

This year consists of the following competitions:

9.5	Bergen, NOR	21 st Nordic Race Walking Championships
24.5	Karstula, FIN	2 nd Nordic 10000m Challenge
27.6	Laitila, FIN	33 rd Nordic Junior Race Walking Match
11.-12.7	Hyvinkää, FIN	26 th Nordic Junior Championships Combined Events
18.-19.7	Eurajoki, FIN	1 st Nordic U23 Championships
22.-23.8	Odense, DEN	49 th Nordic Junior Match
7.11	Ålgård, NOR	2 nd Nordic Cross Country Championships

Nordic Race Walking Championships

Bergen, NOR 9 May

Men

Junior (U21)		9 May	
1	Viktor Jansson	SWE	44:22.4
2	Erik Tysse	NOR	45:41.4
3	Henning Havsgård	NOR	46:10.9
4	Christian Tellevik	NOR	46:23.6
5	Jesper Møller-Thomsen	DEN	47:41.0
	Snorra Bang Utaker	NOR	DNF

Women

Junior (U21)		9 May	
1	Elin Cesilie Loftesnes	NOR	23:58.3
2	Magdalena Jacobsson	SWE	24:36.4
3	Tiina Muinonen	FIN	25:33.5
4	Benedikte Bergli	NOR	25:33.8
5	Mailen Lund	NOR	29:24.6
6	Maria Hansen	DEN	29:52.3

Nordic 10000 m Challenge

Karstula, FIN 24 May

Men

Senior		24 May	
1	Dennis Jensen	DEN	29:02.87
2	Bjarne Thysell	SWE	29:25.56
3	Svein Inge Buhaug	NOR	29:27.25
4	Jussi Virtanen	FIN	29:31.36
5	Janne Holmén	FIN	29:33.97
6	Sannti Mäkinen	FIN	29:36.06
7	Toni Paunonen	FIN	29:51.35
8	Jonas Hagelin	SWE	30:07.28

9 Mustafa Mohamed, SWE 30:16.10, 10 Petri Kuusinen, FIN 30:21.56, 11 Lars Johansson, SWE 30:27.57, 12 Jaakko Kero, FIN 30:40.30, 13 Mika Olkkola, FIN 30:45.39, 14 Mikael Andersson, SWE 30:52.10, 15 Jani Karhu, FIN 32:19.57, 16 Jarno Maimonen, FIN 32:31.15, 17 Anssi Raittila, FIN 32:38.67

Extra: Paul Kigen, KEN 29:01.65, David Cheruiyot, KEN 29:24.34, Daniel Kiprugut, KEN 30:22.12

Women

Senior		24 May	
1	Hilde Hovdenak	NOR	33:11.36
2	Stine Larsen	NOR	33:12.03
3	Marie Söderström-Lundberg	SWE	33:40.72
4	Annemette Jensen	DEN	33:42.19
5	Anja Jørgensen	DEN	34:30.53
6	Päivi Kauppinen	FIN	34:33.59
7	Tiina Toivanen	FIN	35:19.28
8	Sari Salminen	FIN	35:24.56

9 Marjaana Lahti-Koski, FIN 36:00.93, 10 Minna Jääskeläinen, FIN 36:11.44, 11 Päivi Friari, FIN 36:19.16, 12 Hanna-Kaisa Suurhasko, FIN 37:58.45, Pauliina Rasmus, FIN DNF, Grete Kirkeberg, NOR DNF, Gitte Karlshøj, DEN DNF, Kirsi Mattila FIN DNF

Nordic Junior Race Walking Match

Laitila, FIN 27 Jun

Men

U21		27 Jun	10000m
1	Karsten Godtfredsen	DEN	44:10.3
2	Erik Tysse	NOR	44:15.5
3	Christian Trellevik	NOR	44:22.2
4	Pekka Matilainen	FIN	47:14.1
5	Marko Härmäläinen	FIN	49:08.1
6	Magnus Johansson	SWE	5:12.7

Jesper Møller Thomsen, DEN DQ, Arto Matilainen, FIN DQ, Snorre Utaker, NOR DQ

U18		27 Jun	5000m
1	Viktor Jansson	SWE	21:53.9
2	Eero Turpeinen	FIN	22:00.7
3	Markku Härmäläinen	FIN	22:53.0
4	John C. Scheie	NOR	23:53.9
5	Markus Helldán	FIN	24:34.9
6	Karl H. Kristiansen	NOR	27:22.0

Andreas Gustafsson, SWE DQ, Espen Ellefsen, NOR DQ

U16		27 Jun	3000m
1	Jani Ranta-Pere	FIN	13:46.3
2	Christian Laursen	DEN	13:49.6
3	Sigbjørn Sandberg	NOR	14:07.3
4	Pekka Vuori	FIN	14:23.4
5	Thomas Ølness	NOR	14:40.0
6	Ludvig Jansson	SWE	14:52.4
7	Thomas Elholm	NOR	15:08.4
8	Kalevi Jäskäläinen	FIN	15:34.0

9 Kenny Kristiansen, DEN 15:45.1, 10 Mikael Bengtsson, SWE 16:32.1

Women

U21		27 Jun	5000m
1	Elina Risto	SWE	23:41.9
2	Anne Haaland Simonsen	NOR	23:51.7
3	Monica Svensson	SWE	24:10.1
4	Elin Cecilie Løftesnes	NOR	24:29.7
5	Magdalena Jakobsson	SWE	24:32.6
6	Päivi Huuhtanen	FIN	24:52.3
7	Benedicte Bergli	NOR	25:53.2
8	Viva Virtanen	FIN	26:12.4

Extra: Marke Härmäläinen, FIN 28:13.4

U18		27 Jun	5000m
1	Tiina Moinonen	FIN	25:45.5
2	Krista Ranta-Pere	FIN	26:04.2
3	Tiina Kokkonen	FIN	26:24.4
4	Sandra Eriksson	SWE	27:04.4
5	Johanne E. Rostad	NOR	27:29.5
6	Anna Nilsson	SWE	29:04.7
7	Angelika Johansson	SWE	30:39.5

U16		27 Jun	3000m
1	Suvi Päällysaho	FIN	15:09.6
2	Mirke Härmäläinen	FIN	15:14.8

3	Niina Mutanen	FIN	15:44.1
4	Sofia Andersson	SWE	16:04.5
5	Karin Sandqvist	SWE	16:34.0
6	Solfrid Bakke	NOR	16:36.3
7	Maria Nilsson	SWE	16:58.2

Extra: Anu-Riikka Anttila, FIN 16:26.0

Points	Nation	Total
	FIN	80
	NOR	63
	SWE	47
	DEN	18

Nordic Junior Championships Combined Events

Hyvinkää, FIN 11-12 Jul

Men

	<i>U23 Decathlon</i>		11-12 Jul
1	Asko Kilpeläinen	FIN	7.411
2	Teemu Heino	FIN	6.970
3	Espen Strindeberg	NOR	6.879
4	Nils Wiklund	SWE	6.585
5	Erik Drange Tønnessen	NOR	6.261

Extra: Benjamin Jensen, NOR DNF

(100m, Long jump, Shot put 7,26kg, High jump, 400m, 110 hurdles 106,7cm, Discus 2kg, Pole vault, Javelin throw 800g, 1500m)

1	11.38	7.01	12.34	1.93	51.53	15.29	34.27	5.05	60.85	4:42.66
	+0,7	+1,3			+2,4					
2	11.29	6.97	12.41	1.72	52.55	14.72	38.96	4.25	48.01	4:36.87
	+0,7	+1,2			+2,4					
3	11.53	6.62	12.03	1.84	53.61	15.21	36.63	4.25	54.48	4:33.71
	+0,7	+2,4			+2,4					
4	11.73	6.51	11.68	1.81	53.62	15.75	34.56	4.35	53.80	4:49.01
	+0,7	+1,6			+2,4					
5	11.71	6.16	11.39	1.72	52.46	15.77	32.48	4.05	49.54	4:51.14
	+0,7	+1,2			+2,4					
E	11.31	6.70	12.06	1.75	51.06	DNS				
	+0,7	+1,1								

	<i>U21 Decathlon</i>		11-12 Jul
1	Christer Göransson	SWE	6.873
2	Rajne Svenssohn	SWE	6.842
3	Maciek Musial	NOR	6.827
4	Jukka Väkeväinen	FIN	6.736
5	Knut Harald Sommerfeldt	NOR	6.594
6	Mika Rajala	FIN	6.450
	Henri Kokkonen	FIN	DNF

Extra: E1 Marcis Rullis, LAT 6.916, E2 Tarmo Jallai, EST 6.712, E3 Intars Dicmanis, LAT DNF

(100m, Long jump, Shot put 7,257kg, High jump, 400m, 110m hurdles 106,7cm, Discus 2kg, Pole vault, Javelin throw 800g, 1500m)

1	11.46	7.07	11.79	1.81	50.62	14.95	34.22	3.95	49.05	4:39.41
	+0,1	+1,7			+1,4					
2	11.39	6.20	12.53	1.84	52.76	15.04	40.26	4.35	53.63	4:58.13
	+1,2	+1,3			+0,7					
3	11.30	6.68	11.77	1.84	53.73	15.59	36.88	4.65	50.24	4:51.11
	+1,2	+1,3			+0,7					
4	11.79	6.65	11.54	1.90	51.45	16.22	36.06	4.25	49.96	4:36.87
	+1,2	+2,2			+0,7					
5	11.83	6.81	12.76	1.75	55.15	15.67	36.56	4.15	56.51	4:53.18
	+1,1	+2,1			+1,4					
6	11.83	6.6	11.16	1.81	53.39	15.85	35.43	4.25	46.60	4:47.68
	+1,1	+1,1			+1,4					
	11.34	6.85	12.49	1.87	52.29	15.30	36.26	3.95	NM	DNS
	+1,2	+1,1			+0,7					
E1	11.07	6.44	12.91	1.72	50.45	15.31	40.53	3.95	49.64	4:37.14
	+1,1	+1,9			+1,4					
E2	11.34	6.63	11.69	1.90	53.20	15.04	35.76	4.05	44.94	4:43.98
	+1,1	+1,6			+1,4					
E3	11.48	6.61	11.74	1.78	53.54	DNS				
	+1,2	+1,8								

	<i>U19 Decathlon</i>		11-12 Jul
1	Teemu Raitiainen	FIN	7.012

2	Sigurður Karlsson	ISL	6.843
3	Håkan Jedhammer	SWE	6.654
4	Jussi Välimäki	FIN	6.595
5	Trygve Olsen	NOR	6.490
6	Henrik Baker	DEN	6.465
7	Vosa Hammo	FIN	6.399
8	Johan Wiklund	SWE	6.195

Magnus Lönnqvist, SWE DNF, Runar Heltne, NOR DNF

Extra: Risto Jamnes, EST 6.297, Artis Stankevics, LAT DNF

(100m, Long jump, Shot put 6,25kg, High jump, 400m, 110m hurdles 100cm, Discus 1,75kg, Pole Vault, Javelin throw 800g, 1500m)

1	11.19	6.41	13.59	1.95	52.71	15.25	42.07	4.15	58.10	5:16.95
	+1,2	+0,7			+0,1					
2	11.45	7.09	13.99	1.71	52.08	16.18	39.38	4.05	55.76	4:48.32
	+1,2	+2,2			+0,9					
3	11.23	6.78	10.86	1.74	51.18	15.71	30.70	4.35	48.84	4:40.61
4	11.83	6.27	13.62	1.92	56.53	15.44	35.37	4.45	54.42	5:06.83
5	11.80	6.67	14.01	1.86	55.09	15.84	39.28	3.55	52.54	5:03.96
6	11.60	6.14	11.88	1.89	52.67	14.74	31.71	3.95	43.40	4:46.22
7	11.38	6.44	12.99	1.74	53.51	15.40	33.91	3.85	52.84	5:13.92
8	11.75	6.12	10.87	1.80	54.98	15.31	38.45	4.05	48.98	5:16.93
	12.27	5.62	10.76	1.65	DNF	DNS				
	11.99	DNS								
E	11.62	6.31	11.68	1.74	54.25	15.50	36.23	3.95	51.42	5:05.23
	DNF	DNS								

	<i>U17 Nonathlon</i>		11-12 Jul
1	Tatu Pussila	FIN	6.320
2	Kimmo Lehtinen	FIN	5.641
3	Philip Nossmy	SWE	5.471
4	Daniel Malmström	SWE	5.346
5	Bjørn Sigurd Sommerfeldt	NOR	4.350

9 Bjørn Sigurd Sommerfeldt, NOR 4.350, Mikkel Løvgren, DEN DNF

Extra: Tõnis Raatma, EST 5.767, Janis Karlivans, LAT 5.352, Kristo Kallavus, EST 5.053, Rasmus Kerge, EST 4.857

(110m hurdles 91,4cm, Discus 1,5kg, Pole Vault, Javelin throw 600g, 100m, Long jump, Shot put 5,44kg, High jump, 1000m)

1	13.58	42.29	3.75	66.47	11.60	1.91	13.58	7.09	3:22.55
								+2,9	
2	14.32	36.64	4.35	48.02	12.10	1.85	12.25	6.19	3:10.94
								+4,4	
3	13.09	33.28	4.25	39.06	11.48	1.76	10.42	5.99	3:11.87
4	14.21	38.90	3.65	41.21	11.87	1.79	11.79	6.08	3:11.46
5	15.35	28.23	2.85	41.33	12.81	1.64	10.92	5.85	3:17.95
	15.39	27.23	2.95	40.64	DNS				
E	14.52	36.39	3.85	50.81	12.01	1.85	12.29	6.60	2:54.44
								+2,1	
	15.20	35.06	3.55	41.76	12.45	1.91	12.24	6.66	3:03.14
								+2,5	
	14.44	39.25	3.55	46.65	12.43	1.61	11.28	5.76	3:07.64
								+2,8	
	16.07	32.53	3.45	42.57	12.98	1.94	10.52	5.61	2:56.23

Women

	<i>U23 Heptathlon</i>		11-12 Jul
1	Annu Montell	FIN	5.629
2	Rannveig Kvalvik	NOR	5.221
3	Eli Therese Sommerfeldt	NOR	5.111
4	Pamela Aalto	FIN	4.899

Extra: Katri Paananen, FIN DNF, Tania Longe, NOR DNF

(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw, 800m)

1	13.81	1.72	12.63	25.47	5.71	40.76	2:25.24
2	14.32	1.66	11.52	25.58	5.37	36.34	2:24.93
							+3,1
3	14.83	1.57	12.00	26.56	5.34	41.98	2:23.44
4	14.81	1.63	11.68	26.64	5.40	33.42	2:32.14
	14.91	1.63	9.74	26.15	DNS		
	14.36	1.63	13.27	26.42	DNS		

	<i>U21 Heptathlon</i>		11-12 Jul
1	Andrea Geurtsen	SWE	5.288
2	Katja Kangas	FIN	5.107
3	Alice Bergström	SWE	4.928

4	Malin Svensson	SWE	4.782
	Hildegunn Holten	NOR	DNF
(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw 600g, 800m)			
1	14.71	1.66	9.79 24.76 5.76 32.61 2:16.35
2	14.64	1.63	11.00 26.05 5.66 37.47 2:30.06
			+2,1
3	15.49	1.66	10.74 26.69 5.23 39.38 2:25.33
4	14.87	1.69	11.41 25.66 3.65 40.20 2:27.06
5	?	DNS	

U19 Heptathlon		11-12 Jul	
1	Niina Kelo	FIN	5.137
2	Kati Hurskainen	FIN	4.875
3	Ida Sjöling	SWE	4.441
	Jenny Jansson	SWE	DNF
(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw 600g, 800m)			
1	14.63	1.64	13.46 27.09 5.36 46.70 2:42.46
2	15.09	1.58	11.20 26.15 5.49 36.94 2:34.71
3	15.45	1.58	10.07 26.60 5.26 29.98 2:41.17
	15.43	1.55	DNF DNS

U17 Heptathlon		11-12 Jul	
1	Carolina Klüft	SWE	5.179
2	Anna Saari	FIN	4.889
3	Hanna Brännström	SWE	4.801
4	Katriina Saarnio	FIN	4.603
5	Anni Leminen	FIN	4.548
6	Sophie Olsson	SWE	4.457
7	Karen Klintø	DEN	3.926
(100m hurdles 76,2cm, High jump, Shot put 3kg, 200m, Long jump, Javelin throw 600g, 800m)			
1	14.22	1.73	9.63 26.14 5.75 34.75 2:28.67
			+2,8
2	14.45	1.49	11.08 25.56 5.51 36.96 2:36.39
			+2,8
3	14.79	1.61	12.18 26.31 5.54 27.94 2:38.41
			+2,8
4	14.89	1.49	10.53 26.61 5.50 28.82 2:31.49
			+2,8
5	14.25	1.49	9.41 26.65 5.18 30.62 2:32.14
			+2,8
6	15.60	1.58	11.06 28.00 5.30 29.18 2:33.72
			+2,8
7	16.01	1.37	10.60 27.11 5.04 25.02 2:45.87
			+2,8

Nordic U23 Championships

Eurajoki, FIN	18-19 Jul
Men	

100 m		18 Jul	+1,7
1	John Ertzgaard	NOR	10.55
2	Thomas Mellin-Olsen	NOR	10.71
3	Kim Meller	FIN	10.76
4	Niklas Sjöstrand	SWE	10.78
5	Teemu Tapper	FIN	10.84
6	Niclas Broström	SWE	10.96
7	Sveinn Þórarinnsson	ISL	11.11
8	Stefan Schmidt	DEN	11.13

200 m		18. aug	-1,3
1	John Ertzgaard	MOR	21.62
2	Niklas Sjöstrand	SWE	22.03
3	Kim Meller	FIN	22.13
4	Erik Kringeland	NOR	22.27
5	Harri Penttinen	FIN	22.28
6	Klas Ringdahl	SWE	22.32
7	Stefan Schmidt	DEN	22.94

400 m		18 Jul	
1	Jimisola Laursen	SWE	46.91
2	Johan Lannefors	SWE	47.10
3	Jon Are Sundland	NOR	48.15
4	Teemu Flinck	FIN	48:47
5	Tero Inttilä	FIN	48.63
6	Roald Bergheim	NOR	48.66
7	Stefan Schmidt	DEN	48.76

800 m		19 Jul	
1	Jouni Haatainen	FIN	1:50.78
2	Kjetil Hodnekvam	NOR	1:50.95
3	Fredrik Kjellberg	SWE	1:51.70
4	Antti Vasala	FIN	1:52.02
5	Jon Are Sundland	NOR	1:52.51
6	Göran Olofsson	SWE	1:52.81
7	Björn Margeirson	ISL	1:56.83

1500 m		18 Jul	
1	Juha Kukkamö	FIN	3:49.50
2	Mattias Norling	SWE	3:50.44
3	Fredrik Kjellberg	SWE	3:51.36
4	Marius Bakken	NOR	3:52.64
5	Ari Sarja	FIN	3:55.24
6	Vegard Imsland	NOR	3:55.89
7	Björn Margeirsson	ISL	4:03.88

5000 m		19 Jul	
1	Janne Holmén	FIN	14:12.21
2	Joakim Johansson	SWE	14:17.49
3	Kenneth S. Svendsen	NOR	14:30.74
4	Jussi Virtanen	FIN	14:49.52
5	Sveinn Margeirsson	ISL	15:03.67
6	Tobias Lundvall	SWE	15:05.86
7	Danny Lajer	DEN	15:17.55
8	Kristian Jarnung	NOR	15:39.75

110 m hurdles		18 Jul	-2,0
1	Robert Kronberg	SWE	13.94
2	Henrik Ögren	SWE	14.36
3	Kenneth Halhjem	NOR	14.41
4	Kim Lesch	FIN	14.65
5	Matti Niemi	FIN	14.72
6	Birger Hermansen	NOR	14.90

400 m hurdles		19 Jul	
1	Atle McAdam	NOR	51.30
2	Peter Andersson	SWE	51.37
3	Kalle-Pekka Tiihonen	FIN	52.99
4	Sveinn Þórarinnsson	ISL	53.64
5	Niklas Andersson	SWE	54.08
6	Juha Lehto	FIN	54.84
7	Kristian Fagerland	NOR	56.11

3000 m steeplechase		18 Jul	
1	Ahmed Mohamed	SWE	9:02.11
2	Kjetil Ramstad	NOR	9:05.52
3	Iver Arnesen	NOR	9:12.42
4	Per Jacobsen	SWE	9:16.08
5	Petri Kykyri	FIN	9:20.83
6	Markus Palokangas	FIN	9:44.18

Extra: Tuomo Lehtinen, FIN 8:49.72

High jump		18 Jul	
1	Stefan Holm	SWE	2.33
2	Oskari Frösén	FIN	2.27
3	Ville Vepsäläinen	FIN	2.15

4	Vegard A. Hansen	NOR	2.09
5	Fredrik Eurenus	SWE	2.06
6	Anders Falkum	NOR	2.03

Pole vault

19 Jul

1	Patrik Kristiansson	SWE	5.50
2	Jani Sörensen	FIN	5.00
3	Mikael Tapio	SWE	5.00
4	Toni Latvala	FIN	4.80
5	Kjetil Rønneberg	NOR	4.80
	Øystein Kamperud	NOR	NM

Long jump

18 Jul

1	Peter Häggström	SWE	7.90 +1,4
2	Robert Fält	SWE	7.27 -0,5
3	Arjan Bos	NOR	7.19 +3,4
4	Finn Tysland Johnsen	NOR	7,14 +0,5
5	Robert Strandvall	FIN	7.13 +0,8
6	Petteri Laitinen	FIN	6.88 -1,2

Triple jump

19 Jul

1	Jani Parkkinen	FIN	15.90 -0,4
2	Marko Siurua	FIN	15.74 +3,9
			15.10 -1,8
3	Henrik Sahlström	SWE	15.47 -0,1
4	Lars Eric Sæther	NOR	14.40 +1,8
5	Håvard Skjerven	NOR	14.36 +1,9
6	Stefan Svensson	SWE	14.07 +0,5

Shot put

18 Jul

1	Jarkko Haukijärvi	FIN	18.31
2	Jani Illikainen	FIN	18.18
3	Håkan Andersson	SWE	17.72
4	Gjöran Sørli	NOR	17.37
5	Joachim B. Olsen	DEN	17.15
6	Gaute Myklebust	NOR	15.05
7	Patrik Johansson	SWE	14.18

Discus throw

18 Jul

1	Magnús Aron Hallgrímsson	ISL	56.21
2	Gjöran Sørli	NOR	53.69
3	Juha Lahdenranta	FIN	53.18
4	Markku Kontinen	FIN	51.30
5	Dariusz Slowik	DEN	51.03
6	Gaute Myklebust	NOR	50.31
7	Fredrik Östlin	SWE	47.19
8	Patrik Johansson	SWE	46.98

Hammer throw

19 Jul

1	Mikko Dannbäck	SWE	68.69
2	Janne Vartia	FIN	66.34
3	Svante Söderlund	SWE	61.93
4	Bjørn Erik Pettersen	NOR	58.76
5	Knut Vikne	NOR	57.69
6	Peter Lindståhl	SWE	57.44

Javelin throw

18. aug

1	Teemu Pasanen	FIN	73.01
2	Daniel Gustafsson	SWE	71.52
3	Hannu Virta	FIN	70.34
4	Daniel Ragnvaldson	SWE	69.25
5	Sigmar Vilhjálmsson	ISL	67.86
6	Paul A. Solberg	NOR	56.79
7	Geir Dahl	NOR	55.84

4x100 m relay

18 Jul

1	SWE	40.48	(Niclas Broström, Niklas Sjöstrand, Peter Häggström, Robert Kronberg)
2	FIN	40.93	(Teemu Tapper, Kim Meller, Harri Penttinen, Kim Lesch)
	NOR	DQ	

4x400 m relay

19 Jul

1	SWE	3:09.65	(Robert Norlin, Peter Andersson, Johann Lannefors, Jimisola Laursen)
2	FIN	3:12.26	(Tero Inttilä, Teemu Flinck, Jouni Haatainen, Juha Kukkamä)
3	NOR	3:12.59	(Kristian Fagerland, Roald Bergheim, Atle McAdam, Kjetil Hodnekvam)

Points	Men	Nation	Total
		FIN	144
		SWE	141
		NOR	107

Women

100 m

18 Jul

			+1,9
1	Ann Helen Rinden	NOR	11.81
2	Tanja Keränen	FIN	11.92
3	Kerstin Dahlfors	SWE	11.93
4	Viktoria Gunnarsson	SWE	12.04
5	Cecilie Ringvold	NOR	12.11
6	Hanna Häkkinen	FIN	12.26
7	Gúdrun Sunna Gestsdóttir	ISL	12.37

200 m

19 Jul

			-0,1
1	Ann Helen Rinden	NOR	24.39
2	Sofi Hildenborg	SWE	24.60
3	Tanja Keränen	FIN	25.13
4	Viktoria Gunnarsson	SWE	25.18
5	Gúdrun Sunna Gestsdóttir	ISL	25.63
6	Cecilie Ringvold	NOR	25.64
7	Annamari Oinonen	FIN	25.70

400 m

18 Jul

1	Ann Helen Rinden	NOR	54.92
2	Pia Welin	SWE	56.16
3	Charlotte Thune	SWE	56.36
4	Annika Kumlin	FIN	56.85
5	Asborg Aanstad	NOR	57.58
6	Crista Kuusisaari	FIN	58.67

800 m

19 Jul

1	Rikke Rønholt	DEN	2:08.03
2	Tytti Reho	FIN	2:09.15
3	Erika Tapio	FIN	2:09.64
4	Therese Ahlepil	SWE	2:11.30
5	Ragnhild Kvarberg	NOR	2:13.96
6	Louise Wenngren	SWE	2:15.13
7	Kristin Roset	NOR	2:17.80

1500 m

18 Jul

1	Ingvill Måkestad	NOR	4:21.44
2	Petrine Holm	DEN	4:22.02
3	Susanne Wigene	NOR	4:26.25
4	Minna Haronoja	FIN	4:30.16
5	Hanna Okkonen	FIN	4:31.30
6	Linda Ström	SWE	4:31.95
7	Emma Lindblom	SWE	4:39.01

5000 m

19 Jul

1	Susanne Wigene	NOR	16:26.47
2	Jenny Framme	SWE	16:28.30

3	Karin Ernström	SWE	16:37.43
4	Fride Vullum	NOR	17:30.26
5	Jaana Heiskanen	FIN	17:37.03
6	Tanja Maimonen	FIN	17:50.14

<i>100 m hurdles</i>				18 Jul	-0,8
1	Johanna Halkoaho	FIN	13.60		
2	Hanna Pennanen	FIN	13.89		
3	Karin Jönsson	SWE	14.12		
4	Joanna Bucarska	DEN	14.31		
5	Katarina Svensson	SWE	14.42		
6	Rannveig Kvalvik	NOR	14.67		
7	Eli Therese Sommerfeldt	NOR	14.90		

<i>400 m hurdles</i>				19 Jul	
1	Annika Kumlin	FIN	60.39		
2	Katarina Svensson	SWE	60.53		
3	Lise Jensen	NOR	61.09		
4	Anna Nyström	SWE	61.69		
5	Crista Kuusisaari	FIN	62.35		
6	Hege Olsen	NOR	62.80		

<i>High jump</i>				19 Jul	
1	Emelie Färdigh	SWE	1.82		
2	Annu Montell	FIN	1.76		
3	Mona Andreassen	NOR	1.73		
4	Katja Vainikainen	FIN	1.70		
5	Linda Eriksson	SWE	1.60		
6	Rannveig Kvalvik	NOR	1.60		

<i>Pole vault</i>				18 Jul	
1	Þórey Edda Elísðóttir	ISL	4.20		
2	Annika Berntsson	SWE	3.50		
3	Hanna Palamaa	FIN	3.40		
4	Sandra Ribba	SWE	3.20		
5	Charlotte Granlund	NOR	3.00		
6	Joanna Riihimäki	FIN	3.00		
7	Veronica Rønneberg	NOR	2.90		

<i>Long jump</i>				19 Jul	
1	Camilla Johansson	SWE	6.65		
2	Johanna Halkoaho	FIN	6.55		
3	Cecilie Rise	NOR	6.00 -0,7		
4	Niina Sarman	FIN	5.97 +1,5		
5	Anna Göransdotter Nilsson	SWE	5.64 -1,0		
6	Therese Sommerfeldt	NOR	5.59 +0,5		

Series	1	2	3	4	5	6
1	6.19	X	6.40	6.43	6.65	?
	+0,3		+1,2	+3,0	+3,0	
2	X	6.33	X	X	6.55	X
		+1,5			-0,8	

<i>Triple jump</i>				18 Jul	
1	Cecilie Rise	NOR	13.19 +2,5		
2	Hanna Pennanen	FIN	13.05 -1,2		
3	Saija Miettunen	FIN	12.81 +0,3		
4	Line Fiskerstrand	NOR	12.38 +1,3		
5	Anna Nilsson-Göransdotter	SWE	12.30 +2,3		
			12.21 -0,7		
6	Malin Larsson	SWE	12.29 +1,3		

<i>Shot put</i>				18 Jul	
1	Helena Engman	SWE	14.56		
2	Katja Tenhonen	FIN	14.28		
3	Catarina Andersson	SWE	14.22		
4	Gunn T. Johannessen	NOR	13.98		
5	Charlotte Wählin	DEN	13.74		

6	Anita Hietalahti	FIN	12.74
7	Grethe Kleggetveit	NOR	12.61

<i>Discus throw</i>				19 Jul	
1	Tiina Kankaanpää	FIN	59.58		
2	Katja Tenhonen	FIN	53.95		
3	Grete Etholm	NOR	50.57		
4	Karin Vikne	NOR	48.76		
5	Lena Björk	SWE	47.68		
6	Maria Pettersson	SWE	46.36		
7	Hanna Lind Ólafsdóttir	ISL	41.18		

Series	1	2	3	4	5	6
1	59.43	59.11	59.58	X	58.83	X

<i>Extra: Anita Hietalahti, FIN 52.49</i>					
<i>Hammer throw</i>				18 Jul	
1	Charlotte Wählin	DEN	52.73		
2	Maria Airaksinen	FIN	49.04		
3	Kirsi Koro	FIN	48.90		
4	Linda Andreasson	SWE	47.91		
5	Eva Danielsen	NOR	47.46		
6	Signe Stige	NOR	46.35		
7	Helena Engman	SWE	44.85		

<i>Javelin throw</i>				18 Jul	
1	Taina Uppa	FIN	61.01		
2	Kirsi Ahonen	FIN	57.09		
3	Laila Bergskås	NOR	50.93		
4	Haldóra Jónasdóttir	ISL	50.23		
5	Christina Scherwin	DEN	48.80		
6	Grethe Kleggetveit	NOR	42.69		
7	Linda Andreasson	SWE	40.75		
8	Anna-Karin Jansson	SWE	40.15		

<i>4x100 m relay</i>				18 Jul	
1	SWE	46.11	(Kerstin Dahlfors, Sofi Hildenborg, Viktoria Gunnarsson, Karin Jönsson)		
2	FIN	46.79	(Hanna Häkkinen, Tanja Keränen, Annamari Oinonen, Johanna Halkoaho)		
3	NOR	47.23	(Inger Elisabeth Tørre, Cecilie Ringvold, Asborg Aanstad, Hege Olsen)		

<i>4x400 m relay</i>				19 Jul	
1	NOR	3:43.82	(Lise Jensen, Asborg Aanstad, Ingvi Måkestad, Ann Helen Rinden)		
2	SWE	3:44.97	(Charlotte Thune, Anna Nyström, Katarina Svensson, Pia Welin)		
3	FIN	3:55.63	(Hanna Häkkinen, Annika Kumlin, Crista Kuusisaari, Erika Tapio)		

Points Women	Nation	Total
	FIN	139
	SWE	119
	NOR	114

Nordic Junior Match		
Odense, DEN		22-23 Aug
Men		

<i>100 m</i>				22 Aug	+2,4
1	Vinh Nghi Tran	FIN	10.2		
2	Tuomas Näsi	FIN	10.4		
3	Daniel Nunez	SWE	10.5		
4	Jan C. Torvestad	NOR	10.6		
5	Hossein Asgari	DEN	10.7		
6	Mariusz Musial	POL	10.7		
7	Aron Freyr Lúðvíksson	ISL	10.7		
8	Lenny Martinez	SWE	10.7		

<i>200 m</i>				23 Aug	+1,6
1	Lenny Martinez	SWE	21.54		

2	Vinh Nghi Tran	FIN	21.90
3	Jan C. Torvestad	NOR	22.16
4	Fredrik Eklund	SWE	22.19
5	Martin Hjelseth	NOR	22.37
6	Aron Freyr Lúðvíksson	ISL	22.64
7	Steffen Jørgensen	DEN	22.72
8	Tero Virjonen	FIN	62.67

<i>400 m</i>			
22 Aug			
1	Jon Are Sundland	NOR	48.02
2	Thomas Byrberg	SWE	48.14
3	Sveinn Þórarinnsson	ISL	49.06
4	Antti Pirttimäki	FIN	49.59
5	Jacob Stafstedt	SWE	49.72
6	Juha Yli-Arvela	FIN	50.00
7	Carsten Schmidt	DEN	51.00
8	Lars Eric Sæther	NOR	51.04

<i>800 m</i>			
23 Aug			
1	Jon Are Sundland	NOR	1:52.29
2	Fredrik Karlsson	SWE	1:52.74
3	John Laselle	SWE	1:53.45
4	Marius Bakken	NOR	1:54.83
5	Mikael Talasjoki	FIN	1:55.51
6	Kristoffer Härtull	FIN	1:55.76
7	Anders Thøgersen	DEN	1:55.90
8	Klaus Rønne	DEN	2:03.56

<i>1500 m</i>			
22 Aug			
1	Jari Matinlauri	FIN	4:02.34
2	Michael Öhman	SWE	4:03.02
3	John Laselle	SWE	4:03.05
4	Tuomo Lehtinen	FIN	4:03.47
5	Marius Bakken	NOR	4:03.60
6	Kjetil Ramstad	NOR	4:05.34
7	Torben Koue	DEN	4:13.49
8	Abdi Nuur	DEN	4:18.37

<i>5000 m</i>			
23 Aug			
1	Tuomo Lehtinen	FIN	14:29.64
2	Jari Matinlauri	FIN	14:36.49
3	Björn Bergström	SWE	14:41.37
4	Johan Bergström	SWE	14:51.23
5	Kjetil Ramstad	NOR	15:04.09
6	Sveinn Margeirsson	ISL	15:34.41
7	Ørjan Lunde	NOR	15:59.55
8	Michael Jørgensen	DEN	16:26.27

<i>110 m hurdles</i>			
22 Aug +2,2			
1	Jani Myllyntaus	FIN	13.7
2	Marko Ritola	FIN	14.3
3	Paul Ragnvaldsson	SWE	14.3
4	Thomas Lorentzon	SWE	14.6
5	Henrik Baker	DEN	14.7
6	Torbjørn Sola	NOR	14.8
7	Maciek Musial	NOR	15.0
8	Olau Thomassen	DEN	15.6

<i>400 m hurdles</i>			
23 Aug			
1	Sveinn Þórarinnsson	ISL	52.91
2	Janne Mäkelä	FIN	53.11
3	Magnus Norberg	SWE	53.41
4	Pekka Koskinen	FIN	53.76
5	Ørjan Vie	NOR	53.83
6	Olau Thomassen	DEN	54.46

7	Magnus Wallberg	SWE	55.16
8	Jon A. Rove	NOR	56.65

<i>3000 m steeplechase</i>			
22 Aug			
1	Mustafa Mohamed	SWE	8:56.02
2	Kim Bergdahl	FIN	9:07.28
3	Iver K. Arnesen	NOR	9:08.28
4	Mikael Talajoski	FIN	9:12.75
5	Sveinn Margeirsson	ISL	9:14.29
6	Kristian Jarnung	NOR	9:41.43
7	Jan Amnéus	SWE	9:49.24
		DEN/ISL	DNS

<i>10000 m race walking</i>			
22 Aug			
1	Pekka Matilainen	FIN	44:45.3
2	Christian Trellevik	NOR	44:50.4
3	Erik Tysse	NOR	45:14.5
4	Karsten Godtfredsen	DEN	46:39.9
5	Viktor Jansson	SWE	47:14.0
	Jesper Møller Thomsen	DEN	DQ
	Arto Matilainen	FIN	DQ
	Andreas Gustafsson	SWE	DNF

<i>High jump</i>			
23 Aug			
1	Ari-Pekka Lattu	FIN	2.10
2	Yannick Tregaro	SWE	2.07
=3	Jorma Mähönen	FIN	2.07
=3	Vegard Hansen	NOR	2.07
5	Martin Gärtner	DEN	2.07
6	Demola Rieke	SWE	2,01
7	Jens M. Boeris	DEN	1.98
8	Kjetil S. Midthun	NOR	1.85

<i>Pole vault</i>			
22 Aug			
1	Viktor von Bothmer	SWE	5.00
=2	Henrik Hallenbo	SWE	4.90
=2	Sauli Hoikka	FIN	4.90
4	Sampo Hintsanen	FIN	4.70
5	Thor Torp	DEN	4.50
6	Laust Lund	DEN	4.50
7	Maciek Musial	NOR	4.30
8	Geir Ove Rasmussen	NOR	4.30

<i>Long jump</i>			
22 Aug			
1	Niklas Rorarius	FIN	7.65 +2,0
2	Christer Göransson	SWE	7.17 +2,8
			7.12 +0,6
3	Simon Sundstén	FIN	7.11 +1,2
4	Mathias Frykholm	SWE	6.99 +2,2
5	John Steffen	DEN	6.87 -1,7
6	Sigurður Karlsson	ISL	6.80 +2,1
			6.55 -0,3
7	Maciek Musial	NOR	6.75 +0,9
8	Knut Harald Sommerfeldt	NOR	6.66 +1,0

<i>Triple jump</i>			
23 Aug			
1	Janne Harju	FIN	16.04 +1,5
2	Pasi Takki	FIN	15.39 +3,0
3	Lars Eric Sæther	NOR	14.86 +1,4
4	Mathias Frykholm	SWE	14.80 +2,1
			12.69 +0,5
5	Yannick Tregaro	SWE	14.25 +2,8
			14.21 +1,2
6	Michael Wroblewski	DEN	14.17 +0,3

7	Knut Harald Sommerfeldt	NOR	14.10 +3,4
			14.06 +1,5
8	Örvar Ólafsson	ISL	14.00 +3,5
			13.91 +1,9

<i>Shot put</i>		22 Aug	
1	Mikko Rönkkö	FIN	18.36
2	Gjøran Sørli	NOR	18.21
3	Janne Heide	FIN	16.69
4	Jimmy Nordin	SWE	16.48
5	Gaute Myklebust	NOR	16.39
6	Jón Ásgrímsson	ISL	15.90
7	Martin Grahn	SWE	15.62
8	Morten Zabel	DEN	14.83

<i>Discus throw</i>		23 Aug	
1	Gjøran Sørli	NOR	57.32
2	Petri Hakala	FIN	55.91
3	Gaute Myklebust	NOR	49.06
4	Mikko Rönkkö	FIN	49.03
5	Tobias Melin	SWE	47.91
6	Torben Wolf	DEN	47.15
7	Óðinn Björn Þorsteinsson	ISL	45.66
	Jimmy Nordin	SWE	NM

<i>Hammer throw</i>		23 Aug	
1	Samu-Petri Simo	FIN	66.06
2	Mika Savimäki	FIN	65.74
3	Torben Wolf	DEN	60.34
4	Jim Olsson	SWE	60.18
5	Peter Andersson	SWE	51.67
6	Gjøran Sørli	NOR	49.55
7	Vidar A. Sagstad	NOR	48.23
8	Morten Zabel	DEN	45.99

<i>Javelin throw</i>		22 Aug	
1	Jón Ásgrímsson	ISL	69.56
2	Harri Haatainen	FIN	69.53
3	Vesa Jäppinen	FIN	69.03
4	Torben Wolf	DEN	65.53
5	Lasse Haka	SWE	63.22
6	Andreas Thorkildsen	NOR	56.59
7	Knut Harald Sommerfeldt	NOR	55.79
8	Pasi Mäntylä	SWE	54.26

<i>4x100 m relay</i>		22 Aug	
1	FIN	41.35	(Tuomas Näsi, Tero Virjonen, Janne Mäkelä, Vinh Nghi Tran)
2	NOR	41.65	(Jan C. Torvestad, Mariusz Musial, Christopher Martinsen, Marin Hjelseth)
3	SWE	41.74	(Lenny Martinez, Daniel Nunez, Fredrik Eklund, Oscar Tidblom)
4	DEN	42.83	(Carsten Schmidt, Thor Torp, Hossein Asgari, Steffen Jørgensen)
5	ISL	43.02	(Sveinn Þórarinnsson, Sigurdur Karlsson, Arnar Már Wilhjálmsson, Aron Freyr Lúðvíksson)

<i>4x400 m relay</i>		23 Aug	
1	NOR	3:16.1	(Jon Are Sundland, Fredrik Paus, Martin Hjelseth, Lars Eric Sæther)
2	SWE	3:16.5	(Jacob Stafstedt, Fredrik Karlsson, Christer Göransson, Magnus Norberg)
3	FIN	3:17.3	(Juha Yli-Arvela, Andreas Uthardt, Antti Pirttimäki, Ville Salmi)
4	DEN/ISL	3:20.1	(Carsten Schmidt, Olau Thomassen, Steffen Jørgensen, Aron Freyr Lúðvíksson)

Points Men	Nation	Total
	FIN	232
	SWE	178.5
	NOR	142,5
	DEN/ISL	106

Women

<i>100 m</i>		22 Aug	0,0
1	Camilla Wirén	FIN	12.18
2	Veronica Fransson	SWE	12.24
3	Milla Ranta	FIN	12.25
4	Sofie Abildtrup	DEN	12.30
5	Asborg Aanstad	NOR	12.38
6	Lena Berntsson	SWE	12.39
7	Guðný Eyþórsdóttir	ISL	12.50
8	Inger Elisabeth Tørre	NOR	12.60

<i>200 m</i>		23 Aug	+1,5
1	Susanna Rajamäki	FIN	24.29
2	Andrea Guertsen	SWE	24.68
3	Beatrice Dahlgren	SWE	24.72
4	Camilla Wirén	FIN	24.76
5	Silja Úlfarsdóttir	ISL	24.84
6	Asborg Aanstad	NOR	25.13
7	Mette Svarrer	DEN	25.17
8	Hege B. Riise	NOR	25.95

<i>400 m</i>		22 Aug	
1	Nadja Petersen	SWE	54.52
2	Beatrice Dahlgren	SWE	55.65
3	Silja Úlfarsdóttir	ISL	55.87
4	Louise Sørensen	DEN	55.95
5	Milla Kelo	FIN	56.81
6	Asborg Aanstad	NOR	57.01
7	Terese Engström	SWE	57.14
8	Hege B. Riise	NOR	58.59

<i>800 m</i>		23 Aug	
1	Carolina Nylén	SWE	2:15.44
2	Heidi Ruonala	FIN	2:16.35
3	Susanne Wigene	NOR	2:16.37
4	Linda Kalander	FIN	2:16.79
5	Camilla Madsen	DEN	2:16.83
6	Erica Mårtensson	SWE	2:17.50
7	Ragnhild Kvarberg	NOR	2:19.69
8	Sarah Kofoed	DEN	2:26.34

<i>1500 m</i>		22 Aug	
1	Ingviil Måkestad	NOR	4:27.8
2	Kristin Ahlepil	SWE	4:29.7
3	Susanne Wigene	NOR	4:29.8
4	Johanna Risku	FIN	4:31.6
5	Alexandra Lindquist	SWE	4:34.0
6	Irina Koistinen	FIN	4:44.8
7	Louise Brasen	DEN	4:47.7
8	Trine Sierslev	DEN	4:54.9

<i>3000 m</i>		23 Aug	
1	Susanne Wigene	NOR	9:29.48
2	Jessica Carlberg	SWE	9:32.29
3	Susanna Wiström	SWE	10:04.13
4	Pauliina Sormunen	FIN	10:15.98
5	Louise Brasen	DEN	10:21.63
6	Trine Sierslev	DEN	10:35.06
7	Eliisa Ahola	FIN	10:40.15

	Grethe Lise Nygård	NOR	DNF
	<i>100 m hurdles</i>	22 Aug	+0,5
1	Hanna Korell	FIN	13.6
2	Anja Rantanen	FIN	14.0
3	Jana Cagin	SWE	14.4
4	Hege Olsen	NOR	14.5
5	Anna Johansson	SWE	14.6
6	Sigurlaug Níelsdóttir	ISL	14.8
7	Turid A. Teigen	NOR	14.9
8	Mette Svarrer	DEN	15.0
	<i>400 m hurdles</i>	23 Aug	
1	Nadja Petersen	SWE	59.93
2	Anja Rantanen	FIN	61.53
3	Lise Jensen	NOR	61.63
4	Kati Karhula	FIN	62.07
5	Dina Danekilde	DEN	63.20
6	Hege Olsen	NOR	64.78
7	Sigurlaug Níelsdóttir	ISL	66.87
8	Erica Mårtensson	SWE	79.34
	<i>5000 m race walking</i>	22 Aug	
1	Anne Haaland Simonsen	NOR	23:38.11
2	Elin Cesilie Loftesnes	NOR	24:11.05
3	Monica Svensson	SWE	24:26.22
4	Magdalena Jacobsson	SWE	24:37.43
5	Päivi Huuhtanen	FIN	25:52.15
	Elin Risto	FIN	DQ
	<i>High jump</i>	23 Aug	
1	Marianne Mattas	FIN	1.77
2	Lena Johansson	SWE	1.74
3	Hanna-Mia Persson	SWE	1.71
4	Pia Lindroth	FIN	1.71
5	Mona Andreassen	NOR	1.71
6	Michala Hjarne	DEN	1.60
7	Elin Marvik	NOR	1.60
8	Guðbjörg L. Bragadóttir	ISL	1.55
	<i>Pole vault</i>	23 Aug	
1	Vala Flosadóttir	ISL	4.00
2	Birgitta Ivanoff	FIN	3.50
3	Soile Eronen	FIN	3.50
4	Monica B. Grimsrud	NOR	3.20
5	Veronica Rønneberg	NOR	3.00
6	Karen M. Kristoffersen	DEN	2.80
7	Linnéa Eriksson	SWE	2.80
8	Lena Berntsson	SWE	2.40
	<i>Long jump</i>	23 Aug	
1	Hanna Korell	FIN	6.21 +1,6
2	Susanna Rajamäki	FIN	6.19 +1,9
3	Erika Persson	SWE	5.92 +1,7
4	Guðny Eypórsdóttir	ISL	5.90 +2,3
5	Veronica Fransson	SWE	5.72 +1,2
6	Tanja Halhjem	NOR	5.63 +3,1
			5.55 +1,3
7	Nina Osa	NOR	5.52 -0,6
8	Lotte Thiesen	DEN	5.10 +0,9
	<i>Triple jump</i>	22 Aug	
1	Marie Åhlander	SWE	12.46 +0,7
2	Johanna Paija	FIN	12.42 +0,9
3	Sanna-Kaisa Pakkanen	FIN	12.38 +2,0

4	Trine Flensburg	DEN	12.01 +2,5
			11.96 +1,6
5	Tanja Halhjem	NOR	11.79 +2,1
			11.50 +1,9
6	Nina Osa	NOR	11.74 +0,9
7	Caroline Bryland	SWE	11.66 +2,0
8	Lotte Thiesen	DEN	11.04 +2,9
			10.99 +1,2
	<i>Shot put</i>	23 Aug	
1	Mari Wahlman	FIN	15.20
2	Cecilia Nilsson	SWE	14.30
3	Grethe Kleggetveit	NOR	13.50
4	Riita Pelli	FIN	13.44
5	Kajsa Lindskog	SWE	12.68
6	Eva S. Schiøth	DEN	11.98
7	Turid Teigen	NOR	11.51
8	Maiken Greve	DEN	10.81
	<i>Discus throw</i>	22 Aug	
1	Agnete Johansen	NOR	45.43
2	Milla Kelo	FIN	44.30
3	Pauliina Kairamaa	FIN	43.14
4	Guðleif Harðardóttir	ISL	38.87
5	Erika Andersson	SWE	37.54
6	Nina Kristiansen	DEN	37.01
7	Kajsa Lindskog	SWE	35.94
8	Eva Danielsen	NOR	30.59
	<i>Hammer throw</i>	22 Aug	
1	Cecilia Nilsson	SWE	58.16
2	Katja Raitio	FIN	47.20
3	Eva Danielsen	NOR	46.73
4	Maiken Greve	DEN	46.51
5	Marjaana Rekikoski	FIN	44.86
6	Signe Stige	NOR	44.58
7	Erika Andersson	SWE	42.50
8	Guðleif Harðardóttir	ISL	41.35
	<i>Javelin throw</i>	23 Aug	
1	Veera Oksanen	FIN	57.92
2	Linda Lindqvist	FIN	56.36
3	Laila Bergskås	NOR	54.02
4	Annika Petersson	SWE	52.05
5	Line Svarstad	NOR	45.49
6	Jennie Niesel	SWE	45.15
7	Signe Bech	DEN	38.43
8	Auður Aðalbjarnardóttir	ISL	37.15
	<i>4x100 m relay</i>	22 Aug	
1	FIN	46.5	(Camilla Wirén, Milla Ranta, Susanna Rajamäki, Niina Pesola)
2	DEN	47.2	(Sofie Abildtrup, Mette Svarrer, Louise Sørensen, Michala Bluhm)
3	SWE	47.7	(Veronica Fransson, Andrea Geurtsen, Lind Storkull, Lena Berntsson)
4	ISL	47.8	(Guðny Eypórsdóttir, Sílja Úlfarsdóttir, Sigurlaug Níelsdóttir, Anna Árnadóttir)
5	NOR	47.8	(Asborg Aanstad, Hege Olsen, Tanja Halhjem, Inger Elisabeth Tørre)
	<i>4x400 m relay</i>	23 Aug	
1	SWE	3:43.95	(Beatrice Dahlgren, Carolina Nylén, Andrea Geurtsen, Nadja Petersen)
2	FIN	3:47.25	(Terese Engström, Saara Nikkola, Milla Kelo, Anja Rantanen)
3	NOR	3:48.11	(Hege B. Riise, Ingvill Måkestad, Lise Jensen, Ingrid Sture)

4 DEN/ISL 3:48.24 (Sofie Abildtrup, Louise Sørensen, Silja Úlfarsdóttir, Ylfa Jónsdóttir)

Points Women	Nation	Total
	FIN	211
	SWE	178
	NOR	130
	DEN/ISL	104

Nordic Cross Country Championships

Ålgård, NOR 7 Nov

Men

Senior	7. nov.	8,4 km
1 Carsten Jørgensen	DEN	28:04
2 Claes Nyberg	SWE	28:10
3 Dennis Jensen	DEN	28:21
4 Marko Kotila	FIN	28:54
5 Knut Erik Rame	NOR	29:00
6 Karl Johan Rasmussen	NOR	29:05
7 Mattias Persson	SWE	29:10
8 Johnny Jönsson	SWE	29:12
9 Magnus Bergman, SWE 29:13, 10 Klaus Hansen, DEN 29:14, 11 Göran Axelsson, SWE 29:20, 12 Christian Olsen, DEN 29:26, 13 Jim Svenøy, NOR 29:29, 14 Mustafa Mohamed, SWE 29:43, 15 Jukka Savonheimo, FIN 29:53, 16 Juuso Rainio, FIN 29:55, 17 Jon Tvedt, NOR 30:09, 18 Christian Due Petersen, DEN 30:27, 19 Knut Aalien, NOR 30:36, 20 Toni Paunonen, FIN 30:55, 21 Sonnie Thelmark, DEN 31:06, Svein Erik Eide, NOR DNF		
Extra: Nils Engevik, NOR 29:31, Terje Aggvin, NOR 30:21		

Teams:

- 1 SWE 26p (Claes Nyberg, Mattias Persson, Johnny Jönsson, Magnus Bergman)
- 2 DEN 26p (Carsten Jørgensen, Dennis Jensen, Klaus Hansen, Christian Olsen)
- 3 NOR 41p (Knut Erik Rame, Karl Johan Rasmussen, Jim Svenøy, Jon Tvedt)
- 4 FIN 55p (Marko Kotila, Jukka Savonheimo, Juuso Reinio, Toni Paunonen)

U20	7. nov.	6,3 km
1 Johan Bergström	SWE	21:38
2 Gustav Svedbrant	SWE	21:39
3 Henrik Ahnström	SWE	21:51
4 Turo Inkiläinen	FIN	22:02
5 Erik Pettersson	SWE	22:03
6 Gunnar Osmundsen	NOR	22:04
7 Trond Idland	NOR	22:39
8 Bjørn Bergström	SWE	22:51
9 Ørjan Lunde, NOR 22:54, 10 Tommi Penttilä, FIN 22:58, 11 Ingemund Askeland, NOR 23:01, 12 Anders Ejby, DEN 23:18, 13 Magnus Holmström, FIN 23:31, 14 Mikkel Kleis, DEN 24:26, 15 Michael Jørgensen, DEN 25:52, Kjetil Ramstad, NOR DNF		
Extra: Kjetil Hals, NOR 23:34		

Teams:

- 1 SWE 6p (Johan Bergström, Gustav Svedbrant, Henrik Ahnström)
- 2 NOR 22p (Gunnar Osmundsen, Trond Idland, Ørjan Lunde)
- 3 FIN 27p (Turo Inkiläinen, Tommi Penttilä, Magnus Holmström)
- 4 DEN 41p (Anders Ejby, Mikkel Kleis, Michael Jørgensen)

Women

Senior	7. nov.	4,2 km
1 Lene Hove	NOR	15:45
2 Bente Landøy	NOR	16:07
3 Charlotte Sass Larsen	DEN	16:15
4 Susanne Wigene	NOR	16:17
5 Midde Hamrin	SWE	16:19
6 Maria Elofsson	SWE	16:21
7 Bettina R. Jensen	DEN	16:46
8 Linda Ström	SWE	16:49
9 Merji Taakamäki, FIN 16:52, 10 Maria Söderström, FIN 17:05, 11 Susanne Wiström, SWE 17:08, 12 Paula Pulkkinen, FIN 17:12, 13 Anja Jørgensen, DEN 17:13, 14 Malin Öhrn, SWE 17:16, Stine Larsen, NOR DNF		

Teams:

- 1 NOR 7p (Lene Hove, Bente Landøy, Susanne Wigene)
- 2 SWE 19p (Midde Hamrin, Maria Elofsson, Linda Ström)
- 3 DEN 23p (Charlotte Sass Larsen, Bettina R. Jensen, Anja Jørgensen)
- 4 FIN 31p (Merji Taakamäki, Maria Söderström, Paula Pulkkinen)

U20

	7. nov.	4,2 km
1 Minna Myllykoski	FIN	16:27
2 Tuula Laitinen	FIN	16:33
3 Minna Nummela	FIN	16:35
4 Ida Nilsson	SWE	16:42
5 Ebba Stenbäck	SWE	16:51
6 Lisa Wallgren	SWE	16:52
7 Mia Larsson	SWE	17:02
8 Louise Brasen	DEN	17:40

9 Barbro Bjering Hatlevik, NOR 17:48, 10 Louise P. Mørch, DEN 17:52, 11 Berit Norstad, NOR 18:11, 12 Helle Nielsen, DEN 18:13, 13 Turi Malme, NOR 18:44, Riina Tolonen, FIN DNF

Teams:

- 1 FIN 6p (Minna Myllykoski, Tuula Laitinen, Minna Nummela)
- 2 SWE 15p (Ida Nilsson, Ebba Stenbäck, Lisa Wallgren)
- 3 DEN 30p (Louise Brasen, Louise P. Mørch, Helle Nielsen)
- 4 NOR 33p (Barbro Gjering Hatlevik, Berit Norstad, Turi Malme)

