

This year consists of the following competitions:

3.-4.7	København, DEN	5 th Nordic Junior Championships Combined Events
8.7	Härnösand, SWE	12 th Nordic Race Walking Championships
8.7	Härnösand, SWE	12 th Nordic Race Walking Championships Long distances
4.-5.8	Oslo, NOR	30 th Nordic Junior Match
1.9	Bergen, NOR	14 th Nordic Junior Race Walking Match
9.9	Östhammar, SWE	17 th Nordic Marathon Championships

Nordic Junior Championships Combined Events

Østerbro, København, DEN 3-4 Jul

Men

U21 Decathlon				3-4 Jul
1	Gudmund Olsen	NOR	7.060	
2	Þorsteinn Þórsson	ISL	6.807	
3	Esa Viitosalo	FIN	6.807	
4	Keijo Törmälä	FIN	6.688	
5	Tom Olav Jensen	DEN	6.646	
6	Thorwald Svensson	SWE	6.610	
7	Lars Hansen	NOR	6.391	
8	Erlend Gjøn	NOR	6.391	

9 Per Peterson, SWE 6.367, 10 Kjell Nilsson, SWE 6.251, 11 Kalle Ristola, FIN 6.182

1	11.7	6.72	13.48	1.92	52.7	16.0	43.83	3.50	60.40	4:38.0
2	11.5	6.39	12.70	1.92	52.2	16.1	35.43	3.90	50.07	4:37.7
3	11.8	6.71	11.24	1.92	52.0	16.2	34.67	4.00	57.38	4:39.6
4	11.4	6.17	12.21	1.77	52.3	16.0	32.06	3.90	67.59	4:50.0
5	11.3	6.00	10.36	1.92	51.3	16.0	34.86	3.40	56.67	4:29.6
6	12.1	6.19	14.55	1.89	54.2	16.0	39.68	3.50	53.72	4:46.1
7	11.7	6.69	11.35	1.92	53.8	15.8	33.64	3.20	46.34	4:42.2
8	11.6	6.56	10.11	1.83	51.2	16.3	28.25	3.90	39.96	4:21.2
11	11.3	6.62	12.46	1.80	56.6	17.6	38.14	3.10	54.32	5:11.8

U19 Decathlon				3-4 Jul
1	Bo Rasmussen	DEN	6.771	
2	Anders Öberg	SWE	6.770	
3	Anders Nyberg	SWE	6.742	
4	Jukka Ylinen	FIN	6.660	
5	Max Eriksen	DEN	6.640	
6	Janne Boström	FIN	6.615	
7	Einar Hesselberg	NOR	6.473	
8	Peter Lindmark	SWE	6.392	

9 Ole Gran, NOR 6.294, 10 Morten Blumensaat, DEN 6.227, Edgar Leistad, NOR DNF

1	11.7	6.07	12.81	1.83	51.5	16.9	39.34	3.70	52.68	4:18.1
2	11.5	6.32	14.43	1.89	54.6	16.6	45.08	3.60	48.20	4:45.5
3	11.3	6.21	13.79	1.80	53.6	15.7	36.16	3.80	55.64	4:50.5
4	11.5	6.83	12.50	1.89	54.5	15.0	34.05	3.40	56.29	5:00.5
6	11.8	6.39	10.89	1.95	52.4	16.5	34.10	3.80	52.30	4:31.5
7	11.5	6.70	11.03	1.89	50.5	15.5	34.45	3.20	36.35	4:42.0
9	11.9	6.25	15.00	1.80	54.7	17.4	41.81	3.40	40.80	4:53.4

Women

U19 Pentathlon				3-4 Jul
1	Ann-Sofi Stener	SWE	3.863	
2	Meike Traxler	SWE	3.817	
3	Anne Brit Skjæveland	NOR	3.645	
4	Susanne Lorentzon	SWE	3.635	
5	Unni Heimli	NOR	3.567	
6	Marjo Matikainen	FIN	3.530	
7	Hanne Søndergård	DEN	3.447	
8	Irene Larsen	DEN	3.389	

9 Nina Helen Eilertsen, NOR 3.379, 10 Sigríður Kjartansdóttir, ISL 3.338

1	14.8	9.51	1.73	5.73	2:25.2
2	15.3	10.40	1.73	5.55	2:24.1
3	15.4	9.22	1.67	5.52	2:27.4
5	15.7	9.47	1.61	5.22	2:21.9
6	16.1	10.68	1.55	5.10	2:21.0
9	16.5	7.74	1.67	4.98	2:21.1

U17 Pentathlon

				3-4 Jul
1	Saili Houtari	FIN	3.592	
2	Annika Lorentzon	SWE	3.476	
3	Helga Halldórsdóttir	ISL	3.457	
4	Riita Svala	FIN	3.435	
5	Karin Lindqvist	SWE	3.270	
6	Ann D. Løkken	NOR	3.259	
7	Eva Karblom	SWE	3.230	
8	Lis Anker Møller	DEN	3.100	

9 Linda Madsen, DEN 2.947, 10 Pia Thomsen, DEN 2.758, Kirsti Hesselberg, DNF

1	14.8	11.32	1.57	5.52	2:42.5
2	14.5	8.89	1.63	5.33	2:43.2
3	14.6	8.59	1.51	5.15	2:25.3
4	15.2	10.55	1.54	5.40	2:43.0

Nordic Race Walking Championships Long distances

Härnösand, SWE 8 Jul

Men

Senior				8 Jul	35km
1	Reima Salonen	FIN	2:34:54		
2	Stig-Olov Elofsson	SWE	2:48:06		
3	Per Rasmussen	SWE	2:56:06		
4	Max Sjöholm	SWE	3:00:11		
5	Göran Aneheim	SWE	3:01:53		
6	Tommy Tindlund	NOR	3:11:11		
7	Gösta Håkansson	SWE	3:23:24		

Trond Persson, NOR DNF, Lars Ove Moen, NOR DNF

Nordic Race Walking Championships

Härnösand, SWE 8 Jul

Men

Senior				8 Jul	20km
1	Matti Katila	FIN	1:29:51		
2	Leif Karlsson	SWE	1:30:41		
3	Alf Brandt	SWE	1:32:40		
4	Knut Arne Strømøy	NOR	1:37:54		
5	Lars Gunnar Simu	SWE	1:40:57		
6	Håkan Enström	SWE	1:41:40		
7	Anders Hjelle	NOR	1:48:09		
8	Arvid Bjørsvik	NOR	1:49:18		

9 Bo Erik Isakas, SWE 1:49:24, 10 Thage Davidsson, SWE 1:50:22, 11 Arthur Lillefosse, NOR 1:51:08

U20

				8 Jul	10km
1	Erling Andersen	NOR	44:38		
2	Petri Mäkelä	FIN	44:38		
3	Torbörn Janse	SWE	45:17		
4	Mikael Sandaeus	SWE	47:45		
5	Mats Ohlander	SWE	47:55		
6	Cato Viken	NOR	49:04		
7	Åke Hedlund	SWE	49:35		
8	Esben Aalvik	NOR	49:53		

9 Tor-Ivar Guttuvsrød, NOR 51:48, 10 Christer Lundström, SWE 52:30, 11 Erik Grinde, SWE 52:52, 12 Tommy Bindesbøll, DEN 53:00, 13 Jan Kristiansen, DEN 54:18, Tore Strømøy, NOR DNF

Women

Senior				8 Jul	10000m
1	Thorill Gylder	NOR	49:55.0		

2 Margaret Olsson SWE 51:30.0

Extra: Marion Fawkes, GBR 48:11.4 Judy Farr, GBR 50:52.0, Irene Bateman, GBR 50:40.0

<i>Senior</i>	8 Jul	5000m
1 Ann Jansson	SWE	24:19.0
2 Elisabeth Olsson	SWE	24:27.0
3 Frøydis Hilsen	NOR	25:02.0
4 Margareta Simu	SWE	25:17.0
5 Siw Gustavsson	SWE	25:25.0
6 Mia Kjølberg	NOR	25:31.0
7 Gerd Gylder	NOR	26:36.0
8 Åsa Lundin	SWE	27:58.0

9 Laila Nielsen, DEN 28:55.0, 10 Ulla Kristiansen, DEN 29:32.0, 11 Gunilla Jansson, SWE 29:39.0

Extra: Carol Tyson, GBR 23:53.0

<i>U20</i>	8 Jul	5km
1 Berit Karlsson	SWE	25:50
2 Charlotte Hansen	DEN	27:09
3 Tina Thomsen	DEN	27:50
4 Jeanette Hansen	DEN	28:40
5 Helena Åström	FIN	29:48

Randi Jensen, NOR DNF, Line Viken, NOR DNF

Nordic Junior Match

Stovner Stadion, Oslo, NOR 4-5 Aug

Men

<i>100 m</i>		
1 Anders Prytz	SWE	10.8 1
=2 Oddur Sigurðsson	ISL	10.9 1
=2 Jukka Sulalampi	FIN	10.9 1
=2 Åke Davidsson	SWE	10.9 2
5 Jens Arild Johannessen	NOR	11.0 1
6 Odd Erik Kristiansen	NOR	11.1 2
7 Jan Erik Ahlfors	FIN	11.1 2
8 Morten Hansen	DEN	11.2 2

<i>200 m</i>		
1 Oddur Sigurðsson	ISL	21.4 1
=2 Sven Nylander	SWE	21.7 1
=2 Dan Orbe	SWE	21.7 2
4 Kimmo Saaristo	FIN	21.8 1
5 Tore Bergan	NOR	22.3 1
6 Morten Røraas	NOR	22.5 2
7 Morten Hansen	DEN	22.5 2
8 Jan Erik Ahlfors	FIN	22.7 2

<i>400 m</i>		
1 Christer Gullstrand	SWE	46.8 1
2 Oddur Sigurðsson	ISL	47.6 1
=3 Jouko Hassi	FIN	48.6 1
=3 Claés Berlin	SWE	48.6 2
5 Jyrki Isotalo	FIN	48.8 2
6 Ole Christensen	DEN	49.1 2
7 Sindre Ryan	NOR	49.2 2
8 Bent Evensen	NOR	50.1 1

<i>800 m</i>		
1 Roald Holten	NOR	1:50.6
2 Juha Moilanen	SWE	1:50.8
3 Lars-Åke Joelsson	SWE	1:51.3
4 Juha Korsumäki	FIN	1:51.3
5 Jukka Klemola	FIN	1:52.6
6 Eirik Lager	NOR	1:53.5
7 Henning Brandt	DEN	1:55.5
8 Egill Eiðsson	ISL	1:58.1

1500 m

1 Johnny Krohn	SWE	3:47.2
2 Niels Kim Hjort	DEN	3:47.2
3 Lars Sörensen	FIN	3:49.4
4 Tommy Ekblom	FIN	3:49.9
5 Per Erling Kristoffersen	NOR	3:50.9
6 Jan Persson	SWE	3:51.5
7 Rune Skotheim	NOR	3:56.8
8 Brynjúlfur Hilmarsson	ISL	4:13.9

5000 m

1 Bo Orrsveden	SWE	14:08.5
2 Henrik Jørgensen	DEN	14:11.1
3 Jarl Gaute Aase	NOR	14:15.3
4 Lars Erik Nilsson	SWE	14:21.3
5 Raimo Keiski	FIN	14:22.5
6 Vesa Kähkölä	FIN	14:27.4
7 Rune Skotheim	NOR	15:20.6
8 Brynjúlfur Hilmarsson	ISL	19:31.2

110 m hurdles

1 Sven Nylander	SWE	14.60 1
2 Petter Hesselberg	NOR	14.72 1
3 Hannu Pärssinen	FIN	14.91 1
4 Kristoffer Wessmark	SWE	15.25 2
5 Trond Knaplund	NOR	15.35 2
6 Tapio Kallio	FIN	15.46 2
7 Bjørn Knudsen	DEN	15.62 1
8 Stefán Stefánsson	ISL	16.81 2

400m hurdles

1 Christer Gullstrand	SWE	50.7 1
2 Kenneth Pettersson	SWE	51.4 2
3 Petter Hesselberg	NOR	52.5 1
4 Jouko Hassi	FIN	53.2 1
5 Juha Paananen	FIN	54.3 2
6 Dag Ove Flatjord	NOR	54.5 2
7 Tom O. Jensen	DEN	56.8 1
8 Stefán Stefánsson	ISL	60.1 2

2000m steeplechase

1 Ilkka Äyräväinen	FIN	5:34.6
2 Anders Carlsson	SWE	5:35.6
3 Hans Segerfeldt	SWE	5:38.4
4 Kajo Mononen	FIN	5:47.4
5 Thomas Nielsen	DEN	5:50.4
6 Øyvind Gausvik	NOR	6:00.8
7 Torgeir Markhus	NOR	6:10.2
8 Óskar Guðmundsson	ISL	6:41.7

High jump

1 Seppo Haavisto	FIN	2.12
2 Jan-Erik Grundberg	SWE	2.06
3 Guðmundur Guðmundsson	ISL	2.03
4 Leon Axen	DEN	2.03
5 Bengt Ström	SWE	2.03
6 Teuvo Saarentola	FIN	2.00
7 Lars E. Drevvatne	NOR	1.95
8 Geir Vollstad	NOR	1.95

Pole vault

1 Timo Kuusisto	FIN	4.70
2 Robert Gamba	SWE	4.60
3 Ari Himma	FIN	4.60
4 Per Åke Tärnell	SWE	4.60

5	Poul Højbjerg	DEN	4.30
6	Trond Skramstad	NOR	4.00
7	Inge Vennatrø	NOR	4.00
8	Þorsteinn Þórsson	ISL	4.00

Long jump

1	Harri Rekola	FIN	7.25
2	Hannu Puhakka	FIN	7.11
3	Håkan Widlund	SWE	7.10
4	Terje Grime	NOR	7.06
5	Max Eriksen	DEN	6.94
6	Joakim Bring	SWE	6.92
7	Morten Røraas	NOR	6.55
8	Stefán Stefánsson	ISL	6.42

Triple jump

1	Olli Pousi	FIN	15.82
2	Markku Rokala	FIN	15.30
3	Joakim Brink	SWE	14.98
4	Terje Grime	NOR	14.29
5	Olof Nyström	SWE	14.13
6	Peder Dalby	DEN	14.11
7	Guðmundur Nikulásson	ISL	13.79
8	Björn R. Martinsen	NOR	13.72

Shot put

1	Anders Jönsson	SWE	17.37
2	Stefan Fernholm	SWE	17.33
3	Trond Ulleberg	NOR	16.12
4	Jan Sagedal	NOR	16.09
5	Óskar Reykdalsson	ISL	16.08
6	Jan Hansen	DEN	15.84
7	Seppo Isohookana	FIN	15.51
8	Jari Kuoppa	FIN	15.46

Discus throw

1	Göran Svensson	SWE	53.60
2	Kåre Sagedal	NOR	49.22
3	Lars Danielsson	SWE	48.46
4	Seppo Paavola	FIN	48.10
5	Dag Thomassen	NOR	47.50
6	Mikko Vanni	FIN	46.84
7	Vésteinn Hafsteinsson	ISL	44.66
8	Claus Bahrt	DEN	43.42

Hammer throw

1	Torbjörn Peterson	SWE	7,26kg 57.10
2	Tore Johnsen	NOR	55.94
3	Vidar Andersen	NOR	55.02
4	Ahti Peiponen	FIN	54.06
5	Tore Gustavsson	SWE	53.54
6	Raimo Ahola	FIN	49.30
7	Benny Lorentzen	DEN	48.50
8	Þorstein Þórsson	ISL	19.90

Javelin throw

1	Arto Härkönen	FIN	80.60
2	Juha Hentunen	FIN	76.10
3	Ronnie Melkerson	SWE	68.52
4	Jan Holm	SWE	68.12
5	Cato Fjellheim	NOR	67.74
6	Mogens Haltby	DEN	65.24
7	Sigurður Einarsson	ISL	59.40
8	Frode Stormyr	NOR	20.38

4x100m

1	SWE	41.2	(Åke Davidsson, Mikael Ahlin, Dan Orbe, Anders Prytz)
2	NOR	41.5	(Jens Arild Johannessen, Odd Erik Kristiansen, Tore Bergan, Arne Hafstad)
3	FIN	41.6	(Jukka Sulalampi, Kimmo Saaristo, Keijo Ronkainen, Jan-Erik Ahlfors)
4	DEN/ISL	43.7	(Lars Neumann, Morten F-Hansen, Guðmundur Nikulásson, Guðny Tómasson)

4x400m

1	SWE	3:11.1	(Claés Berlin, Stefan Axelsson, Erik Josjö, Christer Gullstrand)
2	FIN	3:13.1	(Kimmo Saaristo, Kimmo Lindeman, Jari Rinne, Jyrki Isotalo)
3	NOR	3:19.7	(Bent Evensen, Per Larsen, Sindre Ryan, Roald Holten)
4	DEN/ISL	3:25.6	(Ole Christensen, Bent Vogn, Guðny Tomassen, Þorsteinn Þórsson)

Points Men	Nation	Total
	SWE	239,5
	FIN	185,5
	NOR	138
	DEN/ISL	104

Nordic Junior Race Walking Match

Skansemyren, Bergen, NOR	1 Sep
Men	

U20

	<i>U20</i>	1 Sep	10000m
1	Erling Andersen	NOR	41:42.0
2	Jan Staaf	SWE	46:34.0
3	Lennart Johansson	SWE	46:53.0
4	Tommy Tindlund	NOR	46:59.0
5	Thomas Pomozi	SWE	47:00.0
6	Tore Strømøy	NOR	48:12.0
7	Lars Nielsen	DEN	51:08.0
8	Jan Madsen	DEN	52:03.0

U18

	<i>U18</i>	1 Sep	5000m
1	Anders Hjelle	NOR	22:17.0
2	Mikael Sandaeus	SWE	22:34.0
3	Conny Lundquist	SWE	22:36.0
4	Cato Viken	NOR	22:59.0
5	Esben Aalvik	NOR	23:14.0
6	Niclas Nordenström	SWE	23:59.0
7	Jan Kristiansen	DEN	25:13.0

U16

U16		1 Sep	3000m
1	Håkan Stödborg	SWE	13:34.0
2	David Lillefosse	NOR	14:10.0
3	Roland Karlsson	SWE	14:28.0
4	Mikael Bergdahl	SWE	14:29.0
5	Gunnar Gundersen	NOR	15:04.0
6	Hans-Normann Gaassand	NOR	15:10.0
7	Fritz Iversen	DEN	16:04.0
8	Kim Sørensen	DEN	17:47.0

9 Jan Sørensen, DEN 19:29.0

U14

U14		1 Sep	3000m
1	Ola Wikström	SWE	13:56.0
2	Stefan Johansson	SWE	14:22.0
3	Anders Holmberg	SWE	14:29.0
4	Terje Melaa	NOR	14:34.0
5	Brian Nielsen	DEN	15:37.0
6	Tonny Simonsen	DEN	15:38.0
7	Vegard Lunde	NOR	16:17.0
8	Brynjar Reppe	NOR	16:32.0

9 Preben Kristiansen, DEN 19:04.0

Women			
U19		1 Sep	5000m
1	Britt-Marie Carlsson	SWE	23:52.0
2	Berit Karlsson	SWE	25:42.0
3	Jeanette Öqvist	SWE	26:09.0
4	Tina Thomsen	DEN	27:00.0
5	Hilde Friis	NOR	28:07.0
6	Elisabeth Lie	NOR	28:19.0
7	Heidi Madsen	NOR	28:45.0
U17		1 Sep	5000m
1	Line Viken	NOR	25:28.0
2	Inger Westergren	SWE	25:58.0
3	Lena Lindberg	SWE	26:14.0
4	Linda Klausen	NOR	26:20.0
5	Charlotte Hansen	DEN	26:42.0
6	Gisela Ivansson	SWE	27:14.0
7	Janicke Gjelsvik	NOR	29:04.0
8	Vivi Ovesen	DEN	30:01.0
U15		1 Sep	3000m
1	Lisbeth Aalvik	NOR	14:43.0
2	Monica Gunnarsson	SWE	14:57.0
3	Annika Larsson	SWE	15:20.0
4	Vigdis Aarum	NOR	15:25.0
5	Ragni Jensen	NOR	15:51.0
6	Diana Forsgren	SWE	15:57.0
7	Jeanette Hansen	DEN	16:02.0
8	Anne Mette Herning	DEN	17:20.0
9 Annette Grønbæk, DEN 17:31.0			
U13		1 Sep	2000m
1	Silvia Isaksson	SWE	9:59.0
2	Åsa-Maria Sehlin	SWE	10:10.0
3	Bjørge Alise Antonsen	NOR	10:22.0
4	Susanne Larsson	SWE	10:36.0
5	Mona Lamo	NOR	11:02.0
6	Nina Arnesen	NOR	11:24.0
7	Bente Nielsen	DEN	12:13.0
8	Anita Nissen	DEN	12:35.0
9 Laila Hansen, DEN 12:40.0			
U21/U17	Nation	Total	Ungdom
	SWE	83	Nation
	NOR	72	Total
	DEN	21	SWE
			NOR
			DEN

Nordic Marathon Championships			
Östhammar, SWE			9 Sep
Men			
Marathon			
1	Håkan Spik	FIN	2:14:47.5
2	Matti Karkilainen	FIN	2:15:28.9
3	Kjell Erik Ståhl	SWE	2:16:48.3
4	Ove Malmqvist	SWE	2:17:09.2
5	Bo Engwall	SWE	2:18:08.3
6	Arne Stigsen	DEN	2:18:13.6
7	Svein Arve Pedersen	NOR	2:18:56.7
8	Bent Natvig	NOR	2:20:05.1
9 Bjarne Brøndum, DEN 2:20:31.6, 10 Svend E. Kristensen, DEN 2:21:13.0, 11 Kjell Åge Gotvassli, NOR 2:22:41.1, 12 Vilho Pajanan, FIN 2:23:27.8, 13 Ingolf Wallestad, NOR 2:23:39.6, 14 Peter Tössberg, SWE 2:23:45.8, 15 Martti Kiiholma, FIN 2:24:18.6, 16 Stefan Öberg, SWE 2:24:19.3, 17 Jorma Sippola, FIN 2:24:49.7, 18 Lars Overskov, DEN 2:25:23.8, 19 Hannu Sorasalmi, FIN 2:26:31, 20 Stig Orre, FIN 2:32.15, Carl-Magnus Bergh, SWE DNF, Jouni Kortelainen, FIN DNF, Lars Enqvist, SWE DNF, Nils-Bertil Karlsson, SWE DNF			