

**Norge / Norway: 2008 - Utendørs / Outdoor****Kvinner / Women 60-64 år / years**

pr. 31.12.2008 (oppdatert / updated 02.03.2011)

**100m (K60-64)**

|       |      |     |                                        |      |          |            |
|-------|------|-----|----------------------------------------|------|----------|------------|
| 15.24 | +0,4 | (1) | Oddbjørg Haakensveen, Veldre Friidrett | (45) | Tønsberg | 15.08.2008 |
| 16.07 | +0,4 | (2) | Grete Rivenes, Gjøvik FIK              | (48) | Tønsberg | 15.08.2008 |

**200m (K60-64)**

|       |      |     |                                        |      |          |            |
|-------|------|-----|----------------------------------------|------|----------|------------|
| 32.34 | -1,1 | (1) | Oddbjørg Haakensveen, Veldre Friidrett | (45) | Romedal  | 31.05.2008 |
| 34.12 | -3,0 | (1) | Grete Rivenes, Gjøvik FIK              | (48) | Tønsberg | 16.08.2008 |

Medvind / Wind-assisted:

|       |      |     |                                        |      |             |            |
|-------|------|-----|----------------------------------------|------|-------------|------------|
| 31.86 | +2,3 | (1) | Oddbjørg Haakensveen, Veldre Friidrett | (45) | Lillehammer | 02.09.2008 |
|-------|------|-----|----------------------------------------|------|-------------|------------|

**400m (K60-64)**

|       |  |     |                                        |      |         |            |
|-------|--|-----|----------------------------------------|------|---------|------------|
| 70.83 |  | (1) | Oddbjørg Haakensveen, Veldre Friidrett | (45) | Romedal | 30.05.2008 |
|-------|--|-----|----------------------------------------|------|---------|------------|

**800m (K60-64)**

|         |  |     |                                        |      |                |            |
|---------|--|-----|----------------------------------------|------|----------------|------------|
| 2:45.49 |  | (1) | Oddbjørg Haakensveen, Veldre Friidrett | (45) | Ljubljana, SLO | 02.08.2008 |
| 3:06.05 |  | (2) | Marian Stenbakk, Moss IL               | (44) | Tønsberg       | 16.08.2008 |
| 3:25.7  |  | (1) | Laila Bruskeland, IL Flint             | (45) | Sande          | 10.09.2008 |

**1500m (K60-64)**

|         |  |     |                                        |      |            |            |
|---------|--|-----|----------------------------------------|------|------------|------------|
| 5:44.62 |  | (1) | Oddbjørg Haakensveen, Veldre Friidrett | (45) | Tønsberg   | 15.08.2008 |
| 6:15.29 |  | (2) | Marian Stenbakk, Moss IL               | (44) | Tønsberg   | 15.08.2008 |
| 7:12.4  |  | (1) | Randi Alida Markhus, Mosvik IL         | (44) | Stjørdal   | 06.08.2008 |
| 7:20.07 |  | (1) | Grete Rivenes, Gjøvik FIK              | (48) | Brumunddal | 18.09.2008 |

Utenfor NFIF / Club outside NAA:

|        |  |     |               |      |          |            |
|--------|--|-----|---------------|------|----------|------------|
| 7:17.4 |  | (1) | Berit Vetland | (48) | Jessheim | 12.06.2008 |
|--------|--|-----|---------------|------|----------|------------|

**3000m (K60-64)**

|          |  |     |                                |      |          |            |
|----------|--|-----|--------------------------------|------|----------|------------|
| 13:34.50 |  | (1) | Marian Stenbakk, Moss IL       | (44) | Tønsberg | 16.08.2008 |
| 14:58.11 |  | (1) | Laila Bruskeland, IL Flint     | (45) | Tønsberg | 11.10.2008 |
| 15:32.3  |  | (1) | Randi Alida Markhus, Mosvik IL | (44) | Stjørdal | 18.06.2008 |

**5000m (K60-64)**

|          |  |     |                          |      |          |            |
|----------|--|-----|--------------------------|------|----------|------------|
| 23:04.96 |  | (1) | Marian Stenbakk, Moss IL | (44) | Tønsberg | 17.08.2008 |
|----------|--|-----|--------------------------|------|----------|------------|

**80m hekk / hurdles 68.6 cm (K60-64)**

|       |      |     |                           |      |          |            |
|-------|------|-----|---------------------------|------|----------|------------|
| 14.82 | -0,4 | (1) | Grete Rivenes, Gjøvik FIK | (48) | Tønsberg | 17.08.2008 |
|-------|------|-----|---------------------------|------|----------|------------|

**300m hekk / hurdles 68.6 cm (K60-64)**

|       |  |     |                                        |      |          |            |
|-------|--|-----|----------------------------------------|------|----------|------------|
| 54.43 |  | (1) | Oddbjørg Haakensveen, Veldre Friidrett | (45) | Tønsberg | 16.08.2008 |
|-------|--|-----|----------------------------------------|------|----------|------------|

**Høyde / High Jump (K60-64)**

|      |  |     |                                        |      |            |            |
|------|--|-----|----------------------------------------|------|------------|------------|
| 1.20 |  | (1) | Grete Rivenes, Gjøvik FIK              | (48) | Brumunddal | 18.09.2008 |
| 1.11 |  | (1) | Laila Bruskeland, IL Flint             | (45) | Sande      | 10.09.2008 |
| 1.10 |  | (1) | Oddbjørg Haakensveen, Veldre Friidrett | (45) | Moelv      | 10.07.2008 |

**Lengde / Long Jump (K60-64)**

|      |  |     |                                        |      |        |            |
|------|--|-----|----------------------------------------|------|--------|------------|
| 3.71 |  | (1) | Oddbjørg Haakensveen, Veldre Friidrett | (45) | Gjøvik | 24.06.2008 |
|------|--|-----|----------------------------------------|------|--------|------------|

**Tresteg / Triple Jump (K60-64)**

|      |      |     |                                        |      |       |            |
|------|------|-----|----------------------------------------|------|-------|------------|
| 8.54 | -0,1 | (1) | Oddbjørg Haakensveen, Veldre Friidrett | (45) | Moelv | 09.07.2008 |
|------|------|-----|----------------------------------------|------|-------|------------|

**Kule / Shot Put 3.0 kg (K60-64)**

|      |  |     |                                        |      |             |            |
|------|--|-----|----------------------------------------|------|-------------|------------|
| 9.01 |  | (1) | Grete Rivenes, Gjøvik FIK              | (48) | Tønsberg    | 16.08.2008 |
| 7.80 |  | (m) | Inger Austbø, Kongsberg IF             | (47) | Heggedal/Gj | 31.05.2008 |
| 7.60 |  | (1) | Oddbjørg Haakensveen, Veldre Friidrett | (45) | Romedal     | 31.05.2008 |
| 6.95 |  | (1) | Ester Risa Rosland, Orre IL            | (48) | Vågsbygd    | 08.06.2008 |
| 6.00 |  | (m) | Edith Aasenhuus, Oslo IL               | (44) | Oslo/La     | 03.05.2008 |

**Diskos / Discus Throw 1.0 kg (K60-64)**

|       |  |     |                             |      |             |            |
|-------|--|-----|-----------------------------|------|-------------|------------|
| 25.81 |  | (1) | Inger Austbø, Kongsberg IF  | (47) | Heggedal/Ka | 30.08.2008 |
| 22.39 |  | (1) | Ester Risa Rosland, Orre IL | (48) | Vågsbygd    | 14.09.2008 |
| 15.81 |  | (m) | Edith Aasenhuus, Oslo IL    | (44) | Oslo/La     | 03.05.2008 |

**Slegge / Hammer Throw 3.0 kg (K60-64)**

|       |     |                             |      |          |            |
|-------|-----|-----------------------------|------|----------|------------|
| 34.60 | (1) | Inger Austbø, Kongsberg IF  | (47) | Tønsberg | 13.04.2008 |
| 29.57 | (1) | Ester Risa Rosland, Orre IL | (48) | Sandnes  | 03.10.2008 |
| 20.54 | (m) | Edith Aasenhuus, Oslo IL    | (44) | Oslo/La  | 03.05.2008 |

**Slegge / Hammer Throw 4.0 kg (K60-64)**

|       |     |                             |      |         |            |
|-------|-----|-----------------------------|------|---------|------------|
| 24.32 | (2) | Ester Risa Rosland, Orre IL | (48) | Sandnes | 14.06.2008 |
|-------|-----|-----------------------------|------|---------|------------|

**Spyd / Javelin Throw 400 g (K60-64)**

|       |     |                             |      |             |            |
|-------|-----|-----------------------------|------|-------------|------------|
| 14.69 | (m) | Edith Aasenhuus, Oslo IL    | (44) | Oslo/La     | 03.05.2008 |
| 14.44 | (m) | Inger Austbø, Kongsberg IF  | (47) | Heggedal/Gj | 31.05.2008 |
| 11.95 | (m) | Ester Risa Rosland, Orre IL | (48) | Fana        | 28.06.2008 |

**Vekt / Weight Throw 5.45 kg (K60-64)**

|       |     |                             |      |          |            |
|-------|-----|-----------------------------|------|----------|------------|
| 13.88 | (1) | Inger Austbø, Kongsberg IF  | (47) | Tønsberg | 17.08.2008 |
| 11.60 | (m) | Ester Risa Rosland, Orre IL | (48) | Fana     | 28.06.2008 |
| 9.00  | (m) | Edith Aasenhuus, Oslo IL    | (44) | Oslo/La  | 03.05.2008 |

**Kast-5-kamp / Weight Pentathlon (K60-64)**

|      |     |                                                               |      |             |            |
|------|-----|---------------------------------------------------------------|------|-------------|------------|
| 3610 | (1) | Inger Austbø, Kongsberg IF<br>(32.90-7.80-24.86-14.44-13.11)  | (47) | Heggedal/Gj | 31.05.2008 |
| 2864 | (1) | Ester Risa Rosland, Orre IL<br>(25.68-6.55-19.60-11.95-11.60) | (48) | Fana        | 28.06.2008 |
| 2403 | (1) | Edith Aasenhuus, Oslo IL<br>(20.54-6.00-15.81-14.69-9.00)     | (44) | Oslo/La     | 18.10.2008 |

**4x100m stafett / Relay (K60-69)****Sammensatte lag / Combined Teams:**

|       |       |                                                                                                      |  |                |            |
|-------|-------|------------------------------------------------------------------------------------------------------|--|----------------|------------|
| 72.96 | (4)65 | Norge / Norway<br>(Herborg Ninni Blakstad(42)-Eva Carlsen(40)-Ragnhild Hanstvedt(34)-Åse Nyland(33)) |  | Ljubljana, SLO | 03.08.2008 |
|-------|-------|------------------------------------------------------------------------------------------------------|--|----------------|------------|

**1000m stafett / Swedish Relay (K60-69)**

|         |     |                                                                                                               |  |          |            |
|---------|-----|---------------------------------------------------------------------------------------------------------------|--|----------|------------|
| 3:09.68 | (1) | Veldre Friidrett<br>(Trine Gotaas(42)-Helene Mørkved(43)-Marie Lovise W. Svevad(43)-Oddbjørg Haakensveen(45)) |  | Tønsberg | 16.08.2008 |
|---------|-----|---------------------------------------------------------------------------------------------------------------|--|----------|------------|