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Antall deltakende klubber i mesterskapene 2013 233

Antall deltakende utøvere 2013

	Menn	Kvinner	Totalt
Totalt	954	675	1629
Seniormesterskap	515	291	806
Juniorsterskap	268	237	505
Ungdomsmesterskap	542	448	990

Antall starter i mesterskapene 2013

	Menn	Kvinner	Totalt
Totalt	3202	2517	5719
Seniormesterskap	1018	636	1654
Juniorsterskap	565	467	1032
Ungdomsmesterskap	1619	1414	3033

Slik leses indeksen:

Navn Borge, Vebjørn (14.2.1994)

Fødselsdato 14.2.1994

Plassering* * Se nedenfor

År 2013

Øvelse 1000mR 5 1:56.10, 400m inne 3h2 51.84, 4x200mR inne DQ, 4x100mR DNF, 4x400mR 4 3:19.64, 400m U20 5 51.36, 800m U20 3h3 2:05.20, 1000mR U20 3 1:51.24, 4x100mR U20 0 DNFh1, 400mR U20 1 3:21.95, 400m G1 19 8 51.27, 800m G18/19

Klasse Blank: Senior-NM
Øvre klasser benevnt

Inne Innendørskonkurranse
Utendørs er blank

Resultat

Plassering:
 Enkeltstiffer: Finaleplassering
 3h2: Nr. 3 i heat 2
 4s3: Nr. 4 i semifinale 3
 DNF: Brutt
 DNFh2: Brutt løp i heat 2
 DNS: Startet ikke
 DQ: Diskvalifisert
 Rxxx.xx: Diskvalifisert etter denne regel
 NM: Ikke gyldig resultat
 q eller k: kvalifiseringskonkurranse

Menn

A

Abrahamsen, Leif (18.6.1969)**2013** Maraton 57 4:26:43, 24 timer ultra 23 152661**Ackenhausen, Øistein** (29.1.1946)**2013** 24 timer ultra 35 110907**Aden, Nur** (5.5.1985)**2013** 3km terreng 6 8:24**Afzal, Joachim** (19.5.1996)**2013** 400m U20 5h1 2:04.36, 200m G17 4h1 23.27, 400m G17 5 50.60, 400m G17 inne 6 52.48**Agdestein, Fredrik** (29.1.1994)**2013** 400m U20 5h4 54.44, 400m hekk U20 6 62.23, 400m G18/19 23 54.68, 400m hekk G18/19 6 63.12, 1000mR G17-19 12 2:09.04, 400m G18/19 inne 14 54.35, 800m G18/19 inne 12 2:10.12, 60m hekk G18/19 inne 5h1 10.00, 4x200mR G19-22 9 1:36.95**Agdestein, Sjur** (16.1.1956)**2013** Maraton 60 4:58:34**Agnalt, Sigurd** (27.11.1997)**2013** 4km terreng G16 7 15:05**Ali, Hassan Abdi** (1.9.1987)**2013** 3km terreng 9 8:27**Albertsen, Espen André** (6.1.1993)**2013** 3km terreng 29 9:05, 4x1500mR 6 16:57.90**Albrigtsen, Vegard** (19.7.1998)**2013** 800m G15 13 2:08.19, 2000m G15 15 6:28.61**Alfheim, Per-Gunnar** (9.8.1959)**2013** Halvmaraton 32 1:35:05**Alfsen, Jon Gunnar** (20.7.1997)**2013** 1000m R U20 10 2:06.71, 800m G16 17 2:09.66, 1000mR G15/16 4 2:06.61, 800m G16 inne 10 2:08.29, 4x200mR G15-17 inne 8 1:41.18, 4x100mR G16 5 47.85, 4x600mR U20 1 5:52.99**Ali, Abdullah Hassan** (1.11.1994)**2013** 2km terreng U20 19 6:05**Almenningen, Henrik** (2.11.1997)**2013** Lengde G16 4 5.86, Tresteg G16 4 12.68, Spyd G16 NM, 60m G16 inne 6h1 8.00, Lengde G16 inne 2 5.86, 4x100mR G16 4 46.44**Almsengen, Sindre** (16.2.1985)**2013** Tresteg 15.58, Tresteg inne 1 15.88, Lengde uten tilløp DNS**Alnes, Johannes** (7.6.1990)**2013** 5000m 2 14:20.55, 1500m inne 23 4:20.37, 3km terreng DNS**Amdahl, Sondre** (2.5.1972)**2013** Maraton 9 2:49:22, 24 timer ultra 20 161616**Amundgård, Fredrik** (12.1.1989)**2013** Kule 3 15.50, Diskos 1 56.89**Andelic, Mikael** (22.6.1998)**2013** Kule J15 2 14.33, Diskos G15 1 57.85, Slegge G15 2 50.30, Kule G15 inne 2 14.47**Andersen, Andres Stokka** (7.2.1992)**2013** 100m 4h3 11.19, 60m inne 5s2 7.14, 4x100mR 1 43.37, 60m G20-22 inne 4 7.10, 4x200mR G19-22 1 1:29.51**Andersen, Morten** (20.6.1996)**2013** Lengde G17 6 5.90, Tresteg G17 2 12.60**Andersen, Philip Bay** (25.4.1994)**2013** 100m 7h1 11.85, 110m hekk 6 16.01, Lengde NM, 110m hekk U20 4h1 16.19, Lengde U20 12 2.36**Andersen, Stian** (1.2.1988)**2013** Kule 16.50, Kule inne 1 16.42**Andersen, Torgeir** (10.3.1995)**2013** 200m inne 3h2 24.07, 4x200mR inne 6 1:33.93, 100m U20 5h1 11.94, 200m U20 6h3 24.05, 4x100mR U20 5 44.95, 4x400mR U20 4 3:29.94, 100m G18/19 5h1 11.70**Andersen, Ådne** (18.1.1994)**2013** 800m U20 5h1 2:04.36, 2000m hinder U20 DNF, 800m G18/19 inne 1 1.59.73, 1500m G18/19 inne 4 4:13.99**Andresen, Jon Kristian** (19.2.1981)**2013** Maraton 22 3:07:08**Angermund, Henrik** (28.11.1980)**2013** Motbakke 14 1:28.55, Halvmaraton 17 1:22:34**Arneberg, Anders Bakken** (9.1.1996)**2013** 800m G17 13 2:05.09, 3000m G17 11 9:26.80, 2km terreng G17 16 6:11**Aronsen, Nikita** (7.9.1997)**2013** 60m G16 inne 7h4 8.22, Kule G16 inne 5 10.91**Arntzen, Snorre** (9.12.1997)**2013** 800m G16 20 2:14.61, Spyd G16 8 36.61**Askeli, Brage** (14.3.1996)**2013** 800m G17 18 2:06.49, 2km terreng G17 17 6:13**Aspli, Hallgeir** (17.2.1994)**2013** 5000m U20 10 15:56.03, 6km terreng U20 6 20:45, 3000m G18/19 9 8:59.41**Augdall, Rune** (2.10.1987)**2013** Lengde 5 7.09, 1000mR 7 1:58.08, 4x100mR 4 42.26**Austad, Tor Martin** (31.7.1982)**2013** Høyde 4 2.05, Høyde inne 7 1.90**Austevoll, Håvard** (3.1.1995)**2013** Halvmaraton U23 1 1:17:39**Austevoll, Vegard (9.5./24.1.1997??)****2013** 4x1500mR U20 2 16:45.17, Halvmaraton U23 5 1:21:45**Austnes, Jørgen Olsen** (23.4.1994)**2013** Slegge 5 52.94, Kule U20 2 16.30, Diskos U20 4 45.60, Slegge U20 1 65.69, Kule G18/19 2 15.75, Diskos G18/19 2 45.60, Slegge G18/19 1 65.75**Austvik, Jørgen Møklebust** (29.7.1992)**2013** 1500m inne 12 4:08.68, 3000m inne 9 8:51.04, 3km terreng DNS, 1500m U23 DNF, 800m G20-22 inne 4 2:08.08, 1500m G20-22 inne 3 4:05.55**Ayahuney, Tesfagabr (ERI)** (14.9.1994)**2013** 3000m G18/19 5 8:37.78**Axelsen, Jørgen Jensen** (7.12.1993)**2013** 800m G20-22 inne 6 2:09.44, 1500m G20-22 inne 5 4:34.50

B

Bach, Ole-Marius (7.5.1988)**2013** 10km terreng 16 35:20**Badhaso, Daabayaa G.** (19.2.1984)**2013** 3km terreng 22 8:54**Bakke, Håkon** (24.10.1997)**2013** Spyd G16 7 38.39**Balavoine, Christopher** (30.6.1998)**2013** Lengde G15 19 3.25, Spyd G15 6 44.84**Balto, Jan-Helge** (23.7.1953)**2013** Maraton 31 3:15:55**Barkbu, Snorre Gjertsen** (28.6.1997)**2013** 100m hekk G16 3 14.77, 300m hekk G16 6 43.15, 1000mR G15/16 3 2:06.09, 4x600mR U20 2 5:53.08**Bekkestad, Ådne Karlsen** (27.10.1997)**2013** 3000m G16 5 9:07.16, 2km terreng G16 9 6:06, 4km terreng G16 3 14:03**Bekkevold, Nicklas** (13.2.1998)

2013 2000m kappgang G15 1 11:46.06

Bekkevoll, Stian M. (9.10.1995)

2013 5000m 17 15:33.88, 1500m inne 16 4:11.66, 3000m inne 13 8:53.66, Terrengstafett 2 22:03, 5000m U20 4 15:23.38, 2km terreng U20 9 5:40, 6km terreng U20 9 21:23

Benz, Lasse Philip (18.1.1996)

2013 4x1500mR U20 4 17:10.38, 2km terreng G17 9 5.54

Berg, Kristian (23.4.1994)

2013 400m hekk 5 54.52, 1000mR 4 1:56.01, 400m inne 2h3 51.75, 4x400mR 5 3:20.74, 400m U20 6 52.70, 400m hekk U20 3 57.59, 1000mR U20 1 1:57.47, 400m G18/19 4 50.11, 400m hekk G18/19 1 54.38, 1000mR G17-19 1 1:56.57, 60m G18/19 inne 6h4 7.55, 200m G18/19 inne 5 23.09, 400m G18/19 inne 1 50.60, 4x200mR G19-22 2 1:31.26

Berg, Vetle Ojala (28.11.1996)

2013 Høyde G17 8 1.78, Lengde G17 11 5.23, Diskos G17 5 28.96, 10-kamp G17 3 4.469p

Bergan, Sander (22.4.1998)

2013 100m G15 5s1 12.14, 200m G15 4h2 24.86, 60m G15 inne 3h3 7.88, 200m G15 inne 3h1 25.09

Bergaust, Ole Petter (13.5.1946)

2013 Maraton 32 3:19:57

Berger, Bjørn Øivind (31.7.1994)

2013 Stav 7 4.20, Stav U20 3 4.40, Stav G18/19 2 4.41, Stav G18/19 inne 3 4.40

Berget, Kim Daniel (8.1.1993)

2013 Spyd 10 56.39

Bergfjord, Torbjørn (28.10.1992)

2013 Kule inne 7 11.06

Bergh, Johannes (8.2.1997)

2013 100m hekk G16 4 14.91300m hekk G16 5 43.07, Stav G16 1 3.51, 1000mR G15/16 2 2:05.47, 60m hekk G16 inne 3 9.05, Stav G15 inne 2 3.40, Lengde G16 inne 7 5.35, 4x200mR G15-17 inne 5 1:38.96, 4x100mR G16 2 45.31

Berglyd, Knut Joachim (17.9.1996)

2013 60m G17 inne 7s1 7.62, 200m G17 inne 3h1 23.84, 4x200mR G15-17 inne 4 1:37.05

Bergseth, Simen (13.1.1992)

2013 3km terreng 26 9:03, 4x1500mR 6 16:57.90, 10km terreng 18 35:44, 1500m U23 9 4:14.47, 5000m U23 7 15:21.14

Bergstå, Robert (20.1.1991)

2013 3km terreng 18 8:47

Bergstå, Stian (23.8.1989)

2013 3km terreng 27 9:04, Motbakke 7 1:15.05

Bern, Dag (25.12.1968)

2013 Maraton 16 2:59:22

Berner, Markus Nikolai (26.7.1997)

2013 100m U20 7h6 12.54, 200m U20 5h5 24.10, 1000mR U20 8 2:06.35, 4x100mR U20 4 44.92, 200m G16 8 23.94, 300m hekk G16 3 41.89, Tresteg G16 3 12.79, 1000mR G15/16 3 2:06.09, 60m G16 inne 5h1 7.90, 200m G16 inne 4 24.40, 4x200mR G15-17 inne 2 1:35.38, 4x100mR G16 1 45.11

Berntsen, Magnus Røsholm (19.10.1989)

2013 Diskos 2 56.23

Berntsen, Philip Bjørnå (13.12.1989)

2013 60m inne 1 6.86

Berrefjord, Sander Schartau (11.1.1998)

2013 800m G15 5 2:00.95, 2000m G15 4 5:56.22, 2km terreng G15 6 6:20, 4x600mR U20 2 5:53.08

Bifuko, Patrick Monga (COD) (12.1.1996)

2013 100m G17 4h3 11.71, 200m G17 6h2 23.68, 60m G17 inne 6s1 7.53

Birkeland, Sindre (6.3.1995)

2013 60m inne 6h3 7.40, 200m inne DNfH11

Bjerga, John Gopal (3.11.1996)

2013 800m U20 6h3 2:03.34, 1500m U20 9h2 4:25.81, 4x1500mR U20 4 17:10.38, 800m G17 10 2:00.36, 3000m G17 4 9:01.15, 800m G17 inne 11 2:06.93, 1500m G17 inne 4 4:07.92, 2km terreng G17 10 5:54, 4km terreng G17 2 13:28

Bjerkkan, Nikolai (5.1.2992)

2013 60m inne 5 7.01, 100m U23 2 10.87, 200m U23 DNS, 60m G20-22 inne 1 6.87, 200m G20-22 inne 4 22.76

Bjerkkan, Thomas (21.10.1997)

2013 100m G16 7h2 12.11, Lengde G16 6 5.73, 1000mR G15/16 6 2:14.80, 60m G16 inne 5h4 7.86, 200m G16 inne 6h3 25.92, Lengde G16 inne 10 5.12, 4x200mR G15-17 inne 7 1:40.96, 4x100mR G16 3 46.28

Bjerknes, Johannes (???.???)

2013 2km terreng G15 3 5:52

Bjerknesli, Tomas (29.5.1995)

2013 60m G18/19 inne 2 7.07

Bjertnæs, Johannes (11.3.1998)

2013 2000m G15 5 5:57.10

Bjørge, Vegard Hope (29.6.1998)

2013 100m hekk G15 5 15.10, 60m G15 inne 6h1 8.03, 60m hekk G15 inne 3 9.17, Lengde G15 inne 13 4.86

Bjørgum, Mats (21.2.1994)

2013 Terrengstafett 3 22:16, 5000m U20 13 16:06.96, 2000m hinder U20 6 6:37.79, 2km terreng U20 7 5:38, 6km terreng U20 7 21:02, 3000m G18/19 6 8:54.97, 2000m hinder G18/19 2 6:12.77, 800m G18/19 inne 6 2:06.30, 1500m G18/19 inne 3 4:10.70

Bjørklund, Jarl Bernhard (27.1.1997)

2013 Spyd G16 2 51.28

Bjørlo, Håkon Raadal (26.10.1997)

2013 3000m G16 16 9:38.65

Bjørndal, Anders (8.7.1995)

2013 800m G18/19 19 2:03.03

Bjørnevik, Elias (2.9.1998)

2013 60m G15 inne 7h2 8.24, 200m G15 inne 4h3 26.17, 800m G15 6 2:20.18

Bjørnstad, Birger Mortensen (18.10.1994)

2013 5000m U20 2 15:16.98, 2km terreng U20 DNf, 800m G18/19 inne 4 2:02.17, 1500m G18/19 inne 2 4:06.36

Bjørnaas, Johan Asphjell (25.9.1987)

2013 10km terreng 23 36:51

Bjørsvik, Arvid (14.6.1943)

2013 10000m kappgang 11 63:17.6, 3x1000mR kappgang 3 3:10:01.6, 20km kappgang 5 2:14:56, Halvmaraton 37 1:46:59

Blandkjenn, Dag (1.10.1996)

2013 2km terreng G17 13 6:02

Bogstad, Bjarte (14.9.1963)

2013 Terrengstafett 5 24:04

Bolgen, Jonas Haarberg (11.4.1996)

2013 800m G17 20 2:07.67, 3000m G17 14 9:48.60, 800m G17 inne 14 2:09.28, 1500m G17 inne 9 4:25.43, 2km terreng G17 19 6:27

Bongom, Bjørn Harald (6.1.1967)

2013 Halvmaraton 21 1:25:48

Borge, Vebjørn (14.2.1994)

2013 1000mR 5 1:56.10, 400m inne 3h2 51.84, 4x200mR inne DQ, 4x100mR DNf, 4x400mR 4 3:19.64, 400m U20 5 51.36, 800m U20 8h3 2:05.20, 1000mR U20 3 1:58.24, 4x100mR U20 DNfH1, 4x400mR U20 1 3:21.95, 400m G18/19 8 51.27, 800m G18/19 DNf

Borgen, Mons Martin (6.12.1994)

2013 Høyde uten tilløp U20 2 1.55, Lengde uten tilløp U20 5 2.96, 60m G18/19 inne 7h3 7.58, Høyde G18/19 inne 3 1.85

Borgeteien, Kim (27.10.1973)

2013 Maraton 56 4:17:52

Bottenvik, Vebjørn Kaldahl (13.1.1995)

2013 Spyd U20 4 57.54, Spyd G18/19 2 60.71

Bratberg, Nils (18.9.1958)

2013 Maraton 40 3:39:02

Brattli, Magnus Beyer (4.7.1991)

2013 10km terreng 31 37:32

Bredesen, Tor Alfred (21.11.1993)

2013 400m U23 6 53.57 3000m hinder U23 DNS

Bredesen, Vebjørn (27.1.1995)

2013 200m U20 6h4 24.92, 400m U20 4h3 52.84, 400m hekk U20 5 58.70, 10-kamp U20 2 5.089p, 400m G18/19 14 51.97, 800m G18/19 15 2:00.80, 400m hekk G18/19 4 58.01

Bredholt, Morten (2.9.1977)

2013 Diskos 9 45.43

Breivik, Sigurd Blom (18.5.1996)

2013 800m 7h1 1:55.77, 800m inne 8 1:57.83, 1500m inne 13 4:08.69, 800m U20 5 1:58.72, 1500m U20 6 4:04.49, 800m G17 1 1:57.40, 300m hekk G17 1 39.69, 1000mR G17-19 9 2:04.51, 400m G17 inne 10 53.42, 800m G17 inne 1 2:01.87, 1500m G17 inne 4:06.43, 2km terreng G17 5 5:40

Breivik, Sverre Blom (18.5.1996)

2013 Høyde inne 9 1.90, 200m U20 5h6 24.13, 400m U20 2h4 52.20, 200m G17 3h3 23.19, 400m G17 6 50.68, 1000mR G17-19 9 2:04.51, 200m G17 inne 4h3 24.30, Høyde G17 inne 2 1.93

Brekke, Bjørnulf (22.8.1996)

2013 100m G17 4h2 11.65, 200m G17 4h2 23.18, Høyde G17 2 1.87

Brekmo, Vetle (15.7.1996)

2013 3000m G17 15 10:38.95

Brennmo, Eskild (25.4.1991)

2013 Høyde 7 1.95, Høyde U23 3 1.97, Lengde U23 3 6.72, Høyde G20-22 inne 2 1.90

Brito, Carlos Silva de (14.10.1969)

2013 10km terreng 24 36:54

Brkineh, Frew Zenebe (ETH) (17.10.1984)

2013 5000m 7 14:28.08, 10000m DQ, 4x1500mR 1 15:32.01, Halvmaraton 2 1:07:24, 10km terreng 6 34:21

Brox, Håkon (18.1.1985)

2013 5000m 3 14:21.27, 10000m 2 30:02.93

Brudvik, Thorvald (22.1.1994)

2013 Lengde U20 8 6.19

Brunvatne, Vetle (8.11.1994)

2013 Spyd 4 65.67, Spyd U20 2 64.29

Brurås, Thomas Andre (9.9.1998)

2013 Diskos G15 4 41.87, Slegge G15 3 49.91, Spyd G15 7 44.36

Bruvik, Kristian Hansen (9.7.1994)

2013 Stav 6 4.30, Stav inne 6 4.20, 100m U20 6h6 11.86, Stav U20 4 4.30, 100m G18/19 5h2 11.60, Stav G18/19 2 4.41, Stav G18/19 inne 4 4.20

Bruvoll, Ole Jørgen (7.4.1995)

2013 6km terreng U20 12 22:25

Bryne, Sven (12.8.1992)

2013 60m inne 7h4 7.74

Bua, Nils Haktor (25.8.1991)

2013 Halvmaraton U23 4 1:20:20

Buch, Thomas (18.7.1995)

2013 Slegge G18/19 4 47.24

Bucher-Johannessen, Thomas (3.2.1997)

2013 3000m G16 3 9:01.01

Bugge, Anders (5.6.1996)

2013 4km terreng G17 12 14:49

Bugge, Johan (24.1.1991)

2013 10km terreng 3 33:41

Buhagen, Kristoffer (4.2.1992)

2013 100m 8s1 11.14, 200m 6h1 23.03, 60m inne 5s3 7.13, Høyde uten tilløp DNS, Lengde uten tilløp 10 3.00, 4x100mR 4 42.26, 100m U23 5 11.04, 200m U23 DNSh2, 60m G20-22 inne 2 7.00, 200m G20-22 inne DNSh3

Bukve, Vegard Aafedt (22.3.1998)

2013 100m G15 6h4 12.58, Lengde G15 9 5.62, Tresteg G15 7 11.27

Buraas, Lars Halvdan (17.1.1995)

2013 3000m G18/19 15 9:28.55

Buraas, Sindre (8.5.1989)

2013 1500m 3 3:56.45

Buta, Urige Arado (28.11.1978)

2013 4x1500mR 4 16:17.98

Byrkjeland, Thomas Jefferson (11.2.1998)

2013 800m U20 4h3 2:02.65, 1500m U20 10 4:09.24, 800m G15 3 1:59.43, 2000m G15 1 5:39.20, 300m hekk G15 2 41.75, 1000mR G17-19 11 2:07.23, 800m G15 inne 2 2:03.34, 1500m G15 inne 2 4:12.68, 2km terreng G15 2 5:44, 4km terreng G15 1 13:40

Byrkjenes, Jonathan Varela (24.9.1991)

2013 Tresteg 6 14.61, Lengde inne 7 6.69, Tresteg inne 3 15.06, Tresteg U23 2 14.57

Bø, Hans Kristian Drege (2.7.1998)

2013 200m G15 5h2 25.42, 800m G15 2:19.36, 60m G15 inne 5h2 7.92, 200m G15 inne 5h1 25.62, 800m G15 inne 4 2:14.05

Bø, Jørgen Frost (10.8.1994)

2013 1500m 12 4:00.56, 4x1500mR 3 15:49.81, 1500m U20 4 3:57.02, 2km terreng U20 4 5:28, 4x1500mR U20 3 16:46.41, 800m G18/19 4 1:55.57, 3000m G18/19 2 8:32.58, 1000mR G17-19 8 2:03.87

Bø, Sebastian Frost (10.8.1994)

2013 2km terreng U20 DNS

Bøe, Rikard Espedal (25.11.1995)

2013 Spyd U20 8 42.92, Spyd G18/19 8 43.16

Bøyum, Per Olav (16.7.1974)

2013 24 timer ultra 33 116298

C

Carlsen, Trond Inge (26.6.1967)

2013 Halvmaraton 29 1:29:47

Chatchalat, Tom W. (27.8.1997)

2013 100m G16 6h4 12.08, 200m G16 6h1 24.08

D

Dagsvik, Jan Olav (13.8.1969)

2013 24 timer ultra 25 151595

Dahl, Even Brøndbo (24.8.1994)

2013 1500m U20 11 4:09.38, 2km terreng U20 15 5:54, 3000m G18/19 11 9:01.23

Dahle, Vidar (26.2.1988)

2013 1500m 7 3:57.34, 1000mR 2 1:54.78, 1500m inne 2 3:57.82, 3000m inne 1 8:26.86, 3km terreng DNS, 4x400mR 2 3:15.34, 4x1500mR 2 15:39.71

Dale, Even Magnus (7.8.1998)

2013 100m G15 5h3 12.24, 200m G15 5h3 24.90, Lengde G15 15 5.22, 60m G15 inne 4h1 7.82, Lengde G15 inne 5 5.26

Davis, Thomas Blekastad (15.4.1997)

2013 800m G16 14 2:06.69, 3000m G16 13 9:26.08

D'Eugenius, Claudio (3.9.1974)

2013 24 timer ultra 40 91131

Devik, Evald Osnes (19.4.1995)

2013 Slegge 8 48.68, Slegge U20 3 55.68, Slegge G18/19 2 55.92

Dhaqabi, Dadafo Tesema (ETH) (2.9.1989)

2013 5000m 4 14:23.20, 10000m DNF

Diomandé, Abou Granli (22.5.1997)

2013 100m U20 4s1 11.68, 200m U20 5s1 23.38, 1000mR U20 2 1:57.80, 100m G16 3 11.38, 200m G16 2 23.17, 60m G16 inne 1 7.31, 200m G16 inne 1 23.11, 4x200mR G15-17 inne 3 1:35.47

Dolve, Eirik Greibrokk (5.5.1995)

2013 Stav 1 5.00, Stav inne 1 5.11, Høyde U20 2 2.00, Stav U20 1 5.20, Høyde G18/19 1 1.98, Stav G18/19 1 4.81, Tresteg G18/19 1 13.95, Kule G18/19 4 12.64, Høyde G18/19 inne 1 2.03, Stav G18/19 inne 2 4.40, Tresteg G18/19 inne 1 13.29

Douvios, Stellos (1.1.1998)

2013 Høyde G15 9 1.51

Dybdahl, Magnus (14.4.1997)

2013 4km terreng G16 8 15:18

Dybdahl, Tore (14.4.1997)

2013 5000m U20 8 15:43.54, 3000m G16 2 8:55.63, 4km terreng G16 2 13:54

Døhlle, Petter Gire (20.6.1985)

2013 1000mR 7 1:58.08

Dæhlen, Knut Arne (26.7.1974)

2013 Maraton 30 3:14:20

Dæhlin, Ådne Svahn (26.6.1982)

2013 800m inne 2 1:52.54, 4x200mR inne 3 1:30.44, 3km terreng DNS, 4x400mR 2 3:15.34, 4x1500mR 2 15:39.71

Dørum, Lars Christen (12.9.1953)

2013 100km ultra 3 8:30:13, 24 timer ultra 4 229301

E

Ebarle, Julius James (25.7.1997)

2013 60m G16 inne 6s1 7.71, 200m G16 inne 5h4 25.30, 4x200mR G15-17 inne 12 1:43.61

Edman, Ferdinand Kvan (12.2.1993)

2013 5000m 5 14:23.80

Edwardes, Peter George (11.9.1994)

2013 60m G18/19 inne 6h1 7.68, 200m G18/19 inne 5h7 24.69, 400m G18/19 inne 15 54.55

Eide, Helge (???.???.??)

2013 Maraton 24 3:07:28

Eide, Stig Atle (14.5.1969)

2013 Halvmaraton 13 1:19:50

Eikanger, Bjarte (20.7.1972)

2013 10km terreng 33 38:05

Eikanger, Tom Erik (10.9.1966)

2013 10km terreng 45 46:24

Eikeland, Simon B. (3.4.1997)

2013 60m G16 inne 8h4 8.37, Lengde G16 inne 15 4.39

Eikemo, Jens Christian (30.9.1996)

2013 3000m G17 13 9:34.54

Eiken, Odd (28.3.1991)

2013 Stav 3 4.80, Stav inne 2 4.80, 4x200mR inne 2 1:29.74, 200m G20-22 inne 6 23.99, Stav G20-22 inne 2 4.70, 4x200mR G19-22 3 1:32.29

Eikje, Sindre Gelius (12.6.1994)

2013 Høyde inne 5 1.95, Høyde G18/19 3 1.86, Høyde G18/19 inne 5 1.75

Eikrem, Per Ståle (25.8.1972)

2013 10km terreng 44 44:05

Eikrem, Sivert (14.8.1997)

2013 200m U20 5h1 24.27, 400m U20 4h4 53.58, 1000mR U20

7 2:05.87, 100m G16 6s1 11.80, 200m G16 5 23.56, 300m hekk G16 9 75.39, 1000mR G15/16 2 2:05.47, 60m G16 inne 3h1 7.81, 200m G16 inne 5 24.77, 4x200mR G15-17 inne 5 1:38.96, 4x100mR G16 2 45.31

Eiksund, Ole Arne (30.4.1967)

2013 Maraton 13 2:58:06, 24 timer ultra 8 204616

Einan, Markus (4.2.1997)

2013 400m U20 3h5 53.29, 800m U20 8h1 2:06.71, 1000m R U20 10 2:06.71, 800m G16 1 1:54.54, 1000mR G15/16 4 2:06.61, 800m G16 inne 9 2:07.77, 4x600mR U20 1 5:52.99

Eiring, Jakob (10.10.1996)

2013 400m G17 10 52.20, 800m G17 3 1:58.34, 800m G17 inne 7 2:05.41

Ellefsen, Vidar (15.12.1958)

2013 Maraton 11 2:52:13

Ellingsve, Trond (19.6.1996)

2013 200m G17 3 22.51, 400m G17 3 50.20, 400m G17 inne 7 52.64, 200m G17 inne 4 23.42

Elisenberg, Jørgen (4.3.1995)

2013 800m U20 6 1:59.68, 2km terreng U20 12 5:49

Ellingsen, Brede Raa (13.12.1988)

2013 Høyde 1 2.14, Tresteg 8 13.98

Elonga, Samuel Blessing (10.1.1994)

2013 100m 6s2 11.06, 1000mR 6 1:56.97, 100m U20 6 11.30, 1000mR U20 1 1:57.47, 4x100mR U20 DQ:R179.14, 100m G18/19 1 10.83, 1000mR G17-19 1 1:56.57

Elvevoll, Heine Goos (14.8.1998)

2013 100m G15 7 11.92, 200m G15 8 24.53

Endrerud, Jan Olav (19.4.1965)

2013 Maraton 18 3:00:11

Engevik, Mathias Berntsen (24.9.1996)

2013 800m inne 12 2:00.83, 1500m inne 17 4:11.95, 800m U20 7 2:00.07, 800m G17 2 1:57.76, 2000m hinder G17 1 6:17.72, 400m G17 inne 8 52.71, 800m G17 inne 3 2:03.10, 1500m G17 inne 2 4:07.51, 2km terreng G17 3 5:35

Ensrud, Ole Haldor (4.7.1998)

2013 4km terreng G15 6 15:57

Erdal, Arne (4.6.1969)

2013 Halvmaraton 43 1:55:44

Erdal, Martin (5.12.1996)

2013 Halvmaraton U23 7 1:42:49

Eriksen, Colin (17.5.1994)

2013 100m 5h5 11.31, 100m U20 DNS, 100m G18/19 DNFh3

Eriksrud, Marius (23.9.1989)

2013 Høyde 11 1.85, Høyde inne 6 1.95

Espe, Idar Heimdahl (21.8.1979)

2013 Motbakke 10 1:25:38

Evensen, Jan Lewi (20.8.1982)

2013 60m inne 4h4 7.34

Evensen, Johan Sebastian Steenfet (1.2.1996)

2013 800m U20 7h3 2:04.18, 400m G17 12 53.17, 800m G17 6 1:58.85, 800m G17 inne 10 2:06.22

F

Fagelund, Martin (11.8.1995)

2013 Høyde inne 8 1.90, Høyde uten tilløp 2 1.67, Høyde U20 3 1.97, Høyde G18/19 2 1.94, Høyde G18/19 inne 2 1.90

Falk-Larsen, Andreas Bjærum (18.11.1988)

2013 3km terreng DNS, 10km terreng 36 39:11

Fardan, Christopher Rettedal (11.7.1995)

2013 400m U20 4h2 52.12, 800m U20 7h2 2:05.99, 4x100mR U20 6 46.28, 4x400mR U20 3 3:28.10, 400m G18/19 16 52.45, 800m G18/19 12 1:59.70, 1000mR G17-19 3 1:59.01, 400m G18/19 inne 13 54.24, 800m G18/19 inne 7 2:07.65, 4x200mR

G19-22 8 1:36.79

Fauskrud, Marius (11.11.1992)

2013 Stav inne 8 4.00, 4x200mR inne 5 1:31.63, Stav G20-22 inne 3 4.00

Fines, Ola Berg (15.12.1990)

2013 10km terreng DNF

Finshus, Thomas (6.10.1988)

2013 1500m inne 20 4:12.91, 3000m inne 17 9:17.13

Finstad, Fredrik (30.4.1994)

2013 200m G18/19 6s1 23.48

Firing, Thomas (22.9.1992)

2013 100m 5s2 11.03, 200m 4h4 22.56, 1000mR 8 1:58.58, 3km terreng DNS, 100m U23 3h3 11.37, 200m U23 3h2 22.74

Fjeld, Hauk Are (29.4.1994)

2013 400m G18/19 10 51.38, 800m G18/19 6 1:56.74

Fjørtoft, Jonas (22.7.1998)

2013 800m G15 14 2:08.31

Flatestøl, Jonas (30.9.1997)

2013 100m G16 5h4 11.98, 200m G16 7h1 24.93

Florvaag, Per Magne (21.2.1993)

2013 Stav 2 4.90, Stav inne 3 4.60, 4x200mR inne DNF, 4x100mR 1 41.37, Stav G20-22 inne 1 5.00, 4x200mR G19-22 1 1:29.51

Fluge, Erik (10.5.1991)

2013 Diskos 4 50.05, Diskos U23 1 47.52, 100m G18/19 6h2 11.65, 200m G18/19 6s2 23.04

Flø, August Magnus Stensrød (28.9.1995)

2013 5000m U20 9 15:47.53, 6km terreng U20 8 21:09, 3000m G18/19 7 8:55.15

Fløystad, Hans Kristian (3.4.1989)

2013 1500m 4 3:56.75, 3km terreng 1 8:01, 10km terreng 12 35:03

Folkow, Erik (23.9.1997)

2013 60m G16 inne 7h3 8.01, Lengde G16 inne 14 4.49

Folmer, Arne Chr. (5.4.1966)

2013 24 timer ultra 39 101010

Forbergskog, Martin (27.3.1991)

2013 100m 4h4 11.24, 60m inne 3s1 7.04, 200m inne 2h10 22.81, 4x200mR inne 5 1:31.63, 100m U23 4 11.02, 200m U23 3h1 22.33, 1000mR U23 1 1:56.74, 60m G20-22 inne 7 7.15

Foss, Henrik (20.1.1997)

2013 Maraton 39 3:36:41, 800m G16 21 2:17.29, 3000m G16 DNS

Fossvik, Aksel (27.10.1994)

2013 60m inne 5h6 7.39, 200m inne 3h4 23.56, 100m U20 5h3 12.09, 200m U20 4h1 24.05, 100m G18/19 6h1 11.75, 200m G18/19 5h3 23.81, 400m G18/19 17 52.67, 1000mR G17-19 12 2:09.04, 60m G18/19 inne 4h3 7.43, 200m G18/19 inne 2h5 23.55, 4x200mR G19-22 9 1:36.95

Fossøy, Jostein Joshua (1.9.1992)

2013 100m 7s2 11.09, 200m 6h3 23.17, 60m inne 7 7.05, 100m U23 3h2 11.35, 200m U23 5h1 23.38

Fotland, Arild (31.7.1959)

2013 10000m kappgang 7 53:16.7, 3x1000mR kappgang 2 2:32:05.8, 20km kappgang 4 1:54:13

Fremo, Thomas (27.11.1987)

2013 10km terreng 19 36:23

Fretland, Bjørn (18.5.1965)

2013 Maraton 17 3:00:03

Fridriksson, Gardar Johann (8.2.1994)

2013 Spyd 5 62.94, Spyd U20 1 67.41, Spyd G18/19 1 63.20

Frøskeland, Roald Hagbart (28.3.1994)

2013 800m 2 1:48.79, 800m inne 3 1:52.82, 800m U20 1

1:56.12, 6km terreng U20 5 20:44, 400m G18/19 1 48.69, 800m G18/19 DNS

Fuglesang, Adrian Antonsen (27.1.1998)

2013 Kule J15 5 13.14, Diskos G15 8 33.59, Spyd G15 9 42.23

Furulund, Einar (1.2.1989)

2013 3km terreng 28 9:05, Terrengstafett 4 22:49

Færevik, Markus Karel (16.3.1998)

2013 100m G15 5s2 12.11, 200m G15 5 23.97, Spyd G15 41.99, 1000mR G15/16 5 2:14.79, 60m G15 inne 4h3 7.91, 200m G15 inne 3 24.36, Høyde G15 inne 10 1.55, 4x200mR G15-17 inne 9 1:42.64

Færø, Halfdan-Emil (7.6.1991)

2013 3000m hinder 4 9:26.49, 1500m inne 4 4:00.39, 3000m inne 2 8:27.48, 3km terreng DNS, 4x1500mR 2 15:39.71, 10km terreng 10 34:35, 5000m U23 5 15:13.14, 3000m hinder U23 2 9:20.01

Føyen, Lars Jonassen (20.10.1996)

2013 4x1500mR U20 1 16:38.94, 800m G17 5 1:58.81, 3000m G17 1 8:54.48, 2km terreng G17 7 5:48, 4km terreng G17 1 13:26

G

Gagnås, Per Inge Brenno (12.4.1997)

2013 200m G16 7h2 25.81, Høyde G16 1 1.83, 60m G16 inne 8h4 8.25, Høyde G16 inne 2 1.76

Galgufte, Ådne (7.11.1997)

2013 Kule U20 6 11.28, Diskos U20 12 34.48, Kule G16 2 13.13, Diskos G16 2 42.33, Slegge G16 3 35.57, Kule G16 inne 2 13.42, 10-kamp G16 DNF

Gamst, Vegard (11.6.1996)

2013 100m G17 7h3 12.59, 110m hekk G17 5 16.39, Lengde G17 8 5.67

Garfjell, Bjørn-Harald (30.4.1975)

2013 Maraton 14 2:58.22

Gautun, Einar (2.12.1964)

2013 24 timer ultra 41 90090

Gebrehiwet, Awet (6.12.1993)

2013 10km terreng DNF

Gebretsadik, Weldu Negash (ERI) (12.11.1986)

2013 3km terreng 10 8:27

Genale, Afeework Ameio (ETH) (18.10.1984)

2013 5000m 11 15:01.14, Halvmaraton 7 1:12:40

Gilberg, Runar (31.1.1965)

2013 10km terreng 43 43:14

Gilde, Vebjørn (5.3.1993)

2013 100m 6h1 11.53, 200m 6h2 22.91, 60m inne 5h3 7.35, 200m inne 2h3 23.41, 4x200mR inne 1 1:29.47, 100m 4h1 11.52, 200m 4h2 23.18

Giske, Lars (5.2.1997)

2013 800m G16 13 2:05.36, 800m G16 inne 19 2:12.01, 4x600mR U20 2 5:53.08

Gjelsvik, Vegard Løberg (31.1.1992)

2013 200m 7h5 23.35, 400m 6h3 51.45, 1000mR 3 1:55.21, 4x400mR 1 3:14.13, 4x1500mR 5 16:54.43, 400m U23 5 51.41, 800m U23 4 1:57.92, 1000mR U23 2 1:57.42, 200m G20-22 inne 2h3 23.46, 800m G20-22 inne 2 2:02.77, 4x200mR G19-22 7 1:34.90

Gjerde, Bjørn Kåre (26.12.1955)

2013 Maraton 33 3:22:02

Gjertsen, Martin (7.3.1993)

2013 100m 8h2 11.91, 1000mR 8 1:58.58, 100m U23 DNFh1, 200m U23 5h3 46.47, 60m G20-22 inne 6h3 7.46, 200m G20-22 inne DQ:R162.6h3

Gjesdal, Andreas F.T. (22.11.1985)

2013 Stav G18/19 4 4.21, 1000mR G17-19 11 2:07.23, Stav G18/19 inne 5 4.20

Gjesdal, Jonas (1.6.1996)

2013 800m inne 15 2:03.48, 1500m 21 4:14.59, 1500m U20 7 4:05.13, 800m G17 7 1:59.11, 3000m G17 2 8:57.14, 2km terreng G17 6 5:42, 4km terreng G17 =3 13:47

Gjønnnes, Trond Steinar (10.10.1994)

2013 2km terreng U20 21 6:18

Gossner, Andreas (28.2.1973)

2013 24 timer ultra 44 68250

Gram, Stein Erik Våtevik (26.7.1989)

2013 60m inne 6h1 7.60, 200m inne 3h7 24.40

Gramstad, Eirik (24.9.1984)

2013 5000m 8 14:49.20, 10000m 10 31:43.20, 3km terreng 4 8:16, 10km terreng 9 34:29

Granheim, Sturla (26.11.1997)

2013 3000m G16 18 9:55.38, 1500m hinder G16 9 4:47.56

Gravdal, Henrik Irgens (7.1.1998)

2013 1500m inne 19 4:12.78, 1500m U20 8h1 4:18.13, 4x1500mR U20 2 16:45.17, 800m G15 1 1:58.60, 2000m G15 2 5:40.13, 1000mR G15/16 DNF, 800m G15 inne 1 2:02.90, 1500m G15 inne 1 4:12.44, 2km terreng G15 1 5:39, 4km terreng G15 14:05

Grimsbø, Odd Anders (1.12.1991)

2013 10km terreng 26 37:08, 5000m U23 10 16:16.19, 2km terreng U20 DNS

Grinden, Marius (11.2.1991)

2013 Slegge 10 47.17

Groven, Sigbjørn (3.2.1987)

2013 3000m hinder 5 10:07.99, 4x1500mR 6 16:57.90

Grutle, Joakim Moss (1.7.1996)

2013 60m inne 6h7 7.40, Lengde inne 10 6.21, Lengde uten tilløp U20 10 2.82, 100m G17 4h1 11.51, 200m G17 5h2 23.56, Lengde G17 5 6.16

Grøan, Morten (4.5.1973)

2013 Maraton 8 2:46:06

Grørdahl, Martin (10.5.1993)

2013 60m G20-22 inne 6h2 7.62

Grønli, Martin Spillum (6.11.1996)

2013 4km terreng G17 13 15:26

Grønnevig, Ørjan (14.2.1991)

2013 5000m 1 14:16.44, 10000m 1 29:55.31, 3km terreng 2 8:02, Halvmaraton 1 1:06:58, 10km terreng 1 33:32, 5000m U23 2 14:25.25

Grønnhaug, Jonas Andre (27.9.1989)

2013 200m 7s2 22.41, 400m 4 48.50, 1000mR 8 1:58.58, 400m inne 2h4 51.34, 4x200mR inne 2 1:29.74, 4x100mR 5 42.89, 4x400mR 6 3:22.54

Grønseth, Ingvar (9.1.1971)

2013 Maraton 7 2:45:48

Grønstad, Henrik (29.5.1995)

2013 2km terreng U20 DNS

Grønvold, Fredrik (29.5.1995)

2013 Spyd G18/19 7 45.68

Grønvold, Martin (1.1.1998)

2013 800m G15 23 2:23.16, 2000m G15 20 7:08.66

Gulbrandsen, Håkon Tallhaug (27.2.1998)

2013 2000m G15 8 6:11.38

Gulbrandsen, Kenneth Vik (25.5.1997)

2013 100m U20 5h4 11.87, 200m U20 5s2 23.95, 100m G16 4 11.57, 200m G16 3 23.21

Guleed, Abdirahman Mohamed (1.8.1987)

2013 800m 5h2 1:58.85, 3km terreng 14 8:37

Gulliksen, Petter Rød (12.11.1993)

2013 800m G20-22 inne 7 2:15.28, 1500m G20-22 inne DNF

Gunnes, Mikkel (23.3.1996)

2013 Spyd G17 9 41.89

Gustavsen, Joakim Sundgot (3.4.1997)

2013 800m U20 9 2:04.17, 1000mR U20 4 2:00.86, 800m G16 4 1:58.77300m hekk G16 1 40.43, 1000mR G15/16 1 2:03.71, 800m G16 inne 3 2:01.96, 1500m G16 inne DNF, 60m hekk G16 inne 4 9.52

Guttulsrød, Ole (25.3.1955)

2013 Maraton 38 3:35:16

Gyedu, Samuel (1.5.1994)

2013 100m 5h1 11.40, 200m 4h5 22.72, 1000mR 6 1:56.97, 4x100mR 2 41.48, 100m U20 4s3 11.20, 1000mR U20 1 1:57.47, 4x100mR U20 DQ:R179.14, 100m G18/19 4 11.03, 200m G18/19 5 22.54, 1000mR G17-19 1 1:56.57, 60m G18/19 inne 7 7.18, 200m G18/19 inne 2h2 23.10, 4x200mR G19-22 2 1:31.26

Gaarud, Anders (13.12.1998)

2013 2km terreng G15 10 8:04

Gaasemyr, Dag Gaute (7.7.1979)

2013 Motbakke 20 1:47.35

Gåsvær, Ole Martin (15.7.1998)

2013 1500m hinder G15 2 4:32.48, 4km terreng G15 4 14:20

H

Haflan, Erlend Torssønn (29.12.1995)

2013 200m U20 6s1 23.52, 400m U20 2h1 51.10, 200m G18/19 5s1 23.25, 400m G18/19 6 51.17

Hagen, Anders Flem (3.6.1987)

2013 1000mR 10 2:00.57

Hagen, Eivind Kleven (3.10.1996)

2013 110m hekk U20 4 15.87, Lengde U20 5 6.72, 110m hekk G17 2 15.10, 300m hekk G17 2 39.94, Lengde G17 4 6.60, 60m G17 inne 4h2 7.68, Lengde G17 inne 5 6.14, 60m hekk G17 inne 3 8.68

Hagen, Kevin Lien (21.8.1997)

2013 60m G16 inne 5h4 7.99, 800m G16 inne 24 2:18.09

Hagen, Petter Sørum (24.1.1997)

2013 100m hekk G16 2 14.55, 300m hekk G16 2 40.80, 60m G16 inne 5h3 7.80, 200m G16 inne 4h3 24.89, 60m hekk G16 inne 2 9.01

Hagen, Thomas (17.8.1991)

2013 110 m hekk 5 15.88

Halleland, Leif (11.9.1942)

2013 Maraton 58 4:28:22

Hallquist, Odin (1.10.1997)

2013 100m G16 8s2 12.03, Lengde G16 3 6.21, 1000mR G15/16 2 2:05.47, 60m G16 inne 7s2 7.80, 200m G16 inne 6h2 25.76, Lengde G16 inne 3 5.82, Kule G16 inne 6 10.80, 4x200mR G15-17 inne 5 1:38.96, 4x100mR G16 2 45.31

Halonen, Jonas (18.1.1995)

2013 100m 8s2 14.78, 4x100mR 6 43.44, 100m U20 1 10.93, 1000mR U20 5 2:02.08, 60m G18/19 inne 1 7.01

Halsan, Vetle Varslot (22.2.1996)

2013 4km terreng G17 15 16:22

Halvorsen, Theo Griffin (4.1.1997)

2013 4x100mR 4h2 45.48, 4x100mR U20 4 44.92, 60m G16 inne 5s2 7.64, 200m G16 inne 3 24.04, 4x200mR G15-17 inne 2 1:35.38, 4x100mR G16 1 45.11

Halvorsen, Tom Erik (30.6.1980)

2013 3000m inne 15 9:01.11

Hamdahl, Morten (11.1.1995)

2013 1000mR G17-19 9 2:04.51

Hammer, Jonas Lurås (10.3.1991)

2013 1500m inne 8 4:04.76, 3000m inne 7 8:36.25, 3km terreng 7 8:24, Terrengstafett 1 21:38, [1500m U23 5 4:03.97](#), [3000m hinder U23 3 9:24.88](#)

Hammeren, Håkon (12.6.1995)

2013 [1000mR U20 9 2:06.71](#), Høyde G18/19 6 1.76, Lengde G18/19 9 5.50, Tresteg G18/19 3 12.46, [1000mR G17-19 8 2:03.87](#), Høyde G18/19 inne 6 1.70, Lengde G18/19 inne 9 5.45, Tresteg G18/19 inne 2 12.39, [4x200mR G19-22 7 1:34.90](#)

Hansen, Alex (13.12.1971)

2013 24 timer ultra 43 69888

Hansen, Anders Strømbld (17.10.1994)

2013 [800m U20 9h2 2:14.21](#), [1500m U20 11h2 4:36.18](#), [800m G18/19 21 2:04.61](#), [3000m G18/19 DNF](#), [800m G18/19 inne 16 2:12.91](#), [1500m G18/19 inne 9 4:30.37](#)

Hansen, Jesper Berge (17.2.1998)

2013 [Spyd G15 3 50.56](#)

Hansen, Mats Thorsø (12.3.1998)

2013 60m G15 inne 4h2 7.78, 200m G15 inne 4h1 25.20, Høyde G15 inne =7 1.55, Kule G15 inne 11 8.92

Hanssen, Henrik (8.8.1997)

2013 [800m G16 6 2:00.70](#), [3000m G16 11 9:22.10](#), [1000mR G15/16 4 2:06.61](#), [800m G16 inne 21 2:14.83](#), 2km terreng G16 8 6:03, [4x100mR G16 5 47.85](#), [4x600mR U20 1 5:52.99](#)

Harbo, Markus Borge (7.4.1996)

2013 [800m U20 7h2 2:07.55](#), [1500m U20 7h2 4:24.75](#), [4x1500mR U20 4 17:10.38](#), [3000m G17 7 9:15.24](#), [800m G17 inne 4 2:03.87](#), [1500m G17 inne 5 4:18.49](#), 2km terreng G17 2 5:31

Hardersen, John Magne (18.2.1998)

2013 200m G15 6h1 25.68, Lengde G15 14 5.26, Tresteg G15 5 12.03, Lengde G15 inne 17 4.55

Harries, Nicolas (5.2.1996)

2013 [Spyd G17 5 48.14](#)

Hashi, Shafil Ali (6.5.1995)

2013 Høyde G18/19 4 1.81, Lengde G18/19 8 5.80, Tresteg G18/19 7 11.76

Hasund, Inge (26.12.1977)

2013 24 timer ultra 38 101556

Hatlem, Vidar (15.8.1997)

2013 [100m G16 4h4 11.95](#), Lengde G16 7 5.72

Hatten, Kurt (26.10.1957)

2013 Halvmaraton 33 1:36:04

Haugen, Inge Asbjørn (27.3.1953)

2013 24 timer ultra 19 162758

Haugen, Håkon (29.9.1951)

2013 Maraton 26 3:10:03

Haugen, Svein Arne (13.10.1985)

2013 Motbakke 9 1:19.45

Haugen, Vetle Sørstrand (29.1.1998)

2013 [100m G15 7s1 12.25](#), [100m hekk G15 2 14.59](#), Lengde G15 7 5.65

Haugsbø, Andre (10.3.1979)

2013 Motbakke 8 1:16.26

Haugsdal, Mathias (19.7.1994)

2013 [4x100mR 6 43.44](#), [100m U20 5h2 11.89](#), [1000mR U20 5 2:02.08](#), [4x100mR U20 1 42.60](#), [100m G18/19 4h1 11.60](#), [200m G18/19 6h2 23.78](#), [1000mR G17-19 4 1:59.35](#)

Haugstad, Eirik (17.1.1994)

2013 60m inne 8s3 7.26, 200m inne 1h9 22.71, [4x200mR inne 4 1:30.81](#)

Haukenes, Håvard (22.4.1990)

2013 5000m kappgang 2 20:57.11, 5000m kappgang inne 1 21:32.48, 10000m kappgang 2 43:43.5, [3x1000mR kappgang 1](#)

2:15:18.3, 20km kappgang 2 1:29:02

Haukås, Andreas Emil (2.6.1993)

2013 60m inne 5h5 7.41

Hedegart, Vetle Berget (25.11.1994)

2013 [200m U20 6h6 24.76](#), [400m U20 4h1 52.32](#), [400m G18/19 22 53.51](#), [800m G18/19 17 2:01.58](#)

Heggøy, Magnus Enes (7.2.1998)

2013 [800m G15 19 2:14.59](#), [1500m hinder G15 5 4:55.28](#)

Heggøy, Thomas M. (25.5.1994)

2013 [400m 5h3 50.68](#), [800m 6h2 1:59.20](#), [800m inne 5 1:56.10](#), [1500m inne 10 4:05.39](#), [800m U20 4 1:57.49](#), [4x1500mR U20 1 16:38.94](#), [400m G18/19 5 50.53](#), [800m G18/19 3 1:55.24](#)

Heier, Joachim (28.2.1996)

2013 [Slegge U20 5 47.49](#), [Diskos G17 6 27.92](#), [Slegge G17 3 57.57](#), [60m G17 inne 7h3 8.43](#), [Kule G17 inne 3 9.87](#)

Heldal, Håkon Fossum (15.5.1997)

2013 60m G16 inne 6h4 7.88, 200m G16 inne 5h2 25.27, Høyde G16 inne 5 1.65, Lengde G16 inne 13 4.59, [Kule G16 inne 7 8.70](#), 10-kamp G16 1 4.533p

Heldal, Torbjørn Fossum (13.11.1993)

2013 400m 5 49.11, [800m DNFh2](#), [200m U23 4h1 22.88](#), [400m U23 3 49.22](#), [200m G20-22 inne 3h1 23.05](#)

Helland, Christian Bøe (5.7.1991)

2013 Høyde 3 2.05, Høyde inne 1 2.12, [Høyde U23 1 2.06](#)

Helland, Torbjørn (29.4.1974)

2013 24 timer ultra 31 139933

Hellesø, Tomas Oskar (29.4.1991)

2013 10km terreng 32 37:51

Henriksen, Eivind Prestegård (14.9.1990)

2013 [Diskos 3 50.15](#), [Slegge 1 72.16](#)

Henriksen, Viktor (21.12.1996)

2013 [1000mR 11 2:03.74](#), [110m hekk G17 6 16.50](#), [300m hekk G17 5 43.41](#), [1000mR G17-19 5 2:02.61](#), [60m G17 inne 7h1 8.00](#), [60m hekk G17 inne DQ:R163.3a](#)

Hermansen, Didrik (24.3.1980)

2013 Maraton 3 2:35:20

Herrevold, Sondre (4.12.1998)

2013 [Spyd G15 8 44.14](#), [60m G15 inne 8h3 8.88](#), Høyde G15inne 11 1.55, [Kule G15 inne 10 9.40](#)

Heskestad, Per Audun (14.8.1955)

2013 100km ultra 4 9:37:47, 24 timer ultra 2 236964

Hetland, Harald Folkvord (27.9.1996)

2013 [Spyd G17 4 49.49](#)

Hildeskor, Håvard (14.9.1992)

2013 [400m h2 DNS](#), [800m 5h1 1:54.68](#), [4x100mR DNFh2](#), [800m U23 3 1:57.31](#), [1500m U23 DNF](#), [1000mR U23 3 2:09.39](#)

Hillesund, Eivind (5.9.1990)

2013 10-kamp DNS

Hilstad, Jon Simen Mangseth (6.6.1996)

2013 [Høyde U20 NM](#), [Stav U20 6 4.10](#), Høyde G17 4 1.84, [Stav G17 1 3.81](#), [200m G17 inne 5h1 24.72](#), Høyde G17 inne 6 1.65, [Stav G17 inne 2 3.40](#)

Hir, Abduljaleel (22.9.1995)

2013 [400m G18/19 inne 4 52.35](#), [800m G18/19 inne 2 2:00.35](#)

Hir, Abdurrahman (7.3.1997)

2013 [800m G16 inne 1 1:58.58](#), [1500m G16 inne 1 4:10.74](#)

Hisdal, Erling (21.3.1983)

2013 Motbakke 6 1:13.43

Hisdal, Robert (31.7.1978)

2013 3000m inne 20 9:32.61

Hjelle, Nils (6.6.1968)

2013 Maraton 44 3:49:43, 24 timer ultra 24 151788

Hjelle, Øivind (27.9.1991)

2013 60m G20-22 inne 4h1 7.34

Hjellum, Magnus Sirnes (3.2.1994)

2013 1500m 7h1 4:07.87, 1500m inne 5 4:01.09, 3000m inne 5 8:33.76, 4x1500mR 4 16:17.98, 5000m U20 1 15:14.19, 2km terreng U20 3 5:25, 6km terreng U20 1 20:01, 1500m G18/19 inne 1 4:01.25

Hjeltne, Marius Bull (22.6.1996)

2013 100m 8h5 11.64, 200m 7h4 23.19, Lengde 10 6.82, Tresteg 9 13.23, 1000mR 2 1:54.78, 60m inne 4h7 7.28, Lengde inne 9 6.44, 4x200mR inne 3 1:30.44, 4x100mR 3 41.85, 100m U20 4h4 11.85, Lengde U20 3 6.86, 100m G17 7 11.36, 200m G17 6 22.75, Lengde G17 3 6.86, Tresteg G17 1 13.80, 60m G17 inne 6s2 7.49, Lengde G17 inne 4 6.52

Hjorteland, Stian (14.7.1995)

2013 60m inne 7h8 7.59, 100m G18/19 7h3 12.01, 200m G18/19 6h1 24.51

Hoelsengen, Tor Edvin (10.2.1971)

2013 Maraton 43 3:49:05

Hole, Knut Eraker (18.2.1971)

2013 24 timer ultra 15 178000

Holm, Daniel Hessvik (22.7.1993)

2013 Stav 8 4.20, Stav U23 2 4.10

Holm, Emil Engelsen (3.7.1997)

2013 4x400mR 5 3:20.74, 4x100mR U20 3 44.78, 100m G16 4h3 11.99, 200m G16 6 23.61, 1000mR G15/16 DNF, 60m G16 inne 8s1 7.90, 200m G16 inne 2 23.90, 4x200mR G15-17 inne 6 1:40.25, 4x100mR G16 4 46.44

Holm, Hans (20.4.1997)

2013 Kule G16 4 11.68, Diskos G16 4 36.37, Slegge G16 2 38.75, Kule G16 inne 4 11.91

Holm, Thomas (10.4.1987)

2013 10km terreng 27 37:24

Holmberg, Henrik J.F. (23.9.1989)

2013 200m 4h2 22.46, 110m hekk 4 15.03, Høyde 5 2.05, Lengde 12 6.72

Hommen, Anders Bergmann (2.6.1997)

2013 60m G16 inne 7h4 7.96, Lengde G16 inne DNS

Hope, Jon Rolf Skamo (17.2.1998)

2013 800m G15 4 2:00.41, 2000m G15 3 5:47.07, 1500m hinder G15 1 4:30.41

Hornes, Halvard (2.10.1995)

2013 200m 6h5 23.01, 1000mR 9 1:58.64, 100m U20 5s2 11.71, 200m U20 5s3 23.73, 1000mR U20 8 2:06.35, 4x100mR U20 1 42.60, 100m G18/19 3h3 11.56, 200m G18/19 DNFs2, Tresteg G18/19 2 12.97, 1000mR G17-19 4 1:59.35, 60m G18/19 inne 7s1 7.43, 200m G18/19 inne 2h4 23.02

Hornnes, Bjørnar (20.3.1985)

2013 Motbakke 16 1:34.50

Hosøy, Emil (9.9.1992)

2013 Halvmaraton U23 3 1:18:51

Hovde, Bendik Vold (12.5.1998)

2013 100m G15 7h1 12.85, Tresteg G15 8 10.28, Spyd G15 5 46.23

Hove-Johansen, Mathias (27.9.1998)

2013 Lengde G15 6 5.70

Hovind-Angermund, Stian (27.8.1986)

2013 Motbakke 2 1:06:54

Hovland, Håkon Elvsås (26.4.1997)

2013 60m G16 inne 2 7.56, Kule G16 inne 1 13.56

Hovland, John Anders E. (13.1.1995)

2013 4x100mR 7 43.90, 4x100mR U20 DNFh2, 60m G18/19 inne 4h2 7.42, 4x200mR G19-22 4 1:34.19

Hovland, Øyvind (11.12.1990)

2013 Motbakke 18 1:42.48

Hovlandsdal, Erik (18.6.1989)

2013 3km terreng DNS

Hulensav, Mulugeta Zewde (ETH) (25.5.1987)

2013 10000m 5 30:40.47, Motbakke 5 1:11.49, Halvmaraton 3 1:07:48

Husby, Gudleik (6.6.1967)

2013 100km ultra 2 8:00.56

Hussein, Ahmed Ali (8.11.1997)

2013 800m G16 inne 23 2:17.92, 1500m G16 inne 13 4:33.59

Hvidsten, Daniel Verheugen (16.6.1996)

2013 Lengde G17 9 5.55, 1000mR G15/16 5 2:14.79, 60m G17 inne 6h3 7.96, Lengde G17 inne 7 5.61, 4x200mR G15-17 inne 9 1:42.64

Hvistendahl, Eivind (23.3.1996)

2013 200m 6h4 22.80, 1000mR 9 1:58.64, 4x100mR 6 43.44, 100m U20 4h5 11.85, 200m U20 4s1 23.11, 1000mR U20 5 2:02.08, 4x100mR U20 1 42.60, 100m G17 6 11.31, 200m G17 5 22.73, 1000mR G17-19 4 1:59.35, 60m G17 inne 5s1 7.43, 200m G17 inne 2 23.03, 4x200mR G15-17 inne 2 1:35.38

Høiås, Jens (4.12.1987)

2013 5000m 9 14:49.75, 10000m DNF

Hylleseth, Tobias Rivedal (7.10.1998)

2013 800m G15 16 2:08.62, 1500m hinder G15 4 4:4.96

Hyndøy, Henrik (24.10.1996)

2013 Tresteg G17 3 10.97, Spyd G17 12 33.79

Hytten, Kristoffer Vold (15.1.1997)

2013 Diskos G16 5 30.57, Spyd G16 4 44.66

Høgne, Markus (14.6.1998)

2013 800m G15 7 2:04.71, 2000m G15 12 6:20.50

Høgset, Frode (3.5.1970)

2013 24 timer ultra 29 143978

Høye, Haakon Gaukerud (1.12.1995)

2013 Lengde 14 6.34, 400m U20 2 48.91, 1000mR U20 2 1:57.80, 4x100mR U20 DNF, 200m G18/19 4 22.51, 400m G18/19 2 49.31, Lengde G18/19 1 6.77, 1000mR G17-19 2 1:57.58, 200m G18/19 inne 1h5 22.93, Lengde G18/19 inne 3 6.25

Høyland, Sondre Alexander (20.5.1998)

2013 Spyd G15 12 37.75

Haaheim, Lars Olaf (19.12.1973)

2013 Halvmaraton 12 1:18:31

Haave, Morten (21.9.1986)

2013 Høyde uten tilløp 3 1.64, Lengde uten tilløp 8 3.07

I

Iden, Andreas (16.7.1994)

2013 3000m inne 19 9:24.21, 5000m U20 12 15:57.52, 800m G18/19 24 2:06.34, 3000m G18/19 DNF, 1500m G18/19 inne DNF

Iden, Erik (2.8.1969)

2013 Halvmaraton 15 1:21:40

Iden, Gustav (29.1.1995)

2013 5000m U20 6 15:34.73, 2000m hinder U20 2 6:19.88, 6km terreng U20 4 20:24

Idås Anders Erlend (4.2.1990)

2013 100m 10.68

Ingebrigtsen, Filip (20.4.1993)

2013 1500m 3:55.18, 4x400mR DQ:R170.9, 4x1500mR 1 15:32.01

Ingebrigtsen, Henrik (24.2.1991)

2013 800m 1 1:48.25, 800m inne 4 1:52.88, 4x1500mR 1

15:32.01

Isene, Ola Stunes (29.1.1995)

2013 Diskos 5 49.03, Kule inne 4 14.95, [Kule U20 1 17.44](#), [Diskos U20 1 56.19](#), [Spyd U20 5 52.79](#), Høyde uten tilløp U20 1 1.60, [Lengde uten tilløp U20 2 3.08](#), [Kule G18/19 1 16.79](#), [Diskos G18/19 1 52.64](#), [60m G18/19 inne 6h3 7.55](#), [Kule G18/19 inne 1 17.13](#)

Iverin, Kristian (11.4.1991)

2013 100m 7h5 11.36, [60m G20-22 inne 5 7.12](#)

Iverin, Nicolay C. (20.1.1997)

2013 [60m G16 inne 6s2 7.71](#)

Iversen, Einar (26.4.1958)

2013 Maraton 34 3:24:42, 24 timer ultra 16 173566

Iversen, Vegard Kim (29.3.1993)

2013 [60m G20-22 inne 6h1 7.61](#)

J

Jacobsen, Daniel (30.12.1998)

2013 [800m G15 15 2:08.38](#), [2000m G15 11 6:19.55](#)

Jahr, Frederik (1.6.1991)

2013 Høyde 9 1.95, Høyde inne 4 2.00, Høyde uten tilløp 4 1.60, [Høyde U23 2 2.03](#), [Lengde U23 4 6.68](#), [Tresteg U23 3 13.06](#)

Jakobsen, Einar-Andre Bydal (26.7.1986)

2013 100m 7h4 11.46, 200m 5h3 22.41, [1000mR 6 1:56.97](#), 10-kamp 5 5.519p, [4x100mR 2 41.48](#), [4x400mR 5 3:20.74](#)

Jakobsen, Thomas Arthur Bydal (21.1.1985)

2013 200m 5h1 22.89, 400m 4h2 51.12, [1000mR 6 1:56.97](#), 200m inne 3h1 23.30, 10-kamp 6 5.210p

Jallow, Nickolai Alieu (3.4.1991)

2013 100m 7s1 11.10, [60m G20-22 inne 3 7.09](#)

Jatta, Muhammed Dodou (30.1.1998)

2013 [100m G15 DNF](#)

Jensen, Andreas (10.8.1998)

2013 [2000m G15 16 6:29.70](#), [1500m hinder G15 7 5:10.59](#)

Jensen, Audun Bakke (22.2.1998)

2013 Stav NM, [Stav U20 5 4.10](#), [Stav G15 1 4.15](#), [Lengde G15 16 5.07](#), [Stav G15 inne 1 3.80](#)

Jensen, Emil (28.1.1997)

2013 [Spyd G16 6 39.75](#)

Jensen, Joar Flynn (10.8.1965)

2013 24 timer ultra 34 113022

Jensen, Kristian Halten (5.3.1995)

2013 [4x200mR G19-22 9 1:36.95](#)

Jenssen, Eivind (8.8.1988)

2013 800 4 1:49.15

Jerpstad, Isak (10.2.1996)

2013 [800m G17 16 2:05.93](#), [Høyde G17 5 1.84](#), [1000mR G17-19 12 2:09.04](#), [Høyde G17 inne 4 1.81](#), [Tresteg G17 inne 2 11.42](#)

Johannesen, Kim (22.8.1985)

2013 24 timer ultra 27 150150

Johannsson, Omar Sandri (ISL) (3.1.1995)

2013 [60m G18/19 inne 6h5 8.29](#), [60m hekk G18/19 inne 8 9.59](#)

Johansen, Mads (??-??-??)

2013 10km terreng 22 36:46

Johansen, Markus Olaves (1.6.1995)

2013 [200m U20 4s3 23.68](#), [400m U20 2h5 52.15](#), [200m G18/19 7s2 23.17](#), [400m G18/19 9 51.33](#), [60m G18/19 inne 4h6 7.56](#), [200m G18/19 inne 5h1 23.85](#)

Johansen, Mathias Hove (27.9.1998)

2013 [100m G15 4 11.74](#), [200m G15 3 23.55](#), [1000mR G17-19 10 2:06.19](#), [4x100mR G16 6 47.96](#), [4x600mR U20 3 6:03.36](#)

Johansen, Robin (20.6.1996)

2013 [Spyd G17 6 46.96](#)

Johnsen, Henrik (7.2.1986)

2013 100m 6 10.88, 200m 7s1 22.49, [4x400mR 3 3:18.93](#)

Johnsen, Inge Eide (8.1.1998)

2013 [Høyde G15 3 1.75](#), [Tresteg G15 3 12.45](#), [Høyde G15 inne =7 1.55](#), [Lengde G15 inne 18 4.52](#)

Jonsson, Ottar (ISL) (19.2.1983)

2013 100m 8h4 11.58, 60m inne 5h8 7.26

Juven, Sondre (17.4.1999)

2013 [2km terreng G15 \(For ung for klassen 6:24\)](#)

Jønvik, Lars Eivind (5.10.1993)

2013 10km terreng 41 41:42

Jørgensen, Marius (27.6.1974)

2013 24 timer ultra 9 200570

K

Kabiraba, Byamungu (COD) (22.1.1995)

2013 [1000mR 11 2:03.74](#), [100m G18/19 6h3 11.76](#), [200m G18/19 5h3 23.59](#), [1000mR G17-19 5 2:02.61](#), [60m G18/19 inne 5h1 7.44](#), [200m G18/19 inne 3h5 23.85](#), [400m G18/19 inne 7 53.37](#)

Kalleberg, Johannes Erik (19.6.1998)

2013 [100m G15 6 11.84](#), [200m G15 6 24.16](#), [1000mR G15/16 6 2:14.80](#)

Kallekleiv, Robin (15.7.1991)

2013 [Kule inne 8 10.38](#), [Lengde uten tilløp 11 2.68](#), [60m G20-22 inne 7h1 8.03](#), [Lengde G20-22 inne 3 5.30](#), [Kule G20-22 inne 3 10.12](#)

Kaltenborn, Jan Christian (5.4.1980)

2013 5000m 10 14:59.80

Kanestrøm, Martin Nikolai (23.11.1996)

2013 [100m U20 7h2 12.08](#), [1000mR U20 7 2:05.87](#), [4x400mR U20 2 3:27.41](#), [200m G17 5h3 23.55](#), [110m hekk G17 3 15.19](#), [1000mR G17-19 6 2:02.84](#), [60m G17 inne 5s2 7.47](#), [200m G17 inne 2h4 23.95](#), [60m hekk G17 inne 2 8.64](#)

Kanestrøm, Sander Ringstad (4.9.1998)

2013 [1000mR G15/16 1 2:03.71](#), [Spyd G15 NM](#)

Karlsen, Espen Roll (27.8.1991)

2013 10km terreng 28 37:26, [1500m U23 8 4:10.38](#), [5000m U23 9 16:02.16](#)

Karlsen, Vebjørn Ljones (10.12.1995)

2013 [800m U20 DNFh2](#), [1500m U20 10h1 4:21.49](#), [2km terreng U20 14 5:52](#), [4x400mR U20 5 3:30.98](#), [4x1500mR U20 4 17:10.38](#), [400m G18/19 21 53.48](#), [800m G18/19 11 1:59.89](#), [800m G18/19 inne 3 2:01.09](#), [1500m G18/19 inne 7 4:18.00](#)

Karlsnes, Thomas (7.7.1997)

2013 [4x100mR 4h2 45.48](#), [100m G16 6h2 12.00](#), [200m G16 5h3 24.06](#), [1000mR G15/16 3 2:06.09](#), [60m G16 inne 7s1 7.72](#), [200m G16 inne 2h4 24.57](#), [4x200mR G15-17 inne 10 1:42.66](#)

Karlsson, Alexander (23.9.1988)

2013 100m 4 10.78, [1000mR 2 1:54.78](#), 60m inne 4s2 7.07, [4x200mR inne 3 1:30.44](#), [4x100mR 3 41.85](#)

Karstad, Ådne (21.12.1995)

2013 [60m G18/19 inne DNSs1](#)

Kashafali, Salumi Ageze (25.11.1993)

2013 60m inne 6 7.05, [100m U23 3 11.02](#), [200m U23 4h3 23.97](#)

Kaziowski, Axel (3.10.1998)

2013 [Spyd G15 4 50.53](#)

Kildegård, Steffen (4.10.1996)

2013 [Lengde G17 10 5.46](#), [Spyd G17 3 52.19](#), [60m G17 inne 5h2 7.96](#), [Høyde G17 inne 7 1.60](#), [Lengde G17 inne 8 5.53](#)

Kiplesund, Ingar (17.11.1996)

2013 [Lengde 7 7.02](#), [1000mR 7 1:58.08](#), 60m inne 5h1 7.28, [Lengde inne 4 6.94](#), [4x100mR 4 42.26](#), [Lengde U20 2 7.09](#), [100m G17 5 11.21](#), [200m G17 4 22.71](#), [Lengde G17 3 6.84](#), 60m G17

inne 5 7.28, Lengde G17 inne 2 6.89, 10-kamp G17 1 5.579p

Kirkeberg, Alexander (24.6.1996)

2013 5000m U20 16 16:25.73, 4km terreng G17 =3 13:47

Kirknes, Martin (21.11.1995)

2013 800m G18/19 20 2:03.94

Kjeldsli, Ørjan (29.4.1996)

2013 800m G17 19 2:06.96, 3000m G17 12 9:30.36, 4km terreng G17 10 14:36

Kjennerud, Eivind (26.6.1997)

2013 Spyd G16 5 40.08, 1000mR G17-19 9 2:04.51

Kjensli, Simen (3.11.1995)

2013 100m U20 5h5 12.00, 110m hekk U20 DNF, 200m G18/19 DNFh3, 400m G18/19 inne 5 8.97, 4x200mR G19-22 6 1:34.62

Kjerpaset, Øyvind Strømmen (12.12.1991)

2013 200m 2 21.10, 400m hekk 1 50.38, 200m inne 1 22.01, 100m U23 1 10.73, 200m U23 1 21.42, 60m G20-22 inne 3h2 7.20, 200m G20-22 inne 2 21.85

Kjonerud, Kristian A. (18.11.1994)

2013 3000m G18/19 16 9:33.71

Kjäll-Ohlsson, Martin (SWE) (12.6.1978)

2013 Halvmaraton 6 1:12:16, Maraton 2 2:31:37

Klanderud, Tore (3.1./1.3.1967???)

2013 Halvmaraton 22 1:25.49

Klareng, Øystein (16.11.1996)

2013 100m U20 4s2 11.45, 200m U20 3s2 23.19, 1000mR U20 2 1:57.80, 4x100mR U20 DNF, 60m G17 inne 4 7.21, 200m G17 inne 3 23.15, Lengde G17 inne 6 5.75, 4x200mR G15-17 inne 3 1:35.47

Kleivane, Bjarne (16.10.1989)

2013 Motbakke 21 1:47.50

Klemetsdal, Helge Heie (2.7.1998)

2013 800m G15 6 2:04.16

Kleppe, Steinar (6.3.1988)

2013 Slegge 6 51.54

Klevmo, Torje (6.1.1987)

2013 400m 4h1 50.60, 800m 6h1 1:54.83

Klungland, Stian (21.7.1993)

2013 3km terreng 19 8:48, 4x1500mR 5 16:54.43, 800m U23 6 1:59.30, 1500m U23 7 4:05.93, 1000mR U23 3 2:09.39, 800m G16 DNSh1, 800m G15 inne 16 2:10.86, 1500m G16 inne 12 4:33.37, 2km terreng G16 DNS, 4x600mR U20 1 5:52.99

Knutsen, Eivind (17.7.1990)

2013 10000m 14 33:15.63

Knutsen, Erlend Andreas (1.4.1997)

2013 3000m G16 15 9:37.15, 1500m hinder G16 6 4:43.19, 2km terreng G16 DNS, 4km terreng G16 6 14:33

Koksvik, Storm Håkon (20.8.1998)

2013 Høyde G15 4 1.73

Kolbjørnsen, Sondre (12.8.1995)

2013 Spyd U20 6 52.75, Spyd G18/19 3 57.43

Kolderup, Sigve (24.8.1998)

2013 2000m G15 13 6:21.50

Kolstø, Håkon

2013 800m inne 19 2:08.33, 1500m inne 4:19.48, 1500m U20 9 4:06.22, 2000m hinder U20 4 6:34.38, 4x400mR U20 4 3:29.94, 800m G18/19 22 2:04.98, 3000m G18/19 13 9:07.96

Kongolo, Christian (COD) (15.1.1995)

2013 Lengde G18/19 3 6.42, Tresteg G18/19 5 11.98, 60m G18/19 inne 7h4 7.52, 200m G18/19 inne 5h2 25.03, Lengde G18/19 inne 5 6.02, Tresteg G18/19 inne 4 12.14

Kongshaug, Knut (22.2.1972)

2013 Maraton 20 3:03:45

Kornerud, Martin (15.4.1998)

2013 Kule J15 1 16.31, Diskos G15 3 46.63, Slegge G15 1 54.32, Spyd G15 2 52.96, Kule G15 inne 3 13.80

Korshavn-Jartoft, Sivert (9.2.1995)

2013 4x100mR U20 DQ:R179.14, 100m G18/19 4h2 11.51, 200m G18/19 5h2 23.78, 1000mR G17-19 7 2:03.59, 60m G18/19 inne 5s2 7.23, 200m G18/19 inne 2h1 23.31, 4x200mR G19-22 6 1:34.62

Kortner, Fredrik Andreas Berdal (4.8.1981)

2013 100m 7h2 11.63, 60m inne 7h7 7.44, Lengde uten tilløp 9 3.02

Krakset, Olav (15.9.1958)

2013 Maraton 23 3:07:23

Kringstad, Magnus (6.5.1998)

2013 1000mR G15/16 6 2:14.80, 60m G15 6h3 8.00, 200m G15 inne 5h2 26.13, 4x200mR G15-17 inne 7 1:40.96

Kristensen, Bjørnar Ustad (26.1.1982)

2013 3000m hinder 2 9:00.27, 4x1500mR 1 15:32.01

Kristiansen, Håvard H. (10.8.1994)

2013 60m G18/19 inne 7h1 7.73, 200m G18/19 inne 4h5 24.85, Lengde G18/19 inne 10 5.42

Kristiansen, Rudi (18.12.1990)

2013 Stav NM

Kristiansen, Tore Olav (14.4.1976)

2013 3000m inne 14 9:00.06

Kristoffersen, Marius (27.1.1997)

2013 100m G16 6s2 11.90, 1000mR G15/16 2 2:05.47, 60m G16 inne 6 7.63, 4x200mR G15-17 inne 5 1:38.96, 4x100mR G16 2 45.31

Kristoffersen, Tore Hongshagen (11.7.1996)

2013 60m hekk G17 inne 6 10.49, 4x200mR G15-17 inne 12 1:43.61

Kroken, Ola (14.4.1998)

2013 800m G15 12 2:08.11, 2000m G15 7 6:11.08

Kronstad, Knut (8.6.1953)

2013 100km ultra 7 14:13:53, 24 timer ultra 22 153243

Krossøy, Arnfred (Jonas?) (???.???.??)

2013 2km terreng U20 20 6:06, 4x1500mR U20 3 16:46.41

Krossøy, Jonas (19.12.1995)

2013 800m inne nr.17 2:04.90, 1500m inne 24 4:20.58, 800m U20 9h1 2:11.41, 1500m U20 11h1 4:44.69, 1000mR U20 3 2:09.39, 400m G18/19 24 55.70, 800m G18/19 25 2:06.46

Kulam, Sharanan (16.7.1995)

2013 60m inne 8h7 7.47, 100m U20 6h1 12.16, 200m U20 3h6 23.46, 1000mR U20 8 2:06.35, Lengde uten tilløp U20 4 3.06, 100m G18/19 4h3 11.57, 200m G18/19 8 23.40, 60m G18/19 inne 5h3 7.45, 200m G18/19 inne 4h1 23.60

Kvalvåg, Sander Kronstrand (27.8.1998)

2013 100m hekk G15 6 15.57, Spyd G15 14 34.87

Kvamme, Svein Erik (???.???.??)

2013 3km terreng DNS

Kveseth, Håkon Løvenskiold (19.4.1993)

2013 Spyd U23 2 71.41

Kvikstad, Gard E. (2.11/30.6.1997??)

2013 2km terreng G16 DNS

Kvikstad, Jostein Andre (31.12.1993)

2013 200m 5h4 22.63, 110m hekk 2 14.82, Lengde 13 6.59, 60m inne 3h5 7.20, 60m hekk inne 1 8.34, Lengde inne 6 6.71, 10-kamp 4 6.631p, 110m hekk U23 1 15.41, Lengde U23 2 7.00, 60m G20-22 inne 4h2 7.29

Kvåle, Daniel (2.7.1980)

2013 Motbakke 12 1:28.14

Kårbø, Harald (18.5.1992)

2013 3000m hinder 3 9:00.68, 5000m U23 6 15:17.56, 3000m hinder U23 1 9:14.46

Kårbø, Tom Erling (4.2.1989)

2013 3000m hinder 1 8:56.41

Kåshagen, Carl Emil (9.2.1991)

2013 100m 5h3 11.35, 200m 3 21.56, 200m inne 1h3 22.32, 4x200mR inne 5 1:31.63, 200m U23 2 22.03, 400m U23 2 48.50, 1000mR U23 1 1:56.74, 200m G20-22 inne 1 21.79

Kåshagen, Jørgen (22.10.1994)

2013 400m inne 3 50.14, 4x200mR inne 5 1:31.63, 800m U20 5h2 2:01.27, Lengde 10 U20 6.12, 1000mR U20 1 1:56.74, 60m G18/19 inne 5h4 7.45, 200m G18/19 inne DQ:R162.6h6

Kåshagen, Mauritz (15.2.1989)

2013 400m finale DNS, 400m inne DNFh3

Kåstad, Martin Loftås (10.8.1990)

2013 200m 5 21.71, 400m 3 48.07, 1000mR 5 1:56.10, 400m inne 1h4 49.85, 4x200mR inne DQ, 4x100mR DNF, 4x400mR 4 3:19.64

Kåstad, Sondre Loftås (5.5.1996)

2013 60m inne 4h5 7.30, 200m inne 2h1 23.29, 4x200mR inne DQ, 4x100mR DNF, 4x400mR 4 3:19.64, 100m U20 5s3 11.44, 200m U20 4s2 23.23, 1000mR U20 3 1:58.24, Lengde uten tilløp U20 9 2.86, 4x100mR U20 DNFh1, 4x400mR U20 1 3:21.95

L

Langan, Hans (24.4.1959)

2013 Maraton 48 3:58:33

Langeland, Stig Andreas (4.1.1994)

2013 Tresteg G18/19 6 11.77

Langli, Mathias (29.8.1996)

2013 4km terreng G17 14 15:57

Langen, Helge (16.3.1985)

2013 200m 7h3 25.36, 1500m 9 3:59.57, 1500m inne 6 4:01.20, 3000m inne 12 8:53.48, 3km terreng 16 8:41, Terrengstafett 3 22:16, 10km terreng 17 35:31

Landro, Håkon (4.1.1972)

2013 Halvmaraton 14 1:20.43

Langvik, Ulrik Sæther (27.2.1997)

2013 Lengde G16 11 5.58, Tresteg G16 2 13.22

Larsen, Simen Tjelto (4.1.1994)

2013 100m 5h2 11.24, 200m 5s1 22.16, 100m U20 5 11.13, 200m U20 5 22.56, 110m hekk U20 3 15.44, 1000mR U20 6 2:03.21, 4x100mR U20 2 43.68, 4x400mR U20 5 3:30.98, 100m G18/19 5 11.06, 200m G18/19 3 22.37, 60m G18/19 inne 6s2 7.26, 200m G18/19 inne 4 22.94, 60m hekk G18/19 inne 3 8.58, 4x200mR G19-22 5 1:34.37

Larsen, Tormod Hjortnæs (29.7.1986)

2013 100m 5 10.79, 200m 4 21.62, 1000mR 1 1:52.85, 60m inne 3 6.95, 200m inne 4 22.38, 4x200mR inne 1 1:29.47

Lauritzen, Daniel Engen (30.5.1994)

2013 4x100mR 7 43.90, 4x100mR U20 DNFh2, 60m G18/19 inne 5 7.12, 4x200mR G19-22 4 1:34.19

Lawther, Christopher (13.7.1998)

2013 100m G15 6s2 12.14, Lengde G15 2 6.07, 60m G15 inne 7 7.77, 200m G15 inne 3h2 25.08, 60m hekk G15 inne 4 10.09, Lengde G15 inne 9 5.06

Leikvoll, Eirik (15.7.1998)

2013 Stav U20 8 3.20, Høyde G15 1 1.77, Stav G15 3 3.31, Høyde G15 inne 2 1.74, Stav G15 inne 2 3.50, Kule G17 inne 2 11.49

Leikvoll, Magnus (14.8.1996)

2013 Høyde U20 5 1.75, Høyde G17 =9 1.73, Stav G17 4 3.01, Høyde G17 inne 5 1.81, Stav G17 inne 3 3.00

Lenschow, Vemund (14.1.1997)

2013 4x100mR U20 4 44.92, 100m G16 5s1 11.75, 200m G16

4h2 23.69, 1000mR G15/16 3 2:06.09, 60m G16 inne 3 7.58, 200m G16 inne 3h3 24.72, 4x200mR G15-17 inne 10 1:42.66, 4x100mR G16 1 45.11

Leon, Kiran (27.8.1998)

2013 4x100mR U20 3 44.78, 60m G15 inne 5 7.71, 200m G15 inne 6 25.40, 4x100mR G16 4 46.44

Lerdahl, Johannes (1.2.1996)

2013 4x400mR 6 3:22.54, 200m G17 4h3 23.45, 400m G17 9 52.00, 400m G17 inne 4 51.92, 200m G17 inne DNF, 4x200mR G19-22 3 1:32.29

Lid, Sondre Nyvold (12.5.1994)

2013 4x400mR 3 3:18.93, 200m U20 DNS, 400m U20 1 48.78, 4x400mR U20 2 3:27.41

Lidal, Simon (3.9.1998)

2013 Kule J15 8 9.98, Spyd G15 11 37.97

Lie, Aleksander (8.3.1996)

2013 400m G17 inne 12 55.80, 800m G17 inne 15 2:13.09, 4x200mR G15-17 inne 6 1:40.25

Lie, Bjørnar (13.2.1998)

2013 100m U20 4h2 11.85, 200m U20 4h7 23.66, 100m G15 1 11.31, 200m G15 1 23.08, 1000mR G17-19 2 1:57.58, 60m G15 inne 1 7.39, 200m G15 inne 1 23.31, 4x200mR G15-17 inne 3 1:35.47

Lie, Håkon (9.4.1992)

2013 24 timer ultra 36 104381

Lien, Haavard Olav Herness (12.12.1996)

2013 400m 5h2 51.36, 1000mR 9 1:58.64, 800m inne 6 1:56.59, 400m G17 4 50.40, 800m G17 4 1:58.37, 1000mR G17-19 4 1:59.35, 400m G17 inne 3 50.53, 800m G17 inne 2 2:02.17, 4x200mR G15-17 inne 2 1:35.38

Lien, Steinar (16.11.1964)

2013 Maraton 28 3:13:42

Lien, Størk Avelsgaard (7.2.1992)

2013 Spyd 2 70.48, Spyd U23 1 62.32

Liestøl, Benjamin (20.10.1995)

2013 60m inne 7h1 7.80, 4x100mR U20 5 44.95

Lillefosse, Arthur Johannes (23.7.1944)

2013 20km kappgang 7 2:23:42

Lillefosse, Bjørnar Sandnes (17.7.1992)

2013 1500m 8h1 4:10.14, 3km terreng 5 8:20, Terrengstafett 1 21:38, 1500m U23 4 3:57.11, 5000m U23 4 15:03.28

Lillekroken, Tor Idar (21.6.1968)

2013 Maraton 27 3:11:11, 24 timer ultra 12 183509

Lillemoen, Jan (23.5.1940)

2013 Halvmaraton 44 2:06:15

Lillemoen, Oscar Brevik (2.1.1997)

2013 800m G16 11 2:03.98, 3000m G16 14 9:34.72, 1500m hinder G16 7 4:43.34

Lillerovde, Andreas (12.1.1995)

2013 800m G18/19 inne 15 2:12.44, 1500m G18/19 inne DNF

Lindanger, Trond Kjetil (20.11.1972)

2013 60m inne 6h5 7.49

Lindekleiv, Ove (8.4.1976)

2013 10-kamp DNF

Lindman, Alexander (19.4.1995)

2013 1500m G18/19 inne 11 4:39.93

Loftås, Markus (8.4.1994)

2013 200m 7h2 23.04, 400m hekk 4 54.48, 1000mR 5 1:56.10, 400m inne 3h1 50.86, Lengde inne 8 6.49, 4x200mR inne DQ, 4x100mR DNF, 4x400mR 4 3:19.64, 100m U20 DNFh3, 400m hekk U20 1 54.19, 1000mR U20 3 1:58.24, 4x100mR U20 DNFh1, 4x400mR U20 1 3:21.95

Lohrmann, William (25.1.1996)

2013 800m G17 12 2:04.91

Lorange, Håvard Ingvaldsen (15.5.1965)

2013 10km terreng 39 40:30

Lu, Alexander (27.10.1998)

2013 100m G15 8s1 12.38, 200m G15 5h1 25.41

Ludvigsen, Thorbjørn Thorsen (10.10.1988)

2013 Motbakke 1 1:06:16

Lund, Erik (26.4.1997)

2013 Tresteg NM, Lengde U20 6 6.56, 100m G16 6h1 11.93, Lengde G16 1 6.70, Tresteg G16 1 13.73, 60m G16 inne 7 7.67, Lengde G16 inne 1 6.13

Lund, John (15.4.1957)

2013 Maraton 21 3:04:01

Lund, Ulrik (15.4.1996)

2013 4x400mR U20 3 3:28.10

Lundberg, Magnar Fossbakken (28.3.1997)

2013 800m G16 7 2:00.77, 1500m hinder G16 2 4:29.08, 800m G16 inne 7 2:04.74, 1500m G16 inne 8 4:24.51, 4x200mR G15-17 inne 11 1:43.06

Lunde d.y, Asbjørn (18.7.1995)

2013 Kule U20 5 12.50, Diskos U20 10 37.36, G18/19 5 12.56, Diskos G18/19 4 37.29

Lunde, Ekolai Bang (3.10.1997)

2013 800m G16 3 1:58.61, 3000m G16 6 9:12.89, 4x600mR U20 2 5:53.08

Lunde, Espen (13.7.1981)

2013 Motbakke 15 1:33.18

Lunde, Lars (20.5.1997)

2013 800m inne 14 2:03.13, 1500m 11 4:07.39, 3000m inne 16 9:03.21, 800m U20 7h1 2:06.56, 1500m U20 8h2 4:25.20, 4x1500mR U20 1 16:38.94, 3000m G16 1 8:55.23, 1500m hinder G16 1 4:25.32, 800m G16 inne 2 2:00.39, 1500m G16 inne 2 4:13.62, 2km terreng G16 2 5:37, 4km terreng G16 4 14:08

Lunde, Tollak (16.2.1998)

2013 60m G15 inne 8h1 8.41, Høyde G15 inne =12 1.55, Lengde G15 inne 15 4.65

Lundeby, Benjamin (9.3.1996)

2013 Spydd G17 1 55.50

Lundgaard, Jostein (14.9.1964)

2013 24 timer ultra 14 178371

Lybeck, Torodd (26.7.1952)

2013 Maraton 45 3:54:13

Lyngen, Carl Petter (30.7.1992)

2013 10km terreng DNF

Lysne, Torbjørn (30.1.1990)

2013 100m 2 10.68, 200m 2 21.37, 400m 2 47.87, 1000mR 2 1:54.78, 60m inne 6s3 7.14, 200m inne 1h6 22.47, 4x200mR inne 3 1:30.44, 4x100mR 3 41.85, 4x400mR 2 3:15.34

Løchting, Sindre (11.7.1993)

2013 1500m 8 3:58.49, 3km terreng 8 8:25, Terrengstafett 4 22:49

Løchting, Vetle (14.12.1996)

2013 3000m G17 9 9:23.00

Løining, Magnus (10.3.1998)

2013 4x100mR G16 DNF

Løken Jørund (13.6.1996)

2013 Spydd 9 57.58, Diskos U20 9 37.50, Spydd U20 3 61.26,

Diskos G17 4 38.74, Spydd G17 2 55.39

Løken, Snorre Holtan (25.10.1994)

2013 800m inne 7 1:56.79

Løkken, Stian (21.3.1976)

2013 24 timer ultra 28 150150

Løvoll, Kjartan (21.1.1992)

2013 200m DQh1, 400m h1 DNF, 60m inne 5h2 7.25, 200m inne 2h4 22.95, 60m G20-22 inne 8 7.25, 200m G20-22 inne 5 23.12

M

Madsø, Jørgen (30.8.1997)

2013 4x600mR U20 5 6:48.19

Magnussen, Kristian (26.5.1986)

2013 200m inne DNFh9, **400m inne** 2 50.02, **4x200mR inne** 6 1:33.93

Mannsåker, Trond Are (27.12.1997)

2013 Tresteg G16 5 12.22

Mardal, Thomas (16.4.1997)

2013 100m 7h3 11.39, 100m U20 3s2 11.36, Lengde U20 7 6.37, Diskos U20 5 44.57, 100m G16 1 11.20, Lengde G16 2 6.57, Kule G16 1 15.55, Diskos G16 1 48.32, Slegge G16 1 50.38

Marhaug, Eric Alberto (5.4.1996)

2013 60m inne 6h4 7.41, **200m inne** DNFh8, **200m G17 1 21.96, 400m G17** DNF, **Høyde G17 3 1.84, Høyde G17 inne** 3 1.84

Marthinussen, Karl Kristian (1.8.1960)

2013 Slegge 12 45.97

Martinsen, Bjarne Snarberg (18.11.1996)

2013 60m G17 inne 7h2 8.10, **800m G17 inne** 16 2:13.98, **1500m kappgang G17 inne** 2 10:29.57

Martinsen, Glenn Thomas (21.9.1981)

2013 10km terreng 8 34:26

Masters, Nicolas Roppen (6.10.1997)

2013 100m G16 6 11.76, 200m G16 3h3 23.77, 1000mR G15/16 1 2:03.71, 60m G16 inne 5 7.59, **200m G16 inne** 3h2 24.78, **4x200mR G15-17 inne** 1 1:35.02

Medle, Kjartan (14.2.1975)

2013 24 timer ultra 13 181830

Meinseth, Even (22.5.1996)

2013 100m 4h2 11.23, 200m 5h2 22.58, 60m inne 7s1 7.21, **200m inne** 2h2 23.92, **100m U20 3 11.12, 200m U20 3s1 23.02, 100m G17 1 10.80, 60m G17 inne** 2 7.10

Meland, Bjørn Sigve (??-??-??)

2013 4x600mR U20 5 6:48.19

Meling, Ole Magnus (8.5.1994)

2013 4x400mR U20 5 3:30.98

Mellum, Marius (16.4.1996)

2013 1000mR 3 1:55.21, 60m inne 7h6 7.42, **200m inne** 3h3 23.53, **4x100mR DNFh2, 100m U20 5h6 11.85, 200m U20 6s3 24.05, 1000mR U20 10 2:06.71, 100m G17 3h3 11.45, 200m G17 8 22.83, 1000mR G17-19 8 2:03.87, 200m G17 inne** 5 23.85, **4x200mR G15-17 inne** 8 1:41.18

Melå, Jonas Bergkvist (18.8.1996)

2013 200m U20 6h5 24.25, 1000mR U20 1 1:56.74, 100m G17 7h1 11.99, 200m G17 8h2 24.02, Stav G17 3 3.61, 60m G17 inne 5h3 7.74, **200m G17 inne** 4h1 24.41, **Stav G17 inne** 1 3.60

Meyer, Aleksander Kristiansen (15.5.1996)

2013 1500m U20 12h2 4:39.62, 800m G17 14 2:05.63, 3000m G17 10 9:23.30, 2km terreng G17 15 6:08, 4km terreng G17 7 14:22

Micheeff, Bendik (29.7.1996)

2013 110m hekk G17 7 16.75, Høyde G17 11 1.73, 60m G17 inne 6h4 7.80, **60m hekk G17 inne** 5 9.66, **Høyde G17 inne** DNS

Midthassel, Øyvind Inka (6.2.1998)

2013 4x100mR G16 6 47.96, 4x600mR U20 3 6:03.36

Midtsæter, Henrik (20.11.1987)

2013 Motbakke 11 1:26.59

Minnesjord, Andreas (28.8.1996)

2013 400m G17 14 53.93, 800m G17 DNF, **800m G17 inne** 17 2:14.98

Mitchell, Sebastian (10.2.1997)

2013 3000m G16 10 9:21.23, 1500m G16 inne 10 4:28.58, 2km terreng G16 6 5:59

Mjelde, Arne (29.3.1942)

2013 Halvmaraton 35 1:46:00

Mjelde, Trygve Feidje (11.11.1994)

2013 1000mR 5 1:56.10, 800m inne 13 2:00.85, 1500m U20 5 4:04.19, 1000mR U20 3 1:58.24, 4x100mR U20 DNFh1, 4x400mR U20 1 3:21.95, 400m G18/19 7 51.23, 800m G18/19 5 1:56.46

Mjøen, Sigurd (11.3.1996)

2013 800m G17 23 2:15.39, 3000m G17 8 9:19.67, 2000m hinder G17 2 6:22.22

Monsen, Kristian (9.7.1977)

2013 5000m 12 15:01.67, 10000m 9 31:39.58, 3km terreng 15 8:38, 10km terreng 14 35:09, Maraton 6 2:39.43

Mork, Kristian Dragsund (13.2.1996)

2013 110m hekk U20 DNFh2, 1000mR U20 4 2:00.86, 100m G17 5h3 11.76, 200m G17 6h1 23.45, 110m hekk G17 4 16.05, 60m G17 inne 6h1 7.76, 200m G17 inne 4h2 24.68, 60m hekk G17 inne 4 9.15, 4x200mR G15-17 inne 1 1:35.02

Morken, Håkon (20.4.1993)

2013 100m 6h3 11.36, 200m 6 21.73, 1000mR 1 1:52.85, 60m inne 4h8 7.24, 200m inne 3 22.38, 4x200mR inne 1 1:29.47, 100m U23 4h3 11.41, 200m U23 3 22.14

Mortensen, Martin Schaal (16.1.1997)

2013 800m G16 DNFh3, Stav G16 4 2.91, 60m G16 inne 6h2 7.98, 200m G16 inne 4h2 24.98, 800m G16 inne 5 2:04.37

Morvik, Syver Andersen (16.12.1993)

2013 5000m kappgang DNF, 5000m kappgang inne 4 27:24.72, 10000m kappgang 9 58:22.4, 3x1000mR kappgang 1 2:15:18.3

Moss, Torsten Bergh (20.9.1994)

2013 400m 6 49.38, 800m 7h2 1:59.99, 1000mR 10 2:00.57, 400m U20 3 49.49, 800m U20 8 2:01.24, 400m G18/19 3 49.41, 800m G18/19 2 1:54.70

Mossefinn, Lars Emil (25.5.1995)

2013 10000m kappgang 12 68:06.8, 3x1000mR kappgang 3 3:10:01.6, 2000m kappgang G18/19 DNS, 1500m kappgang G18/19 inne 2 8:51.52

Msazgi, Biemnet Kfle (ERI) (12.2.1988)

2013 10km terreng 20 36:38

Muladal, Jakob Prebensen (4.5.1997)

2013 100m G16 6h3 12.19, 1000mR G15/16 5 2:14.79

Munkeby, Johan Otto (18.6.1996)

2013 4km terreng G17 16 16:27

Murud, Eivind Krokan (2.8.1998)

2013 2000m G15 DNF

Mushom, Håkon (23.9.1993)

2013 800m 5 1:49.49, 400m U23 4 49.83, 800m U23 1 1:55.00

Myrhol, Tor-Inge Øvrebotten (24.12.1988)

2013 Stav NM

Myhre, Asbjørn (15.1.1980)

2013 24 timer ultra 45 66066

Myhre, Mathias (3.11.1995)

2013 100m G18/19 8 11.47, 200m G18/19 DNSs2, 60m G18/19 inne 4h4 7.41, 200m G18/19 inne 3h7 23.23

Myhrer, Grunde (18.4.1996)

2013 100m G17 6h2 11.79, 200m G17 7h2 23.80, 1000mR G17-19 7 2:03.59, 200m G17 inne 2h2 23.59, 4x200mR G15-17 inne 4 1:37.05

Myrvang, Fredrik (29.1.1997)

2013 800m G16 12 2:04.09, 800m G16 inne 11 2:08.67, 1500m G16 inne DNS, 2km terreng G16 DNS

Mæland, Endre (13.5.1996)

2013 400m G17 17 55.14, 800m G17 15 2:05.77

Mæland, Sondre (13.5.1996)

2013 400m G17 16 54.20, 800m G17 17 2:06.04

Mögenburg, Jonas (18.2.1990)

2013 Lengde 2 7.46, 1000mR 9 1:58.64, Lengde inne 1 7.32

N**Nadesaparan, Aravinth** (9.3.1995)

2013 Kule U20 7 10.98, Kule G18/19 6 12.46

Nag, Kristian Leiknes (11.10.1994)

2013 4x1500mR U20 1 16:38.94

Najar, Yobe (9.11.1996)

2013 100m G17 8 11.59, 1000mR G17-19 1 1:56.57, 60m G17 inne 7 7.33, 4x200mR G15-17 inne 4 1:37.05

Narh, Nii Mensah (28.1.1998)

2013 100m G15 5h4 12.27

Narum, Mathias (19.9.1997)

2013 1000mR 10 2:00.57, 100m G16 8 11.89, 200m G16 5h2 24.19

Nedregård, Kristian (28.8.1974)

2013 800m 8h1 1:58.99, 1500m 8h2 4:03.68, 10000m 14 32:52.73, 800m inne 16 2:04.85, 3000m inne 4 8:32.52

Nerby, Mathias Fjeldberg (13.1.1997)

2013 3000m G16 17 9:40.16, 800m G16 inne 20 2:14.60, 1500m G16 inne 15 4:38.58

Nerdal, Jon (17.2.1996)

2013 Slegge 9 47.71, Kule G17 3 13.21, Slegge G17 1 63.45

Nerdal, Steffen Andreas Steinkopf (22.2.1985)

2013 Diskos 6 46.90, Slegge 4 59.48

Nersten, Ragnar (11.9.1998)

2013 2km terreng G15 5 6:19

Nesheim, Bjørn Sigve (13.7.1997)

2013 Spyd G16 9 32.85

Nesheim, Leonard Johan (4.1.1995)

2013 60m inne 7h2 7.75, Lengde inne 12 5.51, 4x200mR inne 6 1:33.93, 200m U20 6h1 24.55, 400m hekk U20 4 58.31, 4x100mR U20 5 44.95, 4x400mR U20 4 3:29.94, 400m G18/19 18 52.94, 400m hekk G18/19 3 57.74, Lengde G18/19 5 6.05, 400m G18/19 inne =10 53.92, Lengde G18/19 inne 7 5.70

Nesse, Jon Erik (18.1.1995)

2013 200m 7h4 22.91, 400m 4h3 50.20, 60m inne 6h2 7.56, 200m inne 3h6 23.82, 100m G18/19 7h1 15.14, 200m G18/19 inne 2h6 23.25, 400m G18/19 inne 2 51.52

Nicolaisen, Steinar Sollien (11.3.1996)

2013 Høyde G17 =9 1.73, Stav G17 3 3.21, 10-kamp G17 2 5.264p

Nielsen, Arild (29.7.1996)

2013 2000m kappgang G17 2 13:43.83

Nielsen, Peder Markus (16.12.1997)

2013 Stav G16 3 3.11

Nijmeijer, Jan Robert (14.2.1998)

2013 800m G15 21 2:18.56, Stav G15 2 3.31

Nilsen, Andreas Mowinkel (30.6.1998)

2013 60m G15 inne 6 7.74, Høyde G15 inne 9 1.55, Lengde G15 inne 8 5.14, Kule G15 inne 7 10.51

Nilsen, Erlend Hognestad (10.5.1998)

2013 100m G15 6s1 12.17, 200m G15 6h3 24.98

Nilsen, Hallvard (11.9.1978)

2013 10000m DNF

Nilsen, Henrik (28.1.1995)

2013 4x100mR 5 42.89, 4x400mR 6 3:22.54, 200m U20 6s2 24.88, 400m U20 3h4 53.05, 200m G18/19 6h3 23.93, 400m

G18/19 19 53.12, 200m G18/19 inne 2h3 23.27, 400m G18/19 inne 3 51.97, 4x200mR G19-22 3 1:32.29

Nilsen, Ivan Kristoffer (28.3.1989)

2013 Høyde 2 2.11, Høyde inne 2 2.08

Nilsen, Vidar (24.1.1960)

2013 Maraton 12 2:53:51

Nistad, Kjetil (20.9.1987)

2013 Motbakke 19 1:46.07

Nordbø, Vegard (2.3.1997)

2013 2000m kappgang G16 1 10:47.71, 800m G16 inne 25 2:33.55, 1500m kappgang G16 inne 1 8:23.83, Høyde G16 inne 6 1.60, Lengde G16 inne 11 4.81

Nordhus, Gunnar (17.10.1949)

2013 Halvmaraton 36 1:46:57

Nordtug, Henrik (7.2.1987)

2013 1500m 9h1 4:11.44, 5000m 18 15:40.85, 3000m inne 11 8:53.02, 3km terreng 21 8:51, 10km terreng 37 39:44

Nordtveit, Audun (8.6.1988)

2013 10000m 7 31:25.37, 3km terreng DNS, 10km terreng 4 34:10

Nordås, Narve Gilje (30.9.1998)

2013 4x600mR U20 4 6:23.95

Norheim, Stian (2.7.1996)

2013 800m G17 21 2:08.83, 2000m hinder G17 3 6:25.06, 2km terreng G17 DNS, 4km terreng G17 11 14:42

Norland, Ådne (16.3.1995)

2013 400m U20 3h2 51.67, 800m U20 4h2 2:00.89, 2km terreng U20 13 5:49, 400m G18/19 11 51.42, 800m G18/19 7 1:57.86

Norøy, Magnus (18.10.1998)

2013 4km terreng G15 5 15:08

Nossum, Erik (7.11.1953)

2013 Maraton 35 3:25:35

Nydal, Hallvard Moian (27.10.1988)

2013 10km terreng 38 39:52

Nygaard, Edvard Kamperud (13.3.1996)

2013 4x400mR 3 3:18.93, 1500m U20 3 3:56.69, 1000mR U20 7 2:05.87, 4x400mR U20 2 3:27.41, 2km terreng G17 1 5:27

Nygård, Geir (2.2.1968)

2013 Maraton 19 3:03:29

Nygård, Harald (15.9.1959)

2013 Halvmaraton 20 1:25.17

Nygård, Jon Per (28.5.1967)

2013 Maraton 4 2:37:48

Nygård, Per Kristian (12.7.1987)

2013 10km terreng 5 34:17

Nygård, Ragnar (20.8.1967)

2013 Maraton 46 3:54:54

Nyheim, Kristoffer Åker (15.4.1996)

2013 400m G17 inne 13 56.39

Nyhus, Didrik (4.2.1997)

2013 Høyde G16 5 1.71, Høyde G16 inne 4 1.73

Nymark, Trond (28.12.1976)

2013 10000m kappgang 4 45:55.4

Nystrøm, Sondre Mulongo (21.6.1994)

2013 100m 8 10.97, 200m 7 21.78, 1000mR 1 1:52.85, 60m inne 6s1 7.16, 200m inne 2h11 22.79, 4x200mR inne 1 1:29.47, 100m U20 2 11.00, 200m U20 4 22.42, Lengde uten tilløp U20 1 3.17, 100m G18/19 2 10.92, 200m G18/19 1 21.81, 60m G18/19 inne 4 7.12, 200m G18/19 inne 3h4 23.11

Nysveen, Christer Pettersen (19.10.1996)

2013 Spyd G17 8 45.24

Nzita, Cidi (17.9.1996)

2013 100m G17 7h2 12.19, 300m hekk G17 4 42.09

Næss, Harald Solhaug (2.8.1988)

2013 5000m 13 15:03.27, 10000m 12 32:12.33, 3km terreng 8:50, 10km terreng 25 37:00

Næss, Håkon (17.10.1996)

2013 Høyde G17 7 1.78, Lengde G17 7 5.74

O

Obiora, Nzimirro Adam (7.9.1994)

2013 100m U20 DNFh1, 60m G18/19 inne 8s2 7.30, 200m G18/19 inne 2h7 23.23, 4x200mR G19-22 2 1:31.26

Ofori, Gilbert (10.4.1994)

2013 100m 6h2 11.31, 200m 5h5 23.00, 60m inne 4h2 7.21, 100m U20 6s3 11.45, 200m U20 3h1 23.51, Lengde uten tilløp U20 11 2.77, 100m G18/19 6 11.07, 200m G18/19 6 22.82, 60m G18/19 inne 6s1 7.28, 200m G18/19 inne DNFh5

Olsen, John Huse (16.1.1993)

2013 60m G20-22 inne 5h2 7.33, 200m G20-22 inne 4h1 23.13

Olsen, Jon (22.8.1974)

2013 Maraton 5 2:38:20, 24 timer ultra 11 184019

Olsen, Mikael (25.6.1980)

2013 5000m 16 15:17.75, 10000m 13 32:16.20

Olsen, Terje (1.1.1990)

2013 10km terreng 34 38:19

Olsnes, Jan-Henrik (12.1.1979)

2013 Motbakke 13 1:28.34

Olsrud, Henning (30.5.1986)

2013 24 timer ultra 26 150696

Olsvik, Sindre (14.3.1998)

2013 100m G15 8s2 12.27, Lengde G15 3 5.95

Omar, Abdullahi Ali (1.11.1994)

2013 800m G18/19 inne 9 2:09.36, 1500m G18/19 inne DNF

Onsrud, Thomas Andersen (7.1.1998)

2013 Høyde G15 inne =12 1.55, Lengde G15 inne 12 4.90, Kule G15 inne 8 10.14

Onstad, Vetle Utsi (15.7.1987)

2013 Lengde 9 6.95, Tresteg 3 15.40, Lengde inne 3 6.95, Lengde uten tilløp 4 3.23

Opaker, Jørgen (9.4.1997)

2013 1000mR G15/16 4 2:06.61, 60m G16 inne 7h1 8.07, 4x200mR G15-17 inne 8 1:41.18, 4x100mR G16 5 47.85

Opaker, Martin (9.2.1994)

2013 1000mR G17-19 8 2:03.87

Opheim, Håvard Våge (1.9.1996)

2013 Stav G17 5 2.91

Opsal, Toralv (9.3.1998)

2013 100m hekk G15 4 14.97, 300m hekk G15 1 40.22, Høyde G15 2 1.77, Lengde G15 1 6.32, Kule J15 3 13.81, Tresteg G15 1 13.42, Diskos G15 6 37.65, 60m G15 inne 7h1 8.04, Høyde G15 inne 1 1.77, Lengde G15 inne 1 5.88, Kule G15 inne 14.48, 9-kamp G15 1 5.189p

Orbekk, Christian Steen (30.12.1997)

2013 200m inne 3h10 24.74, 200m U20 5h2 24.46, 400m U20 5h2 52.71, Lengde uten tilløp U20 12 2.64, 100m G16 7h1 12.11, 200m G16 5h1 24.06, 300m hekk G16 4 42.25, 60m G16 inne 5s1 7.67, 200m G16 inne 6 24.83, 60m hekk G16 inne 7 10.06

Osazuwa, Peter Efe Rasmussen (7.7.1989)

2013 100m 5s1 11.00, 1000mR 4 1:56.01, 60m inne 2 6.95, 200m inne 1h8 22.64, 4x200mR inne 4 1:30.81, 4x100mR 2 41.48

Osvalden, Morten (24.4.1995)

2013 100m U20 6h2 12.03, 200m U20 3h4 23.66, 100m G18/19 5h3 11.68, 200m G18/19 DNSh1, 60m G18/19 inne 4h5 7.43,

200m G18/19 inne 4h2 23.86

Ottosen, Elias (2.12.1993)

2013 800m 8 1:56.20, 1500m h2 DNF, 800m inne 9 1:58.10, 3km terreng 13 8:35, 4x400mR 1 3:14.13, 4x1500mR 3 15:49.81, 800m U23 2 1:55.89, 1500m U23 3 3:57.05, 1000mR U23 2 1:57.42, 800m G20-22 inne 1 2:02.55, 1500m G20-22 inne DNF, 4x200mR G19-22 7 1:34.90

Oustad, Emil (20.7.1989)

2013 400m 3h2 49.45, 800m 6 1:49.52, 3km terreng 25 9:01, Terrengstafett 4 22:49

Overvåg, Henrik (17.6.1994)

2013 100m nr.7 10.93, 100m U20 DNFs1, 200m U20 2 22.37, 100m G18/19 DNFh1, 60m G18/19 inne 3 7.09, 200m G18/19 inne 2 22.21

P

Parlicki, Mateusz (POL) (14.4.1984)

2013 Lengde 1 7.47, Tresteg 2 15.49, Tresteg inne 2 15.09

Pedersen, Daniel Nikolai (23.2.1998)

2013 200m U20 4h5 23.61, 400m U20 3h3 52.84, 1000mR U20 6 2:03.21, 4x100mR U20 2 43.68, 4x400mR U20 5 3:30.98, 100m G15 5 11.76, 200m G15 2 23.08, 800m G15 2 1:59.42, 1000mR G17-19 10 2:06.19, 800m G15 inne 3 2:08.19, 200m G15 inne 5 24.59, 4x100mR G16 6 47.96, 4x600mR U20 3 6:03.36

Pedersen, Eric Menchini (9.6.1997)

2013 100m G16 5h3 12.14, Høyde G16 2 1.75, Lengde G16 5 5.84, 60m G16 inne DNFs2, Høyde G16 inne 3 1.73, Lengde G16 inne 4 5.53

Pedersen, Erik Udø (9.4.1994)

2013 1500m 6 3:57.00, 10000m 6 31:07.06, 1500m inne 1 3:56.87, Terrengstafett 2 22:03, 800m U20 2 1:56.76, 1500m U20 1 3:54.77, 2000m hinder U20 1 6:17.37, 2km terreng U20 1 5:17, 6km terreng U20 2 20:11, 800m G18/19 1 1:54.10, 3000m G18/19 1 8:30.70, 2000m hinder G18/19 1 6:09.60

Pedersen, Henning (31.12.1971)

2013 Maraton 10 2:50:02

Pedersen, Håvard Sæther (31.8.1998)

2013 Høyde G15 6 1.65, Lengde G15 18 4.23, Høyde G15 inne 3 1.71, Lengde G15 inne 10 4.94, Kule G15 inne 9 9.79

Pedersen, Sigmund (5.4.1955)

2013 Halvmaraton 23 1:26:19

Perez, Sebastian Salas (31.1.1997)

2013 100m 8h3 11.53, 200m DNSh3, 100m G16 2 11.25, 200m G16 4 23.29, 1000mR G17-19 6 2:02.84

Petersen-Øverleir, Kristoffer (17.10.1998)

2013 Kule J15 4 13.51, Diskos G15 7 35.93

Petersson, Felix Sundem (28.7.1995)

2013 800m G18/19 inne 8 2:08.25

Pettersen, Even (12.10.1993)

2013 100m 3 10.71, 200m DNSh2, 60m inne finale DNF, 100 m finale U23 DNF, 60m G20-22 inne 3h3 7.20

Pettersen, Magnus Hannevig (29.4.1995)

2013 1500m 11 3:59.68, 800m U20 3 1:57.38, 1500m U20 2 3:56.27, 2km terreng U20 2 5:21, 3000m G18/19 3 8:35.51

Putz, Eskild (16.8.1994)

2013 2000m hinder G18/19 4 6:57.42

Q

Quarcoo, Jonathan (13.10.1996)

2013 100m U20 4 11.12, 200m U20 1 22.35, 1000mR U20 2 1:57.80, 4x100mR U20 DNF, 100m G17 4 11.00, 200m G17 2 22.06, 1000mR G17-19 2 1:57.58, 60m G17 inne 6 7.31, 4x200mR G15-17 inne 3 1:35.47

Quarcoo, Peter (20.3.1993)

2013 4x100mR 3 41.85, 60m G20-22 inne 5h3 7.40, 200m G20-

22 inne 4h2 23.27

Qvale, Joachim Thingvoll (28.7.1995)

2013 2km terreng U20 18 6:02

Qvale, Sondre Aksel (20.2.1997)

2013 800m G16 18 2:11.11, 800m G16 inne 8 2:06.85, 1500m G16 inne 7 4:21.14, 2km terreng G16 7 6:01

R

Rakeie, Hans Edgard (22.10.1974)

2013 24 timer ultra 7 209963

Raknerud, Thor Henrik (9.2.1995)

2013 400m G18/19 15 52.34, 800m G18/19 18 2:02.43

Ramdal, Øystein (7.5.1968)

2013 10km terreng 42 42:21

Rasmussen, John-Atle (5.7.1997)

2013 2km terreng G16 10 6:15, 4x600mR U20 5 6:48.19, 4km terreng G16 9 15:33

Rasmussen, Marius (17.11.1994)

2013 Slegge G18/19 5 45.91

Rasmussen, Svein Peder (11.1.56)

2013 Halvmaraton 39 1:48:10

Redford, Paul (7.5.1990)

2013 Spyd 3 68.83, Høyde uten tilløp 1 1.80, Lengde uten tilløp 6 3.14

Reiertsen, Arvid Johan (6.10.1954)

2013 Halvmaraton 40 1:50:18

Reimertz, Rune (24.7.1996)

2013 400m inne 3h4 51.35, 800m inne 11 2:00.09, 4x400mR DQ:R170.9, 4x100mR U20 6 46.28, 4x400mR U20 3 3:28.10, 400m G17 inne 5 51.99, 800m G17 inne 6 2:04.77, 4x200mR G19-22 8 1:36.79

Reinholt, Helge (29.3.1967)

2013 24 timer ultra 30 141737

Rennemo, Anders Tetli (16.5.1988)

2013 10km terreng 15 35:12

Ressem, Jonas (20.6.1995)

2013 6km terreng U20 14 23:13

Ressem, Vegard (20.6.1995)

2013 6km terreng U20 15 23:41

Richenberg, Erik Bråten (10.12.1994)

2013 4x1500mR 5 16:54.43, 2km terreng U20 8 5:38, 4x1500mR U20 3 16:46.41

Riis, Thomas (17.6.1996)

2013 4x100mR 4h2 45.48, 100m G17 6h1 11.85, 200m G17 8h1 24.00, 60m G17 inne 5h1 7.75, 200m G17 inne 4h4 24.98, 4x200mR G15-17 inne 10 1:42.66

Rinde, Sondre (28.1.1998)

2013 100m U20 7h5 12.42, 110m hekk U20 5h1 16.77, Lengde U20 11 5.99, 100m hekk G15 1 14.36, 300m hekk G15 2 42.11, Lengde G15 4 5.92, Tresteg G15 2 13.17, 1000mR G15/16 DNF, 60m G15 inne 8 7.81, 60m hekk G15 inne 1 8.77, Lengde G15 inne 2 5.73, 4x200mR G15-17 inne 6 1:40.25

Ring, Erik Solbakken (25.5.1998)

2013 100m G15 6h1 12.50, 60m G15 inne 5h1 7.97, 200m G15 inne 4h2 25.94, Høyde G15 inne 5 1.65, Lengde G15 inne 6 5.24

Ringen, Kjetil Røste (20.6.1993)

2013 Slegge 3 60.25, Kule U23 4 11.27, Diskos U23 5 35.65, Slegge U23 2 58.61

Rise, Lars Vikan (23.11.1988)

2013 Høyde 7 1.95, Lengde 3 7.21, Kule 4 15.01, Spyd 8 58.47, Stav inne 4 4.40, Lengde inne 5 6.91, Kule inne 2 16.23, 4x200mR inne DNF, Høyde uten tilløp 5 1.60, 10-kamp 1 7.608p

Riseth, Jonas (4.6.1994)

2013 6km terreng U20 16 24:21

Rode, Haakon (10.2.1997)

2013 800m G16 16 2:08.69, 800m G16 inne 17 2:11.37, 2km terreng G16 11 6:25

Roe, Martin (1.4.1992)

2013 200m 6s2 22.29, Lengde 8 7.01, Diskos 11 44.15, 60m inne 5h7 7.29, 60m hekk inne 4 9.56, Stav inne 7 4.00, Kule inne 6 13.73, 10-kamp 2 7.563p, 110m hekk U23 2 20.79, Stav U23 1 4.20, Lengde U23 1 7.14, Kule U23 2 14.20, Diskos U23 2 44.57, Slegge U23 3 49.12

Rolstad, Jan (17.8.1950)

2013 20km kappgang 6 2:15:06

Rosenberg, Michael (10.5.1990)

2013 100m 5h4 11.38, 1000mR 1 1:52.78, Lengde uten tilløp 7 3.11

Rosenlund, Håvard Sommer (27.1.1995)

2013 110m hekk U20 6h1 21.93, 60m hekk G18/19 inne 7 9.54, Lengde G18/19 inne 8 5.59

Rosenvinge, Aksel (3.9.1995)

2013 800m G18/19 16 2:00.82, 3000m G18/19 8 8:55.73

Rosfjord, Helge Sveindal (14.3.1997)

2013 100m G16 5s2 11.88, 200m G16 4h3 23.99, 60m G16 inne 8 7.74, 200m G16 inne 4h1 24.59

Rosvold, Erik Johannes (13.11.1998)

2013 Diskos G15 2 50.94, Kule G15 inne 6 12.94

Rosvold, Thomas (21.7.1967)

2013 Diskos 10 45.18

Rosvold, Thor Olav (2.7.1996)

2013 Diskos 8 46.24, Kule U20 4 14.69, Diskos U20 3 52.26, Kule G17 1 17.33, Diskos G17 1 55.44, Slegge G17 4 54.76, Kule G17 inne 1 16.92

Roth, Andreas (29.3.1994)

2013 400m 1 47.37, 800m DNfH1, 1000mR 3 1:55.21, 400m inne 1 49.38, 4x100mR DNfH2, 4x400mR 1 3:14.13, 400m U23 1 47.73, 1000mR U23 2 1:57.42

Roth, Thomas (11.2.1991)

2013 800m 3 1:48.82, 1000mR 3 1:55.21, 800m inne 1 1:51.82, 4x400mR 1 3:14.13, 4x1500mR 3 15:49.81

Rugland, Trond Arne (16.6.1985)

2013 10000m 8 31:34.93, Halvmaraton 4 1:11:41

Rullestad, Erik (31.7.1994)

2013 6km terreng U20 10 21:36, 3000m G18/19 14 9:09.55

Ruud, Simon (24.4.1998)

2013 Diskos G15 9 22.64, Spyd G15 13 36.96

Rygg, Marius (6.6.1996)

2013 400m G17 13 53.84

Ryggetangen, Oskar (25.10.1995)

2013 100m G18/19 8h2 11.88, Lengde G18/19 7 5.86

Rypdal, Petter M. (30.10.1993)

2013 10km terreng 30 37:30

Rød, Audun Kleven (24.7.1998)

2013 100m G15 6h3 12.33, 200m G15 DNfH2, Lengde G15 10 5.47

Rød, Odd Magne (4.12.1979)

2013 100km ultra 5 11:25:35

Røise, Lars Einar (22.11.1996)

2013 100m G17 5h1 11.69, 200m G17 5h1 23.41

Rømcke, Erik (2.3.1994)

2013 60m G18/19 inne 5h5 7.60, 200m G18/19 inne 4h7 23.40, 400m G18/19 inne 8 53.52

Rønning, Eldar (11.6.1982)

2013 10km terreng 11 34:35

Rønningen, Erlend Jakobsen (8.5.1991)

2013 Høyde 6 2.00, Høyde inne 3 2.04

Rønningen, Fabian Skarboe (21.7.1995)

2013 4x100mR 4h2 45.48, 200m G18/19 inne 4h6 24.13, 400m G18/19 inne =10 53.92

Røraas, Erik (24.4.1994)

2013 4x100mR 7 43.90, 200m U20 6h2 24.48, 400m U20 5h1 53.08, 4x100mR U20 DNfH2, 400m G18/19 DNf, 200m G18/19 inne 4h3 23.81, 400m G18/19 inne 5 42.42, 4x200mR G19-22 4 1:34.19

Røsaker, Endre Eikenes (19.10.1996)

2013 100m G17 5h2 11.67, 200m G17 6h3 23.62, 400m G17 8 51.79, 60m G17 inne 7s2 7.64, 200m G17 inne 3h2 24.10

Røssland, Ole Martin (18.2.1995)

2013 3000m inne 18 9:21.31, 2000m hinder U20 3 6:23.22, 2km terreng U20 11 5:46, 4x1500mR U20 2 16:45.17, 6km terreng U20 11 22:21, 800m G18/19 23 2:05.40, 3000m G18/19 10 9:00.90, 2000m hinder G18/19 3 6:12.79, 800m G18/19 inne 13 2:10.69, 1500m G18/19 inne 6 4:14.91

Røste, Martinus (26.6.1997)

2013 100m G16 7h4 12.59, 1000mR G15/16 6 2:14.80, 60m G16 inne 4h4 7.84, 200m G16 inne 2h3 24.64, 4x200mR G15-17 inne 4 1:37.05, 4x100mR G16 3 46.28

Røtnes, Fredrik Vaeng (20.3.1996)

2013 3000m hinder 6 10:38.53, 5000m kappgang 4 24:31.18, 2000m hinder U20 8 6:43.44, 5000m kappgang U20 1 24:32.59, 800m G17 22 2:11.44, 2000m hinder G17 5 6:38.38, 2000m kappgang G17 1 8:53.61, 800m G17 inne 9 2:05.95, 1500m G17 inne 8 4:24.94, 1500m kappgang G17 inne 1 8:23.70

Røttingen, Lars (16.4.1980)

2013 5000m 15 15:15.32, 3km terreng 17 8:44, Terrengstafett 5 24:04

Raa, Kjell (19.12.1963)

2013 Halvmaraton 11 1:17:53

S**Sagbakken, Odd Gundersen** (3.7.1997)

2013 3000m G16 DNf, 1500m hinder G16 8 4:47.35

Sakowski, Bartek (POL) (3.7.1998)

2013 100m U20 4h1 11.85, 200m U20 6h7 24.19, 100m G15 2 11.47, 200m G15 4 23.55, 60m G15 inne 3 7.53, Lengde G15 inne 7 5.16

Salvanes, Marius-Emil (27.1.1997)

2013 800m U20 6h2 2:03.50, 1500m U20 7h1 4:17.80, 800m G16 2 1:56.77, 800m G16 inne 18 2:11.76, 1500m G16 inne 4 4:17.72

Sand, Viktor Nordstrand (11.9.1998)

2013 Høyde G15 =7 1.61, Lengde G15 12 5.33

Sand, Åsmund Fornes (19.2.1998)

2013 100m G15 3 11.70, 200m G15 3h2 24.39, 100m hekk G15 3 14.89, Lengde G15 13 5.29, 60m G15 inne 2 7.44, 200m G15 inne 2 24.07, 60m hekk G15 inne 2 8.89, Lengde G15 inne 4 5.34

Sandbakken, Simon Paul (FIN) (13.9.1995)

2013 800m G18/19 8 1:58.21, 100m hekk G18/19 4 15.95, 400m hekk G18/19 2 54.61, 1000mR G17-19 6 2:02.84

Sandberg, Joachim (18.5.1995)

2013 200m 5s2 22.01, 400m hekk 3 53.08, 60m inne 3h7 7.27, 200m inne 2h5 22.57, 4x200mR inne DNf, 4x100mR 1 41.37, 4x400mR DQ:R170.9, 100m U20 3s1 11.36, 110m hekk U20 2 14.90, 400m hekk U20 2 55.48, 100m G18/19 3 10.97, 200m G18/19 2 21.87, 100m hekk G18/19 1 14.75, 1000mR G17-19 3 1:59.01, 60m G18/19 inne 7s2 7.29, 200m G18/19 inne 3 22.83, 60m hekk G18/19 inne 2 8.38, 4x200mR G19-22 1 1:29.51

Sandberg, Niklas (18.5.1995)

2013 100m G18/19 7 11.37, 200m G18/19 7 23.21, 1000mR G17-19 3 1:59.01, 60m G18/19 inne 6h2 7.63, Tresteg G18/19

inne 3 12.16

Sande, Hans (6.2.1996)

2013 Slegge U20 2 56.21, Diskos G17 NM, Slegge G17 2 63.03

Sandnes, Ole-Asbjørn (8.11.1957)

2013 Halvmaraton 31 1:33:54

Sandven, Christoffer (14.2.1997)

2013 100m U20 4h3 11.91, 200m U20 5h3 24.01, 100m G16 5 11.70

Sandvik, Fredrik (23.3.1998)

2013 2000m G15 14 6:21.78, 1500m hinder G15 6 5:09.48, 2km terreng G15 7 6:24

Sangolt, Eirik (6.8.1998)

2013 Høyde G15 =7 1.61, Kule J15 7 11.91, Diskos G15 5 38.72, Slegge G15 4 35.43, Høyde G15 inne 6 1.65, Lengde G15 inne 19 4.04, Kule G15 inne 5 12.98

Sannan, Kristian (12.11.1996)

2013 Spyd G17 11 40.70

Sannes, Kristoffer (10.4.1997)

2013 200m G16 7h3 26.26, Høyde G16 2 1.75, 800m G16 inne DNF, Høyde G16 inne 1 1.76, Lengde G16 inne 12 4.61, 10-kamp G16 2 4.091p

Santiago, Luis Alfredo (6.2.1991)

2013 4x100mR DNFh2

Santiago, Riquelvis (1.1.1987)

2013 100m 6s1 11.04, 200m 6s1 22.34, 1000mR 4 1:56.01, 60m inne 8s1 7.23, 200m inne 2h7 23.18, 4x200mR inne 4 1:30.81

Saugnes, Per-Ola (25.8.1959)

2013 Maraton 55 4:14:44

Schefte, Jostein Sætra (26.4.1996)

2013 800m U20 6h1 2:04.70, 800m G17 inne 5 2:03.95, 1500m G17 inne DNF, 2km terreng G17 11 5:55

Schneider, Marius Frøvig (13.1.1986)

2013 3km terreng 23 8:55, 4x400mR 5 3:20.74

Schneider, Mathias Sundgot (11.3.1996)

2013 Spyd G17 7 46.55

Sel, Harald (17.8.1942)

2013 Halvmaraton 38 1:47:36, Maraton 52 4:11:04

Selbekk, Sebastian (30.11.1993)

2013 3km terreng 32 9:28, 800m G20-22 inne 5 2:08.26

Seliussen, Morten (20.6.1971)

2013 Halvmaraton 16 1:22.17

Selnes, Stig Ove Dahlen (19.7.1994)

2013 Kule U20 3 15.18, Diskos U20 6 41.76, Kule G18/19 3 15.01, Diskos G18/19 3 45.27, Kule G18/19 inne 2 14.57

Semb, Henrik (12.3.1996)

2013 1000mR 10 2:00.57, 200m U20 5h7 23.88, 400m U20 3h1 51.68, 60m G17 inne 6h2 7.99, 400m G17 inne 11 54.58

Semeve, Yohannes Benhur (23.1.1997)

2013 1500m hinder G16 11 4:59.79, 800m G16 inne 22 2:16.01, 4x200mR G15-17 inne 11 1:43.06

Senneset, Eivind (6.1.1967)

2013 Halvmaraton 25 1:28:03

Sesay, Imran (27.12.1996)

2013 60m G17 inne 8 7.44

Sigurdson, Simen (22.1.1993)

2013 60m inne 5s2 7.14, Lengde uten tilløp 2 3.25

Simensen, Fredrik (24.6.1992)

2013 Kule 2 15.78, Kule inne 3 15.42, Kule U23 1 15.00, Diskos U23 4 41.15, Slegge U23 5 43.25, Kule G20-22 inne 1 15.37

Simonsen, Kristian Anton (16.1.1979)

2013 Halvmaraton 19 1:24.50

Singstad, Harald Borthen (19.2.1965)

2013 Maraton 42 3:48:48

Sitotaw, Alemayehu (10.7.1962)

2013 Halvmaraton 8 1:14:23

Sjursen, Amund Høie (16.1.1996)

2013 4x100mR U20 3 44.78, 100m G17 2 10.97, Høyde G17 1 1.93, Lengde G17 1 6.90, 60m G17 inne 3 7.16, Lengde G17 inne 3 6.54, 4x200mR G15-17 inne 6 1:40.25

Skagestad, Sven Martin (13.1.1995)

2013 Diskos U20 2 55.18

Skahjem, Erik (25.9.1954)

2013 Maraton 36 3:26:26

Skailand, Håvard (9.7.1998)

2013 100m G15 6h2 12.55, Lengde G15 11 5.38

Skancke, Per José Clemente (26.6.1992)

2013 4x100mR 5 42.89, 100m U23 4h2 11.50, 200m U23 3h3 22.72, 4x200mR G19-22 3 1:32.29

Skarland, Siemen (1.8.1998)

2013 800m G15 24 2:27.62, 2000m G15 18 6:48.58, 800m G15 inne 8 2:30.84, 1500m G15 inne 4 5:02.80

Skarstad Bendik (16.5.1997)

2013 100m G16 7h3 12.38, 200m G16 6h3 25.17, 800m G16 19 2:13.54, 60m G16 inne 4h3 7.79, 200m G16 inne 5h3 25.11, 800m G16 inne 13 2:09.20

Skarstad, Isak (2.8.1995)

2013 800m G18/19 inne 14 2:11.71, 1500m G18/19 inne 13 4:40.50

Skarstad, Mathias (30.11.1994)

2013 60m G18/19 inne 7h6 8.17, Høyde G18/19 inne DNS, Lengde G18/19 inne 11 5.42

Skauen, Marius (29.5.1996)

2013 Høyde G17 6 1.81

Skøvik, Jørgen (20.10.1994)

2013 Stav 4 4.40, Stav U20 2 4.50, Stav G18/19 inne 1 4.60

Skjauuff, Daniel Alexander (18.12.1996)

2013 Spyd G17 10 41.75

Skjeseth, Sigurd Ruud (24.12.1996)

2013 5000m U20 7 15:43.32, 3000m G17 5 9:02.91, 2000m hinder G17 4 6:28.42, 800m G17 inne 8 2:05.87, 1500m G17 inne 6 4:19.23, 2km terreng G17 12 5:58

Skjæråsen, Tom (13.2.1995)

2013 800m U20 5h3 2:92.75, 1500m U20 DNFh1, 800m G18/19 DNF

Skogen, Sindre Dingsør (3.2.1996)

2013 4x400mR 2 3:15.34, 400m G17 inne 2 50.53

Skogvang, Kjell (16.12.1944)

2013 24 timer ultra 21 161070

Skorpen, Alexander (23.5.1998)

2013 Spyd G15 1 55.74

Skulevold, Henrik (8.6.1998)

2013 60m inne 7h5 7.62, 4x100mR U20 6 46.28, 100m G15 5h2 12.24, Lengde G15 8 5.62, Tresteg G15 6 11.93, 60m G15 inne 4 7.61, 200m G15 inne 4 24.44, Lengde G15 inne 3 5.70, 4x200mR G19-22 8 1:36.79, 4x100mR G16 DNF, 4x600mR U20 4 6:23.95

Skyttermoen, Christian (12.4.1997)

2013 1500m hinder G16 10 4:46.21

Skaalerud, Bendik Lillemoen (3.9.1998)

2013 800m G15 10 2:06.97, 2km terreng G15 4 6:13

Skaar, Knut Magnus (24.2.1982)

2013 Maraton 25 3:09:07

Skaara, Lars Forum (13.11.1995)

2013 1000mR 11 2:03.74, 200m G18/19 8s2 23.19, 400m G18/19 12 51.44, 1000mR G17-19 5 2:02.61, 60m G18/19 inne 5h2 7.54, 200m G18/19 inne 4h4 23.61, 400m G18/19 inne 6

52.93

Skåra, Nils-Paul (26.3.1987)

2013 60m inne 7s2 7.18, Lengde uten tilløp 3 3.25

Sletfjerding, Magnus (24.5.1997)

2013 4km terreng G16 5 14:31

Slettemoen, Asle (18.7.1971)

2013 Halvmaraton 9 1:16:30

Smebye, Martin (10.7.1993)

2013 3000m inne 10 8:52.50, 3km terreng 12 8:35, 800m U23 5 1:59.15, 1500m U23 6 4:04.27, 800m G20-22 inne 3 2:06.80, 1500m G20-22 inne 4 4:12.49

Smestad, Nikolai (5.12.1992)

2013 5000m U23 8 15:38.25, 1000mR U23 3 2:09.39

Snarby, Terje (26.3.1989)

2013 800m 7 1:51.23, 1500m 7h2 3:59.17

Sneisen, Jan (11.4.1952)

2013 24 timer ultra 37 101625

Solberg, Sverre Leonard (22.10.52)

2013 Halvmaraton 42 1:52.34

Solheim, Rune (29.10.1976)

2013 24 timer ultra 6 212394

Solli, Per Magnus Arjun (4.6.1991)

2013 200m 8 26.02, 60m inne 5s1 7.11, 200m inne 1h2 22.46, 100m U23 6 11.16, 200m U23 4 22.44, 60m G20-22 inne 6 7.14

Solli, Åsmund Vetle (15.5.1995)

2013 800m G18/19 inne 17 2:18.67, 1500m G18/19 inne 12 4:40.12

Sollien, Stein Erik (30.4.1991)

2013 Stav inne 5 4.20

Solvang, Henrik Sæthermoen (24.10.1997)

2013 100m hekk G16 6 16.00, 300m hekk G16 7 44.99, 60m G16 inne 8h3 8.16, 60m hekk G16 inne 6 9.73, Lengde G16 inne DNS

Sommernes, Tobias (1.2.1995)

2013 Lengde inne DNS, Høyde uten tilløp U20 NM, Lengde uten tilløp U20 7 2.92, 10-kamp U20 3 4.970p, 100m hekk G18/19 DQ, Høyde G18/19 5 1.76, Lengde G18/19 6 5.98, Diskos G18/19 7 30.02, Spyd G18/19 5 50.10, 60m hekk G18/19 inne 6 9.32, Høyde G18/19 inne 4 1.85, Lengde G18/19 inne 6 5.73, Kule G18/19 inne 4 10.69

Spilde, Dag (13.2.1969)

2013 Maraton 29 3:13:51

Spolen, Simen (23.4.1997)

2013 Lengde G16 10 5.60, 1000mR G17-19 12 2:09.04, 60m G16 inne 6h3 7.97, 200m G16 inne 6h4 26.58, Lengde G16 inne 6 5.40, 4x200mR G15-17 inne 12 1:43.61

Spydevold, Jan Espen (29.6.1998)

2013 800m G15 9 2:06.46, 2000m G15 9 6:17.42

Stangvik, Odin (19.2.1996)

2013 1000mR 11 2:03.74, 200m G17 7h3 23.66, 400m G17 7 51.17, 1000mR G17-19 5 2:02.61, 60m G17 inne 8s1 7.68, 200m G17 inne 3h3 24.11, 400m G17 inne 9 52.97

Stavang, Eivind Johan (8.3.1982)

2013 Lengde uten tilløp 5 3.14

Stedøy-Johansen, Magne (30.9.1962)

2013 Maraton 37 3:30:28

Steffensen, Jostein (6.12.1996)

2013 800m G17 inne 13 2:08.12, 1500m G17 inne 10 4:35.22

Steier, Rolf (GER) (7.6.1984)

2013 5000m 6 14:27.39, 10000m 3 30:13.98, 10km terreng 7 34:24

Steinke, Damian (GER) (12.1.1997)

2013 200m G16 1 22.86

Steinshylla, Håkon (7.2.1996)

2013 2000m hinder U20 7 6:42.79, 1500m G17 inne 7 4:22.79

Steinsland, Mats Olav (10.12.1980)

2013 Motbakke 17 1:36.51

Steinsund, Jan (23.9.1957)

2013 Halvmaraton 24 1:26.41

Stenberg, Daniel M.Y. Agard (17.8.1997)

2013 60m G16 inne 5h2 7.81, 200m G16 inne 6h1 25.39, 4x200mR G15-17 inne 7 1:40.96, 4x100mR G16 3 46.28

Stene, Rasmus (13.11.1994)

2013 60m inne 6h8 7.52, 60m hekk inne 8.75, Lengde inne 11 6.00, 110m hekk U20 5 16.13, Stav U20 7 3.75, Lengde U20 9 6.16, Spyd U20 7 51.94, 1000mR U20 7 2:05.87, Høyde uten tilløp U20 DNS, Lengde uten tilløp U20 8 2.88, 10-kamp U20 1 6.083p, 4x400mR U20 2 3:27.41, 100m hekk G18/19 2 15.43, Høyde G18/19 7 1.76, Stav G18/19 6 3.61, Lengde G18/19 4 6.17, Diskos G18/19 6 33.82, Spyd G18/19 4 54.10, 1000mR G17-19 6 2:02.84, 60m G18/19 inne 5h6 7.57, 60m hekk G18/19 inne 1 8.35, Høyde G18/19 inne 7 1.70, Stav G18/19 inne NM, Lengde G18/19 inne 4 6.25, Kule G18/19 inne 3 11.42

Stenersrød, Christer (17.5.1991)

2013 Spyd 6 59.38, Slegge U23 4 47.81, Spyd U23 3 62.13

Stensholt, Victor Armand (12.5.1997)

2103 Høyde U20 4 1.80, Høyde G16 1.75

Stensletten, Tapio (30.4.1993)

2013 100m U23 6h3 11.92

Stensli, Hans Olav (9.1.1967)

2013 Maraton 51 4:09:13

Stensæter, Martin (31.1.1996)

2013 2km terreng G17 18 6:15

Stenvik, Sigurd (21.4.1994)

2013 6km terreng U20 13 23:06

Stigum, Sander Bjørkli (24.3.1998)

2013 800m G15 inne 9 2:36.36, 60m hekk G15 inne 6 11.03, 4x200mR G15-17 inne 12 1:43.61

Stjern, Tor Arne (15.10.1966)

2013 Maraton 53 4:11:20

Stokka, Magnar Thuestad (20.4.1996)

2013 200m U20 4h4 24.03, 400m U20 4h5 53.94, 1000mR U20 6 2:03.21, 4x100mR U20 2 43.68, 200m G17 7h1 23.62, 400m G17 15 53.98, 300m hekk G17 3 41.39, 1000mR G17-19 10 2:06.19

Stokke, Kjetil (27.5.1991)

2013 Diskos U23 6 33.52, Spyd U23 4 51.76

Stoltenberg-Hansson, Erik (19.6.1937)

2013 Maraton 59 4:29:22

Storebø, Trond Erik Sjølen (28.6.1996)

2013 800m U20 4h1 2:04.22, 400m G17 11 52.89, 800m G17 9 1:59.82

Storhaug, Lars Jøran (29.6.1989)

2013 100m 4h1 11.28, 200m 8s1 22.64, 60m inne 4s1 7.09, 200m inne 1h10 22.68

Storhaug, Magnar (22.7.1998)

2013 4x600mR U20 4 6:23.95

Strand, Johannes (8.8.1997)

2013 4km terreng G16 10 17:28

Strupstad, John Henry (21.1.1980)

2013 Maraton 1 2:30.22

Strøm, Sondre Garnes (16.8.1997)

2013 2000m hinder U20 5 6:34.66, 3000m G16 7 9:18.47, 1500m hinder G16 3 4:29.13, 800m G16 inne 16 2:11.01, 1500m G16 inne 9 4:28.01

Strømmen, Petter (25.2.1994)

2013 10000m kappgang 10 58:37.2, 3x1000mR kappgang 3 3:10:01.6, [5000m kappgang U20 2 32:21.16](#), 2000m kappgang G18/19 1 10:51.32, 1500m kappgang G18/19 inne 1 7:41.03

Strømsnes, Tarald (30.7.1996)

2013 Diskos U20 7 38.94, Slegge U20 NM, Kule G17 11.56, Diskos G17 3 43.95, Slegge G17 5 41.46

Støa, Tommy (10.5.1973)

2013 24 timer ultra 42 79170

Støle, Marius Bakken (6.6.1993)

2013 200m DNSs2, 400m hekk 2 51.69, 400m inne 2h2 50.38, 4x200mR inne DNF, 4x100mR 1 41.37, 4x400mR DQ:R170.9, 200m U23 5 22.46, 400m hekk U23 1 61.82, 200m G20-22 inne 3 22.51, 4x200mR G19-22 1 1:29.51

Stølen, Brede Solberg (27.2.1993)

2013 100m U23 5h3 11.81, Lengde U23 5 6.28

Stølen, Lars Gausemel (4.9.1997)

2013 100m U20 7h4 12.31, 200m U20 4h6 23.85, 1000mR U20 8 2:06.35, 4x100mR U20 4 44.92, 100m G16 7 11.86, 200m G16 7 23.82, 60m G16 inne 4h1 7.89, 200m G16 inne 3h4 24.59, 4x200mR G15-17 inne 10 1:42.66, 4x100mR G16 1 45.11

Sudarshan, Anton (20.8.1992)

2013 200m G20-22 inne 5h2 23.95, 4x200mR G19-22 6 1:34.62

Sundby, Øyvind Heiberg (5.9.1983)

2013 Motbakke 4 1:09:51

Sundsvik, Stian (18.7.1996)

2013 4km terreng G17 9 14:32

Svendsen, Thomas (11.8.1998)

2013 100m G15 7s2 12.25, 200m G15 7 24.37, 300m hekk G15 4 42.95

Svendsen, Vidar Frisk (17.12.1953)

2013 Maraton 49 4:02:31

Svenni, Jo Erling (30.1.1995)

2013 Spyd G18/19 6 48.24

Sverdrup-Thygeson, Harald (27.3.1955)

2013 24 timer ultra 10 184946

Sween, Adisak Binya (17.12.1998)

2013 2km terreng G15 9 6:45

Syvertsen, Martin Lundemo (22.9.1992)

2013 1000mR U23 2 1:57.42, 200m G20-22 inne 5h1 25.13, 4x200mR G19-22 7 1:34.90

Sægrov, Leif (22.5.1979)

2013 1500m inne 27 4:44.45

Sælen, Joakim (18.7.1993)

2013 5000m kappgang 3 21:21.91, 5000m kappgang inne 2 22:03.32, 10000m kappgang 3 45:39.4, 3x1000mR kappgang 1 2:15:18.3, 20km kappgang 3 1:30:16, [5000m kappgang U23 1 22:04.83](#)

Sælid, Kjetil (19.10.1964)

2013 Maraton 41 3:46:22

Sæteren, Mads (15.7.1997)

2013 Spyd G16 NM

Sæther, Arne Mjelde (20.12.1977)

2013 10000m 11 31:50.45, Halvmaraton 5 1:12.04

Sødal, Joakim (10.4.1997)

2013 Terrengstafett 3 22:16, [5000m U20 3 15:22.90](#), 1500m G16 inne 3 4:14.32, 2km terreng G16 1 5:32, 4km terreng G16 DNF

Sølvberg, Svein Arne (18.9.1948)

2013 Halvmaraton 27 1:29.00

Sørensen, Anders (24.2.1996)

2013 1500m 10 3:59.67, [1500m U20 DNF](#), 2km terreng G17 4 5:39

Sørheim, Nils Johan Rogstad (31.1.1998)

2013 60m G15 inne 7h3 8.41, Lengde G15 inne 14 4.66

Sørli, Robert (8.4.1975)

2013 10km terreng 29 37:28

Sørstad, Gjermund (17.2.1979)

2013 24 timer ultra 5 225687

Sørtveit, Erlend Gjerdevik (17.12.1994)

2013 800m inne 18 2:06.09, 1500m inne 18 4:12.73, [1500m U20 8 4:05.20](#), [4x1500mR U20 2 16:45.17](#), 800m G18/19 14 2:00.63, 3000m G18/19 12 9:05.44, 800m G18/19 inne 5 2:02.97, 1500m G18/19 inne 5 4:13.99

T

Talm, Josh-Kevin Ramirez (3.5.1996)

2013 200m G17 7 22.77, 400m G17 2 49.92, 1000mR G17-19 11 2:07.23

Tanberg, Eirik (20.8.1987)

2013 100m 6h5 11.33, 200m 4h1 22.49, 60m inne 3s3 7.04, 200m inne 2 22.35

Tangen, Peder (6.8.1997)

2013 200m G16 6h2 24.52, Lengde G16 9 5.62, 200m G16 inne 4h4 24.86, Lengde G16 inne 9 5.15

Tansø, Inge Olai Svanøe (16.3.1988)

2013 Spyd 7 58.66

Taranger, Bjørn Tore Kronen (23.4.1979)

2013 100km ultra 1 7:38:18, Halvmaraton 10 1:17:48, 24 timer ultra 1 247797

Teien, Eirik (6.5.1997)

2013 Spyd G16 3 49.77

Teland, Hakeem (2.1.1998)

2013 200m G15 4h1 24.48, 800m G15 8 2:05.99

Televik, Anders Martin Knoph (7.4.1993)

2013 3000m inne DNS, 3km terreng 11 8:31, [5000m U23 DNF](#), 1500m G20-22 inne 1 4:02.97

Tenold, Lars Anders K. (8.10.1993)

2013 3km terreng 33 9:59

Tengsareid, Torstein (3.2.1989)

2013 Motbakke 3 1:08:29

Tesfamariam, Alexander (15.8.1997)

2013 800m G16 9 2:03.35, 3000m G16 DNF

Tholo, Thorbjørn Vika (20.1.1997)

2013 100m hekk G16 5 15.93, Stav G16 2 3.41, 60m hekk G16 inne 5 9.64, Stav G15 inne 1 3.55, Lengde G16 inne 8 5.30

Thom, Magnus (21.3.1997)

2013 Kule G16 3 12.20, Diskos G16 3 36.99, Kule G16 inne 3 12.84

Thorbjørnsen, Bendik Schartum (13.2.1998)

2013 100m G15 4h4 12.26, 200m G15 4h3 24.77, 800m G15 11 2:07.70, 1000mR G15/16 5 2:14.79, 60m G15 inne 5h3 7.96, 200m G15 inne 3h3 25.65, 4x200mR G15-17 inne 9 1:42.64

Thorbjørnsen, John Elias Stange (5.7.1994)

2013 200m inne 2h9 23.66, 4x200mR inne 6 1:33.93, [200m U20 4h2 24.09](#), [400m U20 5h5 54.40](#), [4x100mR U20 5 44.95](#), [4x400mR U20 4 3:29.94](#), 200m G18/19 inne 3h6 23.93, 400m G18/19 inne 9 53.78

Thorbjørnsen, Rune (3.6.1973)

2013 Maraton 50 4:07:03, 24 timer ultra 18 164249

Thorkildsen, Andreas (1.4.1982)

2013 Spyd 1 80.91

Thorseth, Hallbjørn Hasund (5.1.1995)

2013 [110m hekk U20 6 16.25](#), [1000mR U20 4 2:00.86](#), 100m hekk G18/19 3 15.85, 400m hekk G18/19 5 61.02, 200m G18/19 inne 3h1 23.60, 60m hekk G18/19 inne 4 8.70

Thorshaug, Eirik (10.5.1987)

2013 100m 6h4 11.38, 1000mR 7 1:58.08, 4x100mR 4 42.26

Thorstensen, Runar (29.3.1972)
2013 24 timer ultra 46 63882

Thorup, Henrik Akre (28.2.1996)
2013 60m G17 inne 8s2 7.65, 200m G17 inne 3h4 24.35, 4x200mR G19-22 5 1:34.37, 4x100mR G16 6 47.96

Throndsen, Sindre Skjulestad (5.4.1997)
2013 800m G16 15 2:06.88

Tingelstad, Mons Øyvind (26.7.1957)
2013 24 timer ultra 47 33852

Tjelta, Asle Rønning (20.5.1985)
2013 4x1500mR 6 16:57.90

Tjørnholm, Kristian (19.9.1995)
2013 1500m inne 7 4:01.35, 3000m inne 6 8:35.90, Terrengstafett 2 22:03, 5000m U20 5 15:33.45, 2km terreng U20 5 5:31, 6km terreng U20 3 20:13, 800m G18/19 10 1:59.02, 3000m G18/19 4 8:36.22

Tjøtta, Maxim (11.10.1998)
2013 2000m G15 6 6:06.64

Torvund, Magnus (17.1.1998)
2013 800m G15 18 2:12.58, Lengde G15 17 4.91, 800m G15 inne 5 2:14.49, Lengde G15 inne 11 4.91

Touray, Ousman (13.1.1995)
2013 Lengde 11 6.76, 1000mR 4 1:56.01, 60m inne 8s2 7.21, 200m inne 2h6 22.61, 4x200mR inne 4 1:30.81, 4x100mR 2 41.48, 100m U20 DNFs2, 200m U20 3 22.38, 1000mR U20 1 1:57.47, Lengde uten tilløp U20 6 2.95, 4x100mR U20 DQ:R179.14, 60m G18/19 inne 5s1 7.28, 200m G18/19 inne 1 22.11, Lengde G18/19 inne 1 6.69, 4x200mR G19-22 2 1:31.26

Trane, Martin (2.3.1995)
2013 Tresteg G18/19 4 12.43, 60m G18/19 inne 6h6 7.66, 200m G18/19 inne 5h3 24.95, Tresteg G18/19 inne 5 12.03

Tranvåg, Joachim (16.3.1991)
2013 5000m U23 11 16:26.53, Halvmaraton U23 1:18:17

Trefall, Thomas Langhelle (12.1.1993)
2013 Tresteg inne 7 13.43

Tronslien, Marius Kristoffer (2.11.1998)
2013 60m G15 inne 8h2 8.69, 60m hekk G15 inne 5 10.10, Lengde G15 inne 16 4.63

Tubaas, Peter (17.12.1972)
2013 24 timer ultra 3 235386

Tvedt, Jørgen (22.12.1995)
2013 5000m U20 15 16:23.42, 2km terreng U20 10 5:43

Tveter, Erling (25.4.1997)
2013 3000m G16 19 10:04.02

Tømmervik, Sindre (28.1.1997)
2013 60m G16 inne 6h4 8.02, 200m G16 inne 5h1 25.32, 4x200mR G15-17 inne 11 1:43.06

Tønnesen, Svein Erik Strand (22.12.1987)
2013 3km terreng 31 9:24

Tørdsdal, Ole Mikal (21.6.1991)
2013 1500m inne 25 4:22.44, 3000m inne 21 9:35.80, 3000m hinder U23 DNS

Tysse, Erik (4.12.1980)
2013 5000m kappgang 1 18:59.17, 10000m kappgang 1 41:46.3, 20km kappgang 1 1:26:35

U

Uldal, Hans Olav Stephansen (16.12.1982)
2013 110m hekk 3 15.01, Stav NM, Lengde 6 7.05, Kule 5 13.75, Diskos 7 46.87, Spyd NM, 60m inne 4h3 7.28, 60m hekk inne 2 8.35, Stav inne DNS, Lengde inne DNS, Kule inne 5 14.03, 10-kamp 3 7.326p

Ulvestad, Erlend (29.4.1996)
2013 Kule G17 2 13.56, Diskos G17 2 44.57

Undheim, Vegard (13.2.1997)
2013 Lengde G16 12 5.13

Urdahl, Joakim Henrik (6.12.1983)
2013 Tresteg 4 15.11

Ulvestad, Erlend (29.4.1996)
2013 Diskos U20 8 38.15

Utne, Jørgen Skovli (22.3.1988)
2013 10-kamp 7 4.118p

Uthaug, Asgeir (6.4.1994)
2013 100m U20 6h5 12.02, 200m U20 3h2 23.50, 1000mR U20 6 2:03.21, 4x100mR U20 2 43.68, 60m G18/19 inne 4h1 7.38, 200m G18/19 inne 3h3 23.59, 4x200mR G19-22 5 1:34.37

V

Vada, Einar (2.1.1983)
2013 Slegge 7 49.22

Vasdal, Edvard (14.3.1993)
2013 800m inne 10 1:59.29, 1500m inne 14 4:09.81, 3km terreng 30 9:06

Vatland, Jan Erik (11.2.1994)
2013 200m inne 2h8 24.66

Vatne, Andreas Askim (21.4.1998)
2013 1500m hinder G15 9 5:43.67

Vatne, Ole-Petter Askim (28.4.1996)
2013 100m G17 6h3 12.05, 200m G17 8h3 23.95, 400m G17 18 55.31, 1000mR G17-19 7 2:03.59

Vatne, Svern-Helge (26.4.1994)
2013 60m G18/19 inne 7h2 8.04

Vebostad, Hagbart (30.12.1941)
2013 Halvmaraton 34 1:45:17, Maraton 3:55:21

Vedde, Tor Junor (7.8.1997)
2013 100m G16 8s1 11.94, 200m G16 4h1 23.78

Vedvik, Kåre (16.3.1994)
2013 60m G18/19 inne 8 7.20, 200m G18/19 inne 6 23.94, Høyde G20-22 inne 1 1.95, 4x200mR G19-22 5 1:34.37

Vedvik, Marius Øyre (18.3.1992)
2013 10000m 4 30:27.85, 3000m inne 3 8:28.46, 3km terreng 3 8:06, Terrengstafett 1 21:38, 4x1500mR 2 15:39.71, 10km terreng 2 33:38, 1500m U23 2 3:54.55, 5000m U23 3 14:49.28

Vedvik, Oliver Andersen (21.8.1998)
2013 4km terreng G15 3 14:12

Vee-Haugen, Ole (12.1.1989)
2013 Stav 6 4.20

Veland, Mads Østreng (6.9.1997)
2013 4x600mR U20 5 6:48.19

Velde, Morten Kolstø (19.12.1984)
2013 1500m 5 3:56.85, 1500m inne 3 3:59.04, 3km terreng DNS, 4x1500mR 4 16:17.98

Velvin, Martin S. (28.12.1998)
2013 60m G15 inne 6h2 8.18, 4x200mR G15-17 inne 9 1:42.64

Vestbø, Jesper (13.4.1992)
2013 Høyde 10 1.95, Tresteg 7 14.36, Tresteg inne 4 14.74, Høyde U23 4 1.97, Tresteg U23 1 14.59, Lengde G20-22 inne 1 6.25, Tresteg G20-22 inne 1 14.21

Vestbø, Stian (29.7.1981)
2013 5000m Nr. 14 15:06.49, 1500m inne 9 4:05.34, 3000m inne 8 8:50.21, 3km terreng DNS, 4x1500mR 4 16:17.98, 10km terreng 13 35:04

Vestvik, Erik Klokset (1.11.1995)
2013 Halvmaraton U23 8 1:53:18

Vestvik, Morten (21.5.1965)
2013 Halvmaraton 30 1:30:45

Vigdenes, Vegard (4.7.1977)

2013 10km terreng 40 41:18

Vikanes, Rolf Einar (4.7.1992)

2013 60m inne 6h6 7.41, **100m U23 Sh2** 11.73, 60m G20-22 inne 5h1 7.48

Vikse, Martin (12.1.1993)

2013 Lengde inne DNS, Lengde G20-22 inne 2 5.92, Tresteg G20-22 inne 2 11.77

Villanger, Markus (18.9.1995)

2013 Diskos U20 11 37.16, Slegge U20 4 53.98, Kule G18/19 7 11.72, Diskos G18/19 5 37.08, Slegge G18/19 3 52.50

Villanger, Petter (21.7.1997)

2013 4x100mR U20 3 44.78, 100m G16 7s1 11.94, Lengde G16 8 5.72, 1000mR G15/16 DNF, 4x100mR G16 4 46.44

Villanger, Richard (9.5.1991)

2013 Slegge 2 60.94, Kule U23 3 12.87, Diskos U23 3 41.48, Slegge U23 1 59.02

Vincent, Francin Anoj (29.5.1998)

2013 800m G15 17 2:08.80

Volden, Johannes Rudjord (14.10.1995)

2013 400m U20 5h3 53.93, 800m U20 10h3 2:10.97, 4x400mR U20 3 3:28.10, 400m G18/19 20 53.35, 800m G18/19 13 2:00.04, 1000mR G17-19 3 1:59.01, 400m G18/19 inne 12 8.38, 800m G18/19 inne 10 2:09.73, 4x200mR G19-22 8 1:36.79

Vollset, Kristoffer By (19.2.1996)

2013 800m G17 8 1:59.79, 3000m G17 6 9:05.51

Våge, Tobias Skavnes (5.9.1997)

2013 100m U20 6h3 12.12, 110m hekk U20 DNPh2, 100m G16 7s2 11.96, 100m hekk G16 1 14.23, 300m hekk G16 8 48.60, 1000mR G15/16 1 2:03.71, 60m G16 inne 4 7.59, 200m G16 inne 3h1 24.40, 60m hekk G16 inne 1 8.60., 4x200mR G15-17 inne 1 1:35.02

Vågen, Geir (8.8.1963)

2013 Halvmaraton 18 1:23:54, Maraton 15 2:58:42

W

Walker, Hans Christian (22.3.1995)

2013 100m U20 5s1 12.01, 200m U20 5h4 24.26, 100m G18/19 7h2 11.76, 200m G18/19 5h1 23.81, 1000mR G17-19 7 2:03.59, 60m G18/19 inne 3h6 7.40, 200m G18/19 inne 5h4 23.69, 4x200mR G19-22 6 1:34.62

Wang, Jakob Jilani Habib (15.9.1994)

2013 60m G18/19 inne 7h5 8.80

Wang, Pavlik (8.1.1995)

2013 4x100mR 7 43.90, 4x100mR U20 DNPh2, 4x200mR G19-22 4 1:34.19

Warholm, Karsten (28.2.1996)

2013 110m hekk 1 14.70, Lengde 4 7.10, Lengde inne 2 7.04, Tresteg inne 5 14.35, 110m hekk U20 1 14.72, Høyde U20 1 2.03, Lengde U20 1 7.22, 1000mR U20 4 2:00.86, Lengde uten tilløp U20 3 3.08, 100m G17 3 10.98, 400m G17 1 48.99, 110m hekk G17 1 14.55, 60m G17 inne 1 7.03, 200m G17 inne 1 22.43, 400m G17 inne 1 49.93, 60m hekk G17 inne 1 8.24, Høyde G17 inne 1 2.05, Lengde G17 inne 1 7.19, Tresteg G17 inne 1 14.05, 4x200mR G15-17 inne 1 1:35.02

Wathne, Andreas (24.1.1997)

2013 800m U20 9h3 2:05.27, 1500m U20 10h2 4:32.82, 800m G16 1:59.14, 3000m G16 12 9:25.59, 1000mR G17-19 10 2:06.19, 800m G16 inne 4 2:02.08, 1500m G16 inne 6 4:20.19, 2km terreng G16 4 5.49, 4x600mR U20 3 6:03.36

Weiglin, Even (22.6.1997)

2013 Spyd G16 51.96, 1000mR G17-19 11 2:07.23

Weiseth, Fredrik (5.12.1994)

2013 Stav G18/19 5 4.11, Stav G18/19 inne 6 4.00

Wennemo, Åsmund (13.5.1994)

2013 1500m inne 26 4:30.97, **2km terreng U20** 16 5:55,

4x1500mR U20 3 16:46.41, 1500m G18/19 inne 8 4:18.15

Wergeland, Jan Erik (10.10.1985)

2013 1500m inne 15 4:10.94

Wester, Mathias (26.6.1998)

2013 Høyde G15 5 1.68, Lengde G15 5 5.88, Tresteg G15 4 12.40, Kule J15 6 12.34, Høyde G15 inne 4 1.68, Kule G15 inne 4 13.27

Wiborg, Thomas (4.11.1987)

2013 100m DQh1, 60m inne 4 6.98, Lengde uten tilløp 1 3.35

Wicken, Noah (12.10.1998)

2013 2000m G15 19 6:50.00, 1500m hinder G15 8 5:30.66, 1500m G15 inne 3 4:56.54, 4x100mR G16 3 46.28

Wigestad, Øystein (???.???)

2013 Terrengstafett 5 24:04

Wigestrand, Øystein (8.10.1994)

2013 2km terreng U20 17 5:56

Wiggen, Øyvind (16.4.1996)

2013 4km terreng G17 6 14:17

Wigaard, Endre (25.6.1996)

2013 5000m U20 11 15:57.52, 800m G17 11 2:03.66, 3000m G17 3 8:57.48, 800m G17 inne 12 2:07.60, 1500m G17 inne 3 4:07.88, 4x200mR G15-17 inne 7 1:40.96, 2km terreng G17 8 5:51, 4km terreng G17 5 14:09

Wiréhn, Per (14.6.1956)

2013 10km terreng 35 38:46

Wiker, Njord Erlend (30.9.1991)

2013 3km terreng 24 8:58, 4x1500mR 5 16:54.43

Wikshåland, Eivind Trym (16.11.1997)

2013 800m G16 8 2:00.91, 3000m G16 9 9:19.56, 800m G16 inne 6 2:04.40, 1500m G16 inne 5 4:19.75, 2km terreng G16 4 5:57

Winger, Alexander Dahlstrøm (7.5.1989)

2013 200m DNSh5, 400m finale DQ, 400m inne 4 50.29, 4x400mR 3 3:18.93

Wolff, Ove (6.5.1967)

2013 Halvmaraton 28 1:29:45

Waaen, Kristian (9.3.1949)

2013 100km ultra 6 12:25:57, Maraton 54 4:12:33, 24 timer ultra 17 165803

Y

Yohanatan, Kathan (15.2.1994)

2013 60m inne 7s3 7.21, 200m inne 3h5 23.36, 4x100mR 6 43.44, 100m U20 4h6 11.65, 200m U20 3s3 23.60, 1000mR U20 5 2:02.08, 4x100mR U20 1 42.60, 60m G18/19 inne 6 7.16

Ø

Øglænd, Håvard Lalit (13.12.1996)

2013 3000m inne 22 9:41.95, 1500m U20 9h1 4:20.40, 5000m U20 14 16:09.92, 2km terreng G17 14 6:02, 4km terreng G17 8 14:24

Øien, Vegard Jensen (26.9.1990)

2013 200m inne 1h1 22.27, 4x200mR inne 2 1:29.74, 4x100mR 5 42.89, 4x400mR 6 3:22.54

Øines, Sondre Opaker (13.5.1998)

2013 800m G15 20 2:14.80, 2000m G15 17 6:44.15, 800m G15 inne 7 2:23.06, 4x200mR G15-17 inne 8 1:41.18, 2km terreng G15 8 6:43, 4x100mR G16 5 47.85

Ølness, Bjørn Ove (10.4.1986)

2013 10000m kappgang 6 49:55.7, 3x1000mR kappgang 2 2:32:05.8

Ølness, Sindre (16.7.1983)

2013 5000m kappgang 5 25:41.22, 5000m kappgang inne 3 25:56.74, 10000m kappgang 8 54:14.6, 3x1000mR kappgang 2 2:32:05.8

Ølness, Thomas Myrvold (13.7.1983)

2013 10000m kappgang 5 48:53.4, 3x1000mR kappgang 2 2:32:05.8

Ølstad, Vegard (12.9.1992)

2013 1500m 2 3:56.35, 1500m U23 1 3:51.29, 5000m U23 1 14:23.16

Østli Philip (14.1.1990)

2013 1000mR 8 1:58.58, 60m inne 5h4 7.38, 4x200mR inne 2 1:29.74, Lengde uten tilløp 12 2.67

Øvre-Helland, Sondre (28.9.1995)

2013 Halvmaraton U23 6 1:26:18

Øvrebø, Ådne (6.4.1998)

2013 4x100mR U20 6 46.28, 4x100mR G16 DNF

Øxnevad, Rasmus Sundby (16.8.1998)

2013 Høyde G15 inne DNS, 4x100mR G16 DNF, 4x600mR U20 4 6:23.95

Å

Aabrekk, Eirik Bergene (3.3.1998)

2013 2000m G15 10 6:17.54, 1500m hinder G15 3 4:45.30

Aaen, Stian Løvås (28.12.1995)

2013 100m U20 6h4 11.98, Lengde U20 4 6.73, 4x100mR U20 DNF, 200m G18/19 5s2 22.93, Lengde G18/19 2 6.75, 1000mR G17-19 2 1:57.58, 60m G18/19 inne 3h5 7.38, 200m G18/19 inne 3h2 23.26, Lengde G18/19 inne 2 6.35

Aagaard, Jonas Høiseth (26.7.1997)

2013 60m G16 inne 7h2 8.00, Lengde G16 inne 5 5.43, 4x200mR G15-17 inne 11 1:43.06

Aaltvedt, Stian (15.3.1989)

2013 Tresteg 5 14.77, Tresteg inne 6 13.93

Aamodt, Endre (26.12.1994)

2013 2km terreng U20 6 5:32

Aamodt, Simen (13.9.1992)

2013 10km terreng 21 36:42

Aandalen, Terje (2.1.1952)

2013 Halvmaraton 41 1:51:57

Årby, Henrik (4.12.1997)

2013 Høyde G16 6 1.66

Aaeskjold, Torbjørn (19.12.1971)

2013 Halvmaraton 26 1:28:10

Aarskog, Harald (3.7.1995)

2013 400m G18/19 13 51.72, 800m G18/19 9 1:58.86

Aarvik, Stian Øvergaard (24.4.1997)

2013 3000m G16 4 9:04.93, 1500m hinder G16 4 4:29.13, 800m G16 inne 12 2:09.54, 1500m G16 inne 14 4:34.55, 2km terreng G16 3 5:39, 4km terreng G16 1 13:32

Aas, Erlend (15.2.1998)

2013 60m inne 7h3 8.13, Lengde inne 13 4.77

Aas, Ståle (7.5.1974)

2013 24 timer ultra 32 138684

Aasen, Kjetil Reistad (25.9.1982)

2013 Slegge 11 46.63

Aasen, Magnus (28.1.1994)

2013 4x200mR G19-22 9 1:36.95

Aasland, Vetle (30.12.1991)

2013 4x1500mR 3 15:49.81

Åstveit, Jens Larsen (11.5.1997)

2013 800m G16 10 2:03.98, 3000m G16 8 9:19.51, 1500m hinder G16 5 4:42.46, 800m G16 inne 14 2:09.54, 1500m G16 inne 11 4:29.41

Kvinner

A

Ackenhausen, Hilde (20.11.1975)

2013 24 timer ultra 4 167080

Adam, Sidsel Bjørge (4.4.1995)

2013 100m 5h1 12.74, 100m hekk 6h1 15.10, 100m U20 4s2 12.93, 100m hekk U20 4 14.97, 100m J18/19 6 12.65, 100m hekk J18/19 2 14.80, 60m J18/19 inne 4 7.92, 60m hekk J18/19 inne 2 8.98

Adam, Synnøve Bjørge (15.9.1997)

2013 100m U20 4h3 13.28, Lengde U20 DNS, 100m J16 4 12.82, 80m hekk J16 2 11.85, Lengde J16 4 5.13, 60m J16 inne 4 8.12, 60m hekk J16 inne 2 9.02, Lengde J16 inne 5 4.77

Aga, Synne (6.3.1996)

2013 100m 8h3 13.10, 200m 5h3 26.08, 1000mR 6 2:15.69, 60m inne 6h5 8.18, 200m inne 2h5 26.21, 100m J17 7 12.76, 200m J17 7 25.90, 60m J17 inne 5 8.10, 200m J17 inne 1 25.97

Akervold, Kristine Berger (17.9.1998)

2013 80m hekk J15 4 12.27, 300m hekk J15 2 45.68, Lengde J15 2 5.24, 60m J15 inne DQ:R162.6h2, 60m hekk J15 inne 4 9.42

Akinyemi, Folake Sekinat (31.3.1990)

2013 60m inne 1 7.50, 4x200mR inne 1 1:39.14

Alexandersen, Eva (14.10.1971)

2013 Maraton 9 3:38:03

Alfheim, Eirin (29.4.1998)

2013 100m J15 5h1 13.56, 200m J15 6h2 27.76, 1000mR J15/16 7 2:31.51, 60m J15 inne 6h3 8.89, Lengde J15 inne 19 4.28, 4x100mR J16 1 50.60

Allum, Louise Mogstad (17.1.1998)

2013 4x800mR 2 10:16.31

Amundsen, Sarah (13.7.1998)

2013 Høyde J15 5 1.51, Tresteg J15 11 9.68, 60m J15 inne 4h2 8.91, Høyde J15 inne =7 1.45

Andersen, Alisa Phimpha (1.8.1989)

2013 100m 5h4 12.75, 200m 7h3 26.38

Andersen, Anne Engen (14.2.1995)

2013 100m hekk 8h2 15.12, Høyde 2 1.70, 60m inne 7h3 8.25, Lengde inne 8 5.26, 100m hekk U20 DNF, Høyde U20 1 1.72, Lengde U20 NM, 7-kamp U20 1 4.714p, 100m hekk J18/19 3 14.96, Høyde J18/19 1 1.66, Lengde J18/19 4 5.38, Kule J18/19 8 9.80, Spyd J18/19 6 35.64, 60m J18/19 inne 5s2 8.14, 60m hekk J18/19 inne 4 9.14, Høyde J18/19 inne 1 1.70, Lengde J18/19 inne 3 5.24, Kule J18/19 inne 4 9.93

Andersen, Karoline (11.1.1993)

2013 Høyde U23 5 1.60, Tresteg U23 5 10.84, Spyd U23 4 40.39

Andersen, Katrine Louise (4.3.1991)

2013 1500m kappgang J20-22 inne 1 11:03.66

Andersen, Madelen (2.12.1996)

2013 100m finale DNF, 100m U20 4 12.46, 200m U20 3 25.40

Anderssen, Guro Forbord (26.2.1994)

2013 100m 7s2 12.51, 1000mR 1 2:09.27, 60m inne 5s1 7.93, 4x200mR inne 2 1:42.76, 4x100mR 1 46.77, 4x400mR 1 3:47.53, 100m U20 5 12.53, 200m U20 5 25.79, Lengde U20 2 5.72, 4x100mR U20 2 48.48, 100m J18/19 3 12.37, 200m J18/19 2 25.12, Kule J18/19 7 10.00, 1000mR J17-19 2 2:16.14, 60m J18/19 inne 3 7.89, 4x100mR 1 46.77

Anderssen, Mari Forbord (8.6.1996)

2013 100m 6s2 12.56, 200m 8 25.45, 100m hekk 7 14.51, 60m inne 3h3 7.97, 60m hekk inne 8 9.13, 100m U20 4s3 12.78, 100m hekk U20 1 14.18, 4x100mR U20 2 48.48, 100m J17 2 12.40, 200m J17 2 24.82, 100m hekk J17 1 14.05, 300m hekk J17 2 45.52, 1000mR J17-19 2 2:16.14, 60m J17 inne 4 8.03, 200m J17 inne DNF, 60m hekk inne 1 8.84, 7-kamp J17 4 3.655p

Andve, Hanne (14.5.1996)

2013 400m hekk 7h2 65.52, 60m inne 5h1 6 8.05, 60m hekk inne 4h1 9.33, Lengde inne 10 5.01, 100m hekk U20 5h2 16.47, 400m hekk U20 3h3 65.65, 60m J17 inne 4h2 8.23, 200m J17

inne DNSh3, Lengde J17 inne 7 4.84, Kule J17 inne 3 9.35, 7-kamp J17 1 4.495p

Angell, Malene Hellerud (5.4.1995)

2013 100m J18/19 4h3 12.99, 200m J18/19 4h1 27.36, 60m J18/19 inne 5s1 8.08, 200m J18/19 inne 4h1 28.01, 4x200mR J18-22 inne 4 1:48.01

Anglero, Mina Marie (20.10.1997)

2013 100m J16 4h1 13.04, 200m J16 3 26.43, 1000mR J15/16 1 2:14.92

Antonsen, Vilde (16.8.1995)

2013 2km terreng U20 DNS, 400m J18/19 5 60.36

Arntsen, Marie Abelsen (10.11.1997)

2013 Lengde J16 inne 7 4.50, 4x200mR J15-17 12 1:59.69

Arnøy, Silje Oksholm (30.12.1992)

2013 2km terreng 7 6:32, Terrenstafett 1 25:28

Aske, Marianne (12.6.1998)

2013 4x800mR 1 9:26.73, 4x400mR U20 2 4:13.50, 800m J15 DNFh2

Aslaksrud, Ann-Kristin G. (17.11.1994)

2013 4x100mR 7 51.67, 1000mR U20 7 2:25.84, 4x100mR U20 DNF, 1000mR J17-19 8 2:26.43, 60m J18/19 inne 8s1 8.38, 4x200mR J18-22 inne 6 1:53.14

Aspheim, Turid Vilgun (21.7.1994)

2013 Kule U20 7 10.76, Kule J18/19 4 10.63

Assa, Nadia Akpana (22.12.1995)

2013 60m inne 5s2 7.83, Lengde inne 4 5.66, 100m U20 2 12.35, Lengde U20 1 6.08, 60m J18/19 inne DNS, Lengde J18/19 inne 1 5.83

Astrup, Ingrid (24.9.1996)

2013 800m J17 11 2:21.23, 2km terreng J17 13 7:49

Audestad, Ragnhild (15.12.1965)

2013 24 timer ultra 7 142530

Aune, Sigrid Flatås (2.3.1998)

2013 4km terreng J15 1 16:13

Aunet, Nora Lien (26.12.1998)

2013 60m J15 inne 7s1 8.46, Kule J15 inne 12 7.80, 4x200mR J15-17 4 1:51.60

Aure, Maria (23.4.1990)

2013 2km terreng 12 6:54

B

Bakkeli, Mari (1.12.1996)

2013 100m U20 5h6 13.44, 200m U20 5s2 26.59, Kule U20 9 9.64

Bakken, Titina (19.4.1971)

2013 100km ultra 4 12:19:18, Maraton 23 4:32:30

Bakløkk, Jorunn Bjerkli (1.1.1998)

2013 200m J15 6h1 28.09, 300m hekk J15 4 48.09, Lengde J15 13 4.49, 1000mR J15/16 3 2:22.43, 60m J15 inne 4h3 8.67, 200m J15 inne 4h3 28.16, Lengde J15 inne 17 4.34, 4x200mR J15-17 4 1:51.60

Banoun, Ninette (13.10.1964)

2013 24 timer ultra 6 150150

Barstad, Lene (23.6.1995)

2013 100m U20 5h4 13.50, 200m U20 5h4 28.03, 1000mR U20 6 2:25.44, 100m J18/19 4h2 13.17, 200m J18/19 5h1 27.40, 1000mR J17-19 4 2:19.90, 60m J18/19 inne 5h2 8.39

Becker, Emilie (2.3.1991)

2013 7-kamp 7 3.355p, Høyde J20-22 inne =2 1.50

Bekken, Eli (12.9.1997)

2013 Lengde J16 15 4.67, Høyde J16 inne 10 1.35, Lengde J16 inne 11 4.43, 4x200mR J15-17 11 1:59.12

Bekkerud, Mari (???.???)

2013 2km terreng DNS

Benserud, Marianne (19.4.1995)

2013 Stav 6 3.20, Stav inne 6 3.10, Stav U20 5 3.05, Høyde uten tilløp U20 1 1.30, 100m J18/19 5h2 13.72, Stav J18/19 2 3.11, 60m J18/19 inne 5h2 8.61, Stav J18/19 inne 4 3.10, Tresteg J18/19 inne 4 10.20

Benserud, Monika (24.11.1996)

2013 Lengde 8 5.50, Tresteg 5 12.13, 1000mR 3 2:13.29, 60m inne 4h3 7.98, Lengde inne 9 5.10, 4x100mR 4 48.76, Lengde U20 3 5.54, Tresteg U20 1 12.23, 1000mR U20 1 2:15.99, 4x100mR U20 DNF, 100m J17 3 12.48, 200m J17 4 25.60, Lengde J17 1 15.65, Tresteg J17 1 12.00, 1000mR J17-19 1 2:14.88, 60m J17 inne 8 8.18, 60m hekk inne 2 9.13, Lengde J17 inne 4 5.11, Tresteg J17 inne 1 11.63, 4x200mR J15-17 2 1:47.13

Benz, Britta (28.10.1997)

2013 4x800mR U20 5 10:02.17, 2km terreng J16 6 7:01

Berg, Alice Ulla (29.1.1997)

2013 100m U20 3s2 12.82, 100m J16 1 12.56, 200m J16 1 25.54, 60m J16 inne 1 7.84, 60m hekk inne DNF, 200m J16 inne 1 25.44

Berg, Ida Planke (17.7.1996)

2013 100m hekk 8h1 15.39, 400m hekk 8h2 68.14, 1000mR 8 2:20.01, 60m hekk inne 3h2 9.14, Tresteg inne 6 10.95, 4x200mR inne DNF, 4x100mR 2 48.05, 100m hekk U20 6 15.71, 400m hekk U20 DNFh3, 1000mR U20 3 2:20.45, Lengde uten tilløp U20 1 2.59, 4x100mR U20 DNF, 100m hekk J17 3 14.84, 300m hekk J17 4 47.34, 60m J17 inne 4h3 8.18, 4x200mR J15-17 1 1:44.82

Berg, Jenny Stokkevåg (27.3.1995)

2013 800m U20 6h1 2:24.11, 400m J18/19 11 64.33, 800m J18/19 9 2:25.06, 400m J18/19 inne 9 63.47, 800m J18/19 inne 7 2:26.60

Berg, Julie Farseth (17.8.1994)

2013 Stav inne 3 3.70, Stav J18/19 inne =2 3.60

Berg, Kaja (10.3.1993)

2013 100m 6h3 12.76, 100m U23 4h1 12.79

Berg, Maria Josefine (7.9.1998)

2013 800m J15 inne 10 2:57.58, 1500m J15 inne DNF

Berg, Marthe Mjølén (20.12.1993)

2013 400m hekk 4 64.58, 400m inne 3h1 60.51, 60m hekk inne 4h2 9.19, 400m hekk U23 2 63.96, 400m J20-22 inne 3 60.47, 60m hekk J20-22 inne 4 9.27

Berg, Seline Bruun (24.6.1998)

2013 Kule J15 inne 5 10.46

Berge, Emilie (7.12.1997)

2013 400m U20 5h2 62.36, 100m hekk U20 5 15.47, Lengde U20 7 5.27, Tresteg U20 5 11.37, 200m J16 DNF, 80m hekk J16 5 12.65, 300m hekk J16 3 46.77, Lengde J16 2 5.29, Tresteg J16 2 11.14, 60m J16 inne 5h2 8.50, 200m J16 inne 2h4 27.07, 60m hekk J16 inne 4 9.32, Lengde J16 inne 2 5.06, Kule J16 inne 4 9.90, 7-kamp J16 1 4.510p

Berge, Frida (13.3.1994)

2013 1500 m inne 3 4:29.39, Terrenstafett 1 25:28, 2km terreng U20 1 6:15

Berge, Kristine (1.8.1993)

2013 Kule 5 12.11, Diskos 6 42.52, Kule U23 3 12.46, Diskos U23 3 39.20

Berge, Mai Britt (12.7.1995)

2013 100m hekk 7h1 15.30, Lengde 8k1 5.03, Tresteg 6 11.64, 7-kamp U20 2 4.387p, 100m J18/19 3h1 13.05, 100m hekk J18/19 4 15.15, Lengde J18/19 2 5.54, Tresteg J18/19 1 11.93, 60m J18/19 inne 7s1 8.27, 200m J18/19 inne 3h2 27.34, 60m hekk J18/19 inne 7 9.57, Lengde J18/19 inne 6 4.99, Tresteg J18/19 inne 1 11.55, Kule J18/19 inne 5 8.90

Bergem, Tina Helen (30.6.1994)

2013 800m U20 7h3 2:21.69, 1500m U20 DNF, 2km terreng U20

5 7:19

Bergh, Elisabeth Angell (21.3.1996)

2013 1500m 4 4:29.50, 800 m inne DNF, 1500 m inne 6 4:49.46, 4x200mR inne DQ, 800m U20 4 2:15.09, 1500m U20 2 4:38.61, 4x800mR U20 2 9:34.81, 4km terreng U20 1 15:31, 800m J17 1 2:13.98, 3000m J17 1 10:03.84, 1000mR J17-19 5 2:21.52, 400m J17 inne 2 59.87, 800m J17 inne 2 2:17.07, 1500 J17 inne 2 4:48.29, 4x200mR J15-17 5 1:51.87, 2km terreng J17 1 6:26

Berrefjord, Sara (29.7.1995)

2013 100m 7h2 13.03, 200m 7h1 26.53, 60m inne 7h4 8.24, 4x100mR 4 48.76, 100m U20 5s1 13.02, 200m U20 5s1 26.13, 1000mR U20 1 2:15.99, 4x100mR U20 DNF, 100m J18/19 8 12.81, 200m J18/19 7 26.44, 60m J18/19 inne 6s2 8.20, 200m J18/19 inne 3 26.30

Beyer, Ebba (13.1.1998)

2013 Høyde J15 8 1.51, Spyd J15 9 26.09, 800m J15 inne11 3:23.50, Høyde J15 inne =7 1.45, Kule J15 inne 9 8.99

Birkeland, Maria Tamires Sortland (3.5.1997)

2013 800m J16 inne 20 2:48.48, Kule J16 inne 5 9.71

Bjerknes, Marit (2.1.1963)

2013 24 timer ultra 11 131064

Bjørge, Kristin (19.3.1997)

2013 100m J16 6h2 13.54, 80m hekk J16 4h1 13.52, 60m J16 inne 6 8.25, 200m J16 inne 3h1 27.61, 60m hekk J16 inne 6 9.59

Bjørklund, Ingrid (14.7.1997)

2013 100m U20 6h2 13.69, 100m J16 6h1 13.21, 1000mR J17-19 7 2:23.32, 60m J16 inne 5h4 8.48, 200m J16 inne 3h4 27.25

Bjørnsen, Vilde Lund (12.4.1996)

2013 100m 7h3 12.90, 200m 4h3 25.89, 400m 7h1 60.01, 1000mR 3 2:13.29, 60m inne 8.06, 4x100mR 4 48.76, 200m U20 4s2 26.12, 400m U20 2h3 59.39, 1000mR U20 1 2:15.99, Lengde uten tilløp U20 2 2.58, 4x100mR U20 DNF, 100m J17 6 12.74, 200m J17 6 25.84, 400m J17 2 58.85, 1000mR J17-19 1 2:14.88

Blom, Veronika (27.10.1990)

2013 5000m 2 16:30.76

Boateng-Gyamfi, Phyllis (30.4.1994)

2013 Lengde 7 5.62, 1000mR 4 2:15.06, Lengde J18/19 1 5.61, 60m hekk J18/19 inne 5 9.16, Lengde J18/19 inne 2 5.30

Bolle, Andrea Enerstad (8.3.1992)

2013 Spyd 4 48.86, Spyd U23 2 47.36

Bolme, Beate Næss (2.2.1998)

2013 100m J15 6 12.96, 200m J15 3h3 27.42

Borge, Martine Eikemo (8.3.1990)

2013 400m 7 55.43, 800m 4 2:06.31, 1000mR 3 2:13.29

Borge, Sigrid (3.12.1995)

2013 Kule 12 10.25, Spyd 9 44.56, Kule U20 6 10.83, Spyd U20 1 49.71, Kule J18/19 2 10.80, Spyd J18/19 1 48.04

Brandt, Nina Katrine (2.11.1985)

2013 200m inne 2 24.69, 400m inne 1h3 57.42

Bratteland, Else (4.10.1998)

2013 800m J15 6 2:27.36, 2000m J15 6 7:00.59, 2km terreng J15 2 7:01

Breilid, Andrea (1.9.1994)

2013 Lengde inne DNS, Tresteg inne 3 11.64, Tresteg J18/19 inne 2 10.96

Breilid, Eline (8.5.1993)

2013 100m 5s2 12.45, 100m hekk 5h1 14.67, Lengde 6 5.79, 1000mR 1 2:09.27, 60m inne 5h1 7.99, 60m hekk inne 5h3 9.13, Lengde inne 5 5.55, 4x200mR inne 2 1:42.76, 7-kamp 3 4.686p, 4x100mR 1 46.77, 4x400mR 1 3:47.53, 100m U23 12.49, 100m hekk U23 5 14.73, Lengde U23 3 5.66, 60m J20-22 inne 4 8.01, 60m hekk J20-22 inne 1 8.95, Lengde J20-22 inne 1 5.66

Breilid, Mari Katrine (5.10.1998)

2013 100m J15 7h3 13.74, 80m hekk J15 5h2 15.07, 4x100mR

J16 2 50.79

Brekke, Helene (13.4.1998)

2013 60m J15 inne 7h1 9.16, 800m J15 inne 9 2:44.82

Bressand, Julie Marie (20.7.1997)

2013 Lengde U20 14q 4.92, Tresteg U20 11 9.97, Lengde J16 14 4.72, Tresteg J16 8 10.15, 60m hekk J16 inne DNFh1, Lengde J16 inne 8 4.50

Bringedal, Anne Britt (19.4.1963)

2013 24 timer ultra 14 51324

Broeck, Naomi van den (BEL) (3.1.1996)

2013 60m inne 4 7.72, Lengde uten tilløp U20 uk 2.53, 100m J17 1 12.08, 200m J17 1 24.32, 100m hekk J17 2 14.29, Lengde J17 3 5.40, 60m J17 inne 1 7.73, 200m J17 inne DNS, Lengde J17 inne 6 4.97, Kule J17 inne 5 9.08

Brubak, Mari Gilde (10.11.1990)

2013 100m 4 12.02, 200m 7 25.26

Bruknapp, Heidi Ann (13.1.1991)

2013 200m inne 3h3 26.92, 400m inne 2h4 59.04

Brunstad, Aimy Helena (12.7.1998)

2013 1000mR J15/16 6 2:26.86, 60m J15 inne 7h4 8.83, Kule J20-22 inne 3 11.48, 4x200mR J15-17 10 1:56.56

Brurås, Jeanett Therese (29.7.1994)

2013 Slegge NM, Slegge U20 5 42.30

Brydøy, Eva (27.9.1972)

2013 Maraton 16 3:50:18

Brødreskift, Frida (29.3.1997)

2013 Slegge J16 3 42.34

Buraas, Marte Sofie (6.10.1996)

2013 3000m J17 12 10:58.54

Busch, Karin (12.7.1992)

2013 100m s2 DNS, 100m hekk 6h2 14.66, 60m inne 7s1 8.23, 60m hekk inne 5h1 9.40, 4x200mR inne 1 1:39.14, 100m U23 6 12.51, 100m hekk U23 6 14.90, Høyde U23 4 1.63, 60m J20-22 inne 6 8.16, 60m hekk J20-22 inne 3 9.23

Busterud, Tyra (11.8.1998)

2013 Diskos J15 9 22.87, Slegge J15 2 30.43

Bye, Eline (25.11.1991)

2013 Kule U23 5 11.95, Kule J20-22 inne 2 11.55

Bye, Martine (20.6.1993)

2013 Høyde 2 1.70, Høyde inne 2 1.70, Kule inne 7 11.08, 7-kamp 4 4.583p, 100m hekk U23 DNF, Høyde U23 2 1.69, Lengde U23 6 5.18, Kule U23 6 11.20, Spyd U23 5 37.98, 60m hekk J20-22 inne 5 9.63, Høyde J20-22 inne 1 1.73

Børke, Linn-Kristine Bloch (5.9.1997)

2013 1500m U20 12 5:07.63, 800m J16 6 2:21.83, 3000m J16 1 10:32.95, 800m J16 inne 9 2:28.94, 1500m J16 inne 6 5:12.28

Børresen, Victoria (3.2.1998)

2013 800m J15 inne 8 2:41.24, 4x200mR J15-17 11 1:59.12, 4x600mR J16 5 7:31.22

Bålsrud, Pia (3.6.1995)

2013 4x100mR 7 51.67, 400m U20 6h4 63.81, 1000mR U20 7 2:25.84, 4x100mR U20 DNF, 1000mR J17-19 8 2:26.43, 200m J18/19 inne 3h3 27.85, 400m J18/19 inne 8 62.35, 4x200mR J18-22 inne 6 1:53.14

Bålsrud, Sara (7.12.1997)

2013 Stav 9 2.90, Stav U20 6 2.90, Stav J16 4 2.71, 1000mR J15/16 8 2:34.94, Stav J16 inne 2 2.70

C

Cederkvist, Astrid Mangen (23.2.1994)

2013 100m 3 11.97, 60m inne 2 7.59, 4x200mR inne 1 1:39.14

Cederløv, Ingrid (20.5.1994)

2013 400m hekk U20 5h1 71.92, 400m hekk J18/19 6 70.62

Christensen, Synne Schjølberg (31.8.1998)

2013 Høyde J15 inne 6 1.45

D

Dahl, Ida Marie (17.12.1985)

2013 2km terreng 10 6.50

Dahl, Julie (18.10.1997)

2013 60m J16 inne 6h1 9.05, 4x200mR J15-17 8 1:53.66

Dahl, Merethe Kopreitan (29.9.1978)

2013 6 km terreng 17 26:56

Dahle, Tove Beate (6.4.1988)

2013 Spyd 1 52.20

Dahle, Vienna Søyland (6.1.1992)

2013 2km terreng 9 6:44, 1500m U23 5 4:50.07, 3000m U23 3 10:18.08

Dale, Elin (8.12.1996)

2013 Høyde J17 =3 1.58, 60m J17 inne 7h2 8.48, Høyde J17 inne 5 1.55

Dammen, Stine (11.1.1995)

2013 Spyd J18/19 9 28.71

Derås, Maja Myrhaugen (7.7.1996)

2013 400m U20 5h3 61.05, 400m hekk U20 4h1 69.02, 400m J17 7 61.02, 300m hekk J17 5 47.84, 1000mR J15/16 9 2:35.27, 1000mR J17-19 DNS, 200m J17 inne 3h3 27.46, 400m J17 inne 7 61.60

Disserud, Silje Nordahl (31.5.1993)

2013 Kule 4 13.30, Kule inne 2 13.22, Kule U23 1 13.40, Kule J20-22 inne 1 12.92

Dolvik, Anne Skudal (21.2.1988)

2013 200m 4 24.72, 400m 8 56.33, 1000mR 2 2:09.34

Drabløs, Ingvild (28.2.1996)

2013 1000mR 8 2:20.01, 400m U20 3h3 59.50, 800m U20 4h1 2:18.25, 1000mR U20 3 2:20.45, 4x400mR U20 1 3:57.03, 4x800mR U20 1 9:17.53, 400m J17 6 60.44, 800m J17 DNF, 1000mR J17-19 3 2:16.38, 400m J17 inne 4 60.11, 800m J17 inne DNF, 4x200mR J15-17 3 1:48.84

Drabløs, Mari (22.6.1998)

2013 400m 4h1 57.40, 800m 6h1 2:16.80, 1000mR 7 2:17.98, 400m U20 4 58.35, 1000mR U20 2 2:16.12, 4x400mR U20 1 3:57.03, 4x800mR U20 1 9:17.53, 800m J15 2 2:13.80, 1000mR J15/16 1 2:14.92, 800m J15 inne 1 2:31.37, 1500m J15 inne 1 5:05.99, 4x200mR J15-17 3 1:48.84, 2km terreng J15 1 6:48, 4x600mR J16 2 6:44.11

Dramstad, Alexandra (5.8.1998)

2013 100m J15 4h1 13.52, 200m J15 8 28.07

Drange, Ane Hanasand (1.8.1995)

2013 Diskos J18/19 5 33.62, Spyd J18/19 4 36.88

Drangsholt, Elin (14.8.1959)

2013 Maraton 8 3:31:27

Drivenes, Elina (5.2.1997)

2013 4x800mR U20 4 9:38.75, 800m J16 inne 8 2:28.09, 200m J16 inne 6 27.52, 4x200mR J15-17 2 1:47.13, 2km terreng J16 9 7:08, 4x100mR J16 3 53.35, 4x600mR J16 1 6:39.29

Dvergsdal, Eli Anne (19.11.1991)

2013 Halvmaraton U23 2 1:31:57

Dybedokken, Aurora Selstad (8.10.1995)

2013 800m 6 2:09.82, 1500m 2 4:23.01, 1000mR 8 2:20.01, 800m inne 5 2:17.24, 1500m inne 5 4:47.31, 400m U20 2h2 59.04, 800m U20 1 2:13.06, 1500m U20 1 4:34.84, 2000m hinder U20 1 6:55.05, 1000mR U20 3 2:20.45, 2km terreng U20 2 6:20, 4x400mR U20 1 3:57.03, 4x800mR U20 1 9:17.53, 3000m J18/19 1 9:47.46, 400m J18/19 2 58.46, 800m J18/19 1 2:10.01, 1000mR J17-19 3 2:16.38, 400m J18/19 inne 3 60.31, 800m J18/19 inne 1 2:13.96, 1500m J18/19 inne 1 4:40.92

Dybvad, Tove (18.12.1964)

2013 Maraton 22 4:26:08

Dyrdal, Solveig (10.11.1998)

2013 4km terreng J15 3 17:55

E

Egge, Karoline Wangensteen (3.2.1997)

2013 4x800mR U20 2 9:34.81, 800m J16 14 2:26.78, 1000mR J17-19 5 2:21.52

Eide, Hanna (14.8.1997)

2013 800m J16 9 2:23.73

Eid, Thelma (20.3.1998)

2013 100m J15 5h3 13.34, Høyde J15 =3 1.54, Lengde J15 11 4.75, Tresteg J15 6 10.34, Høyde J15 inne 2 1.61, Lengde J15 inne 8 4.83

Eide, Mari Lund (15.8.1992)

2013 Høyde J20-22 inne =2 1.50

Eidem, Hanne Overvik (11.2.1998)

2013 60m J15 inne 3h2 8.69, Kule J15 inne 8 9.84

Eikebrokk, Anna (4.4.1997)

2013 Lengde U20 q NM, Tresteg U20 6 11.19, Lengde J16 5 5.05, Tresteg J16 1 11.37, Lengde J16 inne 3 4.86

Eikrem, Sigrid Stoknes (18.8.1998)

2013 60m J15 inne 6h5 8.74, 200m J15 inne 5h1 28.56, Lengde J15 inne 18 4.32

Elders, Josefine (28.6.1998)

2013 Diskos J15 5 31.45, Slegge J15 4 28.29

Elders, Julie (13.7.1994)

2013 Diskos U20 6 30.66, Diskos J18/19 3 35.32

Ellefsen, Sigrid Åtland (23.9.1998)

2013 100m J15 6h2 13.35, 200m J15 6h3 27.73

Ellertsen, Ellen Kristine (24.9.1993)

2013 4x100mR 6 51.29

Ellingsen, Elisabeth (12.5.1997)

2013 100m J16 7h3 13.41, 200m J16 5h1 27.48

Ellingsen, Kaja Lunde (6.1.1998)

2013 4x600mR J16 4 7:20.55

Eltervaag, Ida Elise Nymoen (22.8.1995)

2013 1500m 7 4:33.80, 3000m inne 1 10:42.21, 4x800mR 1 9:26.73, 800m U20 5 2:17.01, 1500m U20 3 4:43.85, 2km terreng U20 4 6:40, 4x400mR U20 2 4:13.50, 4km terreng U20 3 16:43, 800m J18/19 7 2:19.18, 3000m J18/19 3 10:10.01, 400m J18/19 inne 5 60.98, 800m J18/19 inne 3 2:20.23, 1500m J18/19 inne 2 4:42.13

Elvemo, Yngvild (28.5.1990)

2013 400m 6 55.41, 800m 3 2:05.41

Engebretsen, Martine (20.5.1998)

2013 2000m J15 4 6:49.52

Engen, Kjersti (29.10.1988)

2013 2km terreng 15 7:51

Engen, Rebekka (24.8.1996)

2013 Diskos U20 8 28.92, Diskos J17 4 31.35

Engenes, Henriette Fagerli (29.3.1998)

2013 Diskos J15 8 24.00, Spyd J15 7 33.78

Engeset, Kristine Eikrem (15.11.1988)

2013 1500 m inne 1 4:24.25

Engstad, Sara Emilie (24.8.1996)

2013 100m hekk U20 4h1 17.32, 400m hekk U20 4h2 73.26, 100m hekk J17 5h1 16.50, 300m hekk J17 7 48.96, 60m J17 inne 4h1 8.25, 60m hekk inne 5 9.37

Eriksen, Ida Elise (31.12.1996)

2013 800m U20 8h2 2:39.45, 1500m U20 DNF, 4x400mR U20 2 4:13.50, 4x800mR U20 5 10:02.17, 800m J17 inne 5 2:25.08, 1500 J17 inne 5 4:57.87, 2km terreng J17 8 6:48

Erlingsdottir, Agnes (ISL) (17.6.1990)

2013 400m 5h2 57.95, 400m hekk 5 65.00, 400m inne 4h4 60.18

Etholm, Grete (25.1.1976)

2013 Kule 6 11.91, Diskos 1 51.48

Evensen, Marianne (26.9.1996)

2013 100m U20 5s3 13.12, 200m U20 6 26.81, 100m J17 5 12.69, 200m J17 3 25.45, 200m J17 inne 2h1 26.63, 400m J17 inne 9 62.71, 4x200mR J18-22 inne 1 1:44.18

Evensen, Nora (30.4.1998)

2013 100m J15 4h3 13.20, 80m hekk J15 5 12.36, 7-kamp J15 2 3.862p

F

Falch, Runa Skrove (23.6.1990)

2013 10000m 1 35:18.60

Falk, Therese (5.8.1975)

2013 Maraton 6 3:22:29

Falkanger, Julie Bertheussen (15.5.1991)

2013 200m 4h2 25.61, 400m 4h3 57.86, 1000mR 10 2;21.82, 200m inne 2h2 25.98, 400m inne 2h5 55.95, 800 m inne 8 2:20.66, 4x100mR 3 48.33, 4x400mR 2 3:49.93, 200m U23 4 25.81, 400m U23 2 58.33

Fallsen, Katarina (3.4.1996)

2013 1000mR J17-19 DNS, Kule J17 inne 7 8.43

Farsund, Borghild Hvesser (27.12.1997)

2013 Høyde U20 =8 1.50, 80m hekk J16 6 12.83, Høyde J16 7 1.46, Høyde J16 inne 3 1.55

Fillingsnes, Ida (30.6.1990)

2013 800m 7 2:11.13, 800 m inne 2 2:20.12

Finne, Karoline (24.2.1993)

2013 1500m 5 4:29.94, 1500m U23 3 4:38.74

Fjellanger, Kristine (6.12.1992)

2013 6 km terreng 8 25:05

Fjellestad, Malene (20.3.1997)

2013 3000m J16 9 11:40.90, 800m J16 inne 17 2:36.09, 4x600mR J16 5 7:31.22

Fjordheim, Kjellaug (13.10.1955)

2013 Halvmaraton 12 1:52:30

Flaglien, Charlotte (24.12.1998)

2013 300m hekk J15 8 49.64

Flataker, Patricia Viviana Alme (1.12.1985)

2013 Motbakke 4 2:23.11, Halvmaraton 14 2:13:05

Fleischer, Caroline (26.10.1996)

2013 400m hekk 5h1 65.24, Høyde 5 1.65, Lengde 6k1 5.28, Høyde U20 3 1.66, Lengde U20 4 5.42, J17 5 59.91, 800m J17 6 2:18.27, 100m hekk J17 4 15.15, 300m hekk J17 3 45.84, Høyde J17 1 1.68, Lengde J17 4 5.24, 60m hekk inne 4 9.17, Høyde J17 inne 1 1.65, Lengde J17 inne 2 5.17, Tresteg J17 inne 4 11.17, 7-kamp J17 2 4.441p

Florvaag, Tonje (21.11.1994)

2013 Stav U20 8 2.50, Stav J18/19 5 2.51, 1000mR J17-19 9 2:26.54, Stav J18/19 inne NM

Fløan, Tuva Engstrøm (30.11.1997)

2013 4x200mR J15-17 9 1:55.68

Foosnæs, Gunnbjörg (12.6.1991)

2013 Slegge U23 5 33.53

Forbord, Torill (10.1.1966)

2013 Maraton 19 4:01:08

Forseth, Helle Marie (17.7.1998)

2013 60m J15 inne 7s2 8.65

Foss, Caroline Høistad (16.8.1998)

2013 800m J15 10 2:28.37

Foss, Dorte (14.11.1967)

2013 Maraton 5 3:19:48

Foss, Henriette (25.11.1998)

2013 Stav J15 4 2.56

Fosse, Eline Sandnes (2.2.1998)

2013 800m J15 inne 5 2:37.65, 1500m J15 inne 5 5:29.68

Fostvedt, Marie (3.11.1996)

2013 4x100mR 6 51.29, 4x100mR U20 4 52.95, 100m J17 3h2 12.92, 200m J17 4h1 26.61, 1000mR J17-19 10 2:27.26, 60m J17 inne 3h3 8.18, 200m J17 inne 2h2 26.64

Fransson, Katarina Emilia (4.11.1991)

2013 Spyd 6 47.98, Spyd U23 1 48.57

Fredbo, Connie (21.9.1998)

2013 100m J15 7 13.03, Lengde J15 7 4.98

Fredriksen, Ingerid (6.2.1995)

2013 4km terreng U20 4 16:57

Fredriksen, Solveig (16.12.1992)

2013 Diskos 4 46.95, Slegge 6 52.14, Kule U23 4 12.08, Diskos U23 1 46.88, Slegge U23 3 50.25

Fresvik, Kjersti (9.2.1992)

2013 3000m U23 5 10:42.33

Frydenlund, Synne (2.5.1997)

2013 60m J16 inne 7s1 8.41, 200m J16 inne 3h2 27.70

Frømyhr, Lene Juel (18.4.1996)

2013 Kule J17 8 9.42, Diskos J17 3 32.16

Frøyenes, Amanlie Marie Grefstad (13.9.1998)

2013 1000mR 11 2:25.54, 200m J15 8h3 28.71, 1000mR J15/16 5 2:25.20, 200m J15 inne 5h2 28.30, Høyde J15 inne 3 1.58, Lengde J15 inne 14 4.50, 4x200mR J15-17 6 1:52.13

Frøysedal, Inger Anne (25.4.1989)

2013 Tresteg 1 12.95, Lengde inne DNS, Tresteg inne DNS

Færø, Bertine-Helene (27.12.1992)

2013 2km terreng 8 6:37, 3000m U23 DNF

Følling, Marianne (10.9.1962)

2013 Maraton 7 3:23:15, 24 timer ultra 5 165831

Førre, Anna Sofie (9.1.1996)

2013 60m inne 7h5 8.39, 200m inne 4h3 27.12, 4x200mR inne DQ, 400m U20 3h2 59.87, 4x800mR U20 2 9:34.81, 400m J17 4 59.58, 800m J17 7 2:18.30, 1000mR J17-19 5 2:21.52, 200m J17 inne 3h2 26.76, 400m J17 inne 6 60.68, 4x200mR J15-17 5 1:51.87

G

Gaupset, Lise (2.2.1994)

2013 400m inne 4h5 61.71, 400m J18/19 inne 7 62.27

Gaustad, Julie (30.5.1996)

2013 Tresteg 8 11.46, Lengde U20 9 5.08, Tresteg U20 3 11.69, Lengde J17 6 4.93, Tresteg J17 3 11.74, Lengde J17 inne 10 4.57, Tresteg J17 inne 2 11.48

Gjerde, Hedvig Røsberg (8.1.1986)

2013 2km terreng 13 7:21

Gjerde, Line (13.3.1994)

2013 60m inne 6s2 7.89, 60m hekk inne 7 8.99, 4x100mR U20 1 48.42

Gjerdengen, Lovise (25.2.1996)

2013 Spyd J17 3 35.50

Gjesbakk, Vilde (3.6.1996)

2013 100m 7s2 12.72, 200m 7h2 27.05, 60m inne 7s1 8.06, 100m U20 4s1 12.77, 100m J17 8 12.87, 200m J17 3h3 26.42, 60m J17 inne 2 7.88, 200m J17 inne 26.23

Gloppestad, Christine (6.10.1997)

2013 200m J16 5h2 27.41, 1000mR J15/16 4 2:22.52

Govassmark, Mia (5.5.1994)

2013 4km terreng U20 6 17:59

Gran, Ida (30.8.1997)

2013 800m J16 inne DNF

Grannes, Amalie Våge (6.10.1997)

2013 Slegge J16 6 32.13

Grasmo, Charlotte (27.2.1996)

2013 4x100mR 7 51.67, 4x100mR U20 DNF, 100m J17 6h1 13.44, 1000mR J17-19 8 2:26.43, 60m J17 inne 5h2 8.33, 4x200mR J18-22 inne 6 1:53.14

Gravningen, Elise (4.1.1998)

2013 Kule J15 3 11.36, Diskos J15 4 32.62, Slegge J15 5 27.88, Kule J15 inne 3 11.12

Gregor, Malin Vik (22.7.1995)

2013 Stav inne 5 3.50, Stav J18/19 inne =2 3.60

Greiff, Josefin (16.5.1998)

2013 2000m kappgang J15 1 10:51.51, Slegge J15 6 26.14, Spyd J15 NM, 1500m kappgang J15 inne 1 8:09.72

Greiff, Linnea (16.5.1998)

2013 Slegge J15 9 22.19, Spyd J15 3 38.09, 1000mR J15/16 5 2:25.20, 7-kamp J15 4 2.702p

Grimstad, Helena (???.???)

2013 4x400mR U20 DNS

Grimstad, Renate (18.7.1992)

2013 100m hekk 7h2 14.72, Lengde NMq2, 60m hekk inne 3h1 9.06, 100m hekk U23 4 14.69, Lengde U23 4 5.28, 60m J20-22 inne 5 8.15, 60m hekk J20-22 inne 2 8.96, Lengde J20-22 inne 2 5.38

Grindberg, Martine (13.11.1996)

2013 4km terreng J17 6 16:56

Grindberg, Mona (14.4.1973)

2013 6 km terreng 18 27:08

Grønneberg, Alvide (5.1.1992)

2013 100m 5s1 12.35, 200m 3h1 25.42, 100m U23 4 12.55, 200m U23 5 26.21, 60m J20-22 inne 2 7.81, 200m J20-22 inne 4 26.76, Kule J20-22 inne DNS, 4x200mR J18-22 inne 2 1:44.56

Grønnhaug, Stine Marie (2.10.1992)

2013 4x200mR J18-22 inne 1 1:44.18

Grønntun, Likris Eikum (20.5.1937)

2013 Maraton 25 5:00:16, 24 timer ultra 13 127739

Grøterud, Emilie Fossumstuen (1.4.1997)

2013 800m U20 6h1 2:24.11, 1500m U20 10 5:03.93, 800m J16 13 2:26.07, 3000m J16 4 10:55.57, 1500m hinder J16 4 5:14.49, 1000mR J15/16 9 2:35.27, 800m J16 inne 11 2:31.75, 1500m J16 inne 5 5:02.85, 2km terreng J16 8 7:07

Grøtteland, Live Margrethe (26.9.1998)

2013 4x600mR J16 3 7:12.90

Grøvdal, Karoline Bjerkeli (14.6.1990)

2013 1500m 1 4:18.90

Gundersen, Kristine (25.2.1997)

2013 Terrengstafett 1 25:28, 800m U20 7 2:17.98, 1500m U20 5 4:54.25, 1000mR U20 4 2:20.79, 800m J16 2 2:18.01, 3000m J16 6 11:05.51, 1500m hinder J16 5 5:18.34, 300m hekk J16 5 47.40, 1000mR J15/16 3 2:22.43, 800m J16 inne 3 2:22.69, 1500m J16 inne 2 4:57.72, 4x200mR J15-17 4 1:51.60, 2km terreng J16 2 6:38

Gustavsen, Heidi (10.5.1998)

2013 Lengde J15 5 5.19, Tresteg J15 2 10.76, 60m J15 inne 5h3 8.71, Lengde J15 inne 4 5.02

Gaarder, Vilde (2.7.1996)

2013 400m U20 4h2 60.80, 800m U20 4h3 2:17.89, 800m J17 3 2:15.18, 3000m J17 5 10:24.46

H

Hagen, Anette Brocks (9.6.1988)

2013 2km terreng DNF, 6 km terreng 4 24:15

Hagle, Marie (17.2.1987)

2013 60m inne 8 7.89, 60m hekk inne 2 8.43

Halvorsen, Jenny (17.12.1998)

2013 1000mR J15/16 6 2:26.86

Halvorsen, Tonje (26.6.1991)

2013 Spyd 12 36.51

Hansen, Ida Bakke (7.1.1993)

2013 100m 5 12.04, 200m 3 24.52, 100m hekk finale DNF, 200m inne DNS, 4x100mR 5 49.42, 4x400mR 3 3:58.48, 100m U23 2 12.39, 200m U23 2 24.87, 100m hekk U23 2 14.32

Hansen, Karoline B.N. (1.9.1991)

2013 200m J20-22 inne 5 27.44, 400m J20-22 inne 6 63.45, 4x200mR J18-22 inne 2 1:44.56

Hansen, Lena Marie (18.1.1993)

2013 Spyd 8 46.17

Hansen, Mari Cecilie (9.11.1995)

2013 Lengde J18/19 7 4.94, Tresteg J18/19 4 10.78, 60m J18/19 inne 7h4 8.56, 200m J18/19 inne 4h3 28.08, Lengde J18/19 inne 9 4.72, Tresteg J18/19 inne 3 10.86

Hanssen, Ragnhild (25.12.1994)

2013 Maraton 4 3:18:34

Harneshaug, Marit Liebe (12.2.1993)

2013 400m J20-22 inne 8 68.31, 800m J20-22 inne 3 2:48.30

Harris, Cathrine (30.9.1998)

2013 60m J15 inne DNSh2, 60m hekk J15 inne 4h1 9.93, Lengde J15 inne 9 4.71

Harris-Christensen Elisabeth (18.10.1996)

2013 1500m U20 8 4:57.17, 4x800mR U20 2 9:34.81, 800m J17 13 2:23.57, 3000m J17 11 10:45.82, 800m J17 inne 6 2:27.60, 1500 J17 inne 7 5:07.94, 4x200mR J15-17 5 1:51.87, 2km terreng J17 9 6:49, 4km terreng J17 5 16:27

Haslie, Marit (2.8.1993)

2013 6 km terreng 9 25:10

Hauan, Rikke (20.1.1998)

2013 100m U20 4h4 13.43, Tresteg U20 10 10.02, 100m J15 8 13.06, 200m J15 4h1 27.61, Tresteg J15 3 10.71, 60m J15 inne 4 8.19, 200m J15 inne 6 27.73

Hauen, Maren Hansen Møllerud (5.7.1997)

2013 2km terreng J16 14 7:33

Hauge, Benedikte (19.1.1989)

2013 200m 6 25.10, 400m 5 55.21, 400m hekk finale DNF, 1000mR 1 2:09.27, 400m inne 4 56.12, 800 m inne DNF, 4x200mR inne 2 1:42.76, 4x100mR 1 46.77, 4x400mR 1 3:47.53

Haugen, Lisa Sørstrand (17.2.1996)

2013 60m J17 inne 5h3 8.29, Lengde J17 inne 9 4.62, Tresteg J17 inne 6 10.25

Haugland, Vilde (14.8.1996)

2013 200m J17 7h2 28.32, 400m J17 12 64.74, 1000mR J17-19 6 2:22.74

Haugstulen, Katrine (26.6.1995)

2013 Lengde J18/19 inne 11 4.61, Tresteg J18/19 inne 6 9.95

Haukeland, Iselin (30.8.1998)

2013 1500m kappgang J15 inne 3 10:30.73

Heen, Oshin (2.1.1994)

2013 Kule J18/19 3 10.79, Kule J18/19 inne DNS

Heijer, Tessa den (NED) (27.2.1996)

2013 800m J17 5 2:17.35, 3000m J17 2 10:08.42, 2km terreng J17 6 6:42, 4km terreng J17 7 17:01

Heiland, Karoline Saur (26.2.1995)

2013 100m J18/19 6h3 14.14, 200m J18/19 6h3 29.55, 200m J18/19 inne 5h3 29.71, 400m J18/19 inne 15 69.33, 4x200mR J18-22 inne 5 1:52.89

Helgesen, Irene Høvik (29.5.1985)

2013 400m 4h2 56.04, 1000mR 5 2:15.18

Helgheim, Merete (19.9.1980)
2013 3000m kappgang 1 14:19.62, Motbakke 2 1:28.02

Hellandsjø, Karen Lund (9.12.1997)
2013 60m J16 inne 7h2 9.32, 4x200mR J15-17 12 1:59.69

Helle, Kristine (29.3.1994)
2013 3000m U20 1 9:57.26, 2000m hinder U20 2 7:02.99, 2km terreng U20 3 6:24, 1500m J18/19 inne 3 4:45.02

Hellerud, Sarah Døhl (19.3.1997)
2013 4x100mR 6 51.29, 4x100mR U20 4 52.95

Herud, Mari Jahren (15.12.1997)
2013 800m J16 inne 18 2:38.80

Heskestad, Helene (1.4.1995)
2013 400m J18/19 inne 14 68.12, 4x200mR J15-17 9 1:55.68

Hestmark, Heidi (12.1.1986)
2013 6 km terreng DNF

Hetland, Solveig (30.8.1998)
2013 4x600mR J16 3 7:12.90

Hevrøy, Thyra (13.8.1997)
2013 1500m U20 14 5:14.10, 4x800mR U20 4 9:38.75, 800m J16 10 2:23.79, 1500m hinder J16 3 5:14.25, 1500m J16 inne DNF, 2km terreng J16 4 6:50, 4x100mR J16 3 53.35, 4km terreng J16 3 16:24

Hilstad, Thea Karoline Mangseth (26.4.1998)
2013 Stav J15 6 2.31, 60m J15 inne 5h2 9.36, Høyde J15 inne 10 1.40, Stav J15 inne =2 2.30

Hjemdal, Ingeborg (15.12.1996)
2013 100m J17 5h3 13.45, 200m J17 6h2 27.82, 400m J17 9 61.26

Hodne, Anne Jorunn (16.2.1984)
2013 3000m inne 3 10:42.77

Hodt, Ane Bakken (14.6.1995)
2013 400m 6h1 59.30, 800m 6h2 2:15.66, 400m U20 3h1 59.12, 800m U20 6 2:17.15, 4x800mR U20 3 9:38.69, 400m J18/19 4 59.95, 800m J18/19 3 2:13.09

Hodt, June Bakken (14.6.1995)
2013 400m U20 6h3 61.25, 800m U20 8 2:19.50, 4x800mR U20 3 9:38.69, 400m J18/19 6 60.41, 800m J18/19 5 2:16.61

Hoel, Marie Ling (29.3.1998)
2013 800m J15 12 2:34.46, 2000m J15 10 7:24.88, Stav J15 8 1.91

Hoel, Vanessa Sunde (23.12.1996)
2013 Kule U20 2 12.22, Kule J17 1 13.29

Hoff, Anne Xiu Heide (23.10.1996)
2013 4x800mR 2 10:16.31

Hofset, Jorunn Vaagan (1.7.1991)
2013 200m 6h1 26.07, 400m 5h1 49.22, 1000mR 10 2:21.82, 200m inne 2h1 25.99, Lengde inne 13 4.81, Høyde uten tilløp 2 1.25, Lengde uten tilløp 3 2.59, 7-kamp 5 3.763p, 4x100mR 3 48.33, 4x400mR 2 3:49.93, 200m U23 6 26.50, Lengde U23 7 4.83

Hofstad, Cecilie (22.8.1992)
2013 400m U23 5 62.53, 400m J20-22 inne 4 60.76, 800m J20-22 inne 2 2:27.95

Hofstad Helene (12.2.1991)
2013 Slegge 10 42.14, Slegge U23 4 37.66, 1000mR U23 1 2:15.02

Hofstad, Terese (14.4.1995)
2013 200m J18/19 6h2 28.28, 400m J18/19 10 64.13, 200m J18/19 inne 6 28.15, 400m J18/19 inne 10 63.48

Hoftun, Eline Felicia Köping (2.11.1996)
2013 4x100mR U20 4 52.95, 400m J17 10 63.82, 800m J17 16 2:30.52, 1000mR J17-19 10 2:27.26

Hognestad, Mari (17.10.1998)

2013 2km terreng J15 6 7:56

Holm, Karin Sofie (29.7.1978)
2013 Kule 10 10.70, Diskos 10 36.68

Holme, Cathrine (12.12.1969)
2013 24 timer ultra 9 133770

Holmenes, Sofie (13.3.1996)
2013 4x100mR 6 51.29, 400m U20 5h4 63.54, 4x100mR U20 4 52.95, 400m J17 11 63.85, 800m J17 8 2:20.14, 1000mR J17-19 10 2:27.26, 200m J17 inne 4h1 27.97, 400m J17 inne 8 62.31

Holmgren, Cecilie (6.7.1977)
2013 24 timer ultra 3 193008

Holst, Kristine (15.4.1996)
2013 4x800mR 1 9:26.73, 4x400mR U20 2 4:13.50, 800m J17 inne 4 2:24.30, 1500 J17 inne 4 4:53.21, 2km terreng J17 4 6:33, 4km terreng J17 DNF

Holst, Marit (24.12.1997)
2013 60m J16 inne 6s2 8.36, 200m J16 inne 1h4 27.02

Holst, Vigdis Bringedal (29.11.1969)
2013 5000m 7 17:52.53, 2km terreng 5 6:22, 4x800mR 1 9:26.73, 6 km terreng 3 24:07

Holten, Vilde Indseth (22.1.1997)
2013 Diskos J16 2 35.97

Holthe, Julie Thue (5.1.1998)
2013 100m J15 6h3 13.64, 200m J15 5h2 27.71, Tresteg J15 10 9.73, 1000mR J15/16 7 2:31.51, 4x600mR J16 2 6:44.11

Holtskog, Ida (24.11.1996)
2013 800m J17 9 2:20.89, 800m J17 inne 3 2:19.25, 1500 J17 inne 6 5:05.70, 2km terreng J17 2 6:27

Hopland, Christine Ellefsen (1.3.1997)
2013 4km terreng J16 2 16:18

Hornes, Hedda Hauge (22.6.1998)
2013 100m J15 4h2 13.18, 200m J15 5 26.81, 1000mR J15/16 4 2:22.52, 60m J15 inne 8s2 8.67, 200m J15 inne 4h1 27.61, 4x200mR J15-17 3 1:48.84

Hovden, Ingrid Slettemark (4.11.1997)
2013 1000mR J17-19 10 2:27.26

Hoven. Sigrid Setsaas (20.4.1997)
2013 2000m kappgang J16 11:33.11, Lengde J16 10 4.78, Kule J16 8 9.36, Slegge J16 7 31.41, Spyd J16 3 37.53, 1500m kappgang J16 inne 1 8:52.04, 7-kamp J16 3 3.489p

Hundhammer, Marte Hjortland (14.6.1996)
2013 2km terreng J17 11 6:58, 4km terreng J17 8 17:19

Hundseid, Anita (6.2.1997)
2013 4x800mR U20 1 9:17.53, 100m J16 7h1 13.29, 800m J16 7 2:22.01, 1000mR J15/16 4 2:22.52, 800m J16 inne 13 2:31.80, 4x200mR J15-17 3 1:48.84, 2km terreng J16 12 7:24, 4x600mR J16 2 6:44.11

Husby, Marianne (23.10.1994)
2013 Tresteg J18/19 inne 5 10.08, Kule J18/19 inne 3 10.37

Huse, Live (14.8.1997)
2013 4x200mR J15-17 9 1:55.68

Hynne, Hedda (13.3.1990)
2013 400m 4 54.84, 800m 2 2:05.11

Høgåsen, Audhild (12.3.1995)
2013 100m U20 DNSh1, 200m U20 6h4 28.17, Høyde U20 7 1.50, 200m J18/19 4h2 27.51, 400m J18/19 9 62.15, Høyde J18/19 2 1.64, 1000mR J17-19 7 2:23.32, 60m J18/19 inne 4h1 8.40, 200m J18/19 inne 4h2 27.66, Høyde J18/19 inne 6 1.45

Høgåsen, Solveig (11.5.1997)
2013 200m J16 6h2 28.16, Høyde J16 5 1.46

Höhner, Kathrin (1.1.1970)
2013 6 km terreng 12 25:49

Høie, Ina (1.1.1998)

2013 2000m J15 7 7:02.35

Høystad, Karen (12.8.1998)

2013 100m J15 7h1 13.76, 200m J15 7h3 27.92, Høyde J15 =3 1.54, 60m J15 inne 5h1 8.72, 200m J15 inne 3h2 27.89, Høyde J15 inne 5 1.55

Håkegård, Cecilia Johanne Carneiro (7.12.1994)

2013 100m 5h3 12.75, Lengde 11 5.17, 1000mR 9 2:21.10, 60m inne 4h1 8.01, Lengde inne 14 4.79, 100m U20 6 12.69, 200m U20 4h1 26.59, 1000mR U20 4 2:20.79, 100m J18/19 4 12.43, 200m J18/19 4 25.71, Lengde J18/19 5 5.27, 1000mR J17-19 4 2:19.90, 60m J18/19 inne 5 7.98, Lengde J18/19 inne 4 5.14, 4x200mR J18-22 inne 3 1:46.23

Håkenåsen, Marte Kristine (6.3.1997)

2013 200m J16 inne 4h2 27.89, 800m J16 inne 14 2:32.43, Lengde J16 inne 15 4.31

Haarklau, Katrine (21.2.1991)

2013 Stav 2 4.10, Kule 7 11.67, 1000mR 2 2:09.34, 100m hekk U23 3 14.65, Stav U23 1 3.80, Kule U23 2 13.15, 1000mR U23 1 2:15.02

Håskjold, Julie Andrea (3.8.1993)

2013 4x100mR 3 48.33, 4x400mR 2 3:49.93, 60m J20-22 inne 3 7.97, 200m J20-22 inne 3 25.77

Håvardstun, Wendel Marie (5.6.1998)

2013 100m 7h1 12.99, Lengde 12 5.10, 100m U20 6s1 13.27, Lengde U20 17q 4.77, 100m J15 5 12.83, 80m hekk J15 2 11.98, Lengde J15 6 5.14, 60m J15 inne 5 8.28, 60m hekk J15 inne 3 9.38, Lengde J15 inne 12 4.50

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Ingvaldsen, Helene Sofie (22.6.1996)

2013 Diskos 8 37.24, Slegge 4 55.47, Kule U20 4 11.69, Diskos U20 2 39.95, Slegge U20 1 54.66, Kule J17 2 13.11, Diskos J17 2 36.66, Slegge J17 1 60.13

Irgens, Hanne Berit (27.6.1994)

2013 Høyde U20 =8 1.50, 4x100mR U20 3 51.83, 100m J18/19 6h1 13.28, Høyde J18/19 3 1.58, 1000mR J17-19 9 2:26.54, 60m J18/19 inne 8s2 8.41, Høyde J18/19 inne 2 1.61

Isachsen, Kristin (6.9.1956)

2013 Maraton 17 3:52:05

Isaksen, Rebekka (18.2.1998)

2013 Stav J15 2 2.71

Isane Elin (18.4.1975)

2013 Diskos 2 50.00

Isene, Berit Stunes (15.1.1998)

2013 Kule U20 8 10.63, Diskos U20 7 28.97, Kule J15 2 11.77, Diskos J15 1 37.90, Kule J15 inne 1 12.70

Iuel, Amalie Hammild (DEN) (17.4.1994)

2013 400m hekk U20 1 62.96, Høyde U20 5 1.60, 1000mR U20 2 2:16.12

J

Jacobsen, Astrid Urenholdt (22.1.1987)

2013 5000m 3 16:40.09

Jacobsen, Desirée (17.8.1997)

2013 Diskos J16 3 31.25

Jacobsen, Emma Kristina Bergstad (29.7.1998)

2013 60m J15 inne 6h1 8.74, Lengde J15 inne 20 4.16, 4x200mR J15-17 12 1:59.69

Jaidi, Mona Ekroll (1.2.1995)

2013 Kule 11 10.43, Diskos 5 44.15, Slegge 8 47.75, Spyd 10 43.89, Kule inne 5 11.44, Kule U20 3 11.90, Diskos U20 1 42.38, Slegge U20 3 47.75, Spyd U20 4 48.97, Kule J18/19 1 11.93, Diskos J18/19 1 43.01, Slegge J18/19 1 47.71, Spyd J18/19 2 47.82

Jakobsen, Anna Bogunovic (19.3.1993)

2013 400m hekk 7h1 65.68, 400m hekk U23 3 68.09

Jakobsen, Maija Johanne (28.4.1994)

2013 Stav J18/19 4 2.71, Stav J18/19 inne 5 2.80, Lengde J18/19 inne 10 4.70

Jansson, Johanna Sofie K. (25.10.1997)

2013 800m U20 5h1 2:22.43, 1500m U20 6 5:54.53, 1000mR U20 6 2:25.44, 800m J16 DNSh2, 1500m hinder J16 6 5:18.40, 1000mR J15/16 3 2:22.43, 800m J16 inne 1 2:20.89, 1500m J16 inne DNF

Jekthammer, Kristina (3.1.1995)

2013 60m J18/19 inne 6h4 8.45, 200m J18/19 inne 5h2 27.70, 4x200mR J18-22 inne 5 1:52.89

Jensen, Christine Bjelland (16.6.1994)

2013 100m 7 12.19, 200m 5 25.04, 1000mR 2 2:09.34, 60m inne 7 7.88, 200m inne 3 25.25, 100m U20 1 12.08, 200m U20 2 24.41, 1000mR U20 1 2:15.02, 100m J18/19 1 12.40, 200m J18/19 1 24.36, 60m J18/19 inne 1 7.83, 200m J18/19 inne 1 24.85

Jensen, Maria Børstad (12.12.1994)

2013 Spyd 2 51.86, Spyd U20 2 49.48, Spyd J18/19 3 44.90

Jensen, Sara Dorothea (15.3.1996)

2013 100m 8h4 13.06, 400m 3h3 56.64, 400m U20 2 57.59, 100m J17 4h1 13.06, 200m J17 4h2 26.80, 400m J17 1 58.11, 200m J17 inne 4h2 27.18, 400m J17 inne 3 59.97

Jermstad, Marte Maria Doeven (1.3.1994)

2013 400m hekk 6h1 65.49, 1000mR 9 2:21.10, 60m inne 5h3 8.15, Lengde inne 11 4.94, 100m U20 4h2 13.07, 400m hekk U20 3h2 67.07, 1000mR U20 4 2:20.79, 400m hekk J18/19 DNS, 60m J18/19 inne 7 8.13, Lengde J18/19 inne 8 4.73, 4x200mR J18-22 inne 3 1:46.23

Jerstad, Ester Djuve (23.9.1997)

2013 400m U20 5 60.03

Johannessen, Randi Victoria Vik (28.3.1996)

2013 100m 6h2 12.92, 60m inne 5h5 8.08, 100m J17 DQh3, 200m J17 5h2 26.91, 200m J18/19 inne 2h3 27.30, 400m J18/19 inne 11 64.20, 4x200mR J18-22 inne 4 1:48.01, 60m J17 inne 6 8.13, 200m J17 inne 4h3 27.52

Johansen, Hilde (24.1.1973)

2013 Maraton 15 3:48:15, 24 timer ultra 2 195533

Johansen, Ingrid Næss (10.8.1997)

2013 3000m inne 4 11:00.94, 3000m U20 5 11:37.05, 2000m hinder U20 6 8:01.91, 3000m J16 7 11:13.65, 1500m J16 inne 4 5:01.74, 2km terreng J16 1 6:37, 4x600mR J16 1 6:39.29, 4km terreng J16 7 17:38

Johansen, Irene (5.3.1996)

2013 1500m 10 4:38.01, 800 m U20 DNS, 1500m U20 DNF

Johansen, Karoline Weea (7.11.1997)

2013 Stav 8 3.00, Lengde 10 5.21, Tresteg 13 10.21, 100m U20 5h2 13.42, Stav U20 4 3.30, Lengde U20 9 5.08, Tresteg U20 8 10.91, Diskos U20 5 31.02, Slegge U20 6 35.52, 100m J16 8 13.12, 200m J16 7 27.03, 80m hekk J16 4 12.51, 300m hekk J16 2 45.94, Stav J16 1 3.11, Lengde J16 1 5.38, Tresteg J16 6 10.52, Kule J16 6 10.81, Slegge J16 4 41.73, Spyd J16 NM, 1000mR J17-19 DNS, 60m J16 inne 8s2 8.38, 60m hekk J16 inne 5 9.41, Høyde J16 inne 7 1.45, Stav J16 inne 1 3.00, Lengde J16 inne 1 5.12, Kule J16 inne 6 9.46, 7-kamp J16 2 4.160p

Johansen, Mia Erika Fagerlund (1.7.1997)

2013 100m J16 5 13.20, Lengde J16 3 5.20, Kule J16 7 10.31, Spyd J16 2 37.71, 60m J16 inne 5s2 8.35, 200m J16 inne 4h4 27.68, Lengde J16 inne 4 4.78, Kule J16 inne 2 11.50

Johansson, Line Myrestøl (9.2.1998)

2013 100m J15 6h1 13.75, Høyde J15 1 1.62, 60m J15 inne 5h5 8.69, 60m hekk J15 inne 5h1 10.22, Høyde J15 inne 4 1.58, 7-kamp J15 3 3.836p

Johnsen, Julie Heiervang (25.7.1996)

2013 [Spyd U20 7 36.23](#), [Kule J17 7 10.20](#), [Spyd J17 4 34.54](#), [Kule J17 inne 4 9.16](#)

Johnsen, Nathalie O. (2.7.1998)

2013 60m inne 5h1 8.02, 200m inne 3h6 26.09, [Lengde inne 6 5.40](#), [Tresteg inne 7 10.58](#), [Lengde uten tilløp U20 4 2.48](#), [100m J15 3 12.41](#), [Lengde J15 4 5.20](#), 60m J15 inne 3 8.03, 200m J15 inne 2 25.96, [Lengde J15 inne 1 5.48](#)

Jonassen, Pauline Mørch (28.9.1998)

2013 [100m J15 5h2 13.28](#), [200m J15 4h2 27.47](#)

Jordalen, Gro (13.3.1985)

2013 Halvmaraton 4 1:28:42

Jørgenrud, Marit (23.4.1995)

2013 [Kule U20 10 9.50](#), [Slegge U20 7 32.61](#), [Kule J18/19 5 10.48](#), [Diskos J18/19 6 28.05](#), [Slegge J18/19 4 30.96](#), [4x200mR J18-22 inne 2 1:44.56](#)

Jørgensen, Marte (16.1.1993)

2013 100m 6s1 12.42, [100m U23 5 12.61](#), [200m U23 3 25.60](#)

Jøsendal, Karen Johanne (6.6.1994)

2013 [800m U20 5h3 2:21.00](#)

K

Kahrs, Katharina (GER) (20.1.1985)

2013 1500m 11 4:39.62, 6 km terreng 6 24:39

Kallekleiv, Malin (30.4.1993)

2013 [Kule J20-22 inne 4 8.58](#)

Kaltenborn, Jenny Feren (21.1.1996)

2013 [1000mR J17-19 7 2:23.32](#)

Kamsvåg, Ane (11.2.1997)

2013 [Lengde J16 19 4.32](#), [Tresteg J16 7 10.62](#), [Stav J16 inne 4 2.30](#), [Lengde J16 inne 17 4.15](#)

Karlsen, Marit Anita (26.9.1980)

2013 6 km terreng 14 26:03

Karlsen, Sonja (3.1.1997)

2013 60m J16 inne 6h3 8.82, [4x200mR J15-17 10 1:56.56](#)

Karlsen, Vilde Øien (8.11.1998)

2013 [3000m kappgang U20 1 17:41.70](#), [2000m kappgang J15 2 10:54.08](#)

Kaspersen, Andrea (20.2.1997)

2013 [4x100mR J16 2 50.79](#)

Kjerpeset, Kristi Strømmen (13.1.1998)

2013 100m 7h4 12.99, 100m hekk 6 14.35, 60m inne 8s2 7.97, 60m hekk inne 9.70, [100m hekk U20 2 14.54](#), [80m hekk J15 1 11.30](#), [300m hekk J15 1 45.06](#), [Lengde J15 NM](#), 60m J15 inne 5s2 8.38, 60m hekk J15 inne 1 8.81, [Lengde J15 inne 2 5.28](#)

Kjerstad, Randi Lovise (23.6.1988)

2013 100m 5h2 12.88, 200m 5h1 25.89, [1000mR 4 2:15.06](#), 60m inne 4h4 7.96, 200m inne 2h4 25.61

Kloster, Line (27.2.1990)

2013 200m 1 23.72, 400m 1 53.41, 400m inne 1 54.61, [4x200mR inne 1 1:39.14](#)

Kogstad Finnestad, Mari (7.4.1989)

2013 5000m 11 36.59, [Kule 9 11.14](#)

Kollstad, Veslemøy (14.5.1997)

2013 60m inne 6h3 8.24, 200m inne 4h4 27.65, 60m hekk inne 7h3 10.21, [Lengde inne 16 4.31](#), [Lengde uten tilløp 5 2.14](#), [100m U20 4h6 13.41](#), [200m U20 4h3 26.89](#), [Lengde U20 16q 4.77](#), [4x100mR U20 2 48.48](#), [100m J16 7 13.06](#), [200m J16 3h3 26.93](#), [80m hekk J16 DNF](#), [Lengde J16 7 4.94](#), [1000mR J17-19 2 2:16.14](#), 7-kamp J16 5 3.265p, [4x100mR J16 2 50.79](#)

Korslien, Christine (16.10.1994)

2013 [Høyde J18/19 inne 4 1.50](#)

Korsvold, Hanne Gro (17.6.1979)

2013 Maraton 21 4:11:14

Krauss, Sofie Skancke (14.3.1998)

2013 [Stav U20 7 2.50](#), [1000mR U20 7 2:25.84](#), [Stav J15 2.81](#), [1000mR J15/16 8 2:34.94](#), [Stav J15 inne 1 2.50](#), [4x200mR J18-22 inne 6 1:53.14](#)

Kringsjaa, Synne (19.10.1997)

2013 60m J16 inne 8 8.47

Kristiansson, Nora Lovise (16.9.1996)

2013 [800m J17 15 2:24.93](#), [3000m J17 9 10:38.53](#), 4km terreng J17 DNF

Kristiansen, Anette (7.11.1969)

2013 Halvmaraton 15 2:19:47

Kristianslund, Kristina (25.6.1993)

2013 [Spyd 7 46.63](#), [Spyd U23 3 47.09](#)

Krokstad, Synne (28.1.1992)

2013 [100m U23 5h1 13.35](#), [200m J20-22 inne DNF](#), [400m J20-22 inne 2 60.42](#), [4x200mR J18-22 inne 1 1:44.18](#)

Kuvaas, Caroline (20.1.1995)

2013 [100m U20 DNF](#)

Kvaale, Linn Louise W. (7.4.1998)

2013 [Diskos J15 2 37.00](#)

Kåshagen, Ingvild (20.12.1990)

2013 400m 5h3 58.56, [1000mR 10 2:21.82](#), 200m inne 4h5 26.87, 400m inne 2h2 58.93, [4x100mR 3 48.33](#), [4x400mR 2 3:49.93](#)

L

Labråten, Jenny Marie (20.2.1997)

2013 [100m U20 4h5 13.32](#), [200m U20 4h4 27.09](#), [Lengde U20 13q 4.95](#), [1000mR U20 2 2:16.12](#), [4x100mR U20 DNF](#), [100m J16 3h3 12.96](#), 200m J16 4 26.65, [Lengde J16 17 4.61](#), [1000mR J15/16 1 2:14.92](#), 60m J16 inne 3 8.12, 200m J16 inne 2 26.32, [4x200mR J15-17 1 1:44.82](#), [4x100mR J16 1 50.60](#)

Lamvik, Juliane (21.6.1996)

2013 60m J17 inne 5h1 8.34

Landro, Cecilie (28.4.1994)

2013 Halvmaraton U23 3 1:36:25

Langerud, Kari (18.6.1959)

2013 Halvmaraton 7 1:31:52

Larsen, Emilie (4.1.1997)

2013 [800m U20 6h2 2:27.63](#), [800m J16 11 2:24.52](#), [800m J16 inne 6 2:25.02](#)

Larsen, Johanne Eline (25.6.1996)

2013 [Stav 7 3.10](#), [Stav U20 DNF](#), [4x100mR U20 1 48.42](#), [100m hekk J17 7 16.69](#), [Stav J17 1 3.01](#)

Larsåsen, Cathrine (5.12.1986)

2013 [Stav 1 4.30](#), [1000mR 4 2:15.06](#), [Stav inne 4.30](#)

Lauen, Anna Ødegård (8.1.1994)

2013 [100m J18/19 DNPh2](#), [200m J18/19 8 26.55](#), [1000mR J17-19 7 2:23.32](#), 60m J18/19 inne 7s2 8.36, [200m J18/19 inne 4 26.40](#)

Leganger, Ingri Bøthun (10.7.1993)

2013 [Tresteg inne 5 11.44](#), [Tresteg U23 3 11.40](#), [Tresteg J20-22 inne 3 10.82](#)

Leikvoll, Edna (6.9.1961)

2013 100km ultra 1 9:29:16, 24 timer ultra 1 206735

Lekva, Amalie (17.8.1996)

2013 [800m J17 10 2:21.04](#), [3000m J17 DNF](#), 2km terreng J17 12 7:12, 4km terreng J17 2 16:04

Lerkerød, Kjersti (21.6.1986)

2013 Halvmaraton 2 1:21:33

Liavaag, Malene (9.8.1996)

2013 [100m U20 6h5 13.60](#), [200m U20 5h1 27.76](#), [Lengde U20 15q 4.91](#), 60m J17 inne 6h3 8.30, [Lengde J17 inne 5 5.08](#), [Tresteg J17 inne 5 10.79](#)

Lie, Camilla (13.5.1998)

2013 2000m J15 8 7:04.35

Lie, Renate (23.2.1998)

2013 800 m inne 12 2:25.46, 400m U20 3 58.15, 1000mR U20 1 2:15.99, 4x800mR U20 4 9:38.75, 200m J15 3 25.79, 800m J15 3 2:17.06, 1000mR J17-19 1 2:14.88, 800m J15 inne 2 2:32.02, 1500m J15 inne 2 5:08.93, 4x200mR J15-17 2 1:47.13, 2km terreng J15 3 7:02, 4x100mR J16 3 53.35, 4x600mR J16 1 6:39.29

Lier, Marte (22.5.1998)

2013 200m J15 4h3 27.43, 300m hekk J15 3 47.34, 1000mR J15/16 9 2:35.27, 60m J15 inne 4h1 8.63, 200m J15 inne 5h3 28.22, Lengde J15 inne 21 4.04

Liland, Hanne (7.8.1969)

2013 Halvmaraton 10 1:44:42

Lillebakken, Helene A. (22.3.1997)

2013 100m J16 8h1 13.54, 200m J16 6h3 27.72, 60m J16 inne 7s2 8.37, 200m J16 inne 3h3 27.77

Lillefosse, Maren Haugen (12.2.1998)

2013 60m J15 inne 6 8.32, 200m J15 inne 5 27.50, 60m hekk J15 inne 2 9.12, Lengde J15 inne 3 5.19, 4x200mR J15-17 2 1:47.13

Lillevoll, Runa Inghild Rønningen (25.3.1994)

2013 60m J18/19 inne 6h2 8.58

Lind, Ingeborg Kristine (7.10.1990)

2013 2km terreng 1 6:09, Terrengstafett 1 25:28

Lindstad, Gina (24.6.1997)

2013 7-kamp J16 6 2.605p

Llano, Beatrice Nedberge (14.12.1997)

2013 Slegge 5 52.98, Kule inne 6 11.16, Slegge U20 2 53.19, Kule J16 1 13.16, Diskos J16 1 37.21, Slegge J16 1 61.76, 1500m kappgang J16 inne 2 10:55.34, Kule J16 inne 1 13.14

Llano, Paula Nedberge (1.5.1995)

2013 Stav 3 3.95, Stav inne 4 3.60, Stav U20 2 3.85, Stav J18/19 1 3.77, Kule J18/19 9 9.39, Stav J18/19 inne 1 3.60, Kule J18/19 inne 2 10.42

Loe, Turid (23.5.1994)

2013 400m U20 6 60.29, 400m J18/19 7 60.97, 800m J18/19 6 2:18.51, 400m J18/19 inne 4 60.64, 800m J18/19 inne 6 2:26.39

Lohne, Hilde Eirin (29.3.1997)

2013 800m J16 inne 19 2:46.81

Longe, Tania Christine (4.4.1974)

2013 Kule 2 13.84

Lunde, Hanna Stengel (28.12.1994)

2013 Spyd J18/19 5 36.02

Lunde, Målfrid Pettersen (6.2.1997)

2013 800 m inne 9 2:21.22, 800m U20 6h3 2:21.41, 2000m hinder U20 5 7:39.98, 800m J16 15 2:26.88, 1500m hinder J16 DNF, Lengde J16 16 4.61, 800m J16 inne 4 2:23.12, 1500m J16 inne 3 4:58.63

Lykseth, Kristine (12.7.1998)

2013 Diskos J15 11 19.67, Slegge J15 8 24.45

Lægran, Johanne (10.10.1997)

2013 3000m J16 5 11:00.71, 2km terreng J16 7 7:04, 4km terreng J16 8 18:24

Lægran, Oda (10.10.1997)

2013 3000m J16 8 11:17.88, 2km terreng J16 11 7:20, 4km terreng J16 6 17:25

Løken, Sara Holtan (18.6.1996)

2013 100m J17 4h2 13.07, 200m J17 5h2 27.38, 60m J17 inne 7 8.14, 200m J17 inne 3h4 27.23

Løvnes, Ingeborg (5.9.1992)

2013 1500m 3 4:26.48, 800 m inne 3 2:12.52, 1500 m inne 2 4:24.61, 800m U23 1 2:14.29, 1500m U23 1 4:27.33

Løvø, Kristin (27.9.1997)

2013 Stav J16 3 2.76

M

Maillet, Estelle Grønnberg (21.1.1997)

2013 200m J16 5h3 27.49, Høyde J16 2 1.62, 1000mR J15/16 2 2:18.85

Marcussen, Ida (1.11.1987)

2013 100m hekk 5 14.12, Lengde 1 6.24, Kule 3 13.55, Spyd 11 41.60

Markussen, Kari (17.6.1996)

2013 Kule J17 4 11.43, Slegge J17 3 46.15, Kule J17 inne 2 10.01

Marsell, Rebecca (25.2.1998)

2013 200m J15 7h2 28.62, 300m hekk J15 7 49.06

Marstad, Mali Ingeborg Vollan (9.12.1997)

2013 Spyd U20 5 38.95, Spyd J16 1 43.87

Mathisen, Inger Emilie Bryn (9.4.1997)

2013 800m J16 8 2:23.58, 800m J16 inne 2 2:21.05

Mauritzen, Anne Katrin Berg (4.9.1997)

2013 4km terreng J16 1 16:12

Maurstad, Ellinor (30.6.1995)

2013 Høyde U20 6 1.50, Høyde J18/19 5 1.51, Høyde J18/19 inne 3 1.58

Meinicke, Stina (18.2.1997)

2013 2km terreng J16 10 7:12

Melhus, Mari Ann Landsem (30.4.1968)

2013 6 km terreng 13 25:52

Melhus, Signe Fridén (31.1.1997)

2013 60m J16 inne 7h1 9.08, Lengde J16 inne 14 4.31

Melkevik, Kirsten Marathon (29.5.1970)

2013 2km terreng DNS

Meløe, Synne Nordgård (22.8.1998)

2013 Lengde J15 9 4.79, Spyd J15 4 35.82

Midtstraum, Ane (12.11.1995)

2013 Tresteg J18/19 inne 7 9.82

Midtsundstad, Kine (14.6.1998)

2013 Spyd U20 6 38.39, Spyd J15 1 44.43

Mikkelsen. Elise Una (30.5.1995)

2013 100m 8s2 12.83, 1000mR 3 2:13.29, 60m inne 6h4 8.08, 4x100mR 4 48.76, 100m U20 4h1 13.25, 200m U20 6h2 27.96, 4x100mR U20 DNF, 100m J18/19 5 12.64, 200m J18/19 5h3 26.94, 1000mR J17-19 1 2:14.88, 60m J18/19 inne 6s1 8.14, 60m hekk J18/19 inne DNFh2

Mikkelsen, Mari (17.8.1996)

2013 Lengde J17 inne 12 4.34, Tresteg J17 inne 7 9.63

Mjåland, Trine (3.6.1990)

2013 400m 2 53.97, 800m 1 2:04.86, 1000mR 1 2:09.27, 60m inne DNSS1, 400m inne 3 55.86, 800 m inne 1 2:09.79, 4x200mR inne 2 1:42.76, 4x100mR 1 46.77, 4x400mR 1 3:47.53

Moe, Marion Skøyum (3.3.1997)

2013 4x600mR J16 5 7:31.22

Moen, Kjersti Tveit (30.7.1997)

2013 Slegge J16 9 28.75

Moen, Linn Mari (30.8.1997)

2013 60m J16 inne 6h2 8.93, Lengde J16 inne 18 4.00

Moen, Natalie Sosulska (10.10.1995)

2013 100m U20 6h6 13.55, 200m U20 6h3 27.43, 100m J18/19 5h1 13.18, 200m J18/19 4h3 26.91, 60m J18/19 inne 5h4 8.41

Mohus, Astrid (13.4.1997)

2013 100m U20 5h3 13.28, 200m U20 4h2 27.25

Mohus, Oda (13.4.1997)

2013 100m 6h1 12.86, 200m 6h3 26.36, 100m U20 6s3 13.15, 200m U20 6s1 26.62

Mollatt, Maia (9.5.1996)

2013 100m J17 3h1 13.01, 200m J17 4h3 27.16, 60m J17 inne 7h3 8.39, 200m J17 inne 5h2 27.82, 4x200mR J18-22 inne 4 1:48.01

Mohus, Astrid (13.4.1997)

2013 100m J16 6 13.03, 80m hekk J16 3 12.05, 60m J16 inne 8s1 8.45, 200m J16 inne 4h1 27.69, 60m hekk J16 inne 3 9.25

Mohus Oda (13.4.1997)

2013 100m J16 2 12.65, 200m J16 2 25.70, 80m hekk J16 1 11.72, 60m J16 inne 2 8.11, 200m J16 inne 3 26.39, 60m hekk J16 inne 1 8.95

Mortensen, Benedikte (15.2.1998)

2013 7-kamp J15 5 2.467p

Muri, Ingrid (2.4.1996)

2013 2km terreng J17 DNS

Murud, Thea Krokan (6.6.1994)

2013 3000m J18/19 5 10:43.40

Murvold, Emma (11.4.1998)

2013 800m J15 4 2:22.56, 2000m J15 3 6:47.00

Myhr, Anne (26.4.1966)

2013 6 km terreng 20 30:07

Myhre, Benedicte (23.9.1997)

2013 1000mR 11 2:25.54, 800m J16 4 2:18.75, 300m hekk J16 6 49.33, 1000mR J15/16 5 2:25.20, 800m J16 inne 7 2:26.05, 4x200mR J15-17 6 1:52.13

Myhre, Helena Seland (9.12.1997)

2013 800m J16 16 2:29.54, 1000mR J15/16 8 2:34.94, 800m J16 inne 16 2:32.93, 4x200mR J15-17 11 1:59.12, 4x600mR J16 5 7:31.22

Myhre, Marte Katrine (4.3.1985)

2013 10000m 3 37.18.87, Halvmaraton 1 1:20:04

Myhrvold, Mathilde (16.7.1998)

2013 800m 5 2:08.10, 800m U20 3 2:14.26, 100m J15 4 12.70, 200m J15 4 25.83, 800m J15 1 2:10.86, 2000m J15 1 6:37.33

Myking, Eline (25.1.1997)

2013 1500m U20 9 4:57.97, 4x800mR U20 4 9:38.75, 3000m J16 3 10:44.33, 1500m hinder J16 5 13.36, 1500m J16 inne 1 4:56.98, 2km terreng J16 3 6:49, 4x100mR J16 3 53.35, 4x600mR J16 1 6:39.29

Myrmel, Lene Secher (18.5.1986)

2013 100m hekk 4 13.84, Lengde 5 5.84, 1000mR 5 2:15.18, 60m inne 6s1 7.94, 60m hekk inne 4 8.59, Lengde inne 2 5.80, 7-kamp 2 5.031p

Mæhlum, Marianne (9.5.1970)

2013 24 timer ultra 10 131586

Mögenburg, Katarina (16.6.1991)

2013 Høyde 1 1.75, Lengde 3 5.92, 1000mR 7 2:17.98, Høyde inne 1 1.83, Lengde inne 1 5.84, Høyde uten tilløp 1 1.40, 400m hekk U23 DNF, Høyde U23 1 1.72, Lengde U23 2 5.66

Mølster, Anna Catharina (2.8.1995)

2013 200m J18/19 6h1 28.26, 100m hekk J18/19 5 16.65, 60m J18/19 inne 7h1 8.75, 60m hekk J18/19 inne 8 10.37

Mørken, Tonje (8.4.1998)

2013 200m J15 5h3 27.45, Tresteg J15 8 9.82, Kule J15 6 10.12

Mårtensson, Heidi (13.3.1995)

2013 5000m 4 16:51.93, 2km terreng U20 DNS

N

Nadesapuran, Ramya (10.6.1998)

2013 Stav J15 3 2.61, Kule J15 11 8.69, Stav J15 inne =2 2.30

Narbuvoll, Ida Meli (9.10.1995)

2013 3000m U20 2 10:08.04, 3000m J18/19 4 10:26.71

Nedberg, Elise (12.3.1997)

2013 Høyde NM, Høyde inne 5 1.60, Høyde J16 3 1.60, Lengde J16 11 4.74, Tresteg J16 4 10.84, Høyde J16 inne 2 1.63

Nerland, Ingvild Vingen (2.12.1998)

2013 60m J15 inne 6h4 8.69

Nesse, Ida Yessica (19.10.1992)

2013 Spyd U23 6 31.65

Nesse, Mari Aarskog (16.2.1996)

2013 1500m 12 4:46.76, 800 m inne 10 2:21.62, 1500m U20 4 4:51.34, 2000m hinder U20 3 7:21.12, 800m J17 2

2:14.723000m J17 3 10:13.84, 2000m hinder J17 1 7:18.56, 2km terreng J17 5 6:35, 4km terreng J17 4 16:11

Netland, Eline (8.4.1995)

2013 200m 8h3 26.62, 400m hekk mr. 6 66.03, 200m inne 2h3 26.51, 60m hekk inne 5h2 9.44, 4x100mR 5 49.42, 4x400mR 3 3:58.48, 400m hekk U20 3 64.25, Lengde uten tilløp U20 3 2.48, 4x100mR U20 3 51.83, 4x400mR U20 DNS, 200m J18/19 5 26.22, 400m hekk J18/19 3 65.02, 1000mR J17-19 9 2:26.54

Nevin, Anne Kristine (5.2.1973)

2013 6 km terreng 1 23:02

Nicolaisen, Anette Sollien (3.12.1997)

2013 Kule J16 3 11.71, Diskos J16 6 25.20, Slegge J16 5 34.41, Spyd J16 5 30.81

Nielsen, Tonje (28.11.1985)

2013 2km terreng 14 7:29

Nilsen, Ida Thorstensen (25.2.1998)

2013 2000m kappgang J15 3 12:20.52, 60m hekk J15 inne DNSh1, 1500m kappgang J15 inne 2 9:21.07

Nordheim, Sunniva (21.10.1998)

2013 Slegge J15 10 21.60, Spyd J15 8 28.34

Nordlunde, Mari (4.10.1998)

2013 2000m J15 2 6:44.98

Nordmelan, Nora Holstad (5.1.1998)

2013 Spyd U20 9 29.92, 80m hekk J15 8 13.57, Høyde J15 10 1.46, Lengde J15 NM, Kule J15 5 10.33, Spyd J15 6 34.27, 60m hekk J15 inne 8 9.78, Høyde J15 inne 10 1.40, Lengde J15 inne 13 4.50, Kule J15 inne 4 10.72, 4x200mR J15-17 8 1:53.66, 7-kamp J15 1 4.196p

Nordskog, Gro Haarberg (8.1.1996)

2013 60m inne 8h3 8.58, 4x200mR inne DQ

Nordstrøm, Anine (18.4.1979)

2013 Maraton 2 3:10.42

Nordtømme, Rachel (8.6.1989)

2013 400m hekk 2 61.21, 200m inne 3h1 26.24, 400m inne 2h1 58.36

Normann, Tora Spangen (25.8.1994)

2013 Tresteg NM, Tresteg inne DNS, Tresteg U20 7 10.99, Lengde uten tilløp U20 DNS, Tresteg J18/19 3 11.29

Norum, Eli (??.??.??)

2013 2km terreng U20 DNS

Norum, Emily Rose (1.3.1996)

2013 60m inne 8h2 8.32, 200m inne 4h6 26.91

Norum, Tara Marie (18.9.1991)

2013 400m 3 54.65, 200m inne 1h6 25.40, 400m inne 2 55.43, 100m U23 1 12.23, 100m U23 1 24.73, 400m U23 1 56.92, 200m J20-22 inne 1 24.87, 400m J20-22 inne 1 57.44

Nyborg, Emily (25.7.1998)

2013 100m U20 6h3 13.63, Tresteg U20 9 10.19, 200m J15 6 27.08, 300m hekk J15 6 48.50, Tresteg J15 7 10.28

Nyborg, Jenny (16.4.1996)

2013 Høyde U20 4 1.63, Lengde U20 18q 4.69, 100m J17 5h1 13.31, 200m J17 6h1 27.11, Høyde J17 =3 1.58, Lengde J17 5 5.14, Høyde J17 inne =2 1.55, Lengde J17 inne 3 5.16, 4x200mR J18-22 inne 5 1:52.89, 7-kamp J17 3 3.701p

Nydal, Britt Ingunn (5.11.1989)

2013 6 km terreng 7 24:56

Nyfors, Malin (12.7.1997)

2013 800m U20 8h3 2:31.90, 4x800mR U20 6 10:03.59, 800m J16 17 2:31.52, 800m J16 inne 10 2:30.13, 4x200mR J15-17 7 1:53.53, 4x100mR J16 DQ:UM-reglement, 4x600mR J16 3 7:12.90

Nymoene, Randi (5.5.1968)

2013 4x100mR 7 51.67

Nystad, Vera (18.12.1945)

2013 100km ultra 2 10:07:13, Maraton 14 3:44:23

Næss, Heidi Hessian (7.9.1989)

2013 60m inne 7s2 7.89, 200m inne 1h5 26.01, 4x100mR 2 48.05

O**Obst, Marie-Therese** (7.1.1996)

2013 Spyd 5 48.43, Spyd U20 3 48.97, Spyd J17 1 51.73

Ogoti, Grace (6.3.1997)

2013 100m J16 3 12.77, Lengde J16 6 4.96

Okparaebo, Chiamaka (26.2.1992)

2013 Tresteg 4 12.38, Tresteg J20-22 inne 1 11.86

Okparaebo, Ezinne (3.3.1988)

2013 100m 1 11.30, 1000mR 4 2:15.06

Olafsdottir, Astrid (22.1.1964)

2013 Halvmaraton 9 1:36:37

Olsen, Amalie Honerud (2.3.1998)

2013 4x800mR U20 3 9:38.69

Olsen, Emma Hansdatter (12.10.1998)

2013 60m J15 inne 7 8.33, 200m J15 inne 3h3 27.33, 800m J15 inne 7 2:39.46

Olsen, Marthe (30.4.1996)

2013 800m 7h1 2:19.22, 1500m 13 4:47.41, 1000mR 9 2:21.10, 800 m inne 11 2:21.93, 1500 m inne 7 4:49.69, 3000m inne 2 10:42.61, Terrengstafett 1 25:28, 800m U20 5h2 2:25.54, 1500m U20 7 4:55.04, 1000mR U20 6 2:25.44, 800m J17 4 2:16.96, 3000m J17 6 10:29.20, 1000mR J17-19 4 2:19.90, 800m J17 inne 1 2:16.90, 1500 J17 inne 1 4:48.21, 4x200mR J18-22 inne 3 1:46.23, 2km terreng J17 3 6:32, 4km terreng J17 DNF

Olsen, Solveig Emilie (1.4.1991)

2013 200m 5h2 26.15, 1000mR 6 2:15.69, 200m inne 3h2 26.59, 400m inne 3h2 59.63, 400m U23 4 59.83

Olsholt, Sofie (8.2.1996)

2013 Lengde 9 5.38, Tresteg 12 11.02, 1000mR 8 2:20.01, Lengde inne 7 5.32, Tresteg inne 4 11.48, 4x200mR inne DNF, 4x100mR 2 48.05, Lengde U20 6 5.36, Tresteg U20 2 11.75, 1000mR U20 2 2:16.12, 4x100mR U20 DNF, 200m J17 8 26.04, Lengde J17 2 5.55, Tresteg J17 2 11.82, 1000mR J17-19 3 2:16.38, Lengde J17 inne 1 5.26, Tresteg J17 inne 3 11.46, 4x200mR J15-17 1 1:44.82

Omholt, Vilde (12.4.1995)

2013 800m J18/19 10 2:27.35, 800m J18/19 inne 9 2:31.92

Onstad, Hedda Utsi (21.6.1992)

2012 Lengde k1 NM, Lengde U23 1 5.74, Tresteg U23 1 11.69, Lengde J20-22 inne 5 5.17

Onstad, Oda Utsi (12.5.1990)

2013 Lengde 4 5.86, Tresteg 2 12.91, 60m inne 5h4 7.97, Lengde inne 3 5.77, Lengde uten tilløp 1 2.75

Onstad, Solveig (20.4.1993)

2013 400m J20-22 inne 5 62.31, 800m J20-22 inne 1 2:23.18

Opheim, Runa (31.1.1996)

2013 400m 7h2 60.09, 400m hekk 5h2 64.80, 1000mR 9 2:21.10, 200m inne 3h5 26.52, 400m inne 3h4 59.74, 60m hekk inne 6h2 9.66, 400m hekk U20 3h1 66.73, 1000mR U20 4 2:20.79, 400m J17 3 59.01, 300m hekk J17 1 44.14, 1000mR J17-19 4 2:19.90, 60m J17 inne 6 8.39, 200m J17 inne 4 26.40, 400m J17 inne 1 58.72, 60m hekk inne 3 914, 4x200mR J18-22 inne 3

1:46.23

Oppegaard, Linn (23.12.1998)

2013 100m J15 2 12.24, 200m J15 2 25.22, 1000mR J15/16 2 2:18.85, 60m J15 inne 2 7.94, 200m J15 inne 3 26.38, Lengde J15 inne 10 4.65, 4x200mR J18-22 inne 4 1:48.01

Orten, Elise (16.2.1964)

2013 Halvmaraton 5 1:29:39

Ottestad, Vilde (2.11.1994)

2013 400m U20 4h3 60.54, 800m U20 7h2 2:27.99, 200m J18/19 5h2 28.25, 800m J18/19 8 2:21.53, 400m J18/19 inne 6 61.68, 800m J18/19 inne 5 2:24.55, 1500m J18/19 inne 6 5:04.13

P**Panchalingam, Taniya** (14.10.1998)

2013 200m J15 5h1 27.57, Lengde J15 12 4.72, 1000mR J15/16 6 2:26.86, Lengde J15 inne 6 4.95, 200m J15 inne 4 27.39, 4x200mR J15-17 10 1:56.56

Panman, Amalie (1.4.1998)

2013 100m J15 7h2 13.77, 800m J15 8 2:27.40

Paulsen, Ada (21.2.1997)

2013 Høyde J16 5 1.46, Tresteg J16 10 9.75, 800m J16 inne DNS, Høyde J16 inne 9 1.40, Lengde J16 inne 16 4.22

Pedersen, Isabelle (27.1.1992)

2013 100m hekk 1 13.25, Lengde 2 6.20, 60m inne 3 7.61, 60m hekk inne 1 8.38

Pedersen, Lisbeth (20.11.1975)

2013 800m 5h2 2:15.10, 1500m 6 4:30.45

Pedersen, Marte (12.4.1986)

2013 2km terreng 11 6:52

Pedersen, Victoria (???.???)

2013 2km terreng J16 16 10:07

Petersen, Karoline Klemp (22.1.1995)

2013 Tresteg 9 11.32, Lengde inne 15 4.77, Tresteg inne 2 11.70, Lengde U20 8 5.18, Tresteg U20 4 11.58, Lengde J18/19 6 5.15, Tresteg J18/19 2 11.66

Pettersen, Marte (30.4.1997)

2013 100m U20 6h1 13.63, 200m U20 5h3 27.17, 1000mR U20 5 2:23.84, 4x100mR U20 1 48.42, 100m J16 5 12.99, Lengde J16 13 4.72, 60m J16 inne 5 8.20, 200m J16 inne 4 27.08, Lengde J16 inne DNS

Prestøy, Katinka Vaag (27.10.1998)

2013 800m J15 11 2:29.32, 300m hekk J15 9 50.17

Q**Qvale, Marie Synnøve** (5.7.1994)

2013 1500m inne 8 4:55.99, 2km terreng U20 DNS, 3000m J18/19 7 11:31.46, 800m J18/19 inne 4 2:22.33, 1500m J18/19 inne 4 4:55.77

R**Raftevoll, Ingeborg** (31.8.1998)

2013 Høyde J15 =6 1.51, Stav J15 5 2.31

Ragnarsøn, Ingrid (6.12.1998)

2013 800m J15 7 2:27.39, 1000mR J15/16 6 2:26.86, 800m J15 inne 3 2:36.06, 4x200mR J15-17 10 1:56.56

Randeberg, Ragna Kristine (5.2.1996)

2013 100m hekk J17 8 17.07, 60m J17 inne 8h1 8.84, 60m hekk inne 7 9.93, Lengde J17 inne 13 4.21

Rasmussen, Marta (12.9.1996)

2013 Diskos J17 5 24.67, Slegge J17 4 40.58

Rasmussen, Vilde Berthine (20.4.1996)

2013 Høyde J17 2 1.61

Rattanarin, Naruemon (27.7.1998)

2013 Lengde J15 8 4.91, Tresteg J15 4 10.51, 60m J15 inne 6s1 8.46, Lengde J15 inne 5 4.98

Ravnanger, Ingrid Øyvindsdatter (15.11.1997)

2013 4x600mR J16 4 7:20.55

Reimers, Ebba Sophie (7.4.1998)

2013 Kule J15 9 9.19, Slegge J15 3 29.88

Reitan, Marte (19.6.1994)

2013 1500m 9 4:37.13, 3000m U20 3 10:22.03, 2km terreng U20 DNS, 4km terreng U20 2 16:27, 800m J18/19 4 2:15.81, 3000m J18/19 2 9:56.21, 1500m J18/19 inne 5 5:01.72

Rekdal, Ingrid (17.4.1995)

2013 4x800mR U20 5 10:02.17

Rekve, Turid (25.9.1970)

2013 Halvmaraton 13 2:02:21

Rettore, Madeleine (25.10.1998)

2013 4x800mR U20 6 10:03.59, 800m J15 9 2:27.98, 800m J15 inne 4 2:36.10, 4x200mR J15-17 7 1:53.53, 4x100mR J16 DQ:UM-reglement, 4x600mR J16 3 7:12.90

Retzius, Lene (4.1.1996)

2013 Stav 4 3.85, Stav U20 1 3.90, 1000mR J17-19 DNS, Stav J17 inne 1 3.80

Ristebråten, Annie (25.10.1955)

2013 Maraton 13 3:43:23

Robertsen, Maria (1.4.1997)

2013 1000mR J15/16 2 2:18.85

Roe, Matilde (9.10.1996)

2013 Diskos 9 36.77, Kule inne 4 12.77, Diskos U20 3 35.40, Kule J17 3 13.06, Diskos J17 1 38.99, Slegge J17 2 46.82, Kule J17 inne 1 12.15

Rognstad, Ylva (18.4.1998)

2013 100m U20 6h4 14.06, Kule U20 12 8.50, 100m J15 8h3 13.80, Kule J15 8 9.79, Diskos J15 7 27.55, 1000mR J15/16 8 2:34.94, 60m J15 inne 8s1 8.50, Kule J15 inne 7 9.94, 4x200mR J15-17 11 1:59.12

Rokne, Kaisa Bovollen (30.1.1995)

2013 Stav J18/19 3 2.91, Diskos J18/19 2 38.73

Rokne, Maia (18.1.1997)

2013 Kule J16 4 10.89, Diskos J16 5 26.03, Spyd J16 4 35.42

Roland, Kristine Kjensbekk (10.8.1998)

2013 Diskos J15 10 19.73

Rolfson, Sara (27.11.1994)

2013 Lengde J18/19 inne 5 5.08

Rolland, Ane Netland (1.7.1996)

2013 1000mR J17-19 6 2:22.74

Rondestvedt, Karoline (20.3.1998)

2013 Høyde J15 =6 1.51

Roos, Camilla Mathilde (11.9.1998)

2013 800m J15 13 2:38.66

Roset, Ingrid Hjelle (13.2.1997)

2013 400m U20 4h4 60.91, 800m J16 3 2:18.59

Rosvold, Kristin (12.7.1998)

2013 200m J15 7h1 28.73, 200m J15 inne 4h2 28.24

Ruud, Anniken Amos (13.7.1991)

2013 1500m DNF, 3000m hinder 2 11:01.71, 3000m U23 4 10:39.20, 3000m hinder U23 2 11:18.75

Ruud, Elise (25.4.1996)

2013 100m hekk U20 5h1 22.07, Kule U20 11 9.50, 100m hekk J17 6 16.60, Kule J17 6 10.86

Ruud, Ida (17.8.1995)

2013 60m hekk J18/19 inne 3 9.10

Ruud, Marte (18.4.1996)

2013 Høyde J17 inne 6 1.40

Ruud, Stine Grong (29.3.1994)

2013 100m U20 5h1 13.31, 100m J18/19 5h3 13.30, 200m

J18/19 3h1 26.83

Rydland, Mona (7.9.1968)

2013 Halvmaraton 6 1:30:29, Maraton 3 3:13:52

Rygnestad, Ingebjørg (25.12.1996)

2013 200m J17 inne 5h1 28.05, Lengde J17 inne 11 4.41

Rymoene, Liselotte Carlsen (8.2.1997)

2013 100m J16 5h1 13.07, 200m J16 6 26.91, 1000mR J15/16 2 2:18.85

Røe, Marthe Sofie Haugli (12.8.1998)

2013 80m hekk J15 6 13.19, Tresteg J15 5 10.46, 1000mR J15/16 7 2:31.51, 60m J15 inne 8h5 8.78, 60m hekk J15 inne 6h2 10.07, Lengde J15 inne 15 4.44

Røed, Vilde (10.6.1997)

2013 80m hekk J16 6h2 13.15, Lengde J16 9 4.80, Lengde J16 inne 10 4.43, 60m J16 inne 5h3 8.69, 60m hekk J16 inne 7 9.82

Rønning, Camilla Leonardsen (12.6.1995)

2013 7-kamp U20 DNS

Rønningen, Helene (4.9.1998)

2013 100m 6 12.14, 200m 4h1 25.61, 1000mR 7 2:17.98, 60m inne 5 7.76, 200m inne 2h6 25.74, 4x200mR inne DNF, 4x100mR U20 2 48.05, 100m U20 3 12.40, 200m U20 4 25.65, 4x100mR U20 DNF, 100m J15 1 12.03, 200m J15 1 24.87, Lengde J15 1 5.57, 1000mR J15/16 1 2:14.92, 60m J15 inne 1 7.78, 200m J15 inne 1 25.18, 4x200mR J15-17 1 1:44.82, 4x100mR J16 1 50.60

Røssland, Anna Serine (9.2.1997)

2013 3000m hinder 3 11:35.57, 3000m inne 5 11:21.65, 2000m hinder U20 4 7:28.58, 3000m J16 2 10:35.00, 1500m hinder J16 1 5.08.49, 800m J16 inne 15 2:32.80, 1500m J16 inne 8 5:16.13, 2km terreng J16 5 6:55, 4km terreng J16 4 16:26

Røste, Leah (26.6.1995)

2013 400m 6h2 57.98, 400m hekk 6h2 65.22, 1000mR 7 2:17.98, 400m inne 3h5 60.74, 4x200mR inne DNF, 400m hekk U20 5 65.03, 1000mR U20 3 2:20.45, 4x400mR U20 1 3:57.03, 400m J18/19 8 61.81, 200m J18/19 6 26.25, 400m hekk J18/19 4 66.09, 200m J18/19 inne 5 26.61, 400m J18/19 inne 2 59.81, 1000mR J17-19 3 2:16.38

Raad, Trude (27.4.1990)

2013 Diskos 3 48.70, Slegge 1 60.61

S

Sandberg, Helene (27.3.1997)

2013 2km terreng J16 15 8:02

Sandstad, Kajsia Stina (15.4.1995)

2013 4km terreng U20 DNS

Sandstad, Susanne Marthinussen (???.???)

2013 1500m J18/19 inne 7 5:51.79

Santamaria, Celine (26.10.1998)

2013 Tresteg J15 9 9.74

Sekkesæter, Christine (7.7.1998)

2013 4x800mR U20 5 10:02.17, 800m J15 5 2:25.97, 4x600mR J16 4 7:20.55

Seland, Amanda Cristina (16.3.1996)

2013 800m J17 inne 7 2:27.71

Seliussen, Linn (15.8.1998)

2013 2000m J15 9 7:14.88, 1500m J15 inne 3 5:12.04, 2km terreng J15 4 7:13, 4km terreng J15 2 17:39

Selnæs, Marianne (7.5.1995)

2013 Spyd J18/19 7 32.30

Sem, Rebekka (8.1.1996)

2013 3000m U20 4 11:03.89, 3000m J17 6 10:29.20, 2km terreng J17 7 6:44, 4km terreng J17 3 16:06

Semmingsen, Sigrid (6.2.1995)

2013 400m hekk U20 4 64.32, Lengde uten tilløp U20 5 2.38, 400m J18/19 3 58.84, 400m hekk J18/19 2 63.34, 60m J18/19

inne 6 8.02, 60m hekk J18/19 inne 6 9.18

Sjursen, Therese (27.7.1976)

2013 Halvmaraton 3 1:26:20

Sjøblom, Marie Nordqvist (8.10.1996)

2013 Slegge J17 6 36.46, Kule J17 inne NM

Skage, Amalie Tefre (15.5.1991)

2013 Tresteg 3 12.48, Tresteg inne 1 12.11

Skagen, Julie Brown (8.12.1998)

2013 60m J15 inne 7h3 9.01

Skappel, Maren Eriksen (9.3.1996)

2013 800m J17 inne 9 2:38.41

Skarland, Andrea Berg (3.11.1998)

2013 Kule J15 12 7.67, Slegge J15 7 24.55, Kule J15 inne 10 8.45

Skarland, Kine Terese (31.5.1995)

2013 Kule U20 5 10.87, Høyde U20 10 1.40, Lengde U20 q NM, Spyd U20 8 31.94, 7-kamp U20 3 3.175p, Lengde J18/19 8 4.93, Kule J18/19 6 10.22, Spyd J18/19 8 31.87, 60m J18/19 inne 6h3 8.48, 60m hekk J18/19 inne 5h1 10.36, Høyde J18/19 inne 5 1.45, Lengde J18/19 inne 7 4.84, Kule J18/19 inne 1 10.63

Skarstad, Ingeborg (29.11.1998)

2013 2000m J15 DNF, 800m J15 inne 6 2:38.41, 1500m J15 inne 4 5:27.22

Skarstein, Kristina Rabe (25.11.1995)

2013 400m hekk J18/19 5 69.75

Skatteboe, Karoline Egeland (28.7.1993)

2013 5000m 5 16:57.89, 3000m hinder 1 10:47.26, 800m U23 3 2:21.93, 1500m U23 2 4:38.26, 3000m U23 1 10:05.20, 3000m hinder U23 1 11:03.94

Skjei, Martine Henriette (15.5.1997)

2013 4x200mR J15-17 12 1:59.69

Skjelstad, Sigrid (2.3.1995)

2013 Høyde J18/19 4 1.51

Skjeret, Hannah Marie (24.10.1996)

2013 100m U20 3s3 12.71, 200m U20 4s1 26.07, 100m J17 4 12.49, 200m J17 5 25.62

Skulevold, Åse Utgård Sola (2.4.1996)

2013 4x800mR U20 6 10:03.59

Slettum, Elisabeth (31.8.1986)

2013 100m 2 11.77, 200m 2 23.87, 60m inne 6 7.80, 200m inne 1 24.65

Slind, Trude (9.7.1998)

2013 Kule J15 inne 11 7.98

Slørdahl, Andrea Pettersen (17.1.1998)

2013 60m J15 inne 8 8.42, 200m J15 inne 2h3 27.26, 60m hekk J15 inne 7 9.77

Smedsrud, Mari Låhne (21.7.1997)

2013 1000mR 11 2:25.54, 80m hekk J16 7 13.47, Høyde J16 7 1.46, Tresteg J16 5 10.73, 1000mR J15/16 5 2:25.20, 60m hekk J16 inne 5h2 10.29, Høyde J16 inne 6 1.45, Lengde J16 inne 13 4.36, 4x200mR J15-17 6 1:52.13

Sneen, Siv Krakeli (21.11.1992)

2013 100m U23 4h2 12.77, 60m J20-22 inne 1 7.68, 200m J20-22 inne 2 24.91, 4x200mR J18-22 inne 1 1:44.18

Snekkenes, Rebecca (4.1.1994)

2013 4km terreng U20 5 17:50

Solend, Celina M. (29.1.1993)

2013 Tresteg 10 11.22, Lengde U23 8 4.80, Tresteg U23 2 11.61

Solheim, Sara Amalie (2.3.1992)

2013 2km terreng 4 6:17

Solheimdal, Live (23.9.1996)

2013 1500 J17 inne 3 4:52.97, 2km terreng J17 10 6:52, 4km terreng J17 1 15:21

Sollid, Viktoria (3.5.1993)

2013 Maraton 12 3:43:04

Solvang, Ida (29.7.1993)

2013 Slegge 11 41.41

Sommer, Nancy (18.1.1969)

2013 Halvmaraton 8 1:33:38

Sortedal, Lise Øverland (12.8.1997)

2013 Høyde J16 9 1.41, Høyde J16 inne 8 1.40

Sporildnes, Silje M. (17.5.1993)

2013 4x200mR J18-22 inne 5 1:52.89

Staff, Andrea Korsen (17.8.1997)

2013 Lengde J16 20 4.31, Tresteg J16 NM, Lengde J16 inne 12 4.39

Stade, Malin Prietz (25.6.1997)

2013 Lengde J16 18 4.55, Tresteg J16 11 9.72

Staver, Tuva Toftdahl (3.5.1990)

2013 6 km terreng 5 24:19

Stavik, Ingrid Jære (25.9.1994)

2013 60m J18/19 inne 6h1 8.67

Stedøy-Johansen, Ingvill Merete (12.11.1957)

2013 Maraton 11 3:39.51

Steinstad, Ida Moldskred (26.3.1996)

2013 2000m kappgang J17 1 11:53.87, 800m J17 inne 8 2:34.16, 1500m kappgang J17 inne 8:37.78

Steinstø, Hanne (17.3.1989)

2013 6 km terreng 11 25:18

Stenersrød, Silje (17.1.1994)

2013 Slegge 9 42.67, Slegge U20 4 44.52, Kule J18/19 NM, Slegge J18/19 2 44.36

Stensli, Sølvi Hjelmeland (27.5.1965)

2013 Maraton 18 3:57:26

Stokke, Karen (8.10.1997)

2013 4km terreng J16 9 18:27

Storkås, Mari (27.11.1995)

2013 Lengde U20 19q 4.42, Tresteg U20 12 9.91, 1000mR U20 5 2:23.84

Storsveen, Elisabeth (11.3.1997)

2013 Kule J16 5 10.88, Diskos J16 4 27.94, Slegge J16 2 45.91, Kule J16 inne 3 11.48

Strand, Helén (1.1.1997)

2013 100m J16 6h3 13.36, 200m J16 4h1 27.19, 60m J16 inne 7 8.42

Straume, Tuva (17/30.9.1998) ?????

2013 1500m J15 inne 6 5:34.67

Strøm, Julie (10.5.1995)

2013 400m J18/19 inne 12 64.33, 800m J18/19 inne 8 2:30.23

Strømhaug, Kari (4.7.1997)

2013 Stav U20 3 3.50

Styrvold, Astrid (5.11.1998)

2013 300m hekk J15 10 50.53

Støten, Magdeli (17.8.1998)

2013 80m hekk J15 3 12.20, 300m hekk J15 5 48.31

Sunde, Tiril Malm (29.1.1997)

2013 Stav J16 2 2.91, 1000mR J15/16 9 2:35.27, Stav J16 inne 3 2.70

Sundsteigen, Kristin (20.9.1988)

2013 Kule 1 15.41, Kule inne 1 15.18

Svendsen, Martine (22.7.1997)

2013 800m J16 5 2:19.76, 1000mR J15/16 4 2:22.52, 800m J16 inne 5 2:24.60, 2km terreng J16 13 7:25, 4x600mR J16 2 6:44.11

Svortevik, Vilde Jakobsen (18.5.1994)

2013 400m hekk 1 58.82, 1000mR 2 2:09.34, Lengde uten tilløp

2 2.66, 200m U20 2 24.95, 400m U20 1 62.96, 1000mR U20 1 2:15.02, 100m J18/19 2 12.22, 400m J18/19 1 55.59, 800m J18/19 2 2:12.79, 60m J18/19 inne 2 7.88, 200m J18/19 inne 2 25.19, 400m J18/19 inne 1 56.50

Sæten, Amalie (1.12.1997)

2013 400m U20 4h1 60.51, 800m U20 4h2 2:23.13, 800m J16 1 2:17.64, 1000mR J17-19 2 2:16.14, 2km terreng J16 17 18:34, 4x100mR J16 2 50.79

Sætersdal, Andrea (6.3.1995)

2013 100m U20 6s2 13.73, 200m U20 6s2 27.12, 1000mR U20 5 2:23.84, 4x100mR U20 1 48.42

Sætre, Anne-Marte Aldal (8.8.1994)

2013 60m J18/19 inne 7h2 8.44

Sævareid, Signe Onstad (29.4.1996)

2013 60m J17 inne 3 7.96, 200m J17 inne 3 26.39

Sørgnesand, Emilie (21.6.1994)

2013 200m J18/19 inne 5h1 28.37, 400m J18/19 inne 13 65.31

Sømme, Kathrine (31.1.1968)

2013 24 timer ultra 12 131040

Sønstebo, Nora Charlotte (30.4.1997)

2013 4x600mR J16 4 7:20.55

Sørensen, Synneva (12.6.1998)

2013 100m J15 3h1 13.22, 200m J15 7 27.36

Sørheim, Guro Rogstad (10.4.1996)

2013 Kule J17 5 10.87, Slegge J17 5 40.01, Kule J17 inne 6 8.55

Sørhøy, Mia (13.8.1997)

2013 Høyde J16 4 1.51, Lengde J16 12 4.72, Høyde J16 inne 5 1.45, Lengde J16 inne 9 4.48

Sørli, Mari (21.5.1996)

2013 800m J17 12 2:21.82

T

Tellesbø, Snøfrid Steen (31.8.1998)

2013 60m J15 inne 7h5 8.76, Lengde J15 inne 22 3.92

Tellesbø, Sunniva Steen (31.8.1998)

2013 60m J15 inne 5h4 8.59

Tellevik, Merete Vågheim (16.6.1973)

2013 100km ultra 3 11:36:17

Thingstad, Frida Eriksrød (11.1.1997)

2013 Slegge J16 8 30.27

Thoresen, Solveig Barstad (20.3.1995)

2013 Diskos U20 4 33.97, Diskos J18/19 4 34.80

Thorsås, Frida (31.1.1994)

2013 400m 6h3 58.88, 800m 5h1 2:15.04, Kule 8 11.22, 400m inne 2h3 58.80, 800 m inne 13 2:26.34, 60m hekk inne 5h1 9.65, Høyde inne 3 1.65, Kule inne 3 13.14, 7-kamp 1 5.371p, 800m U20 2 2:13.30, 100m hekk U20 3 14.75, Kule U20 1 12.24, 1000mR 5 2:23.84

Thunem, Kristina (20.5.1998)

2013 80m hekk J15 7 13.50, 300m hekk J15 11 50.82, Lengde J15 10 4.76, Kule J15 1 11.80, Diskos J15 3 33.41, 60m J15 inne 6s2 8.65, 60m hekk J15 inne 6 9.77, Høyde J15 inne 9 1.40, Lengde J15 inne 16 4.43, Kule J15 inne 2 11.86, 7-kamp J15 DNS

Tingvold, Helene (20.2.1998)

2013 4x800mR 2 10:16.31

Tjemsland, Live (18.10.2002)

2013 4x100mR J16 DQ:UM-reglement

Tofte, Susanne (14.2.1996)

2013 Spyd J17 2 38.25

Tollefsen, Annika (5.1.1993)

2013 7-kamp 6 3.723p, 200m J20-22 inne 4h2 27.62, 400m J20-22 inne 7 63.77, Lengde J20-22 inne 3 5.19, Tresteg J20-22 inne 4 10.68, 4x200mR J18-22 inne 2 1:44.56

Toogood, Christina Maria (23.1.1989)

2013 800m 8 2:12.82, 1500m 8 4:35.04, 800 m inne 4 2:14.28, 1500 m inne 4 4:41.83, 2km terreng 3 6:15, 4x800mR 2 10:16.31

Toverød, Hanna Luise Schultze (10.8.1996)

2013 4x100mR U20 DNF

Trane, Malene (1.10.1996)

2013 200m J17 6h3 27.76, 60m J17 inne 7h1 8.57

Tresselt, Tiril (22.2.1998)

2013 Slegge U20 8 29.38, 80m hekk J15 4h2 14.05, Slegge J15 1 33.16

Tvare, Ingvild (31.5.1991)

2013 Lengde 7k1 5.27, Tresteg 11 11.19, Lengde U23 5 5.25, Tresteg U23 4 11.34, Lengde J20-22 inne 4 5.19, Tresteg J20-22 inne 2 10.84

Tvilde, Randi Hernes (1.6.1979)

2013 Halvmaraton 11 1:45:00

Tærud, Therese Øverhagen (23.6.1996)

2013 800m U20 9h1 2:26.14, 1000mR U20 7 2:25.84, 400m J17 8 61.02, 800m J17 14 2:24.24, 1000mR J17-19 8 2:26.43

Tønnesen, Kristine (24.5.1997)

2013 100m J16 5h2 13.41, 80m hekk J16 5h1 DNFh1, Høyde J16 inne 4 1.50

U

Udstuen, Cecilie (17.6.1986)

2013 800 m inne 7 2:18.40

Ulvang, Kirsti Sekke (31.1.1994)

2013 4x100mR U20 3 51.83

Ulvang, Nora (19.11.1998)

2013 2000m J15 5 6:51.65

Undseth, Veronica (1.4.1994)

2013 800m J18/19 inne 2 2:14.24

V

Valderhaug, Astrid Råd (20.11.1995)

2013 100m J18/19 4h1 13.18, 200m J18/19 DNSh1

Valen, Line V. (23.9.1993)

2013 Lengde inne 12 4.85, Høyde uten tilløp 3 1.25, Lengde uten tilløp 4 2.37

Vangsnes, Katja (16.11.1991)

2013 Slegge 3 57.82, Slegge U23 1 58.25, Spyd U23 7 30.64

Vartdal, Anette (4.5.1996)

2013 800m U20 7h1 2:25.21, 1500m U20 13 5:09.54

Vatnaland, Janne Elin (15.11.1991)

2013 Halvmaraton U23 1 1:25:44

Vedde, Ingvild (29.2.1992)

2013 5000m 6 17:31.70, 6 km terreng 10 25:14, 1500m U23 4 4:39.66, 3000m U23 2 10:06.56

Vehus, Ann Sissel (17.9.1964)

2013 6 km terreng 19 26:21

Venås, Maria (22.4.1986)

2013 Maraton 1 2:48:26

Verpe, Ingrid Halvorsen (3.8.1996)

2013 60m hekk inne 6h3 10.01, 4x200mR inne DQ, 100m hekk J17 5 15.91, 300m hekk J17 6 47.94, 1000mR J17-19 5 2:21.52, 60m hekk inne 6 9.59, Høyde J17 inne 4 1.55, 4x200mR J15-17 5 1:51.87

Vigdal, Julie Landrø (10.2.1997)

2013 60m J16 inne 6s1 8.35, 200m J16 inne 4h3 28.18, 60m hekk J16 inne DNF, 4x200mR J15-17 9 1:55.68, 7-kamp J16 4 3.266p

Vikan, Linn (27.5.1991)

2013 Høyde 4 1.65, 1000mR 10 2:21.82, Høyde U23 3 1.66

Viken, Julie (11.7.1997)

2013 1000mR 5 2:15.18, 200m U20 5h2 27.28, 400m U20 5h1

61.92, 100m J16 4h3 13.09, 200m J16 5 26.78, 300m hekk J16 4 47.19, 1000mR J17-19 6 2:22.74, 60m J16 inne 5s1 8.33, 200m J16 inne 5 27.14

Vikne, Laila Merete Vinjevoll (1.2.1965)

2013 Motbakke 3 1:29.10

Vullum-Bruer, Frida (21.2.1976)

2013 6 km terreng 2 23:28

W

Wade, Rebecca (GBR?) (???.???)

2013 2km terreng 6 6:30

Wathne, Agathe Holtan (25.7.1994)

2013 100m 6h4 12.87, 100m hekk 5h2 14.39, Lengde 8k2 5.40, 1000mR 5 2:15.18, 100m U20 5s2 12.97, 400m hekk U20 DNF, Lengde U20 5 5.37, 100m J18/19 7 12.67, 200m J18/19 3 25.70, 100m hekk J18/19 1 14.17, 400m hekk J18/19 1 62.08, Lengde J18/19 3 5.44, 1000mR J17-19 6 2:22.74, 60m J18/19 inne DNFh7, 60m hekk J18/19 inne 1 8.90

Weinberg, Stella (GER) (21.10.1998)

2013 Spyd J15 2 43.42

Wendelborg, Linda (25.2.1969)

2013 Maraton 10 3:38:39

Weng, Lotta Udnes (29.9.1996)

2013 3000m J17 8 10:33.31

Weng, Merete (3.8.1988)

2013 Motbakke 1 1:27.13

Weng, Tirill Udnes (29.9.1996)

2013 3000m J17 4 10:19.29

Westberg, Helana Kumar (8.6.1998)

2013 2000m J15 11 7:38.58, 2km terreng J15 5 7:37

Westerlund, Amalia (26.1.1996)

2013 1000mR 11 2:25.54, 200m J17 7h1 27.73, 300m hekk J17 8 50.43, 200m J17 inne 4h4 27.50, Høyde J17 inne =2 1.55, Lengde J17 inne 8 4.69, 4x200mR J15-17 6 1:52.13

Wiersdalen, Hanne (2.1.1997)

2013 Stav J16 5 2.51

Willassen, Lisa Celine (8.4.1995)

2013 4x100mR 5 49.42, 4x400mR 3 3:58.48, 4x400mR U20 DNS

Wilson, Silje (4.6.1996)

2013 3000m J17 13 11:00.04

Wiseth, Malin Engan (28.7.1997)

2013 Høyde U20 2 1.69, 1000mR U20 6 2:25.44, Høyde J16 1 1.64, Tresteg J16 3 10.90, 1000mR J15/16 3 2:22.43, Høyde J16 inne 1 1.68, 4x200mR J15-17 4 1:51.60

Wold, Nora Kollerød (21.6.1997)

2013 400m hekk finale DNS, 400m hekk U20 2 63.39, 200m J16 4h2 27.20, 300m hekk J16 1 44.93, 2km terreng J16 DNF

Wormsen, Anette Sommer (3.5.1994)

2013 4x800mR U20 3 9:38.69

Wågan, Clara Sagnes (15.8.1997)

2013 1500m U20 11 5:04.30, 800m J16 12 2:25.33, 1500m hinder J16 7 5:21.58, 800m J16 inne 12 2:31.77, 1500m J16 inne 7 5:14.11, 4x200mR J15-17 8 1:53.66, 4km terreng J16 5 17:06

Wågan, Maria (22.5.1992)

2013 3000m hinder 4 11:54.75, 6 km terreng 16 26:38, 1500m U23 6 4:59.02, 3000m U23 6 11:05.46

Y

Yksnøy, Oline Lovise (1.11.1942)

2013 Maraton 24 4:51.05, 24 timer ultra 8 141103

Ytrehus, Ingrid Gloppen (19.8.1996)

2013 4x100mR U20 2 48.48, 100m J17 5h2 13.43, Tresteg J17 4 10.09

Ytrehus, Ingunn (9.10.1950)

2013 Maraton 20 4:03:28,

Z

Ziesler, Caroline (9.12.1995)

2013 4x800mR U20 6 10:03.59

Zlamalik, Veronika Brekke (1.1.1998)

2013 Høyde J15 9 1.46, Stav J15 7 2.21, Kule J15 10 8.99, 60m hekk J15 inne 6h1 10.82, Høyde J15 inne 12 1.35, Kule J15 inne 6 10.41

Ø

Øien, Kristine Eide (17.1.1995)

2013 Tresteg J18/19 5 10.29, Slegge J18/19 3 34.22

Ølnes, Guro (18.4.1997)

2013 100m J16 7h2 13.69, Lengde J16 8 4.84, Tresteg J16 9 10.12, 1000mR J15/16 7 2:31.51, 60m J16 inne 6h4 8.98, Lengde J16 inne 6 4.77, 4x100mR J16 1 50.60

Ørving, Tale (17.3.1989)

2013 100m hekk 2 13.67, 1000mR 6 2:15.69, 60m hekk inne 3 8.47

Østhus, Ida Beate Øyen (15.5.1987)

2013 Stav 5 3.70, Stav inne 2 3.80

Østvang, Marit (20.5.1996)

2013 3000m J17 10 10:43.79

Øvrebø, Ingrid (14.3.1996)

2013 60m inne 7h2 8.26, 200m inne 3h4 26.74, 4x100mR 5 49.42, 4x400mR 3 3:58.48, 4x100mR U20 3 51.83, 4x400mR U20 DNS, 200m J17 5h3 27.26, 1000mR J17-19 9 2:26.54, 60m J17 inne 6h1 8.40, 400m J17 inne 5 60.52, 4x200mR J15-17 7 1:53.53

Øya, Mari Strange (17.2.1990)

2013 Slegge 7 50.63

Øvstebø (Helle), Ingrid (13.8.1996)

2013 200m J17 inne 3h1 26.65

Å

Aakervik, Oda (2.3.1997)

2013 100m U20 5h5 13.46, 200m U20 6h1 27.91, 100m J16 4h2 12.92, 200m J16 4h3 27.47, 60m J16 inne 4h3 8.51, 4x200mR J15-17 8 1:53.66

Aakre, Marlen (17.9.1993)

2013 200m 5h2 26.15, 400m hekk 3 61.79, 400m inne 3h3 58.96, 800 m inne 6 2:17.87, 400m U23 3 58.58, 800m U23 2 2:14.99, 400m hekk U23 1 62.06

Aaltvedt, Kine (30.8.1991)

2013 100m hekk 3 13.81, 1000mR 6 2:15.69, 60m hekk inne 5 8.65, 100m hekk U23 1 14.04

Aaltvedt, Marte (15.2.1989)

2013 Spyd 3 49.66

Årdal, Marte Rygg (5.7.1992)

2012 Slegge 2 58.01, Diskos U23 4 34.31, Slegge U23 2 58.23

Årdalsbakke, Marit (11.5.1992)

2013 Diskos 7 40.95, Diskos U23 2 41.03

Aarvik, Torun Øvergaard (26.2.1971)

2013 6 km terreng 15 26:18

Aarø, Anne-Marit Moe (25.10.1996)

2013 2km terreng J17 14 7:50

Aarø, Mari Sellevåg (13.2.1998)

2013 Høyde 6 1.60, Lengde 9k1 4.90, Tresteg 7 11.47, Høyde inne 4 1.60, Høyde uten tilløp U20 2 1.20, Høyde J15 2 1.57, Lengde J15 3 5.20, Tresteg J15 1 11.56, Kule J15 4 10.79, Diskos J15 6 30.35, Høyde J15 inne 1 1.68, Lengde J15 inne 7 4.86

Aas, Hedda Lundeborg (31.10.1995)

2013 3000m J18/19 6 10:49.20

Åsegg, Birgith Kolstad (13.2.1997)

2013 Kule J16 2 11.93

Aasheim, Hilde (8.9.1984)

2013 5000m 1 16:27.31, 10000m 2 45:43.39, 2km terreng 2 6:13, Terrengstafett 1 25:28

Aasmo, Vilde (10.10.1998)

2013 60m J15 inne 5s1 8.39, 60m hekk J15 inne 5 9.52, 4x200mR J15-17 7 1:53.53, 4x100mR J16 DQ:UM-reglement

K = NM kappgang
L = NM halvmaraton
M = NM maraton
N = NM Ultraløp 100 km
O = NM ultraløp 24 timer
P = NM Motbakkeløp

[illegible]

Klubb	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
Modum FIK	X			X			X									
Moelven IL	X	X	X	X	X		X		X							
Moi IL				X												
Molde-Olymp IL		X		X	X		X									
Moss IL		X		X	X				X	X			X			
Mosvik IL								X								
Målselv IL				X												
Måndalen IL				X												
Namdal Løpeklubb	X	X						X								
Namdalseid IL				X												
Namsen FIF		X		X	X			X		X						
Narvik IL				X												
Nesbyen IL				X			X									
Nesodden IF				X	X											
IL Nidelv				X	X							X				
Nittedal IL	X	X	X	X	X	X	X			X						
Nordre Eidsvoll IL							X						X			
IL Norna-Salhus	X		X	X	X	X	X	X			X	X				X
NTNUI	X	X						X								
Ogndal IL	X	X	X		X					X					X	
Oppegård IL		X			X		X					X	X			
Oppstad IL				X			X	X								
FIK Orion	X	X	X	X	X		X		X							
Os TF				X	X	X										
Oslo-Studentenes IK													X			X
Osterøy IL	X	X	X	X		X	X		X			X				X
Ottestad IL													X			
Overhalla IL		X		X	X					X						
IL Pioner	X	X		X	X											
Rakkestad IL	X															
Rana FIK	X	X	X	X	X	X				X						
Ranheim IL	X	X	X	X	X	X		X	X				X			
Raufoss IL		X		X	X								X		X	
Raumnes & Årnes IL				X									X			
FIK Ren-Eng	X	X		X			X	X					X			
Rena IL				X												
Rindal IL	X	X	X		X		X	X				X				
Ringerike FIK				X	X		X									
Romerike Ultra													X	X	X	
IL Runar	X	X		X	X											
Rustad IL												X	X		X	
SK Rye															X	
Rygge IL													X			
Røa IL															X	
Rørvik IL								X								
Salangen IL				X												
Samnanger IL												X				X
Sandane T&IF				X												
Sandefjord T&IF	X	X		X	X											
Sandnes IL	X	X	X	X	X	X		X	X	X		X				
IL Sandvin	X	X	X	X	X		X									
Sarpsborg IL				X	X					X						
Selbu IL		X		X	X			X		X						
Selsbakk IF	X	X	X	X	X		X	X								
Sem IF	X			X	X					X						
Sigdal FIK	X		X	X												

[illegible]

Klubb	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P
Vestre Spone IL								X								
SK Vidar	X	X	X	X	X		X	X				X	X		X	
Vik IL	X															X
T&IF Viking	X	X	X	X	X						X	X				
IL Vind													X			
Vollan IK		X		X	X		X									
Voss IL												X				
IK Våg	X	X	X	X	X					X						
Vaaler IF		X		X												
IL Yrjar			X													
Ørsta IL		X		X	X											
Øystese IL														X		
Øystre Slidre IL				X												
Åkra IL		X		X	X											
Ålesund FIK		X		X	X					X						
Åmdal IL															X	
Ås IL			X	X	X											
Åskameratene UIL							X					X			X	