	xo	xo	o	xo	xxx
4									xo	-	o	-	xo	o	xxx
5	xxo	-	o	-		o	o	o	xxo	xxx					
6						o	o	o	o	xxo	o	xxx			
														o	o
														o	

	Long jump			Shot put			Discus throw			Javelin throw		
1	X	6.60	6.46	14.62	14.72	15.61	39.51	46.25	X	51.74	55.82	51.01
		+1,6	+3,7									
2	6.56	X	6.81	14.47	14.91	-	33,75	40.88	41.61	55.54	58.92	53.95
	+2,1	+3,6										
3	5.98	6.34	X	14.07	14.46	14.95	29.96	38.32	41.66	55.68	52.09	51.85
	+1,9	+1,0										
4	X	6.92	7.00	13.93	14.09	14.09	35.11	35.79	36.36	55.85	-	-
	+1,2	+2,2										
5	X	6.91	7.02	12.83	13.51	13.99	X	X	39.00	X	45.27	44.18
	+2,2	+3,6										
6	5.65	5.92	6.10	15.23	15.71	15.19	38.84	46.99	X	46.44	51.00	47.90
	+3,4	+2,5	+2,0									
							35.42	X	X	53.32	53.90	56.17

Women

U23 Heptathlon

1	Lene Secher Myrmel	NOR	5.030				
2	Jutta Heinonen	FIN	4.944				
3	Miia Kurppa	FIN	4.934				
4	Sandra Höckerstrand	SWE	4.724				
5	Sari Mäkilammi	FIN	4.681				
6	Emilie Haaparanta	SWE	4.514				
	Bettina Lindahl	FIN	DNF				
(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw, 800m)							
1	14.71	1.61	10.37	26.10	5.81	32.12	2:25.39
	880	747	5.54	7.88	7.92	5.17	7.52
	-1,8			+0,3	+0,3		
2	15.76	1.64	11.11	26.79	5.45	40.93	2:28.27
	744	783	602	729	686	685	715
	-1,8			+0,3	+1,3		
3	15.05	1.58	11.59	27.55	5.49	41.05	2:29.24
	835	712	634	667	697	687	702
	-1,8			+0,3	+2,8		
4	15.82	1.58	10.53	27.31	5.34	40.57	2:29.93
	736	712	564	686	654	678	694
	-1,8			+0,3	+2,1		
5	15.75	1.67	10.76	27.38	5.13	37.29	2:33.61
	745	818	579	681	595	615	648

-1,8 +0,3 +1,3
6 14.86 1.49 9.80 26.32 5.49 35.15 2:47.81
860 610 516 769 697 575 487
-1,8 +0,3 +1,0
7 16.20 1.64 DNS
690 783
-1,8

High jump

1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70
1 xo o o xo o xo xxx
2 o o o xxo xo xxx
3 o o o xxx
4 o o o xo o xxx
5 o o xxo xo xo xxx
6 o o - o o xxo xxx
o o xo o xxx

Long jump Shot put Javelin throw
1 5.40 5.72 5.81 9.63 10.37 9.92 30.10 X 32.12
-0,6 +2,1 +0,3
2 5.32 5.45 5.29 10.91 X 11.11 36,44 40.93 40.26
-0,3 +1,3 +0,5
3 5.49 5.36 X 10.73 11.47 11.59 41.05 X X
+2,8 +2,3
4 4.89 5.19 5.34 10.24 X 10.53 32.49 37.28 40.57
+1,9 +3,0 +2,1
5 X 5.11 5.13 10.35 10.76 10.62 34.79 37.29 33.34
+1,1 +1,3
6 5.49 4.36 X 9.33 9.80 9.60 X 32.06 35.15
+1,0 +1,5
DNS

U20 Heptathlon

7-8 Jun
1 **Frida Linde** SWE **5.542**
2 **Maiju Mattila** FIN **5.225**
3 **Andrea Nybäck** SWE **5.176**
4 **Katrine Haarklau** NOR **5.040**
5 **Josefin Svensson** SWE **4.815**
6 **Minna Viljanen** FIN **4.770**
7 **Suvi Liimatainen** FIN **4.422**
Katariina Valla FIN **DNF**

(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw 600g, 800m)

1 14.65 1.70 11.80 26.10 5.60 45.56 2:17.33
888 855 648 788 729 774 860
-1,9 -1,4 +3,5
2 14.70 1.73 11.70 25.91 5.72 41.15 2:41.85
882 891 641 805 765 689 552
-1,9 -1,4 +1,1
3 14.50 1.64 10.27 24.97 5.77 36.20 2:31.69
909 783 547 890 780 595 672
-1,9 -1,4 +2,3
4 14.67 1.58 11.11 26.22 5.11 45.33 2:29.19
886 712 602 778 589 770 703
-1,9 -1,4 +2,1
5 15.12 1.64 11.18 26.78 5.49 32.69 2:34.00
826 783 607 730 697 456 625
-1,9 -1,4 +1,7
6 14.48 1.64 10.55 26.54 5.42 28.89 2:35.56
912 783 566 751 677 456 625
-1,9 -1,4 +4,1
7 15.20 1.55 10.39 26.67 5.59 33.83 3:00.71
815 678 555 740 726 549 359
-1,9 -1,4 +3,0
16.22 1.49 DNS
688 610
-1,9

High jump

1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76
1 o o o xo xo xxx
2 o o o xo o o xxx
3 o o o xxo xxo xxx
4 o o o xo xxo xxo xxx
5 o o o xo xxo xxx

6 o - o xo x-
7 o xxo xxx
8 o xxo xxx

Long jump Shot put Javelin throw
1 5.00 X 5.60 X 11.80 11.56 45.56 45.30 40.69
+0,7 +3,5
2 5.41 5.72 5.68 11.41 11.53 11.70 X 41.15 X
+4,0 +1,1 +2,9
3 5.59 5.77 5.70 9.79 9.96 10.27 36.20 31.05 26.52
+0,8 +2,3 -0,2
4 5.11 4.80 5.09 10.25 X 11.11 40.73 45.33 41.97
+2,1 +0,8 +2,2
5 5.49 5.46 X 11.18 10.76 11.06 32.69 32.66 31.36
+1,7 -0,5
6 5.36 X 5.42 10.03 X 10.55 28.89 27.03 26.73
+1,8 +4,1
7 5.45 5.59 X X 10.39 9.37 33.83 30.73 32.53
+2,1 +3,0

DNS

U18 Heptathlon

7-8 Jun
1 **Helga Margrét Þorsteinnsdóttir** ISL **5.520**
2 **Josephine Rohr** SWE **5.267**
3 **Lisa Linell** SWE **4.997**
4 **Tiina Säily** FIN 4.797
5 **Ingvild Rønhovde** NOR 4.777
6 **Mirva Vainionpää** FIN 4.682
7 **Cecilie Sams** DEN 4.509
8 **Malin Eriksson** SWE 4.469

9 Sanni Kuusisto, FIN 4.395, 10 Guðrún María Pétursdóttir, ISL 4.035

(100m hurdles 76,2cm, High jump, Shot put 3kg, 200m, Long jump, Javelin throw 500g, 800m)

1 14.59 1.64 13.03 25.28 5.48 41.87 2:17.87
897 783 729 861 694 703 853
-0,1 +1,3 +3,9
2 13.97 1.58 12.83 25.77 5.68 31.08 2:22.60
983 712 716 817 753 497 789
+0,8 +1,3 +1,2
3 14.82 1.58 11.87 26.23 5.42 33.69 2:24.35
866 712 653 777 677 547 765
-0,1 +1,3 +1,7
4 15.38 1.52 11.89 26.99 5.09 40.14 2:26.32
792 644 654 713 584 670 740
-0,1 +1,3 +1,8
5 15.18 1.49 13.88 26.54 4.93 31.92 2:24.87
818 610 786 751 540 513 759
+0,8 +1,3 -0,5
6 14.98 1.55 10.01 27.10 5.21 43.04 2:39.10
844 678 530 704 617 726 583
-0,1 +1,3 +1,7
7 15.43 1.64 10.40 26.74 5.34 25.93 2:37.98
786 783 556 734 654 400 596
+0,8 +1,3 +2,0
8 14.73 1.58 11.04 26.46 5.05 30.03 2:49.02
878 712 598 757 573 477 474
-0,1 +1,3 +0,7
9 16.09 1.55 12.03 27.89 4.92 32.18 2:33.10
703 678 663 640 538 518 655
+0,8 +1,3 +0,5
10 15.86 1.64 8.41 27.95 5.08 19.85 2:38.31
732 783 426 635 581 286 592
-0,1 +1,3 +0,3

High jump

1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67
1 o - xo xo o xxx
2 o o o xo xxx
3 o o o xxx
4 xxo xo o xxx
5 o o o o o xo xxx
6 o o o o o xxo xxx
7 o o o o o o o xxx
8 o o xxx
9 o o o o xxo xxo xxx
10 o - o o o xxx

	Long jump			Shot put			Javelin throw		
1	5.48	X	X				33.56	32.83	41.87
	+3,9			13.03	X	X			
2	5.38	4.76	5.68	12.83	12.21	12.62	31.08	X	30.94
	+0,7	+2,2	+1,2						
3	5.19	X	5.42	11.76	11.87	11.48	32.98	33.69	28.62
	+0,4		+1,7						
4	4.91	4.90	5.09	11.75	11.82	11.89	40.14	36.59	X
	+1,3	+1,1	+1,8						
5	4.51	4.61	4.93	X	X	13.88	31.92	31.57	30.50
	-1,2	-1,9	-0,5						
6	5.18	5.21	X	X	9.61	10.01	41.20	42.05	43.04
	+0,2	+1,7							
7	5.27	5.23	5.34	10.40	X	8.56	24.17	25.59	25.93
	+1,0	+2,3	+2,0						
8	5.05	5.03	5.01	11.01	11.04	10.63	30.03	X	28.23
	+0,7	+2,7	+3,0						
9	4.92	4.90	4.80	11.85	12.03	X	30.82	32.18	31.22
	+0,5	+1,1	-1,0						
10	5.08	5.07	4.86	8.31	7.32	8.41	17.22	19.85	X
	+0,3	+0,8	+1,2						

Nordic U20 Match & Championships

Fana Stadion, Bergen, NOR 16-17 Aug

Men

	100 m		16 Aug	-1,2
1	Tom Kling-Baptiste	SWE	10.80	
2	Philip Bjørnå Berntsen	NOR	10.95	
3	Oskar Åberg	SWE	11.00	
4	Eero Haapala	FIN	11.02	
5	Lauri Kirkkola	FIN	11.05	
6	Peter Osazuwa	NOR	11.11	
7	Mike Kalisz	DEN	11.13	
8	Svein Elías Elíasson	ISL	11.23	
	200 m		17 Aug	-1,0
1	Lauri Kohtamäki	FIN	21.36	
2	Alexander Nordkvist	SWE	21.41	
3	Per Magnus Arjun Solli	NOR	21.88	
4	Philip Bjørnå Berntsen	NOR	21.89	
5	Oskar Åberg	SWE	21.98	
6	Oula Nurmio	FIN	22.24	
7	Kasper Olsen	DEN	22.67	
8	Bjarki Gíslason	ISL	23.86	
	400 m		16 Aug	
1	Tatu Markkila	FIN	48.02	
2	Mauritz Kåshagen	NOR	48.42	
3	Petteri Monni	FIN	48.93	
4	Martin Loftås Kåstad	NOR	49.20	
5	Rasmus Olsen	DEN	49.50	
6	Rasmus Ersson	SWE	53.65	
7	Amir Shaker	SWE	60.51	
	Svein Elías Elíasson	ISL	DNS	
	800 m		16 Aug	
1	Johan Svensson	SWE	1:52.01	
2	Anton Asplund	SWE	1:52.14	
3	Thomas Roth	NOR	1:52.42	
4	Henrik Ingebrigtsen	NOR	1:52.51	
5	Tommi Sundell	FIN	1:52.93	
6	Panu Jantunen	FIN	1:53.42	
7	Steffen Falch Larsen	DEN	1:56.99	
8	Mike Olsen	DEN	1:58.08	
	1500 m		17 Aug	
1	Hans Kristian Fløystad	NOR	3:50.56	

2	Henrik Ingebrigtsen	NOR	3:50.63
3	Tommi Sundell	FIN	3:51.19
4	Johan Hydén	SWE	3:54.80
5	Gustaf Altin	SWE	3:59.10
6	Steffen Falch Larsen	DEN	4:00.20
7	Otto Hartikainen	FIN	4:01.47

5000 m

		16 Aug	
1	Lars Nesbø Bakke	NOR	14:31.28
2	Erik Johansson	SWE	14:31.30
3	Sindre Buraas	NOR	14:32.18
4	Andreas Åhwall	SWE	14:42.02
5	Pekka Toivola	FIN	14:57.49
6	Anders Ludvigsen	DEN	15:37.44
7	Eetu Lindfors	FIN	15:46.36

110 m hurdles

		17 Aug	-1,6
1	Artti Niinikoski	FIN	14.00
2	Arttu Hirvonen	FIN	14.28
3	Vladimir Vukicevic	NOR	14.58
4	Anders Erlend Idås	NOR	14.60
5	Marcus Sparrman	SWE	14.70
6	Amir Shaker	SWE	14.90
7	Christian Nielsen	DEN	16.12

400 m hurdles

		16 Aug	
1	Toni Sofronjuk	FIN	54.22
2	Ossi Linkoaho	FIN	54.94
3	Øyvind Strømmen Kjerpeset	NOR	55.20
4	Kristian Daniel Linnerud	NOR	55.56
5	Rasmus Ersson	SWE	56.56
6	Christian Nielsen	DEN	57.50
7	Marvin Tay	SWE	58.26

3000 m steeplechase

		17 Aug	
1	Tom Erling Kårbø	NOR	9:20.00
2	Sindre Buraas	NOR	9:26.35
3	Eric Senorski	SWE	9:41.35
4	Eetu Lindfors	FIN	9:47.27
5	Markus Liwing	SWE	10:01.95
6	Claus Bukhave	DEN	10:24.03
7	Aku Nikander	FIN	10:56.50

5000 m Walk

		16 Aug	
1	Matias Korpela	FIN	21:55.83
2	Perseus Ibáñez	SWE	22:16.99
3	Håvard Haukenes	NOR	22:59.36
4	Pål-Erik Lund	NOR	23:37.44
5	Anders Hansson	SWE	24:16.82
6	Tuukka Grönholm	FIN	26:30.43

High jump

		16 Aug	
1	Kjølsv Egeland	NOR	2.07
2	Emil Svensson	SWE	2.07
3	Jannick Klausen	DEN	2.04
4	Henri Vitikainen	FIN	2.01
4	Philip Frifelt-Lundqvist	SWE	2.01
6	Jarkko Parkkonen	FIN	1.98
7	Ivan Kristoffer Nilsen	NOR	1.95
8	Morten Bonde	DEN	1.95

Series	1.85	1.90	1.95	1.98	2.01	2.04	2.07	2.10
1			o	-	o	o	xo	xxx
2			o	o	xo	xo	xo	xxx
3	o	o	-	o	o	xo	xxx	
4		o	o	o	o	xxx		
4		o	o	o	o	xxx		
6	o	-	xo	xxo	xxx			
7		o	xo	xxx		?		

[illegible]

	Long jump	17 Aug	
1	Roni Ollikainen	FIN	7.45
2	Björn Wilson	SWE	7.31
3	Jarno Tenhunen	FIN	7.29
4	Erik Persson	SWE	6.94
5	Jonas Mögenburg	NOR	6.93
6	Sindre Rørvik	NOR	6.91
7	Andreas Trajkovski	DEN	6.81

Series	1	2	3	4	5	6
1	7.04	7.37	7.14	X	7.07	7.45
	+0,6	+1,4	+1,4		+0,9	+1,4
2	7.04	X	7.31	7.11	6.87	6.81
	+1,0		+1,3	+2,1	+1,5	+1,4
3	X	X	7.29	7.16	X	X
			+1,5	+1,6		
4	6.90	6.88	6.87	6.86	X	6.94
	+1,0	+0,6	+1,4	+1,4		+1,7
5	6.77	6.93	6.79	6.65	6.69	6.56
	+0,7	+1,3	+1,5	+1,2	+1,5	+1,3
6	6.47	6.48	X	6.47	6.66	6.91
	+0,8	+1,1		+0,6	+1,3	+1,2
7	6.81	6.68	-	X	X	6.60
	+1,1	+0,7				+0,9

Triple jump			16 Aug
1	Juho Sanaslahti	FIN	15.00
2	David Kallebäck	SWE	14.79
3	Joli Koivu	FIN	14.69
4	Moteba Mohammed	SWE	14.66
5	Stian Aaltvedt	NOR	13.69
6	Jonathan Varela Byrkjenes	NOR	13.69
7	Christoffer Rasmussen	DEN	13.46

Series	1	2	3	4	5	6
1	14.67 +2.8	14.69 +3.3	14.99 +1.8	X	-	15.00 +2.1
2	14.79 +3.0	14.33 +2.1	14.65 +1.2	14.11 +0.5	14.45 +0.9	14.69 +2.2
3	X	14.67 +2.3	X	X	14.69 +2.5	X
4	14.23 +0.9	14.62 +1.4	14.35 +1.8	X	14.66 +1.9	13.45 +1.3
5	X	13.51 +1.7	13.32 +1.2	X	13.60 +1.9	13.69 +2.2
6	X	12.50 +2.3	13.50 +1.3	13.69 +1.6	X	X
7	13.46 +3.4	X	X	X	X	X

<i>Shot put</i>		16 Aug	
1	Simon Gustafsson	SWE	19.16
2	Henri Pakisjärvi	FIN	18.71
3	Niko Hauhia	FIN	17.83
4	Fredrik Amundgård	NOR	16.84
5	Yngve Grøneng Havn	NOR	16.75
6	Örn Davíðsson	ISL	16.36
7	Pontus Rabe	SWE	15.90
8	Kenneth Mertz	DEN	15.88

<u>Series</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
1	17.50	X	X	18.85	19.16	X
2	18.71	X	17.97	18.44	X	X
3	17.83	X	X	X	X	X
4	16.84	16.74	16.33	X	X	X
5	X	16.60	16.75	16.31	X	X
6	X	14.51	14.30	14.34	16.36	14.98
7	15.30	X	X	15.65	15.90	X
8	X	X	15.22	15.53	15.88	15.88

	<i>Discus throw</i>	17 Aug	
1	Fredrik Amundgård	NOR	53.87
2	Simon Gustafsson	SWE	53.87
3	Johnny Karlsson	SWE	52.66
4	Pyry Niskala	FIN	51.40
5	Ville Kivioja	FIN	50.34
6	Magnus Røsholm Berntsen	NOR	49.78
7	Örn Davíðsson	ISL	46.99
8	Lasse Larsen	DEN	46.12

<u>Series</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
1	52.06	X	X	53.87	X	52.04
2	49.65	53.87	X	50.35	X	50.51
3	52.66	X	X	X	51.01	X
4	50.58	50.22	X	X	X	51.40
5	X	X	48.60	50.34	46.92	X
6	49.54	49.78	X	X	X	X
7	43.91	46.99	43.49	43.87	-	-
8	45.99	44.82	X	46.12	41.95	X

	<i>Hammer throw</i>	16 Aug	
1	Markus Johansson	SWE	71.36
2	Eivind Henriksen	NOR	69.99
3	Kai Räsänen	FIN	67.50
4	Harri Santala	FIN	62.12
5	Richard Villanger	NOR	53.15
6	Erik Romberg	SWE	51.53
7	Dan Thomsen	DEN	48.88

<u>Series</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
1	66.98	71.15	X	67.15	71.36	68.50
2	63.99	X	X	67.88	68.69	69.99
3	67.50	67.22	X	67.48	X	67.36
4	X	61.88	X	62.12	X	X
5	52.84	52.61	X	X	53.15	X
6	X	X	51.53	X	X	50.76
7	45.12	48.88	X	X	48.78	46.52

<i>Javelin throw</i>			17 Aug
1	Jakko Talvitie	FIN	70.88
2	Tuomas Laaksonen	FIN	69.62
3	Kim Amb	SWE	69.34
4	Pontus Bjärkvik	SWE	60.72
5	Paul Redford	NOR	59.96
6	Örn Davíðsson	ISL	59.14
7	Sigbjørn Wiken	NOR	57.18
8	Jimmie Berk	DEN	53.54

<u>Series</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>
1	68.17	67.23	67.75	65.63	70.88	X
2	68.67	67.72	69.62	67.89	X	66.81
3	X	64.20	X	X	69.34	66.39
4	59.82	X	60.59	X	60.72	60.26
5	55.91	59.96	58.56	57.89	X	57.27
6	55.30	59.14	X	X	53.78	53.86
7	X	57.18	X	X	X	54.40
8	50.21	50.29	53.54	X	-	-

	4x100 m relay	16 Aug	
1	SWE	41.33	(Tom Kling-Baptiste, Alexander Nordkvist, Carlos Fröjd, Oskar Åberg)
2	DEN	42.95	(Kasper Olsen, Mike Kalisz, Rasmus Olsen, Nick Ekelund-Arenander)
3	NOR	54.01	(Alexander Dalstrøm Winger, Peter Osazuwa, Per Magnus Solli, Philip Bjørnå Berntsen)
4	FIN	96.20	(Ville Myllymäki, Lauri Kirkkola, Joel Kuivaniemi, Eero Haapala)

	4x400 m relay	17 Aug	
1	SWE	3:14.25	(Johan Svensson, Anton Asplund, Oskar Åberg, Alexander Nordkvist)

2	NOR	3:14.51	(Martin Loftås Kåstad, Jonas Mögenburg, Carl Emil Kåshagen, Mauritz Kåshagen)
3	FIN	3:16.97	(Tatu Markkila, Santeri Tukia, Oula Nurmio, Petteri Monni)
4	DEN	3:22.03	(Rasmus Olsen, Andreas Christensen, Mike Olsen, Nick Ekelund-Arenander)

Points Men	Nation	Total
	FIN	211,5
	SWE	208,5
	NOR	202
	DEN/ISL	63

Women

100 m				16 Aug	-1,2
1	Folake Akinyemi	NOR	11.92		
2	Isabelle Eurenus	SWE	12.22		
3	Jenna Jokela	FIN	12.30		
4	Jasmin Showlah	FIN	12.33		
5	Sofia Hellberg-Jonsén	SWE	12.42		
6	Alisa Andersen	NOR	12.55		
7	Anne Effersø	DEN	12.65		
8	Hrafnhild Eir Hermóðsdóttir	ISL	12.73		
200 m				17 Aug	-1,4
1	Folake Akinyemi	NOR	24.32		
2	Matilda Hultgren	SWE	24.58		
3	Moa Hjelmer	SWE	24.84		
4	Ida Bakke Hansen	NOR	25.05		
5	Jenna Jokela	FIN	25.17		
6	Jasmina Viitala	FIN	25.35		
7	Hrafnhild Eir Hermóðsdóttir	ISL	25.48		
8	Anne Effersø	DEN	25.61		
400 m				16 Aug	
1	Moa Hjelmer	SWE	54.31		
2	Benedicte Hauge	NOR	54.48		
3	Josefin Magnusson	SWE	54.78		
4	Helga Margrét Þorsteinnsdóttir	ISL	56.09		
5	Anniina Laitinen	FIN	56.18		
6	Marine Eikemo Borge	NOR	56.49		
7	Kristiina Auno	FIN	59.14		
8	Patricia Lundsgaard	DEN	60.62		
800 m				17 Aug	
1	Sofia Öberg	SWE	2:09.56		
2	Heidi Pappila	FIN	2:10.83		
3	Martine Eikemo Borge	NOR	2:12.59		
4	Lisa Forsberg	SWE	2:13.23		
5	Ingeborg Løvnes	NOR	2:14.15		
6	Kaisa Tyni	FIN	2:14.21		
7	Katrine Væsel	DEN	2:16.36		
1500 m				16 Aug	
1	Sandra Eriksson	FIN	4:33.05		
2	Heidi Pappila	FIN	4:35.16		
3	Mary Alenbratt	SWE	4:35.63		
4	Ida Margrethe Neverdahl	NOR	4:36.69		
5	Nathalie Rohlén	SWE	4:37.90		
6	Katrine Væsel	DEN	4:45.22		
7	Martine Kongsten	NOR	4:47.52		
3000 m				17 Aug	
1	Sami Klemelä	FIN	9:51.68		
2	Runa Skrove Falch	NOR	10:06.11		
3	Sara Sjöqvist	SWE	10:07.62		
4	Kjersti Skaaraen Herberg	NOR	10:09.62		

5	Anni Hemminki	FIN	10:18.28
6	Bjørk H. Olsen	DEN	10:19.63
7	Sandra Södergren	SWE	10:24.21

100 m hurdles

		17 Aug	-0,9
1	Isabelle Pedersen	NOR	13.79
2	Marika Partinen	FIN	13.97
3	Tine Teigene Dalen	NOR	14.03
4	Matilda Bogdanoff	FIN	14.20
5	Fanny Lüpbert Thomsson	SWE	14.27
6	Andrea Nybäck	SWE	14.38
7	Helga Margrét Þorsteinsdóttir	ISL	15.31
8	Caroline Bonde Holm	DEN	15.61

400 m hurdles

		16 Aug	
1	Benedicte Hauge	NOR	58.89
2	Frida Persson	SWE	59.17
3	Tine Teigene Dalen	NOR	60.29
4	Emilia Granqvist	SWE	60.66
5	Emma Millard	FIN	60.94
6	Noora Toivo	FIN	63.08
7	Nanna Boholm	DEN	66.09

2000 m steeplechase

		17 Aug	
1	Sandra Eriksson	FIN	6:34.03
2	Klara Bodinson	SWE	6:52.25
3	Martine Kongsten	NOR	7:08.19
4	Josefin Berggren	SWE	7:08.71
5	Simone Glad	DEN	7:18.09
6	Helene Strømblad Hansen	NOR	7:20.19
7	Nina Korpisaari	FIN	7:43.03
	Íris Anna Skúladóttir	ISL	DNS

3000 m walk

		17 Aug	
1	Saara Saunamäki	FIN	14:33.97
2	Mikaela Löfbacka	FIN	14:35.49
3	Marianne Bjelke	NOR	16:48.36
4	Stine Larsen	NOR	17:04.23
5	Felicia Hogrell	SWE	17:11.05
6	Sigrid Ingelhart	SWE	18:43.22

High jump

		17 Aug	
1	My Nordström	SWE	1.76
2	Ellen Björklund	SWE	1.76
3	Laila Sandblom	FIN	1.73
4	Helga Margrét Þorsteinnsdóttir	ISL	1.65
4	Inger Anne Frøysedal	NOR	1.65
4	Katarina Mögenburg	NOR	1.65
7	Line Skriver	DEN	1.65
7	Elina Smolander	FIN	1.65

Series	1.55	1.60	1.65	1.70	1.73	1.76	1.79
1		xo	o	o	o	o	xxx
2		o	o	o	xo	xo	xxx
3		o	o	o	o	xxx	
4	o	o	o	xxx			
4	o	o	o	-			
4		o	o	xxx			
7	o	o	xxo	xxx			
7		o	xxo	xxx			

Pole vault

		16 Aug	
1	Petra Olsen	SWE	4.00
2	Caroline Bonde Holm	DEN	3.95
3	Katrine Haarklau	NOR	3.85
4	Madeleine Nilsson	SWE	3-70
5	Iben Høgh-Pedersen	DEN	3.65
6	Sanna Venäläinen	FIN	3.55
7	Carita Kröger	FIN	3.40

8	Hilde Svalheim Markussen	NOR	3.05
Series	2.65 3.05 3.15 3.20 3.25 3.30 3.35 3.40 3.45 3.50 3.55 3.60 3.65 3.70 3.75 3.80		
	3.85 3.90 3.95 4.00 4.05 4.20		
1	O - XO O - XXX		XO -
2	O - XXO - XXX		XO - XO -
3	XO - XXX	O - - -	XO - O -
4		XXO -	XO XXO - XXX
5		O O - XO -	XXO - XXX
6		O O - O -	XXX
7		O XXX	
8	O XO XXX		

	Long jump	16 Aug	
1	Mariika Partinen	FIN	6.06
2	Isabelle Pedersen	NOR	5.96
3	Oda Utsi Onstad	NOR	5.90
4	Malin Dahlström	SWE	5.68
5	Malin Olsson	SWE	5.67
6	Helga Margrét Þorsteinnsdóttir	ISL	5.45
7	Cecilie Sams	DEN	5.42
8	Sofia Sadeharju	FIN	5.42

Series	1	2	3	4	5	6
1	6.06	X	X	5.58	3.86	X
	+0,2			+0,3	-2,5	
2	5.85	5.73	X	5.80	X	5.96
	-0,3	-2,1		0,0		-1,3
3	5.73	5.82	5.77	X	5.90	5.79
	-0,7	-0,8	-0,7		-1,3	-2,3
4	5.46	5.54	5.68	5.40	5.61	5.56
	-1,4	-1,4	-0,6	+0,1	-1,0	-1,6
5	5.55	X	X	X	5.67	X
	-0,9				-1,7	
6	5.40	5.30	5.45	5.05	5.20	5.17
	-0,4	-1,0	-0,3	-0,9	-2,1	-2,9
7	5.24	5.42	5.21	5.28	5.16	5.29
	-2,0	-0,2	-1,7	-1,2	-2,4	-1,6
8	5.41	X	X	X	5.42	-
	-2,5				-1,5	

	Triple jump	17 Aug	
1	Mia Haave	NOR	12.99
2	Inger Anne Frøysedal	NOR	12.90
3	Maria Augutis	SWE	12.42
4	Liisa Naskali	FIN	12.30
5	Essi Lindgren	FIN	12.29
6	Ellen Björklund	SWE	12.26
	Jeanette Hedeager	DEN	NM

Series	1	2	3	4	5	6
1	12.98	12.87	12.99	11.85	12.93	11.69
	+1,4	+0,9	+0,9	+1,5	+1,1	-0,7
2	X	X	12.14	12.90	X	X
			+0,9	+1,0		
3	12.08	12.42	12.40	12.13	X	12.25
	+1,1	+1,0	+1,3	+1,6		0,0
4	11.81	12.19	12.16	12.06	12.30	11.90
	+1,6	+1,1	+0,7	+1,3	+1,4	+0,1
5	X	X	12.29	X	X	12.26
			+1,0			+0,5
6	-	-	X	12.26	X	12.21
				+1,3		+0,5
7	X	X	X	X	X	X

	Shot put	17 Aug	
1	Frida Åkerström	SWE	13.47
2	Trude Raad	NOR	13.15
3	Ingvild Rønhovde	NOR	13.04
4	Elina Mattila	FIN	13.03
5	Sandra Andersson	SWE	12.75
6	Katariina Valla	FIN	12.72
7	Trine Muldbjerg	DEN	12.44
8	Helga Margrét Þorsteinnsdóttir	ISL	11.90

Series	1	2	3	4	5	6
1	12.38	13.21	X	12.95	X	13.47
2	12.45	12.82	12.83	12.70	13.15	12.88
3	11.10	13.04	12.75	12.91	12.52	X
4	12.90	13.03	X	12.71	X	12.81

5	11.89	12.05	11.72	11.85	12.75	12.39
6	12.72	X	X	X	12.27	X
7	11.71	12.23	12.29	12.44	12.39	X
8	-	11.90	X	X	X	-

	Discus throw	16 Aug	
1	Katri Hirvonen	FIN	46.33
2	Elina Mattila	FIN	45.56
3	Hanna Erlandsson	SWE	45.11
4	Sandra Andersson	SWE	42.78
5	Ragnheiður Anna Þórsdóttir	ISL	40.43
6	Trude Raad	NOR	39.92
7	Solveig Fredriksen	NOR	36.56
8	Kathrine Bebe	DEN	34.46

Series	1	2	3	4	5	6
1	46.33	44.79	45.06	43.81	44.19	X
2	42.43	42.78	43.21	44.54	45.56	X
3	45.11	43.77	X	43.60	X	X
4	41.12	X	42.78	41.15	X	41.95
5	39.74	40.02	X	X	38.23	40.43
6	X	X	X	39.92	X	X
7	35.37	36.56	X	33.63	34.40	34.17
8	X	34.36	33.93	32.47	34.46	33.41

	Hammer throw	17 Aug	
1	Trude Raad	NOR	58.90
2	Johanna Salmela	FIN	56.72
3	Jonna Miettinen	FIN	55.59
4	Marte Rygg Årdal	NOR	53.51
5	Petra Öberg	SWE	51.44
6	Nike Hermans	SWE	50.68
7	Sandra Pétursdóttir	ISL	49.86
8	Heidi Hansen	DEN	39.28

Series	1	2	3	4	5	6
1	56.24	X	57.20	56.91	58.02	58.90
2	54.67	52.56	55.06	X	56.72	52.49
3	54.83	54.55	54.89	55.59	55.52	54.47
4	40.99	X	50.14	53.51	52.28	X
5	47.11	X	51.44	X	48.45	X
6	49.85	X	48.83	50.68	49.49	49.97
7	49.86	49.13	47.36	48.89	49.50	48.06
8	X	38.71	X	39.28	38.16	X

	Javelin throw	16 Aug	
1	Jelena Jaakkola	FIN	53.52
2	Anna Wessman	SWE	51.55
3	Oona Sormunen	FIN	51.06
4	Adriana Haga Thomassen	NOR	47.60
5	Valdís Anna Þrastardóttir	ISL	41.79
6	Lene Emilie Falch Vik	NOR	40.38
7	Frida Linde	SWE	38.52
8	Mie Nelander	DEN	35.16

Series	1	2	3	4	5	6
1	53.52	X	X	X	52.23	X
2	48.08	X	X	45.98	48.58	51.55
3	48.06	47.41	X	48.54	48.02	51.06
4	40.69	45.73	47.60	X	X	46.24
5	X	41.79	X	40.96	39.54	38.14
6	38.71	X	X	X	39.48	40.38
7	36.32	35.18	35.72	38.52	37.03	36.54
8	34.46	34.67	33.75	31.92	34.50	35.16

	4x100 m relay	16 Aug	
1	NOR	45.66	(Marte Jørgensen, Folake Akinyemi, Alisa Andersen, Tine Teigene Dalen)
2	FIN	46.65	(Jasmina Viitala, Jenna Jokela, Suvi Nisula, Jasmin Showlah)
3	SWE	46.85	(Fanny Luppert Thomsson, Sofia Hellberg-Jonsén, Matilda Hultgren, Louise Kronlund)
4	DEN	48.87	(Sara Svendsen, Anne Effersø, Cæcilie Sams, Silke Johansen)

	4x400 m relay	17 Aug	
1	SWE	3:42.50	(Josefin Magnusson, Frida Persson, Sofia Thorin, Moa Hjelmer)
2	NOR	3:42.66	(Heidi Ann Bruknaapp, Line Kloster, Martine Eikemo Borge, Benedicte Hauge)

3	FIN	3:49.72	(Emma Millard, Noora Toivo, Kristiina Auno, Anniina Laitinen)
4	DEN	4:02.54	(Patricia Lundsgaard, Nathalie Kold-Hansen, Katrine Toft Væsel, Silke Johansen)

Points Women	Nation	Total
	NOR	211
	SWE	207
	FIN	201,5
	DEN/ISL	67.5

Nordic-Baltic U23 Championships – Open for EST, LAT, LTU

Tampereen Stadion, Tampere, FIN 6-7 Sep

Men

100 m		6 Sep		Heat 1: 0,0	
Heat				Heat 2: 0,0	
1	2				
1	1	Hannu Ali-Huokuna	FIN	10.60	
2	2	Per Strandquist	SWE	10.81	
3	3	Henrik Johnsen	NOR	10.89	
4	1	Alexander Karlsson	NOR	10.92	
5	4	Emi Zail	SWE	10.93	
6	2	Oghenemharo Akpomuje	FIN	10.96	
7	3	Jarle Hollund	NOR	11.04	
8	5	Teemu Pohjalainen	FIN	11.05	
9	6	Óli Tómas Freysson	ISL	11.08	
10	4	Þorsteinn Ingvarsson	ISL	11.31	
11	7	Ruslanas Fakejevas	LTU	11.41	
	X	Martas Skrabilis	LTU	DNS	

200 m		7 Sep		Heat 1: 0,0	
Heat				Heat 2: +0,1	
1	2				
1	1	Nil de Oliveira	SWE	21.38	
2	1	Nicklas Hyde	DEN	21.60	
3	2	Fredrik Johansson	SWE	21.64	
4	3	Henrik Johnsen	NOR	21.73	
5	4	Matti Välimäki	FIN	21.87	
6	2	Sebastian Öberg	SWE	21.99	
7	3	Tormod Hjørtneæs Larsen	NOR	22.15	
8	5	Egidijus Dilys	LTU	22.17	
9	6	Eirik Tanberg	NOR	22.18	
10	4	Antti Vainionpää	FIN	22.59	
11	7	Oli Tomas Freysson	ISL	22.60	
12	5	Þorsteinn Ingvarsson	ISL	23.17	
	X	Oghenemharo Akpomuje	FIN	DNS	

400 m		6 Sep			
Heat					
1	2				
1	1	Andreas Bube	DEN	47.13	
2	2	Matti Välimäki	FIN	47.23	
3	3	Fredrik Johansson	SWE	47.29	
4	4	Nicklas Hyde	DEN	47.34	
5	1	Tormod Hjørtneæs Larsen	NOR	48.69	
6	5	Jørgen Hasle Johansen	NOR	48.76	
7	2	Kristian Magnusson	NOR	49.83	
8	3	Antti Vainionpää	FIN	50.54	
9	4	Arttu Malmivirta	FIN	50.55	
10	6	Egidijus Svegzda	LTU	50.68	

800 m		6 Sep			
1	Johan Walldén	SWE	1:52.43		
2	Rasmus Terp	DEN	1:52.66		
3	Thobias Ekhamre	SWE	1:52.78		
4	Matti Virén	FIN	1:52.78		
5	Madis Vestel	EST	1:53.57		
6	Joonas Lehtinen	FIN	1:53.77		
7	Eivind Jenssen	NOR	1:53.70		

8	Anders Lindahl	FIN	1:54.56
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1500 m

7 Sep			
1	Riku Marttinen	FIN	4:01.84
2	Andreas Bueno	DEN	4:02.02
3	Matti Virén	FIN	4:02.18
4	Thobias Ekhamre	SWE	4:02.45
5	Madis Vestel	EST	4:03.01
6	Fredrik Björklund	SWE	4:04.42
7	Vidar Dahle	NOR	4:04.78
8	Jari Räsänen	FIN	4:14.90

Miro Laurila, FIN DNS

5000 m

6 Sep			
1	Hassan Abdi Ali	NOR	14:32.12
2	Tuomas Jokinen	FIN	14:33.67
3	Asbjørn Ellefsen Persen	NOR	14:34.84
4	Miro Laurila	FIN	14:48.36
5	Erik Widing	SWE	14:57.51
6	Mikael Andersson	SWE	15:23.04

110 m hurdles

7 Sep			+0,3
1	Otto Kilpi	FIN	14.27
2	Christian Laugesen	DEN	14.42
3	Josua Gustafsson	SWE	14.47
4	Otto Raja-aho	FIN	15.24
5	Elmeri Siltalooppi	FIN	15.65
	Björn Barrefors	SWE	DQ

400 m hurdles

400 m hurdles				6 Sep	
Heat					
1	2				
1	1	Andreas Bube	DEN	52.46	
2	2	Christian Laugesen	DEN	52.69	
3	3	Aarne Nirk	EST	52.79	
4	4	Panu Pasanen	FIN	53.43	
5	1	Tuomas Liisanantti	FIN	54.37	
6	2	Joni Ilanen	FIN	54.73	
7	3	Alexander Dahlstrøm Winger	NOR	55.54	
8	4	Henrik Astfors	SWE	55.67	
9	5	Johan Edvinsson	SWE	55.79	

3000 m steeplechase

7 Sep			
1	Joonas Harjamäki	FIN	9:02.52
2	Fredrik Johansson	SWE	9:06.78
3	Stefán Guðmundsson	ISL	9:08.21
4	Rami Tuokko	FIN	9:21.42
5	Robin Leandersson	SWE	9:31.06
6	Joonas Lehtinen	FIN	9:35.89
7	Christian Sørensen Bjørge	NOR	9:53.07

High jump

6 Sep			
1	Mehdi Alkhatib	SWE	2.11
2	Richard Huldén	SWE	2.08
3	Lauri Stenroth	FIN	2.04
4	Mikael Rajala	FIN	2.00
5	Tauri Roots	EST	1.95

Series	1.90	1.95	2.00	2.04	2.08	2.11	2.14	2.16
1								
2								
3								
4								
5								

Pole vault

7 Sep			
1	Eemeli Salomäki	FIN	5.30
2	Rasmus Carlsson	SWE	5.00
3	Mikkel M. Nielsen	DEN	4.90
4	Karlis Pujats	LAT	4.80

5	Björn Johansson	SWE	4.55
6	Kim Nes Leirvik	NOR	4.40
7	Pauls Pujats	LAT	4.40
	Samuli Järvelä	FIN	NM

Series	4.10	4.25	4.40	4.55	4.70	4.80	4.90	5.00	5.10	5.30	5.52
1											xxx
2											
3											
4											
5											
6											
7											

Long jump			7 Sep
1	Michel Tornéus	SWE	7.49
2	Otto Kilpi	FIN	7.38
3	Joonas Makkonen	FIN	7.18
4	Mikko Kivinen	FIN	7.16
5	Björn Barrefors	SWE	7.13
6	Darius Aucyna	LTU	7.10
7	Þorsteinn Ingvarsson	ISL	6.98
8	Sindre Rørvik	NOR	6.95

9 Bjarni Malmquist Jónsson, ISL 6.92, 10 Minh Le, SWE 6.50

Series	1	2	3	4	5	6
1	7.49 +0,3	7.47 0,0	-	4.98 0,0	-	X
2	7.31 +1,0	7.38 0,0	-	-	7.35 0,0	X
3	X	X	7.04 0,0	-	7.18 0,0	-
4	7.16 +0,9	X	-	-	-	-
5	X	6.79 +0,1	6.97 0,0	7.03 0,0	7.13 +0,1	X
6	7.10 +0,7	X	X	X	6.75 0,0	6.99 +0,1
7	6.60 0,0	6.89 0,0	6.84 -0,7	X	6.98 0,0	6.79 0,0
8	6.70 -0,1	6.77 0,0	6.83 -0,4	6.95 0,0	6.91 0,0	6.93 0,0
9	6.90 -0,1	6.92 +1,0	6.49 0,0	6.83 +1,4	6.80 +0,1	6.88 0,0
10	X	6.33 0,0	X	X	6.50 +0,1	6.44 0,0

Triple jump			6 Sep
1	Andreas Otterling	SWE	15.59
2	Aleksi Tammentie	FIN	15.49
3	Peder P. Nielsen	DEN	15.31
4	Antti Inkinen	FIN	14.72
5	Sebastian Ekstrand	SWE	14.69
6	Jan Olav Horten	NOR	14.24
7	Bjarni Malmquist Jónsson	ISL	13.23

Series	1	2	3	4	5	6
1	15.24 0,0	X	13.98 -0,5	X	15.23 0,0	15.59 0,0
2	X	15.19 0,0	15.49 -1,0	X	X	X
3	15.20 0,0	15.31 0,0	15.21 -0,9	X	X	14.55 0,0
4	14.38 0,0	14.70 +0,1	14.72 -0,7	14.69 -0,2	X	X
5	X	14.15 +0,1	14.69 +0,2	14.54 +0,2	14.64 +0,1	14.66 -0,5
6	13.72 0,0	X	14.24 +0,6	X	13.90 0,0	13.95 -0,4
7	X	X	13.13 +0,1	X	X	13.23 -0,1

Shot put			6 Sep
1	Nick Petersen	DEN	18.13
2	Mats Olsson	SWE	16.63
3	Arturas Gusklys	LTU	15.81
4	Mikko Heikkilä	FIN	15.66
5	Ulf Ankarling	SWE	15.40
6	Tuukka Ylinen	FIN	15.38
7	Romanas Morozka	LTU	15.38

8	Joni Mattila	FIN	15.33
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9 Stian Andersen, NOR 15.19

Series	1	2	3	4	5	6
1	16.74	17.61	18.13	17.77	X	X
2	16.63	X	16.47	16.02	X	X
3	15.59	X	X	X	15.81	X
4	15.66	X	X	X	X	X
5	14.75	14.57	X	15.17	15.40	X
6	14.29	15.38	X	X	15.32	X
7	15.38	X	X	15.31	14.81	X
8	X	15.19	X	15.33	X	X
9	15.09	X	14.91	X	X	15.19

Discus throw			7 Sep
1	Per Rosell	SWE	56.63
2	Andrius Gudzius	LTU	54.52
3	Joni Mattila	FIN	53.87
4	Ulf Ankarling	SWE	52.48
5	Vegard Henriksen	NOR	47.75
6	Stian Andersen	NOR	46.94
7	Allan Sadul	EST	46.59
8	Priidu Niit	EST	46.16

9 Mats Olsson, SWE 46.10, 10 Joni Peuraniemi, FIN 45.22

Series	1	2	3	4	5	6
1	54.78	55.64	56.23	55.96	56.63	54.89
2	X	51.42	X	X	54.52	X
3	51.79	X	52.05	52.39	50.94	53.87
4	50.26	52.22	X	49.54	52.48	X
5	41.58	46.49	46.12	47.75	47.18	X
6	X	45.83	X	46.94	X	46.57
7	X	44.06	46.55	X	46.59	X
8	39.52	46.16	44.87	X	45.42	X
9	X	X	44.58	46.10	X	45.74
10	X	45.22	X	X	44.60	X

Hammer throw			6 Sep
1	Tuomas Seppänen	FIN	68.42
2	Juha Kauppinen	FIN	68.20
3	Petri Mättölä	FIN	66.72
4	Karl-Erik Lundvigsson	SWE	63.95
5	Stefan Kvist	SWE	61.78
6	Steinar Kleppe	NOR	57.29

Series	1	2	3	4	5	6
1	68.42	X	X	67.05	68.42	65.47
2	67.72	68.20	X	X	66.85	X
3	66.48	X	66.72	66.13	65.85	66.55
4	62.06	X	X	60.47	60.48	63.95
5	61.78	X	60.46	X	X	59.92
6	54.41	57.29	56.80	55.98	40.85	X

Javelin throw			7 Sep
1	Ari Mannio	FIN	78.12
2	Mikko Kankaanpää	FIN	76.00
3	Lassi Etelätalo	FIN	72.53
4	Jonas Lohse	SWE	69.39
5	Marcus Persson	SWE	69.05
6	Priit Dolenko	EST	68.32
7	Erki Leppik	EST	67.32
8	Tanel Laanmäe	EST	66.06

9 Ramunas Butkus, LTU 63.35, 10 Lauris Jelsmanis, LAT 62.50, 11 Paul Redford, NOR 58.17

Series	1	2	3	4	5	6
1	X	X	76.99	75.68	77.53	78.12
2	76.00	X	X	-	X	X
3	64.03	65.26	71.83	X	68.74	72.53
4	65.91	68.56	69.39	-	-	-
5	60.99	65.46	63.83	63.25	65.52	69.65
6	65.33	62.02	68.32	63.94	65.74	65.85
7	X	X	67.32	X	66.65	X
8	66.06	X	62.42	64.96	62.67	64.29
9	60.40	63.35	62.49	X	62.43	61.46
10	X	X	56.16	56.26	57.27	62.50
11	53.66	57.86	56.23	58.17	X	53.72

4x100 m relay			6 Sep
1	SWE	40.86	(Sebastian Öberg, Nil de Oliveira, Per Strandquist, Emil Zail)
2	NOR	41.32	(Jarle Hollund, Henrik Johnsen, Alexander Karlsson, Eirik Tanberg)

FIN	DNF	(Hannu Ali-Huokuna, Joonas Makkonen, Otto Kilpi, Oghenemarho Akpomuje)
4x400 m relay	7 Sep	
1 DEN	3:11.10	(Rasmus Olsen, Nicklas Hyde, Christian Laugesen, Andreas Bube)
2 SWE	3:11.52	(Sebastian Öberg, Fredrik Johansson, Henrik Astfors, Nil de Oliveira)
3 NOR	3:12.14	(Tormod Hjortnæs Larsen, Eivind Jenssen, Kristian Magnussen, Jørgen Hasle Johansen)
4 FIN	3:21.76	(Arttu Malmivirta, Antti Vainionpää, Panu Pasanen, Matti Välimäki)

Women

100 m	Heat	1	2	6 Sep	Heat 1: 0,0	Heat 2: 0,0
1	1	1	Malin Ström	SWE	12.05	
2	1	2	Anna B. Olsson	DEN	12.22	
3	2	3	Minna Laukka	FIN	12.22	
4	3	4	Noora Hämäläinen	FIN	12.26	
5	2	5	Tine Teigene Dalen	NOR	12.29	
6	3	6	Sonja Alasalmi	FIN	12.31	
7	4	7	Ebe Reier	EST	12.37	
8	4	8	Anne Effersø	DEN	12.39	
9	5	9	Therese Bohlén Kinn	SWE	12.60	
10	6	10	Sonata Tamosaityte	LTU	12.74	

200 m	Heat	1	2	7 Sep	Heat 1: -0,6	Heat 2: -0,7
1	1	1	Malin Ström	SWE	24.40	
2	2	2	Sara Petersen	DEN	24.44	
3	3	3	Anna B. Olsson	DEN	24.85	
4	1	4	Benedicte Hauge	NOR	24.99	
5	4	5	Nina Runvik	SWE	25.05	
6	5	6	Minna Laukka	FIN	25.12	
7	2	7	Tine Teigene Dalen	NOR	25.22	
8	3	8	Sini Kaukonen	FIN	25.37	
9	4	9	Sonja Alasalmi	FIN	25.46	
10	6	10	Ebe Reier	EST	25.78	
11	5	11	Hafdis Sigurðardóttir	ISL	25.93	
	X	X	Lina Grincikaite	LTU	DNS	

400 m	Heat	1	2	6 Sep	
1	1	1	Maris Mägi	EST	54.34
2	2	2	Karin Storbacka	FIN	55.93
3	1	3	Caroline Enberg	SWE	56.17
4	2	4	Charlotte Johansson	SWE	56.74
5	3	5	Cecilie Benedicte Isern	NOR	56.83
6	4	6	Katrine Mikkelsen	DEN	57.06
7	5	7	Maisa Korri	FIN	57.11
8	3	8	Emilia Granlund	FIN	57.13
9	4	9	Martine Eikemo Borge	NOR	58.60

800 m	7 Sep	
1 Egle Balcunaite	LTU	2:06.33
2 Karin Storbacka	FIN	2:07.07
3 Liina Tsernov	EST	2:09.72
4 Heidi Eriksson	FIN	2:10.69
5 Cecilie Benedicte Isern	NOR	2:10.84
6 Saara Pekkarinen	FIN	2:12.74
7 Olivia Bergvall	SWE	2:17.59
8 Linda Johansson	SWE	2:18.81

1500 m	6 Sep	
1 Heidi Eriksson	FIN	4:25.88
2 Liina Tsernov	EST	4:26.07

3 Saara Pekkarinen	FIN	4:26.80
4 Eeva Sajanti	FIN	4:27.96
5 Lena Örn	SWE	4:31.18
6 Sandra Nilsson	SWE	4:38.58
7 Arndís Yr Hafþórsdóttir	ISL	4:40.70
8 Kristin Brøndbo	NOR	4:41.66

5000 m	7 Sep	
1 Frida Aspnäs	SWE	17:12.69
2 Vaida Zusinaite	LTU	17:13.94
3 Saara Skyttä	FIN	17:29.67
4 Arndís Yr Hafþórsdóttir	ISL	17:36.53
5 Janica Mäkelä	FIN	17:41.91
6 Runa Skrove Falch	NOR	17:56.97
7 Hanna Hyvönen	FIN	18:16.87
Alexandra Svensson	SWE	DNF

100 m hurdles				18. aug	Heat 1: -0,9
Heat					Heat 2: -0,1
	1	2			
1		1	Hege Vold	NOR	14.08
2		2	Anne Møller	DEN	14.21
3		3	Ida Aidanpää	FIN	14.50
4	1		Viivi Avikainen	FIN	14.59
5	2		Piia Roslund	FIN	14.90
6	3		Emelie Haaparanta	SWE	15.10
		X	Marie Hagle	NOR	DNS
		X	Sonata Tamosaityte	LTU	DNS
Ex		X	Elisa Hakamäki	FIN	14.06

400 m hurdles				6 Sep	
Heat					
	1	2			
1	1	Sara Petersen	DEN	57.11	
2	2	Maris Mägi	EST	57.91	
3	3	Benedicte Hauge	NOR	58.62	
4	4	Hege Vold	NOR	59.64	
5	5	Caroline Enberg	SWE	61.50	
6	1	Louise Martin	SWE	61.76	
7	2	Ifeoma Kulmala	FIN	63.99	
8	3	Viivi Avikainen	FIN	64.97	
9	4	Kaisa Eronen	FIN	64.98	

3000 m steeplechase	7 Sep	
1 Sara Sajanti	FIN	10:14.80
2 Lena Örn	SWE	10:16.24
3 Eeva Sajanti	FIN	10:29.76
4 Kristin Brøndbo	NOR	11:14.07
5 Marja-Leena Kurki	FIN	11:25.96
6 Emmi Östlund	SWE	11:28.58

High jump	7 Sep	
1 Grete Udras	EST	1.83
2 Erika Wiklund	SWE	1.83
3 Øyunn Grindem	NOR	1.77
4 Laura Rautanen	FIN	1.69
5 Daniella Eriksson	SWE	1.65
6 Johanna Laitinen	FIN	1.65
Ex Anna Iljutsenko	EST	1.86

Series	1.50	1.55	1.60	1.65	1.69	1.73	1.77	1.80	1.83	1.86	1.92
1											
2											
3											
4											
5											
6											
Ex											

Pole vault				6 Sep	
1	Minna Nikkanen	FIN	4.05		
2	Katrine Haarklau	NOR	3.95		
3	Eeva Niemelä	FIN	3.95		
4	Isabell Lilja	SWE	3.85		
5	Lembi Vaßer	EST	3.85		
6	Emelie Gustafsson	SWE	3.45		
	Aino-Maija Karvinen	FIN	NM		

Series	3.15	3.30	3.45	3.55	3.65	3.75	3.85	3.95	4.05	4.10	4.15	4.20	4.25
1							XXO	XXO	O	-	-	-	XXX
2			O	O	O	O	O	O	XXX				
3			O	-	XO	XXO	XXX						
4			XO	XO	XO	-	O	XXX					
5					XO	XO	XO	XXX					
6	O	O	XO	XXX									
7			XXX										

Long jump				6 Sep	
1	Ida Marcussen	NOR	6.15		
2	Noora Pesola	FIN	6.14		
3	Oda Utsi Onstad	NOR	6.01		
4	Hafdís Sigurðardóttir	ISL	5.93		
5	Lina Andrijauskaite	LTU	5.81		
6	Linda Berntsson	SWE	5.80		
7	Emelie Nilsson	SWE	5.79		
8	Reeta Parkkonen	FIN	5.58		

Series	1	2	3	4	5	6
1	X	6.15	4.60	6.08	6.15	X
		-0.1	0.0	+0.6	+0.4	
2	X	X	6.14	X	6.03	X
			0.0		+0.7	
3	5.88	6.01	X	X	X	6.01
	+0.3	-0.2				+0.6
4	5.63	5.67	5.88	5.70	5.77	5.93
	+0.7	0.0	+1.1	0.0	+0.5	+0.6
5	X	X	X	5.62	5.81	5.55
				0.0	0.0	+0.5
6	X	5.70	X	5.80	X	5.74
		-0.2		0.0		0.0
7	5.66	X	5.71	5.68	5.79	X
	0.0		0.0	0.0	+0.7	
8	5.55	X	5.58	X	X	5.53
	0.0		0.0			0.0

Triple jump				7 Sep	
1	Elina Sorsa	FIN	13.11		
2	Oda Utsi Onstad	NOR	13.00		
3	Päivi Kasari	FIN	12.29		
4	Sofie Lindesten	SWE	12.16		
5	Martina Wahnström	SWE	12.08		
6	Tiina Jokela	FIN	11.53		

Series	1	2	3	4	5	6
1	X	12.71	12.80	13.11	X	X
		0.0	-0.3	0.0		
2	12.46	12.18	12.61	12.65	12.83	13.00
	0.0	-1.0	-0.2	0.0	+0.6	+0.6
3	X	X	11.64	11.90	X	12.29
			-1.3	0.0		+0.1
4	X	X	11.98	12.16	X	11.96
			-1.0	0.0		0.0
5	X	12.08	X	11.88	12.03	X
		-0.6		0.0	+0.2	
6	11.45	X	11.53	X	X	X
	0.0		0.0			

Shot put				7 Sep	
1	Johanna Pulkkinen	FIN	14.91		
2	Carolina Hjelt	SWE	14.55		
3	Virmante Vaicekonyte	LTU	14.05		
4	Maria Bengtsson	SWE	13.05		
5	Jonna Mäkelä	FIN	12.89		
6	Ida Marcussen	NOR	12.78		
	Sanna Kämäräinen	FIN	NM		

Series	1	2	3	4	5	6
1	14.63	14.65	14.91	X	X	X
2	13.76	X	X	X	14.17	14.55
3	X	14.05	13.63	13.84	13.69	13.50

4	12.54	13.05	X	12.53	12.30	X
5	12.29	12.70	X	12.77	12.89	X
6	X	12.78	X	X	X	X
7	X	X	X	X	X	X

Discus throw				6 Sep	
1	Sofia Larsson	SWE	52.78		
2	Sanna Kämäräinen	FIN	50.08		
3	Elinor Forssander	SWE	46.26		
4	Ira Mattila	FIN	40.25		
5	Pernilla Ek	FIN	39.09		
6	Mari Kogstad	NOR	31.41		

Series	1	2	3	4	5	6
1	X	52.19	52.78	50.97	51.48	X
2	45.11	X	47.44	49.21	48.64	50.08
3	51.46	46.26	X	X	46.07	X
4	39.93	39.57	X	40.25	X	X
5	37.96	38.09	X	39.09	X	X
6	30.91	X	X	X	31.41	X

Hammer throw				7 Sep	
1	Lena Solvin	FIN	63.78		
2	Annika Nurminen	FIN	59.43		
3	Mirka Viitamäki	FIN	58.61		
4	Elinor Forssander	SWE	56.08		
5	Johanna Rydberg	SWE	53.28		
6	Katja Vangsnes	NOR	52.43		

Series	1	2	3	4	5	6
1	62.78	X	62.12	61.62	62.70	59.03
2	53.36	59.43	57.36	X	X	58.78
3	55.88	58.61	57.64	54.60	X	55.70
4	53.40	55.17	56.08	55.46	55.01	X
5	50.12	X	X	X	49.47	53.28
6	X	49.69	47.66	52.43	52.40	X

Javelin throw				6 Sep	
1	Johanna Snellman	FIN	50.07		
2	Jenna Sikiö	FIN	47.55		
3	Jenni Puputti	FIN	46.00		
4	Isabell Gradin	SWE	42.75		
5	Sofia Larsson	SWE	42.51		
6	Ida Marcussen	NOR	42.08		

Series	1	2	3	4	5	6
1	45.46	49.03	43.83	X	46.29	50.07
2	41.61	X	42.70	44.07	47.55	X
3	46.00	X	44.21	45.48	X	X
4	38.41	39.14	39.21	X	42.75	X
5	38.99	39.99	41.89	41.32	39.53	42.51
6	X	X	40.27	X	39.48	42.08

4x100 m relay				6 Sep	
1	DEN	46.31	(Anne Møller, Anna B. Olsson, Sara Petersen, Anne Effersø)		
2	SWE	47.04	(Linda Berntsson, Therese Bohlén Kinn, Nina Runvik, Malin Ström)		
3	NOR	47.29	(Marie Hagle, Ida Marcussen, Tine Teigene Dalen, Hege Vold)		
	FIN	DNF	(Sonja Alasalmi, Minna Laukka, Noora Hämäläinen, Ida Aidanpää)		

4x400 m relay				7 Sep	
1	NOR	3:42.23	(Hege Vold, Martine Eikemo Borge, Cecilie Benedicte Isern, Benedicte Hauge)		
2	DEN	3:46.04	(Katrine Mikkelsen, Cecilie F. Sørensen, Anna B. Olsson, Sara Petersen)		
3	SWE	3:46.93	(Charlotte Johansson, Nina Runvik, Louise Martin, Caroline Enberg)		
4	FIN	3:47.26	(Maisa Korri, Karin Storbäck, Emilia Granlund, Minna Laukka)		

Nordic Race Walking Championships					
Eskestuna, SWE				13 Sep	
Men					

Senior				13 Sep	20km
1	Fredrik Svensson	SWE	1:29:55		
2	Christer Svensson	SWE	1:35:17		

3 Timo Viljanen FIN 1:36:28

U23 13 Sep 20km
1 Andreas Nielsen DEN 1:39:33

U20 13 Sep 10km
1 Veli-Martti Partanen FIN 41:52
2 Perseus Karlström SWE 44:25
3 Matias Korpela FIN 45:12
4 Håvard Haukenes NOR 45:14
5 Pål-Erik Lund NOR 47:29

U18 13 Sep 5000m
1 Eemeli Kiiski FIN 23:41.8
2 Aleks Ojala FIN 23:46.0
3 Anders Hansson SWE 24:27.5
4 Mohammed Sadik SWE 30:39.4

Women

Senior 13 Sep 10km
1 Marja Penttinen FIN 46:10
2 Elinor Hogrell SWE 57:38

U23 13 Sep 10km
1 Karoline Kaasalainen FIN 49:18
2 Anne Halkivaha FIN 50:45
3 Elin Angestav SWE 61:07
4 Mari Olsson SWE DNF

U20 13 Sep 5000m
1 Saara Saunamäki FIN 25:30.0
2 Mikaela Löfbacka SWE 26:01.8
3 Marianne Bjelke NOR 27:20.8
4 Elin Johansson SWE 32:45.7

U18 13 Sep 5000m
1 Josefine Klausen DEN 26:58.4
2 Sanna Mäenpää FIN 27:09.3
3 Suvi Venäläinen FIN 27:22.9
4 Helena Sandmer SWE 30:30.1
5 Jessica Stafrin SWE 33:32.0

Points: 1 FIN 91
2 SWE 90
3 NOR 29
4 DEN 18

Nordic Race Walking Championships Long distances

Stockholm, SWE 5 Oct

Men

Senior 5 Oct 50km
1 Fredrik Svensson SWE 4:08:01
2 Christer Svensson SWE 4:41.44
Ato Ibañez SWE DNF
Thomas Magnusson SWE DNF

Women

Senior 5 Oct 20km
1 Monica Svensson SWE 1:40:45
2 Mari Olsson SWE 1:45:35
3 Siw Karlström SWE 1:49:21
Ellinor Hogrell SWE DNF

Nordic Cross Country Championships

København, DEN 15 Nov

Men

Senior 15. nov. 9 km
1 Øystein Sylta NOR 27:56
2 Oskar Käck SWE 27:57
3 Erik Sjöqvist SWE 28:02
4 Johan Wallerstein SWE 28:06
5 Juha Puttonen FIN 28:07
6 Jacob Hannibal DEN 28:08
7 Jesper Faursschou DEN 28:08
8 Erik Petersson SWE 28:10

9 Henrik Them Andersen, DEN 28:11, 10 Asle Rønning Tjelta, NOR 28:36, 11 Steen Walter, DEN 28:39, 12 Fredrik Uhrbom, SWE 28:43, 13 Mikko Tyni, FIN 28:47, 14 Terje Aggvin, NOR 28:50, 15 Miika Takala, FIN 28:55, 16 Rolf Knudsen, DEN 29:03, 17 Benjamin Wolthers, DEN 29:12, 18 Peter Gross, SWE 29:13, 19 Svein Inge Buhaug, NOR 29:18, 20 Kjetil Foss Angeltveit, NOR 29:49, 21 Jarkko Hamberg, FIN 29:55, 22 Porbergur Ingi Jónsson, ISL DNF

Teams:

1 SWE 17p (Oskar Käck, Erik Sjöqvist, Johan Wallerstein, Erik Petersson)
2 DEN 33p (Jacob Hannibal, Jesper Faursschou, Henrik Them Andersen, Steen Walter)
3 NOR 44p (Øystein Sylta, Asle Rønning Tjelta, Terje Aggvin, Svein Inge Buhaug)
4 FIN 54p (Juha Puttonen, Mikko Tyni, Miika Takala, Jarkko Hamberg)

U20 15. nov. 6 km
1 Sondre Nordstad Moen NOR 18:15
2 Sindre Buraas NOR 18:51
3 Andreas Åhwall SWE 18:54
4 Mikael Ekvall SWE 18:55
5 Henrik Ingebrigtsen NOR 18:57
6 Lars Erik Malde NOR 19:01
7 Lars Bakke NOR 19:04
8 Tom Erling Kårbø NOR 19:05

9 Erik Johansson, SWE 19:05, 10 Eric Senorski, SWE 19:08, 11 Ole Hesselbjerg, DEN 19:23, 12 Anton Danielson, SWE 19:28, 13 Johan Hydén, SWE 19:39, 14 Anders Ludvigsen, DEN 19:44, 15 Rasmus Thrane Hansen, DEN 19:45, 16 Rasmus Kragh, DEN 19:47, 17 Oskari Pennanen, FIN 19:52, 18 Tommi Sundell, FIN 20:05, 19 Pekka Toivola, FIN 20:06, 20 Nick Jensen, DEN 20:07, 21 Jeppe Harboe, DEN 20:34, 22 Thomas Solberg Eide, NOR 20:53, 23 Arttu Vattulainen, FIN 20:55

Teams:

1 NOR 8p (Sondre Nordstad Moen, Sindre Buraas, Henrik Ingebrigtsen)
2 SWE 16p (Andreas Åhwall, Mikael Ekvall, Erik Johansson)
3 DEN 40p (Ole Hesselbjerg, Anders Ludvigsen, Rasmus Thrane Hansen)
4 FIN 54p (Oskari Pennanen, Tommi Sundell, Pekka Toivola)

Women

Senior 15. nov. 8 km
1 Annamari Sandell-Hyvärinen FIN 27:23
2 Kirsten Melkevik Otterbu NOR 27:32
3 Ida Nilsson SWE 27:49
4 Lisa Blommé SWE 27:57
5 Maria Sig Møller DEN 28:27
6 Hanna Karlsson SWE 28:31
7 Ulrika Johansson SWE 28:41
8 Christina Bus Holth NOR 28:54

9 Karin Sennvall, SWE 29:00, 10 Lena Örn, SWE 29:03, 11 Anna-Mari Määtänen, FIN 29:13, 12 Kjersti Danielsen, NOR 29:24, 13 Laila Kærgaard Laursen, DEN 29:30, 14 Saara Pekkarinen, FIN 29:36, 15 Sara Sajanti, FIN 30:09, 16 Friða Rún Þórðardóttir, ISL 30:30, 17 Stine Rabølle Christensen, DEN 30:39, 18 Louise Brasen, DEN 30:49, 19 Signe Gadegård, DEN 30:51, 20 Camilla Spagner, DEN 31:19, 21 Julie Prasz, DEN 31:20

Teams:

1 SWE 13p (Ida Nilsson, Lisa Blommé, Hanna Karlsson)
2 NOR 22p (Kirsten Melkevik Otterbu, Christina Bus Holth, Kjersti Danielsen)
3 FIN 26p (Annamari Sandell-Hyvärinen, Anna-Mari Määtänen, Saara Pekkarinen)
4 DEN 35p (Maria Sig Møller, Laila Kærgaard Laursen, Stine Rabølle Christensen)

U20 15. nov. 4,5 km
1 Sandra Eriksson FIN 15:54
2 Mary Alenbratt SWE 16:26
3 Veronika Blom NOR 16:30

4	Heidi Weng	NOR	16:41
5	Sofia Öberg	SWE	16:48
6	Sanni Klemelä	FIN	16:51
7	Anna Segersson	SWE	16:52
8	Sara Sjöqvist	SWE	16:54

9 Johanna Peiponen, FIN 16:57, 10 Ragnhild Helene Gerhardsen, NOR 17:03, 11 Katrine T. Væsel, DEN 17:05, 12 Nanna Bagger, DEN 17:10, 13 Karin Svensson, SWE 17:21, 14 Simone Glad, DEN 17:26, 15 Kaisa Tyni, FIN 17:29, 16 Kjersti Herberg, NOR 17:31, 17 Leah Donde, DEN 17:46, 18 Majken Jensen, DEN 17:47, 19 Cecilie H. Christensen, DEN 19:11

Teams:

1 SWE 14p (Mary Alenbratt, Sofia Öberg, Anna Segersson)

2 FIN 16p (Sandra Eriksson, Sanni Klemelä, Johanne Peiponen)

3 NOR 17p (Veronika Blom, Heidi Weng, Ragnhild Helene Gerhardsen)

4 DEN 37p (Katrine T. Væsel, Nanna Bagger, Simone Glad)

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