| This year consists of the following competitions: | | |
|---|---|---|
| 9.2 | Växjö, SWE | 3rd Nordic Indoor Match (FIN-NOR-SWE only) |
| 4.5 | Sandviken, SWE | 17th Nordic 10000m Challenge |
| 8.-9.6 | Huddinge, SWE | 41st Nordic Junior Championships Combined Events |
| 17.-18.8 | Espoo, FIN | 10th Nordic U20 Match & Championships |
| 9.11 | Reykjavik, ISL | 17th Nordic Cross Country Championships |
| Cancelled | | Nordic Race Walking Championships |

## 3rd Nordic Indoor Match (FIN-NOR-SWE only)

Telekonsult Arena, Växjö, SWE — 9 Feb

Men

***60 m*** — 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Odain Rose** | **SWE** | **6.69** |
| **2** | **Jonathan Åstrand** | **FIN** | **6.80** |
| **3** | **Stefan Tärnhuvud** | **SWE** | **6.84** |
| 4 | Markus Skyttä | FIN | 6.91 |
| 5 | Philip Bjørnå Berntsen | NOR | 6.93 |
| 6 | Peter Osazuwa | NOR | 6.95 |

***200 m*** — 9 Feb

| | Heat A | Heat B | | | |
|---|---|---|---|---|---|
| **1** | 1 | | **Jonathan Åstrand** | **FIN** | **20.72** |
| **2** | 2 | | **Nil de Oliveira** | **SWE** | **21.21** |
| **3** | | 1 | **Benjamin Olsen** | **SWE** | **21.61** |
| 4 | | 2 | Kasperi Pöntinen | FIN | 21.90 |
| 5 | | 3 | Eirik Tandberg | NOR | 21.99 |
| | x | | Øyvind S. Kjerpeset | NOR | DQ:R163.3a |

***400 m*** — 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Felix Francois** | **SWE** | **47.90** |
| **2** | **Ville Wendelin** | **FIN** | **48.15** |
| **3** | **Dennis Forsman** | **SWE** | **48.87** |
| 4 | Kristian Magnussen | NOR | 49.34 |
| 5 | Ådne Svahn Dæhlin | NOR | 49.36 |
| 6 | Antti Kokkonen | FIN | 49.42 |

***800 m*** — 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Johan Rogestedt** | **SWE** | **1:49.30** |
| **2** | **Thomas Roth** | **NOR** | **1:49.50** |
| **3** | **Tuomo Salonen** | **FIN** | **1:51.42** |
| 4 | Ådne Svahn Dæhlin | NOR | 1:52.96 |
| 5 | Ville Borgmästars | FIN | 1:53.10 |
| 6 | Johan Svensson | SWE | 1.53.33 |

Extra: Tobias Åberg, SWE DNF

***1500 m*** — 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Ilari Piipponen** | **FIN** | **3:50.76** |
| **2** | **Erik Udø Pedersen** | **NOR** | **3:51.33** |
| **3** | **Panu Jantonen** | **FIN** | **3:51.58** |
| 4 | Staffan Ek | SWE | 3:51.72 |
| 5 | Vegard Løberg Gjelsvik | NOR | 3:58.73 |

Karim Mohammadi, SWE DQ:R163.3a. Extra: Tobias Åberg, SWE DNF

***3000 m*** — 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Johan Hydén** | **SWE** | **8:03.00** |
| **2** | **Olle Walleräng** | **SWE** | **8:04.12** |
| **3** | **Hans Kristian Fløystad** | **NOR** | **8:10.15** |
| 4 | Halfdan-Emil Færø | NOR | 8:28.39 |
| 5 | Arttu Vattulainen | FIN | 8:29.87 |

Extra: Fredrik Johansson, SWE DNF

***60 m hurdles*** — 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Vladimir Vukicevic** | **NOR** | **7.77** |
| **2** | **Philip Nossmy** | **SWE** | **7.86** |
| **3** | **Joona-Ville Heimä** | **FIN** | **7.95** |
| 4 | Filip Lööv | SWE | 8.05 |
| 5 | Jostein Andre Kvikstad | NOR | 8.44 |

Jaako Malmivirta, FIN DNS

***High jump*** — 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Osku Torro** | **FIN** | **2.18** |
| **2** | **Jussi Viita** | **FIN** | **2.14** |
| **3** | **Christian Bøe Helland** | **NOR** | **2.14** |
| 4 | Kristoffer Nilsen | NOR | 2.11 |
| 5 | Philip Frifelt-Lundqvist | SWE | 2.11 |
| 6 | Jakob Torvaldsson | SWE | 2.04 |

| Series | 1.94 | 2.00 | 2.04 | 2.08 | 2.11 | 2.14 | 2.16 | 2.18 | 2.20 | 2.22 | 2.23 | 2.26 | 2.28 | Jump order |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | o | - | xo | - | - | - | - | xxx | 3 |
| 2 | | | | | o | o | - | xxx | | | | | | 6 |
| 3 | o | o | o | xo | xo | xxo | xxx | | | | | | | 5 |
| 4 | o | o | o | xo | o | xxx | | | | | | | | 2 |
| 5 | | o | xxo | xxo | xo | xxx | | | | | | | | 1 |
| 6 | | xo | o | xxx | | | | | | | | | | 4 |

***Pole vault*** — 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Eemili Salomäki** | **FIN** | **5.29** |
| **2** | **Melker Svärd-Jacobsson** | **SWE** | **5.23** |
| **3** | **Carl Sténson** | **SWE** | **5.15** |
| 4 | Olli Rannikko | FIN | 5.07 |
| 5 | Odd Eiken | NOR | 4.83 |
| 6 | Eirik Greibrokk Dolve | NOR | 4.83 |

| Series | 4.47 | 4.65 | 4.83 | 4.95 | 5.07 | 5.15 | 5.23 | 5.29 | 5.35 | 5.61 | Jump order |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | o | - | xo | - | xxx | 5 |
| 2 | | | | | xo | - | o | - | xxx | | 6 |
| 3 | | | o | o | xxo | o | xxx | | | | 3 |
| 4 | | | | | xo | x- | xx | | | | 2 |
| 5 | o | o | o | xxx | | | | | | | 1 |
| 6 | xo | xxo | xxo | xxx | | | | | | | 4 |

***Long jump*** — 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Michel Tornéus** | **SWE** | **7.94** |
| **2** | **Arttu Halmela** | **FIN** | **7.71** |
| **3** | **Otto Kilpi** | **FIN** | **7.54** |
| 4 | Andreas Otterling | SWE | 7.39 |
| 5 | Karsten Warholm | NOR | 7.08 |
| 6 | Ingar Kiplesund | NOR | 6.94 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 | Jump order |
|---|---|---|---|---|---|---|---|
| 1 | 7.93 | X | X | 7.94 | X | X | 5 |
| 2 | X | 7.55 | 7.58 | X | 7.71 | 7.51 | 4 |
| 3 | 7.54 | X | X | X | X | X | 2 |
| 4 | 7.28 | 7.23 | X | 7.39 | 5.55 | 7.38 | 1 |
| 5 | 6.96 | X | 6.91 | X | 7.07 | 7.08 | 3 |
| 6 | 6.73 | 6.79 | 5.55 | 6.94 | 5.39 | 5.93 | 6 |

***Triple jump*** — 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Sindre Almsengen** | **NOR** | **16.05** |
| **2** | **Mathias Ström** | **SWE** | **15.88** |
| **3** | **Moteba Mohamed** | **SWE** | **15.76** |
| 4 | Daniel Sjölind | FIN | 14.89 |
| 5 | Jonathan Varela Byrkjenes | NOR | 14.83 |
| 6 | Tomi Litendal | FIN | 14.76 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 | Jump order |
|---|---|---|---|---|---|---|---|
| 1 | 15.42 | 15.91 | X | 16.05 | 15.27 | X | 5 |
| 2 | 15.88 | 15.88 | 15.79 | 15.74 | X | 15.63 | 4 |
| 3 | 15.76 | 15.54 | X | X | 14.21 | 15.67 | 1 |
| 4 | 14-54 | 14.82 | 14.64 | X | X | 14.89 | 3 |

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 5 | 14.71 | X | - | X | 14.11 | 14.83 | 2 |
| 6 | 14.63 | 14.74 | 14.76 | 14.54 | 14.67 | X | 6 |

***Shot put*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Leif Arrhenius** | **SWE** | **20.24** |
| **2** | **Tomas Söderlund** | **FIN** | **18.32** |
| **3** | **Daniel Ståhl** | **SWE** | **17.61** |
| 4 | Stian Andersen | NOR | 17.34 |
| 5 | Arttu Kangas | FIN | 17.19 |
| 6 | Lars Vikan Rise | NOR | 15.51 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 | Throw order |
|---|---|---|---|---|---|---|---|
| 1 | 18.81 | 19.27 | 20.24 | 19.71 | X | 19.29 | 5 |
| 2 | 18.32 | X | X | X | X | 18.16 | 4 |
| 3 | X | 17.61 | X | X | X | 17.43 | 2 |
| 4 | 16.78 | 17.26 | 17.34 | X | X | X | 6 |
| 5 | 16.71 | X | X | 17.19 | X | X | 1 |
| 6 | 14.75 | X | 15.51 | X | X | X | 3 |

***4x200 m relay*** 9. Feb

| | | | |
|---|---|---|---|
| **1** | **SWE** | **1:25.65** | (Tom Kling Baptiste, Benjamin Olsson, Johan Wissman, Nil de Oliveira) |
| **2** | **FIN** | **1:26.69** | (Kasperi Röntinen, Joona-Ville Heinä, Antto Kokkonen, Jonathan Åstrand) |
| **3** | **NOR** | **1:26.82** | (Øyvind S. Kjerpeset,Tormod Hjortnæs Larsen, Eirik Tanberg, Håkon Morken) |

| **Points Men** | **Nation** | **Total** |
|---|---|---|
| | SWE | 109 |
| | FIN | 92 |
| | NOR | 68 |

## Women

***60 m*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Ezinne Okparaebo** | **NOR** | **7.30** |
| **2** | **Hanna-Maari Latvala** | **FIN** | **7.36** |
| **3** | **Maria Räsänen** | **FIN** | **7.52** |
| 4 | Freja Jernstig | SWE | 7.56 |
| 5 | Folake Akinyemi | NOR | 7.58 |
| 6 | Pernilla Nilsson | SWE | 7.60 |

***200 m*** 9 Feb

| | **Heat A** | **Heat B** | | | |
|---|---|---|---|---|---|
| **1** | 1 | | **Hanna-Maria Latvala** | **FIN** | **23.30** |
| **2** | 2 | | **Irene Ekelund** | **SWE** | **23.57** |
| **3** | | 1 | **Pernilla Nilsson** | **SWE** | **24.04** |
| 4 | 3 | | Elisabeth Slettum | NOR | 24.09 |
| 5 | | 2 | Maria Räsänen | FIN | 24.42 |
| 6 | | 3 | Nina Katrine Brandt | NOR | 24.53 |

***400 m*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Moa Hjelmer** | **SWE** | **53.50** |
| **2** | **Ella Räsänen** | **FIN** | **53.52** |
| **3** | **Line Kloster** | **NOR** | **54.27** |
| 4 | Josefin Magnusson | SWE | 54.85 |
| 5 | Anniina Laitinen | FIN | 54.95 |
| 6 | Stine Tomb | NOR | 56.18 |

***800 m*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Lovuisa Lindh** | **SWE** | **2:05.91** |
| **2** | **Trine Mjåland** | **NOR** | **2:08.92** |
| **3** | **Sara Kuivisto** | **FIN** | **2:09.26** |
| 4 | Ida Fillingsnes | NOR | 2:09.89 |
| 5 | Tova Eurén | SWE | 2:10:12 |
| 6 | Jenni Kvioja | FIN | 2:13.52 |

Extra: Emilie Krook, SWE, DNF

***1500 m*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Johanne Lehtinen** | **FIN** | **4:17.16** |
| **2** | **Kristine Eikrem Engeset** | **NOR** | **4:19.46** |
| **3** | **Charlotte Schönbeck** | **SWE** | **4:23.78** |
| 4 | Ingeborg Løvnes | NOR | 4:24.14 |
| 5 | Minna Nummela | FIN | 4:24.68 |
| 6 | Linn Nilsson | SWE | 4:25.00 |

Extra: Agnes Sjöström, SWE DNF

***3000 m*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Charlotta Fougberg** | **SWE** | **9:26.89** |
| **2** | **Agnes Sjöström** | **SWE** | **9:34.43** |
| **3** | **Minna-Maria Kangas** | **FIN** | **9:35.77** |
| 4 | Ninna Haka-Risku | FIN | 9:42.90 |
| 5 | Kristine Helle | NOR | 9:44.22 |
| 6 | Karianne G. Søfting | NOR | 10:19.05 |

Extra: Jeri Emeru, SWE DNF

***60 m hurdles*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Isabelle Pederssen** | **NOR** | **8.20** |
| **2** | **Lotta Harala** | **FIN** | **8.32** |
| **3** | **Elisa Leinonen** | **FIN** | **8.37** |
| 4 | Tale Ørving | NOR | 8.51 |
| 5 | Maja Rogemyr | SWE | 8.59 |
| 6 | Malin Eriksson | SWE | 8.63 |

***High jump*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Emma Green Tregaro** | **SWE** | **1.89** |
| **2** | **My Nordström** | **SWE** | **1.85** |
| **3** | **Senni Ronkainen** | **FIN** | **1.82** |
| 4 | Katarina Mögenburg | NOR | 1.79 |
| 5 | Elina Smolander | FIN | 1.75 |
| 6 | Martine Bye | NOR | 1.71 |

| Series | 1.59 | 1.65 | 1.71 | 1.75 | 1.79 | 1.82 | 1.85 | 1.87 | 1.89 | 1.92 | Jump order |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | o | - | xxo | o | xxx | 3 |
| 2 | | | | o | o | o | xo | - | xxx | | 6 |
| 3 | | | o | o | o | xxo | xxx | | | | 2 |
| 4 | | | o | o | xo | xxx | | | | | 4 |
| 5 | | | o | xo | xxx | | | | | | 5 |
| 6 | o | o | o | xxx | | | | | | | 1 |

***Pole vault*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Malin Dahlström** | **SWE** | **4.35** |
| **2** | **Minna Nikkanen** | **FIN** | **4.30** |
| **3** | **Cathrine Larsåsen** | **NOR** | **4.18** |
| 4 | Alissa Söderberg | SWE | 3.90 |
| 5 | Ida Beate Østhus | NOR | 3.42 |
| | Eeva Niemelä | FIN | NM |

| Series | 3.42 | 3.60 | 3.78 | 3.90 | 4.02 | 4.10 | 4.18 | 4.24 | 4.30 | 4.35 | 4.40 | Jump order |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | o | xo | - | o | - | o | xxx | 5 |
| 2 | | | | | | o | o | o | xo | - | xxx | 1 |
| 3 | | | | | o | - | xo | - | xxx | | | 6 |
| 4 | | | o | o | xxx | | | | | | | 2 |
| 5 | o | xxx | | | | | | | | | | 3 |
| 6 | | | xxx | | | | | | | | | 4 |

***Long jump*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Erica Jarder** | **SWE** | **6.32** |
| **2** | **Jaana Sieviläinen** | **FIN** | **6.06** |
| **3** | **Nadja Casadei** | **SWE** | **5.96** |
| 4 | Noora Pesola | FIN | 5.93 |
| 5 | Ida Marcussen | NOR | 5.70 |
| 6 | Lebe Secher Myrmel | NOR | 5.69 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 | Jump order |
|---|---|---|---|---|---|---|---|
| 1 | 6.10 | X | 6.32 | X | - | - | 4 |
| 2 | 5.98 | .599 | X | 6.06 | 6.04 | X | 6 |
| 3 | 5.80 | X | 5.84 | 5.96 | 5.86 | 5.84 | 1 |
| 4 | 5.90 | 5.87 | X | 5.78 | 5.93 | 5.88 | 3 |
| 5 | 5.67 | 5.70 | 5.62 | 4.39 | - | 4.20 | 5 |
| 6 | 5.69 | 5.65 | 5.66 | 5.57 | 5.48 | 5.63 | 2 |

***Triple jump*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Elina Torro** | **FIN** | **13.13** |
| **2** | **Angelica Ström** | **SWE** | **13.13** |
| **3** | **Inger Anne Frøysedal** | **NOR** | **12.92** |
| 4 | Sanna Nygård | FIN | 12.79 |

| | | | |
|---|---|---|---|
| 5 | Jasmin Sabir | SWE | 12.71 |
| 6 | Amalie Tefre Skage | NOR | 11.96 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 | Jump order |
|---|---|---|---|---|---|---|---|
| 1 | X | 13.13 | X | 12.96 | 13.03 | 12.98 | 5 |
| 2 | X | 12.41 | 12.88 | 12.88 | 13.13 | 12.69 | 6 |
| 3 | 12.22 | 12.76 | 12.92 | X | X | X | 4 |
| 4 | X | 12.42 | X | 12.79 | X | X | 2 |
| 5 | 12.58 | 12.56 | 12.47 | 12.71 | 12.62 | X | 3 |
| 6 | X | 11.96 | X | X | - | - | 1 |

***Shot put*** 9 Feb

| | | | |
|---|---|---|---|
| **1** | **Catarina Andersson** | **SWE** | **16.54** |
| **2** | **Helene Engman** | **SWE** | **15.96** |
| **3** | **Kristin Sundsteigen** | **NOR** | **14.50** |
| 4 | Suvi Helin | FIN | 14.42 |
| 5 | Hennariikka Järvinen | FIN | 13.92 |
| 6 | Silje Nordahl Disserud | NOR | 12.62 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 | Throw order |
|---|---|---|---|---|---|---|---|
| 1 | 15.07 | X | X | 16.54 | 15.96 | 16.53 | 2 |
| 2 | 15.67 | 15.71 | 15.87 | X | 15.96 | X | 5 |
| 3 | 14.50 | 14.38 | X | 14.33 | 14.32 | X | 6 |
| 4 | X | 14.42 | X | X | X | X | 1 |
| 5 | 13.89 | 13.59 | 13.59 | 13.92 | X | 13.79 | 4 |
| 6 | 11.89 | 12.56 | 12.62 | 12.49 | X | 12.33 | 3 |

***4x200 m relay*** 9. Feb

| | | | |
|---|---|---|---|
| **1** | **NOR** | **1:35.81** | (Folake Akinyemi, Elisabeth Slettum, Nina K. Brandt, Line Kloster) |
| **2** | **FIN** | **1:36.13** | (Lotta Harala, Anniina Laitinen, Ella Räsänen, Hanna-Maari Latvala) |
| | **SWE** | **DQ:R163.2** | (Josefin Magnusson, Moa Hjelmer, Frida Persson, Lynette Morgan) |

| **Points Men** | **Nation** | **Total** |
|---|---|---|
| | SWE | 104 |
| | FIN | 92 |
| | NOR | 75 |

## 17th Nordic 10000 m Challenge

BJ Arena, Sandviken, SWE — 4 May

### Men

***Senior*** 4 May

| | | | |
|---|---|---|---|
| **1** | **Ørjan Grønnevig** | **NOR** | **29:57.84** |
| **2** | **Eirik Gramstad** | **NOR** | **30:02.72** |
| **3** | **Michael Nilsen** | **DEN** | **30:08.93** |
| 4 | Marius Vedvik | NOR | 30:18.13 |
| 5 | Fredrik Uhrbom | SWE | 30:20.79 |
| 6 | David Nilsson | SWE | 30:32.24 |
| 7 | Jesper Faurschou | DEN | 30:36.33 |
| 8 | Andreas Åhwall | SWE | 30:41.40 |

Extra: Meberhatom Yamana, SWE 31:46.59, Arne Mjelde Sæther, NOR 33:01.39, Johnny Purvis, USA DNF, Lars Södergård, SWE DNS

### Women

***Senior*** 4 May

| | | | |
|---|---|---|---|
| **1** | **Simone Glad** | **DEN** | **33:58.76** |
| **2** | **Frida Lundén** | **SWE** | **34:29.78** |
| **3** | **Cecilia Kleist** | **SWE** | **34:46.38** |
| 4 | Hilde Aasheim | NOR | 35:08.29 |
| 5 | Tine Pallsgaard | DEN | 36:03.33 |
| 6 | Kirsten Pettersson | DEN | 36:24.74 |

Karianne Søfting, NOR DNF

Extra: Hanna Lindholm, SWE 35:48.45, Nina Persson, SWE 35:50.75, Sanna Mustonen, SWE DNF

## 41st Nordic Junior Championships Combined Events

Källbrinks IP, Huddinge, SWE — 8-9 Jun

### Men

***U23 Decathlon*** 8-9 Jun

| | | | |
|---|---|---|---|
| **1** | **Jusso Hassi** | **FIN** | **7.289** |
| **2** | **Otto Ylöstalo** | **FIN** | **7.033** |
| **3** | **Jostein Kvikstad** | **NOR** | **6.837** |
| 4 | Ingi Rúnar Kristinsson | ISL | 6.780 |
| 5 | Herman Þor Haraldsson | ISL | 5.933 |

(100m, Long jump, Shot put 7,26kg, High jump, 400m, 110 hurdles 106,7cm, Dsicus 2kg, Pole vault, Javelin throw 800g, 1500m)

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 11.24 | 6.83 | 13.46 | 1.91 | 50.14 | 15.37 | 41.47 | 4.23 | 56.48 | 4:50.64 |
| | 808 | 774 | 695 | 723 | 808 | 805 | 694 | 682 | 685 | 615 |
| 2 | 11.51 | 6.80 | 13.35 | 1.91 | 51.37 | 15.36 | 33.08 | 4.13 | 51.96 | 4:29.65 |
| | 750 | 767 | 689 | 723 | 753 | 807 | 525 | 654 | 618 | 747 |
| 3 | 11.59 | 6.80 | 11.59 | 1.91 | 50.61 | 15.36 | 40.07 | 3.23 | 53.99 | 4:35.28 |
| | 734 | 767 | 582 | 723 | 787 | 807 | 666 | 413 | 648 | 710 |
| 4 | 11.68 | 6.70 | 13.72 | 1.70 | 51.71 | 16.98 | 44.53 | 4.53 | 44.80 | 4:42.35 |
| | 715 | 743 | 711 | 544 | 737 | 626 | 757 | 769 | 512 | 666 |
| 5 | 11.81 | 6.58 | 10.67 | 1.91 | 53.37 | 17.86 | 34.57 | 3.13 | 44.98 | 4:50.47 |
| | 689 | 716 | 526 | 723 | 666 | 538 | 555 | 389 | 515 | 616 |

Wind: 100m -0,9 100m hurdles +0,9

High jump

| | 1.70 | 1.73 | 1.76 | 1.79 | 1.82 | 1.85 | 1.88 | 1.91 | 1.94 |
|---|---|---|---|---|---|---|---|---|---|
| 1 | | | o | xo | o | o | xo | xxo | xxx |
| 2 | | | o | - | o | o | o | xo | xxx |
| 3 | o | o | o | o | o | o | xxo | xo | xxx |
| 4 | xo | xxx | | | | | | | |
| 5 | o | - | o | o | xo | o | o | o | xxx |

Pole vault

| | 2.83 | 2.93 | 3.03 | 3.13 | 3.23 | 3.33 | 3.83 | 4.03 | 4.13 | 4.23 | 4.33 | 4.43 | 4.53 | 4.63 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | | o | xo | o | xo | xxx | | | |
| 2 | | | | | | | | xo | xo | xxx | | | | |
| 3 | | | | | o | xxx | | | | | | | | |
| 4 | | | | | | | | | o | - | o | xo | xxo | xxx |
| 5 | xo | o | xo | xo | xxx | | | | | | | | | |

| | Long jump | | | Shot put | | | Discus throw | | | Javelin throw | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 6.83 | X | X | 13.46 | 12.86 | X | 36.42 | 41.47 | 41.33 | 56.48 | 51.06 | 49.34 |
| | +1,0 | | | | | | | | | | | |
| 2 | X | 6.80 | X | 13.35 | 12.93 | X | 33.08 | X | 32.05 | 51.32 | 51.96 | 51.68 |
| | | +1,4 | | | | | | | | | | |
| 3 | 6.73 | 6.80 | X | X | 11.35 | 11.59 | 32.68 | 40.07 | 38.66 | 53.99 | X | 48.08 |
| | +1,4 | +0,9 | | | | | | | | | | |
| 4 | X | 6.70 | X | 10.58 | 10.67 | 10.25 | 44.53 | 42.94 | X | 42.56 | 44.07 | 44.80 |
| | | +0,2 | | | | | | | | | | |
| 5 | X | 6.58 | X | 13.05 | 13.54 | 13.72 | X | 31.27 | 34.57 | 44.91 | 40.53 | 44.98 |
| | | +1,5 | | | | | | | | | | |

***U20 Decathlon*** 8-9 Jun

| | | | |
|---|---|---|---|
| **1** | **Fredrick Ekholm** | **SWE** | **7.532** |
| **2** | **Elmo Savola** | **FIN** | **7.242** |
| **3** | **Fredrik Samuelsson** | **SWE** | **7.221** |
| 4 | Victor Ivarsson | SWE | 7.037 |
| 5 | Tuomo Marttila | FIN | 6.866 |
| 6 | Aleksi Tuonen | FIN | 6.716 |
| 7 | Krister Blær Jónsson | ISL | 5.964 |
| 8 | Rasmus Stene | NOR | 5.840 |

(100m, Long jump, Shot put 6kg, High jump, 400m, 100m hurdles 100cm, Discus 1.75kg, Pole vault, Javelin throw 800g, 1500m)

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 11.08 | 7.19 | 13.65 | 2.05 | 50.78 | 14.24 | 39.54 | 4.33 | 47.15 | 4:47.01 |
| | 843 | 859 | 707 | 850 | 779 | 944 | 655 | 711 | 547 | 637 |
| 2 | 11.08 | 6.97 | 13.33 | 1.87 | 52.16 | 14.75 | 34.66 | 4.33 | 61.03 | 4:53.23 |
| | 743 | 807 | 687 | 687 | 718 | 880 | 557 | 711 | 753 | 599 |
| 3 | 11.34 | 6.90 | 13.47 | 1.99 | 51.75 | 15.16 | 39.60 | 4.23 | 49.02 | 4:40.58 |
| | 786 | 790 | 696 | 794 | 736 | 830 | 656 | 682 | 574 | 677 |
| 4 | 11.06 | 6.94 | 13.42 | 1.90 | 50.48 | 15.04 | 42.57 | 3.73 | 39.01 | 4:43.63 |
| | 847 | 799 | 693 | 714 | 793 | 845 | 717 | 543 | 428 | 658 |
| 5 | 11.52 | 6.44 | 13.64 | 1.72 | 54.08 | 15.46 | 40.46 | 4.43 | 62.16 | 5:01.23 |
| | 748 | 684 | 796 | 560 | 636 | 795 | 674 | 740 | 770 | 553 |
| 6 | 11.21 | 6.45 | 12.48 | 1.78 | 51.16 | 15.21 | 36.38 | 4.03 | 54.95 | 5:09.64 |
| | 714 | 686 | 636 | 610 | 762 | 824 | 591 | 626 | 662 | 505 |
| 7 | 11.69 | 6.37 | 11.53 | 1.81 | 52.36 | 16.23 | 29.18 | 3.03 | 45-62 | 4:50.20 |
| | 713 | 668 | 578 | 636 | 709 | 707 | 448 | 3.64 | 524 | 617 |
| 8 | 11.75 | 6.34 | 12.20 | 1.78 | 52.65 | 15.67 | 34.27 | NM | 52.94 | 4:52.94 |
| | 701 | 661 | 619 | 610 | 697 | 770 | 549 | 0 | 632 | 601 |

Wind: 100 m +1,3 110 m hurdles -0,7

High jump

| | 1.60 | 1.63 | 1.66 | 1.69 | 1.72 | 1.75 | 1.78 | 1.81 | 1.84 | 1.87 | 1.90 | 1.93 | 1.96 | 1.99 | 2.02 | 2.05 | 2.08 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | | | | | o | - | o | o | o | o | xxo | xxx |
| 2 | | | | | o | o | o | xo | xo | xo | x-- | | | | | | |
| 3 | | | | | | | | | o | - | xxo | - | xo | o | xxx | | |
| 4 | | | | | o | - | o | o | o | xo | o | xxx | | | | | |
| 5 | | | o | o | o | xxx | | | | | | | | | | | |
| 6 | | | | o | o | o | xxo | xxx | | | | | | | | | |
| 7 | o | o | o | o | o | o | xo | xxo | xxx | | | | | | | | |
| 8 | | | | | o | xo | xo | xxx | | | | | | | | | |

Pole vault

| | 2.83 | 2.93 | 3.03 | 3.13 | 3.53 | 3.63 | 3.73 | 3.83 | 3.93 | 4.03 | 4.13 | 4.23 | 4.33 | 4.43 | 4.53 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | | | | | o | o | o | o | xxx | |
| 2 | | | | | | | | o | - | o | o | o | xo | xxx | |
| 3 | | | | | | | | | | o | - | xo | xxx | | |
| 4 | | | | | xo | o | xxo | xxx | | | | | | | |
| 5 | | | | | | | | | | | xo | o | o | xxo | xxx |
| 6 | | | | | | | | o | - | xxo | - | xxx | | | |
| 7 | xo | o | xxo | xxx | | | | | | | | | | | |
| 8 | | | | xxx | | | | | | | | | | | |

| | Long jump | | | Shot put | | | Discus throw | | | Javelin throw | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 6.83 | 7.19 | 7.08 | 12.45 | 12.73 | 13.65 | 37.08 | 37.40 | 39.54 | 45.28 | 45.14 | 47.15 |
| | 0,0 | 0,0 | 0,0 | | | | | | | | | |
| 2 | 6.69 | 6.97 | X | 13.33 | 12.33 | X | 29.34 | 34.66 | 30.37 | 53.90 | 61.03 | 58.31 |
| | +0,0 | 0,0 | | | | | | | | | | |
| 3 | 6.69 | 6.90 | 6.75 | 13.47 | X | X | 39.60 | X | X | 49.02 | 47.33 | X |
| | 0,0 | 0,0 | +1,1 | | | | | | | | | |
| 4 | 6.62 | 6.94 | X | X | 12.18 | 13.42 | 40.13 | 42.57 | X | 39.01 | X | 37.42 |
| | +0,6 | +0,2 | | | | | | | | | | |
| 5 | 6.37 | 6.33 | 6.44 | 13.55 | X | 13.64 | 40.46 | X | X | 54.92 | 62.16 | 54.43 |
| | +0,3 | +0,9 | -1,1 | | | | | | | | | |
| 6 | X | X | 6.45 | 12.02 | X | 12.48 | 35.13 | 36.38 | X | 50.29 | 54.95 | 52.37 |
| | | | -0,9 | | | | | | | | | |
| 7 | 6.37 | X | 6.20 | 11.53 | 11.25 | X | 24.91 | X | 29.18 | 45.62 | 43.70 | 43.94 |
| | +0,9 | | 0,0 | | | | | | | | | |
| 8 | 6.23 | 6.20 | 6.34 | 11.67 | 12.20 | 12.14 | X | 34.27 | X | 51,47 | 52.94 | 49.55 |
| | +1,8 | +0,5 | +1,8 | | | | | | | | | |

***U18 Decathlon*** 8-9 Jun

| | | | |
|---|---|---|---|
| **1** | **Olof Östenberg** | **SWE** | **7.139** |
| **2** | **Andreas Gustafsson** | **SWE** | **7.081** |
| **3** | **Axel Ohlson** | **SWE** | **6.879** |
| 4 | Joar Husmark | SWE | 6.779 |
| 5 | Urho Kujanpää | FIN | 6.017 |
| 6 | Slbert Kuhlmann | DEN | 6.000 |
| 7 | Sigurjón Hólm Jakobsson | ISL | 5.227 |
| | Mathieu Nilsson | SWE | DNF |

(110m hurdles 91,4cm, Discus 1,5kg, Pole Vault, Javelin throw 700g, 300m, 100m, Long jump, Shot put 5kg, High jump, 1000m)

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 15.85 | 49.48 | 3.58 | 55.93 | 37.78 | 11.86 | 6.77 | 14.58 | 1.83 | 2:48.64 |
| | 750 | 860 | 503 | 677 | 713 | 679 | 760 | 764 | 653 | 780 |
| 2 | 14.34 | 36.83 | 4.28 | 47.00 | 36.24 | 11.43 | 6.10 | 12.29 | 1.89 | 2:46.63 |
| | 931 | 600 | 696 | 544 | 805 | 767 | 608 | 624 | 705 | 801 |
| 3 | 15.58 | 45.55 | 4.18 | 59.87 | 38.31 | 12.45 | 6.04 | 14.87 | 1.68 | 2:50.20 |
| | 781 | 778 | 668 | 736 | 683 | 565 | 595 | 782 | 528 | 763 |
| 4 | 15.59 | 38.24 | 3.78 | 52.95 | 37.21 | 11.65 | 6.40 | 12.66 | 1.77 | 2:47.81 |
| | 780 | 629 | 557 | 632 | 747 | 721 | 675 | 647 | 602 | 789 |
| 5 | 15.39 | 35.42 | 4.28 | 53.76 | 37.90 | 11.91 | 6.09 | 11.02 | NM | 2:54.56 |
| | 803 | 572 | 696 | 644 | 706 | 669 | 606 | 602 | 0 | 719 |
| 6 | 16.93 | 35.35 | 3.58 | 35.15 | 36.95 | 11.95 | 5.92 | 11.53 | 1-68 | 2:44.58 |
| | 632 | 571 | 503 | 372 | 763 | 661 | 569 | 578 | 528 | 823 |
| 7 | 16.70 | 29.18 | 3.28 | 40.06 | 41.22 | 12.81 | 5.93 | 11.35 | 1.80 | 3:22.42 |
| | 656 | 448 | 426 | 443 | 527 | 501 | 571 | 567 | 627 | 461 |
| 8 | 14.54 | 25.00 | NM | 44.29 | 36.30 | 11.39 | 6.82 | 11.39 | 1.71 | DNS |
| | 906 | 367 | 0 | 505 | 801 | 776 | 771 | 569 | 552 | |

Wind: 100m +0,7 110m hurdles +0,8

High jump

| | 1.59 | 1.62 | 1.65 | 1.68 | 1.71 | 1.74 | 1.77 | 1.80 | 1.83 | 1.86 | 1.89 | 1.92 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | o | - | xo | o | o | xxx | | |
| 2 | | | | | | o | o | xo | o | xo | xo | xxx |
| 3 | | | xo | o | xxx | | | | | | | |
| 4 | | | o | - | xo | o | xxo | xxx | | | | |
| 5 | | | | | xxx | | | | | | | |
| 6 | o | o | xo | xxo | xxx | | | | | | | |
| 7 | | | | | | o | xo | o | xxx | | | |
| 8 | | | | | o | - | | | | | | |

Pole vault

| | 2.78 | 2.98 | 3.08 | 3.18 | 3.28 | 3.38 | 3.48 | 3.58 | 3.68 | 3.78 | 3.88 | 3.98 | 4.08 | 4.18 | 4.28 | 4.38 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | o | o | o | xo | xxx | | | | | | | |
| 2 | | | | | | | | | | o | o | o | o | xxo | xo | xxx |
| 3 | | | | | | | | o | - | o | xo | xo | o | xxo | xxx | |
| 4 | | | | | | o | o | o | o | o | xxx | | | | | |
| 5 | | | | | | | | | | | | o | xo | xo | o | xxx |
| 6 | | o | o | o | xxo | o | xo | o | xxx | | | | | | | |
| 7 | o | o | o | o | o | xxx | | | | | | | | | | |
| 8 | x-- | | | | | | | | | | | | | | | |

| | Long jump | | | Shot put | | | Discus throw | | | Javelin throw | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 6.31 | 6.66 | 6.77 | 14.52 | X | 14.58 | 42.15 | 48.22 | 49.48 | 53.79 | 55.93 | 52.87 |
| | +0,3 | +0,9 | 0,0 | | | | | | | | | |
| 2 | 5.79 | X | 6.10 | 11.12 | 12.29 | 12.12 | 36.83 | 36.78 | X | 42.98 | 47.00 | 46.87 |
| | +0,9 | | +1,3 | | | | | | | | | |
| 3 | 5.63 | 6.04 | 5.95 | 14.15 | 14.87 | 14.49 | 45.55 | X | 44.70 | 56.83 | 59.87 | 55.96 |
| | 0,0 | +1,3 | +1,8 | | | | | | | | | |
| 4 | 6.40 | 6.37 | X | 12.66 | X | X | 34.14 | 31.17 | 38.24 | 52.19 | 52.95 | X |
| | +0,3 | +1,0 | | | | | | | | | | |
| 5 | 5.83 | 6.09 | 6.03 | 11.91 | 11.92 | X | 28.93 | 35.42 | 33.28 | 44.80 | 52.04 | 53.76 |
| | 0,0 | +1,0 | +0,9 | | | | | | | | | |
| 6 | 5.80 | 5.92 | X | X | 10.57 | 11.53 | 33.84 | 31.94 | 35.35 | 32.12 | 31.59 | 35.15 |
| | 0,0 | +0,3 | | | | | | | | | | |
| 7 | 5.64 | 5.93 | 5.81 | 10.78 | 11.35 | X | X | X | 29.18 | X | 40.06 | X |
| | -0,9 | 0,0 | 0,0 | | | | | | | | | |
| 8 | 6.82 | X | 6.36 | X | 11.39 | 11.07 | X | 25.00 | X | 42,53 | 43.69 | 44.29 |
| | +1,6 | | +1,5 | | | | | | | | | |

## Women

***U23 Heptathlon*** 8-9 Jun

| | | | |
|---|---|---|---|
| **1** | **Sveinbjörg Zophoníasdóttir** | **ISL** | **5.212** |
| **2** | **Eline Breilid** | **NOR** | **4.994** |
| **3** | **Martine Bye** | **NOR** | **4.851** |
| 4 | Sofia Johnsson | SWE | 4.796 |
| 5 | Rakel Rosshagen | SWE | 4.687 |
| 6 | Frida Johansson | SWE | 4.627 |
| 7 | Ida Otstavel | FIN | 4.479 |
| | Maria Rún Gunnlaugsdóttir | ISL | DNF |

(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw, 800m)

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 15.23 | 1.68 | 12.06 | 26.16 | 5.81 | 34.32 | 2:23.86 |
| | 811 | 830 | 665 | 783 | 792 | 559 | 772 |
| 2 | 14.47 | 1.53 | 10.22 | 25.28 | 5.72 | 33.80 | 2:28.86 |
| | 913 | 655 | 544 | 861 | 765 | 549 | 707 |
| 3 | 15.79 | 1.71 | 10.45 | 27.89 | 5.19 | 40.57 | 2:25.16 |
| | 740 | 867 | 559 | 640 | 612 | 678 | 755 |
| 4 | 14.32 | 1.56 | 9.67 | 25.59 | 5.60 | 19.89 | 2:20.59 |
| | 934 | 689 | 508 | 833 | 729 | 287 | 816 |
| 5 | 15.28 | 1.47 | 10.23 | 26.24 | 5.28 | 32.14 | 2:20.33 |
| | 805 | 588 | 545 | 776 | 637 | 517 | 819 |
| 6 | 15.21 | 1.53 | 11.73 | 26.51 | 5.45 | 25.28 | 2:30.42 |
| | 814 | 655 | 643 | 753 | 686 | 388 | 688 |
| 7 | 15.44 | 1.59 | 10.93 | 26.96 | 4.97 | 35.31 | 2:43.29 |
| | 784 | 724 | 591 | 715 | 551 | 578 | 536 |
| | 14.78 | 1.68 | 11.11 | 25.87 | NM | 39.02 | DNS |
| | 871 | 830 | 602 | 809 | 0 | 649 | |

Wind: 100m hurdles -1,8 200m +1,2

High jump

| | 1.41 | 1.44 | 1.47 | 1.50 | 1.53 | 1.56 | 1.59 | 1.62 | 1.65 | 1.68 | 1.71 | 1.74 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | o | o | o | xxo | xxo | xo | xxx | |
| 2 | o | o | o | o | o | xxx | | | | | | |
| 3 | | | | | | | | o | xo | o | o | xxx |
| 4 | | | o | xo | xxo | xo | xxx | | | | | |
| 5 | | o | o | xxx | | | | | | | | |
| 6 | | xo | o | xxo | xxo | xxx | | | | | | |
| 7 | | | | o | xo | xo | xo | xxx | | | | |
| 8 | | | | | | o | xo | o | o | xxo | xxx | |

| | Long jump | | | Shot put | | | Javelin throw | | |
|---|---|---|---|---|---|---|---|---|---|
| 1 | 5.60 | 5.81 | 5.72 | 11.95 | 12.06 | 11.89 | 32.27 | 34.32 | 32.25 |
| | -0,8 | +0,5 | +0,3 | | | | | | |
| 2 | 5.46 | 5.62 | 5.72 | 10.22 | 9.15 | X | 29.27 | 30.07 | 33.80 |
| | -0,6 | -0,1 | -0,3 | | | | | | |
| 3 | 4.49 | 4.48 | 5.19 | 10.45 | X | X | 40.57 | X | 38.23 |
| | -1,2 | -0,5 | +1,7 | | | | | | |
| 4 | 5.00 | 5.47 | 5.60 | 9.26 | 9.67 | 9.59 | X | 19.89 | 18.84 |
| | -0,8 | +1,6 | +0,8 | | | | | | |
| 5 | 4.97 | 5.26 | 5.28 | 9.74 | 9.90 | 10.23 | 29.32 | 27.82 | 32.14 |
| | -0,6 | -0,4 | +1,4 | | | | | | |
| 6 | 5.22 | 5.35 | 5.45 | 10.36 | 11.21 | 11.73 | 22.57 | 25.28 | 24.85 |
| | -1,0 | -0,1 | +1,1 | | | | | | |
| 7 | 4.97 | X | 4.93 | 10.66 | 10.93 | X | 33.59 | 33.31 | 35.31 |
| | -1,1 | | +1,0 | | | | | | |
| | X | X | X | 10.70 | 10.67 | 11.11 | 39.02 | 38.97 | X |

***U20 Heptathlon*** 8-9 Jun

| | | | |
|---|---|---|---|
| **1** | **Frida Thorsås** | **NOR** | **5.381** |
| **2** | **Elin Tomhed** | **SWE** | **5.212** |
| **3** | **Arna Stefanía Guðmundsdóttir** | **ISL** | **5.190** |
| 4 | Hertta Heikkinen | FIN | 5.079 |
| 5 | Malin Skogström | SWE | 4.855 |
| 6 | Anne Engen Andersen | NOR | 4.769 |
| 7 | Sara Söderberg | SWE | 4.723 |
| 8 | Mette Graversgaard | DEN | 4.592 |

9 Mai Britt Berge, NOR 4.353

(100m hurdles 84cm, High jump, Shot put 4kg, 200m, Long jump, Javelin throw 600g, 800m)

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 14.54 | 1.62 | 12.63 | 25.60 | 5.24 | 36.31 | 2:10.30 |
| | 903 | 759 | 703 | 833 | 626 | 597 | 960 |
| 2 | 15.11 | 1.77 | 9.76 | 25.21 | 5.43 | 29.66 | 2:13.67 |
| | 827 | 941 | 514 | 868 | 680 | 470 | 912 |
| 3 | 14.57 | 1.65 | 9.20 | 25.25 | 5.45 | 38.98 | 2:20.19 |
| | 899 | 795 | 477 | 864 | 686 | 648 | 821 |
| 4 | 14.77 | 1.65 | 10.66 | 25.74 | 5.56 | 34.91 | 2:26.94 |
| | 872 | 795 | 573 | 820 | 717 | 570 | 732 |
| 5 | 14.31 | 1.65 | 11.09 | 26.40 | 4.89 | 34.03 | 2:31.22 |
| | 935 | 795 | 601 | 763 | 530 | 553 | 678 |
| 6 | 15.03 | 1.71 | 10.53 | 26.24 | 4.79 | 37.55 | 2:37.58 |
| | 838 | 867 | 564 | 776 | 503 | 620 | 601 |
| 7 | 15.67 | 1.56 | 9.56 | 25.72 | 5.51 | 35.59 | 2:31.88 |
| | 755 | 689 | 501 | 822 | 703 | 583 | 670 |
| 8 | 15.06 | 1.56 | 8.44 | 25.96 | 5.42 | 27.06 | 2:26.15 |
| | 834 | 689 | 428 | 801 | 677 | 421 | 742 |
| 9 | 15.47 | 1.59 | 9.56 | 27.62 | 5.11 | 27.91 | 2:32.69 |
| | 781 | 724 | 501 | 661 | 589 | 437 | 660 |

High jump

| | 1.41 | 1.44 | 1.47 | 1.50 | 1.53 | 1.56 | 1.59 | 1.62 | 1.65 | 1.68 | 1.71 | 1.74 | 1.77 | 1.80 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | o | xo | xxo | xxx | | | | | |
| 2 | | | | | | o | - | o | xo | o | o | o | xxo | xxx |
| 3 | | | | | | xo | o | o | o | xxx | | | | |
| 4 | | | | | | o | o | xxo | xxo | xxx | | | | |
| 5 | | | | | | o | - | o | xo | xxx | | | | |
| 6 | | | | | | xo | o | xxo | xo | xxo | xo | xxx | | |
| 7 | | o | o | o | xo | o | xxx | | | | | | | |
| 8 | | | | | xxo | o | xxx | | | | | | | |
| 9 | o | o | o | xxo | o | xxo | o | xxx | | | | | | |

| | Long jump | | | Shot put | | | Javelin throw | | | Hurdles | 200m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 5.24 | X | X | 12.00 | X | 12.63 | 36.31 | 36.01 | 35.86 | +1,4 | +0,7 |
| | 0,0 | | | | | | | | | | |
| 2 | 5.42 | 5.43 | 5.39 | 9.32 | 9.76 | 9.72 | 27.21 | 27.01 | 29.66 | +1,4 | +0,7 |
| | +0,4 | +0,6 | -0,3 | | | | | | | | |
| 3 | 4.85 | 5.12 | 5.45 | 8.54 | 8.78 | 9.20 | 36.82 | 38.98 | 38.98 | +1,2 | -1,4 |
| | 0,0 | +1,0 | +1,6 | | | | | | | | |
| 4 | 5.37 | 5.23 | 5.56 | 9.38 | 10.66 | 10.12 | 33.19 | 34.91 | 31.64 | +1,2 | +0,7 |
| | +0,8 | +0,6 | +1,4 | | | | | | | | |
| 5 | X | 4.89 | X | 11.09 | 10.50 | 10.93 | 33.62 | 34.03 | 33.40 | +1,4 | +0,7 |
| | | +0,7 | | | | | | | | | |
| 6 | 4.38 | 4.79 | X | 10.32 | 10.53 | 10.38 | 29.14 | 32.26 | 37.55 | +1,4 | +0,7 |
| | 0,0 | +1,0 | | | | | | | | | |
| 7 | 5.51 | 5.41 | 5.51 | 9.13 | 9.56 | 9.05 | X | 34.82 | 35.59 | +1,4 | -1,4 |
| | +0,8 | +0,5 | +0,8 | | | | | | | | |
| 8 | 5.10 | 5.09 | 5.42 | 7.71 | 7.92 | 8.44 | 27.06 | 26.91 | 26.71 | +1,2 | -1,4 |
| | +0,5 | +1,0 | +1,3 | | | | | | | | |
| 9 | 4.93 | 5.04 | 5.11 | 8.31 | X | 9.56 | 23.73 | 27.91 | 26.56 | +1,2 | -1,4 |
| | 0,0 | +1,0 | +0,9 | | | | | | | | |

***U18 Heptathlon*** 8-9 Jun

| | | | |
|---|---|---|---|
| **1** | **Emma Stenlöf** | **SWE** | **5.583** |
| **2** | **Johanne Dyremark** | **SWE** | **5.132** |
| **3** | **Elina Kakko** | **FIN** | **4.971** |
| 4 | Caroline Fleischer | NOR | 4.766 |
| 5 | Beatrice Lantz | SWE | 4.663 |
| 6 | Ásgerður Jana Ágústsdóttir | ISL | 4.647 |
| 7 | Emilie Berge | NOR | 4.503 |
| 8 | Benedicte Heegaard | DEN | 4.462 |

9 Agnes Skovgaard, DEN 4.065, 10 Hanne Andve, NOR 3.682, Neo Pronin, FIN DNF, Maria Huntington, FIN DNF

(100m hurdles 76,2cm, High jump, Shot put 3kg, 200m, Long jump, Javelin throw 500g, 800m)

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 13.85 | 1.77 | 13.55 | 25.60 | 5.90 | 31.76 | 2:28.20 |
| | 1000 | 941 | 764 | 833 | 819 | 510 | 716 |
| 2 | 14.77 | 1.62 | 11.34 | 25.54 | 5.56 | 34.18 | 2:23.62 |
| | 872 | 759 | 618 | 838 | 717 | 556 | 772 |
| 3 | 15.05 | 1.83 | 11.29 | 27.49 | 5.51 | 32.23 | 2:36.68 |
| | 835 | 1016 | 614 | 672 | 703 | 519 | 612 |
| 4 | 15.16 | 1.71 | 8.79 | 26.69 | 5.54 | 23.79 | 2:20.45 |
| | 821 | 867 | 451 | 738 | 712 | 360 | 664 |
| 5 | 15.89 | 1.59 | 12.87 | 27.69 | 5.07 | 36.20 | 2:32.29 |
| | 728 | 724 | 719 | 655 | 5.78 | 595 | 664 |
| 6 | 16.32 | 1.59 | 12.11 | 27.45 | 5.05 | 42.17 | 2:35.77 |
| | 676 | 724 | 668 | 675 | 573 | 709 | 622 |
| 7 | 15.35 | 1.53 | 10.09 | 26.62 | 5.32 | 30.43 | 2:34.32 |
| | 796 | 655 | 535 | 744 | 648 | 485 | 640 |
| 8 | 16.01 | 1.56 | 12.50 | 27.37 | 5.00 | 28.55 | 2:31.27 |
| | 713 | 689 | 694 | 681 | 559 | 449 | 677 |
| 9 | 16.55 | 1.56 | 9.48 | 27.27 | 4.84 | 25.52 | 2:34.75 |
| | 648 | 689 | 495 | 690 | 516 | 392 | 635 |
| 10 | 15.22 | 1.53 | 11.84 | 26.24 | 4.55 | 23.08 | DNF |
| | 813 | 655 | 651 | 776 | 441 | 346 | 0 |
| | 15.29 | 1.59 | 10.47 | 27.10 | DNS | | |
| | 804 | 724 | 560 | 704 | | | |
| | 14.38 | 1.65 | 11.09 | DNS | | | |
| | 925 | 795 | 801 | | | | |

High jump

| | 1.38 | 1.41 | 1.44 | 1.47 | 1.50 | 1.53 | 1.56 | 1.59 | 1.62 | 1.65 | 1.68 | 1.71 | 1.74 | 1.77 | 1.80 | 1.83 | 1.86 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | | | | o | xo | o | o | o | xo | xxx | | |
| 2 | | | | | | o | xo | o | xxo | xxx | | | | | | | |
| 3 | | | | | | | | | | | o | o | o | o | o | o | xxx |
| 4 | | | | | | | | o | o | o | xo | o | xxx | | | | |
| 5 | | | | | o | o | o | xo | xxx | | | | | | | | |
| 6 | | | | | o | o | xo | xo | xxx | | | | | | | | |
| 7 | o | o | o | o | o | o | xxx | | | | | | | | | | |
| 8 | | | | | o | o | xxo | xxx | | | | | | | | | |
| 9 | | | | | o | o | xxo | xxx | | | | | | | | | |
| 10 | | o | o | o | o | o | xxx | | | | | | | | | | |
| | | | | | | | xo | o | xxx | | | | | | | | |
| | | | | | | | xo | - | xo | xxo | xxx | | | | | | |

| | Long jump | | | Shot put | | | Javelin throw | | | Hurdles | 200m |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 5.90 | 5.65 | 5.41 | X | 13.55 | 13.33 | 30.34 | 28.15 | 31.76 | +0,2 | -1,5 |
| | +1,4 | 0,0 | +0,1 | | | | | | | | |
| 2 | 5.48 | 5.46 | 5.56 | 10.90 | 10.92 | 11.34 | 28.23 | 29.75 | 34.18 | -1,4 | -1,5 |
| | +1,5 | +0,3 | -0,7 | | | | | | | | |
| 3 | 5.43 | 5.51 | 5.46 | 11.29 | X | 10.99 | 31.27 | 32,23 | 28.04 | -1,4 | -1,5 |
| | 0,0 | +1,2 | +1,0 | | | | | | | | |
| 4 | 5.54 | 5.03 | 5.43 | 7.93 | 8.46 | 8.79 | 23.66 | 19.89 | 23.79 | +0,2 | -1,5 |
| | +1,7 | 0,0 | +0,6 | | | | | | | | |
| 5 | 5.07 | X | 4.98 | 9.00 | 11.63 | 12.87 | 35.73 | 31.25 | 36.20 | -1,4 | -1,5 |
| | 0,0 | | +0,8 | | | | | | | | |
| 6 | 5.05 | X | X | 12.11 | 11.59 | 11.92 | 41.87 | 42.17 | 38.54 | +0,2 | +1,7 |
| | +0,1 | | | | | | | | | | |
| 7 | 4.86 | 5.09 | 5.32 | 9.82 | 9.74 | 10.09 | 29.80 | 26.41 | 39.43 | -1,4 | +1,7 |
| | +0,3 | 0,0 | +1,3 | | | | | | | | |
| 8 | 4.97 | 5.00 | 4.95 | 12.50 | X | 11.89 | 28.55 | 28.38 | 26.00 | +0,2 | +1,7 |
| | +1,7 | 0,0 | +1,1 | | | | | | | | |
| 9 | 4.84 | X | 4.68 | 8.92 | 9.36 | 9.48 | 25.52 | 22.31 | 24.20 | -1,4 | +1,7 |

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | +1,1 | | -0,8 | | | | | | | | |
| 10 | X | 4.55 | X | 11.84 | 11,11 | 11,14 | X | X | 23.08 | +0,2 | +1,7 |
| | | +1,0 | | | | | | | | | |
| | - | - | - | 9.70 | 9.66 | 10.47 | - | - | - | -1,4 | +1,7 |
| | - | - | - | 11.09 | 10.37 | X | - | - | - | +0,2 | DNS |

## 10th Nordic U20 Match & Championships

Leppävaara, Espoo, FIN 17-18 Aug

Men

| | *100 m* | 17. aug | -0,5 |
|---|---|---|---|
| **1** | **Kristoffer Hari** | **DEN** | **10.62** |
| **2** | **Viljalmi Kaasalainen** | **FIN** | **10.72** |
| **3** | **Otto Ahlfors** | **FIN** | **10.72** |
| 4 | Jonas Halonen | NOR | 10.83 |
| 5 | Adam Denguir | SWE | 11.05 |
| 6 | Jonathan Wulff | SWE | 11.05 |
| 7 | Sondre Mulongo Nystrøm | NOR | 11.10 |
| 8 | Jóhann Björn Sigurdbjörnsson | ISL | 11.33 |

| | *200 m* | 18. aug | -0,8 |
|---|---|---|---|
| **1** | **Kolbeinn Höður Gunnarsson** | **ISL** | **21.45** |
| **2** | **Kristian Salo** | **FIN** | **21.54** |
| **3** | **Roope Saarinen** | **FIN** | **21.57** |
| 4 | Kristoffer Hari | DEN | 21.61 |
| 5 | Adam Denguir | SWE | 21.81 |
| 6 | Sondre Mulongo Nystrøm | NOR | 22.11 |
| 7 | Jacob Ewertzh | SWE | 22.29 |
| 8 | Jonathan Quarcoo | NOR | 22.31 |

| | *400 m* | 17. aug | |
|---|---|---|---|
| **1** | **Kolbeinn Höður Gunnarsson** | **ISL** | **47.91** |
| **2** | **Sondre Nyvold Lid** | **NOR** | **47.95** |
| **3** | **Roope Saarinen** | **FIN** | **48.37** |
| 4 | Matias Linkoaho | FIN | 48.54 |
| 5 | Carl Sjöstedt | SWE | 48.72 |
| 6 | Benjamin Vedel | DEN | 48.84 |
| 7 | Håkon Gaukerud Høye | NOR | 48.93 |
| 8 | Alex Torgersson | SWE | 49.91 |

| | *800 m* | 17. aug | |
|---|---|---|---|
| **1** | **Roald H. Frøsekland** | **NOR** | **1:50.39** |
| **2** | **Andreas Almgren** | **SWE** | **1:50.86** |
| **3** | **Ville Lampinen** | **FIN** | **1:52.07** |
| 4 | Robert Nummela | FIN | 1:53.22 |
| 5 | Edvard Kamperud Nygaard | NOR | 1:53.26 |
| 6 | Mattias Ohlsson | SWE | 1:54.08 |
| 7 | Kristian Hansen | DEN | 1:54.24 |
| 8 | Sæmundur Ólafsson | ISL | 1:57.88 |

| | *1500 m* | 18. aug | |
|---|---|---|---|
| **1** | **Erik Udø Pedersen** | **NOR** | **3:52.20** |
| **2** | **Magnus Hannevig Pettersen** | **NOR** | **3:53.77** |
| **3** | **Joel Durén** | **SWE** | **3:53.97** |
| 4 | Otto Loukkalahti | FIN | 3:54.20 |
| 5 | Joel Zackrisson | SWE | 3:56.40 |
| 6 | Kristian Hansen | DEN | 3:56.67 |
| 7 | Joonas Rinne | FIN | 3:58.04 |
| 8 | Sæmundur Ólafsson | ISL | 4:10.94 |

| | *5000 m* | 17. aug | |
|---|---|---|---|
| **1** | **Jakob Abrahamsen** | **DEN** | **15:04.07** |
| **2** | **Magnus Sirnes Hjellum** | **NOR** | **15:10.52** |
| **3** | **Birger Mortensen Bjørnstad** | **NOR** | **15:20.48** |
| 4 | Aleski Uusipere | FIN | 15:22.78 |
| 5 | Ingvar Hjartarson | ISL | 15:22.83 |
| 6 | Emil Svensson | SWE | 15:31.95 |
| 7 | Joanthan Weichbrodt | SWE | 15:37.02 |
| 8 | Juho Jumisko | FIN | 15:51.83 |

| | *110 m hurdles* | 18. aug | -2,0 |
|---|---|---|---|
| **1** | **Fredrick Ekholm** | **SWE** | **14.10** |
| **2** | **Niko Pronin** | **FIN** | **14.30** |
| **3** | **Hannes Kvist Wirdmo** | **SWE** | **14.39** |
| 4 | Samuel Rautapalo | FIN | 14.41 |
| 5 | Joachim Sandberg | NOR | 14.81 |
| 6 | Karsten Warholm | NOR | 14.82 |
| 7 | Nicolai Hartling | DEN | 15.27 |
| 8 | Oliver Kjeldsen | DEN | 15.42 |

| | *400 m hurdles* | 17. aug | |
|---|---|---|---|
| **1** | **Nicolai Hartling** | **DEN** | **52.76** |
| **2** | **Valtteri Toimela** | **FIN** | **53.15** |
| **3** | **Juho Vanhala** | **FIN** | **53.40** |
| 4 | Markus Loftås | NOR | 53.72 |
| 5 | Joachim Sandberg | NOR | 54.01 |
| 6 | Martin Johansen | DEN | 55.36 |
| 7 | Eric Bergvall | SWE | 56.06 |
| 8 | Andreas Almlöf | SWE | 57.13 |

| | *3000 m steeplechase* | 18. aug | |
|---|---|---|---|
| **1** | **Jakob Abrahamsen** | **DEN** | **9:17.54** |
| **2** | **Aleksi Uueipere** | **FIN** | **9:28.41** |
| **3** | **Gustaf Lidfeldt** | **SWE** | **9:29.61** |
| 4 | Samuel Lundell Vakkuri | SWE | 9:34.49 |
| 5 | Anders Sørensen | NOR | 9:52.13 |
| 6 | Niclas Portin | FIN | 9:52.87 |
| 7 | Ole Martin Røssland | NOR | 10:01.84 |

| | *5000 m Walk* | 18. aug | |
|---|---|---|---|
| **1** | **Elmo Koivunen** | **FIN** | **21:31.88** |
| **2** | **Markus Kyrölä** | **FIN** | **24:29.35** |
| **3** | **Patric Rajala** | **SWE** | **26:25.90** |
| 4 | Vegard Nordbø | NOR | 28:33.03 |

Fredrik Røtnes, NOR DQ

| | *High jump* | 17. aug | |
|---|---|---|---|
| **1** | **Fredrik Kondrasson** | **SWE** | **2.08** |
| **2** | **Jonas Jensen** | **DEN** | **2.04** |
| **3** | **Fredrik Löfgren** | **SWE** | **2.00** |
| 4 | Samuli Eriksson | FIN | 1.95 |
| 4 | Samuli Sievi-Korte | FIN | 1.95 |
| 6 | Eirik Greibrokk Dolve | NOR | 1.90 |
| 7 | Martin Fagelund | NOR | 1.90 |

| Series | 1.80 | 1.85 | 1.90 | 1.95 | 2.00 | 2.04 | 2.08 | 2.15 |
|---|---|---|---|---|---|---|---|---|
| 1 | | | | o | o | xo | xo | x-- |
| 2 | | | xo | xo | o | o | xxx | |
| 3 | | | | xo | o | xxx | | |
| 4 | | | o | o | xxx | | | |
| 4 | | o | o | o | xxx | | | |
| 6 | o | o | xo | xxx | | | | |
| 7 | | xo | xo | xxx | | | | |

| | *Pole vault* | 18. aug | |
|---|---|---|---|
| **1** | **Melker Svärd Jacobsson** | **SWE** | **5.30** |
| **2** | **Eirik Greibrokk Dolve** | **NOR** | **5.10** |
| **3** | **Einari Välimäki** | **FIN** | **4.70** |
| 4 | Magnus Jomyr | SWE | 4.60 |
| 5 | Jørgen Skevik | NOR | 4.20 |
| 5 | Leó Gunnar Viðisson | ISL | 4.20 |

Mikkel Ringsted, DEN NM, Viktor Östman, FIN NM

| Series | 3.80 | 4.00 | 4.20 | 4.40 | 4.50 | 4.60 | 4.70 | 4.80 | 4.90 | 4.95 | 5.00 | 5.05 | 5.10 | 5.15 | 5.20 | 5.25 | 5.30 | 5.52 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | | | | | | | | o | - | - | - | xo | xxx |

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 2 | | | | | | | | o | - | xxo | - | - | o | - | o | - | xxx | | |
| 3 | | | | | | | | xo | o | xxx | | | | | | | | | |
| 4 | | | | xo | o | - | xo | - | xxx | | | | | | | | | | |
| 5 | | | | o | xxx | | | | | | | | | | | | | | |
| 5 | | | o | o | xxx | | | | | | | | | | | | | | |
| | | | | xxx | | | | | | | | | | | | | | | |
| | | | | | | | | xxx | | | | | | | | | | | |

***Long jump*** 17. aug

| | | | |
|---|---|---|---|
| **1** | **Kristian Pulli** | **FIN** | **7.69** |
| **2** | **Johan Taléus** | **SWE** | **7.50** |
| **3** | **Rickard Willman** | **SWE** | **7.06** |
| 4 | Karsten Warholm | NOR | 7.06 |
| 5 | Ville Hakomäki | FIN | 6.89 |
| 6 | Benjamin Gabrielsen | DEN | 6.83 |
| 7 | Ingar Kiplesund | NOR | 6.73 |
| 8 | Morten Madsen | DEN | 6.71 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | 7.69 | 7.67 | 7.27 | - | - | 7.55 |
| | +0,9 | +0,8 | +0,1 | | | -0,1 |
| 2 | 7.34 | X | 7.50 | 7.36 | X | 5.74 |
| | +0,2 | | +0,4 | +0,9 | +0,8 | -1,3 |
| 3 | 6.96 | X | X | 4.21 | 6.95 | 7.06 |
| | +0,8 | | | -0,4 | +0,8 | +0,6 |
| 4 | 6.78 | 6.52 | 6.82 | 5.01 | 6.85 | 7.06 |
| | +0,3 | +1,2 | -0,8 | +0.9 | +0.6 | +0.8 |
| 5 | 6.78 | 6.89 | X | 6.71 | 6.78 | 6.66 |
| | +0,3 | +0,6 | | +0,2 | +0,5 | +1,1 |
| 6 | 6.62 | X | 4.35 | 5.87 | X | 6.83 |
| | +0,3 | | +0,2 | 0,0 | | -0,2 |
| 7 | 6.69 | 6.52 | 6.73 | 6.68 | X | 4.73 |
| | -1,1 | -0,2 | 0,0 | 0,0 | | -0,3 |
| 8 | 6.13 | 6.16 | 6.47 | 6.71 | 6.42 | 6.64 |
| | +0,6 | +0,9 | +0,9 | +1,6 | +0,7 | +0,2 |

***Triple jump*** 18. aug

| | | | |
|---|---|---|---|
| **1** | **Kristian Pulli** | **FIN** | **15.40** |
| **2** | **Martin Johansen** | **DEN** | **14.67** |
| **3** | **Elias Mäkelä** | **FIN** | **14.40** |
| 4 | Eirik Lund | NOR | 14.32 |
| 5 | Marius Bull Hjeltnes | NOR | 13.96 |
| 6 | Antonis Dinopoulus | SWE | 13.92 |
| 7 | Fredrik Löfgren | SWE | 13.71 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | X | 15.40 | X | X | - | - |
| | | +2,1 | | | | |
| 2 | X | X | 14.58 | 14.27 | 14.67 | X |
| | | | +0,3 | +0,8 | +0,7 | |
| 3 | 14.07 | X | 14.40 | X | X | 14.12 |
| | +0,3 | | +1,4 | | | -0,3 |
| 4 | 14.07 | 13.89 | X | 13.72 | 13.98 | 14.23 |
| | +0,5 | +1,4 | | +0,8 | -0,9 | -0,7 |
| 5 | 13.96 | 13.49 | 13.91 | 13.95 | 13.73 | 13.78 |
| | -0,2 | +1,0 | +0,8 | +1,4 | -0,2 | -1,2 |
| 6 | X | 13.56 | 13.75 | 13.60 | 14.92 | 13.66 |
| | | +1,7 | +1,1 | +0,3 | +0,5 | -1,3 |
| 7 | X | X | X | 13.57 | X | 13.71 |
| | | | | -1,1 | | +0,5 |

***Shot put*** 17. aug

| | | | |
|---|---|---|---|
| **1** | **Matti Sivonen** | **FIN** | **19.17** |
| **2** | **Timo Kööpikä** | **FIN** | **18.06** |
| **3** | **Viktor Gardenkrans** | **SWE** | **17.84** |
| 4 | Tim Wunger | SWE | 16.66 |
| 5 | Christoffer Mikkelsen | DEN | 16.45 |
| 6 | Stefán Velemir | ISL | 16.24 |
| 7 | Ola Stunes Isene | NOR | 15.94 |
| 8 | Jørgen Olsen Austnes | NOR | 15.67 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | 18.68 | 18-94 | X | 19.17 | 19.16 | 18.96 |
| 2 | 17.99 | 17.80 | 17.25 | 18.06 | 17.49 | 17.72 |
| 3 | 16.37 | X | 17.84 | 17.16 | 17.45 | X |
| 4 | X | X | 15.93 | X | 16.66 | 16.34 |
| 5 | X | 16.26 | 15.59 | X | 16.02 | 16.45 |
| 6 | 15.34 | X | 15.93 | X | 15.91 | 16,24 |
| 7 | 14.64 | 15.94 | X | X | - | - |
| 8 | 14.78 | 15.27 | X | X | X | 15.67 |

***Discus throw*** 18. aug

| | | | |
|---|---|---|---|
| **1** | **Matti Sivonen** | **FIN** | **56.44** |
| **2** | **Ola Stunes Isene** | **NOR** | **55.88** |
| **3** | **Thor Olav Rosvold** | **NOR** | **52.21** |
| 4 | Hilmar Örn Jónsson | ISL | 49.87 |
| 5 | Gustav Liberg | SWE | 49.07 |
| 6 | Simon Pettersson | SWE | 45.08 |
| 7 | Olli Kivioja | FIN | 43.15 |
| 8 | Mikkel Jørgensen | DEN | 39.66 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | 42.64 | 54.18 | 52.98 | 53.27 | 56.44 | X |
| 2 | 55.88 | X | 53.78 | 55.40 | 54.16 | 55.07 |
| 3 | X | 45.59 | 50.90 | X | 52.21 | 51.84 |
| 4 | 49.03 | X | 47.53 | X | 49.39 | 49.87 |
| 5 | 46.88 | 49.04 | 48.37 | X | 47.87 | 49.07 |
| 6 | 42.44 | 45.08 | X | X | X | X |
| 7 | X | 41.72 | X | 43,15 | X | X |
| 8 | X | X | X | 38.47 | 39.66 | X |

***Hammer throw*** 17. aug

| | | | |
|---|---|---|---|
| **1** | **Markus Kokkonen** | **FIN** | **71.49** |
| **2** | **Alexander Larsson** | **SWE** | **69.92** |
| **3** | **Jørgen Olsen Austnes** | **NOR** | **69.23** |
| 4 | Hilmar Örn Jónsson | ISL | 68.92 |
| 5 | Anders Eriksson | SWE | 67.57 |
| 6 | Waltteri Lahtinen | FIN | 66.12 |
| 7 | Hans Sande | NOR | 55.03 |
| 8 | Steffen Mertov | DEN | 37.15 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | 68.33 | 70.14 | 71.49 | X | 66.47 | X |
| 2 | 61.44 | X | 69,92 | X | X | 67.99 |
| 3 | X | 67.33 | 69.23 | X | - | X |
| 4 | 65.99 | 66.63 | X | 68.81 | 68.92 | 64.11 |
| 5 | 62.54 | 63.48 | 67.57 | 50.56 | X | 64.93 |
| 6 | 66.12 | X | 65.53 | X | X | X |
| 7 | 55.03 | X | X | 51.38 | 51.68 | X |
| 8 | X | X | X | X | 37,15 | X |

***Javelin throw*** 18. aug

| | | | |
|---|---|---|---|
| **1** | **Taneli Juutinen** | **FIN** | **71.28** |
| **2** | **Joni Karvinen** | **FIN** | **71.26** |
| **3** | **Quincy Andersson** | **SWE** | **68.12** |
| 4 | Gardar Johann Fridriksson | NOR | 66.01 |
| 5 | Vetle Brunvatne | NOR | 65.76 |
| 6 | Sindri Hrafn Guðmundsson | ISL | 64.67 |
| 7 | Axel Lönegren | SWE | 62.76 |
| 8 | Lukas Bjørnvad | DEN | 61.93 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | X | 62.78 | 62.81 | 67.33 | 66.53 | 71.28 |
| 2 | 68.14 | X | 68.90 | X | X | 71.26 |
| 3 | 68.12 | 63.85 | X | 64.76 | X | 63.46 |
| 4 | 66.01 | X | X | 6,15 | X | 64.76 |
| 5 | 64.41 | 65.76 | X | 64.00 | X | 64.09 |
| 6 | X | X | 59.52 | X | 59.59 | 64.67 |
| 7 | 56.55 | 59.76 | 62.34 | X | 62.76 | X |
| 8 | 61.45 | 55.36 | 56.22 | 60.49 | X | 61.93 |

| | ***4x100 m relay*** | 17. aug | |
|---|---|---|---|
| **1** | **FIN** | **40.17** | (Otto Ahlfors, Kristian Salo, Samuli Samuelsson, Viljami Kaasalainen) |
| **2** | **DEN** | **40.86** | (Kristoffer Hari, Morten Madsen, Festus Asante, Frederik Nielsen) |
| **3** | **NOR** | **41.07** | (Jonas Halonen, Sondre Nystrøm, Jonathan Quarcoo, Henrik Overvåg |
| | ISL | DNF | (Kolbeinn Gunnarsson, Jóhann Sigurdbjörnsson, Sindri Guðmundsson, Stefán Velemir) |
| | SWE | DQ | (Jean-Christian Zirignon, Jonathan Wulff, Jacob Ewrtzh, Adam Denguir) |

| | ***4x400 m relay*** | 18. Aug | |
|---|---|---|---|
| **1** | **FIN** | **3:14.15** | (Juho Vanhala, Ville Lampinen, Roope Saarinen, Matias Linkoaho) |
| **2** | **NOR** | **3:14.55** | (Håkon Høye, Joachim Sandberg, Markus Loftås, Karsten Warholm) |
| **3** | **SWE** | **3:14.87** | (Carl Sjöstedt, Alex Torgersson, Andreas Almgren, Fredrick Ekholm) |
| 4 | DEN | 3:16.94 | (Christian Clausen, Benjamin Vedel, Nicolai Hartling, Kristian Hansen) |

| Points Men | Nation | Day 1 | Day 2 | Total |
|---|---|---|---|---|
| | FIN | 111 | 113 | 224 |
| | SWE | 80 | 118 | 198 |
| | NOR | 79 | 84,5 | 163,5 |
| | DEN/ISL | 74 | 51,5 | 125,5 |

## Women

| | *100 m* | | 17. aug | -0,2 |
|---|---|---|---|---|
| **1** | **Milja Thureson** | | **FIN** | **11.91** |
| **2** | **Elise Malmberg** | | **SWE** | **11.99** |
| **3** | **Sara Söderberg** | | **SWE** | **12.20** |
| 4 | Anniina Kortetmaa | | FIN | 12.24 |
| 5 | Nadia Akpana Assa | | NOR | 12.34 |
| 6 | Helene Rønningen | | NOR | 12.39 |
| 7 | Martha Traore | | DEN | 12.59 |
| 8 | Andrea Torfadóttir | | ISL | 12.95 |

| | *200 m* | | 18. aug | -0,4 |
|---|---|---|---|---|
| **1** | **Milja Thureson** | | **FIN** | **24.09** |
| **2** | **Ella Räsänen** | | **FIN** | **24.45** |
| **3** | **Vilde Jakobsen Svortevik** | | **NOR** | **24.46** |
| 4 | Arna Stefanía Guðmundsdóttir | | ISL | 24.69 |
| 5 | Sara Söderberg | | SWE | 24.87 |
| 6 | Caroline Kihlbom | | SWE | 25.03 |
| 7 | Mette Graversgaard | | DEN | 25.24 |
| 8 | Mari Forbord Anderssen | | NOR | 25.28 |

| | *400 m* | | 17. aug | |
|---|---|---|---|---|
| **1** | **Björg Gunnarsdóttir** | | **ISL** | **55.90** |
| **2** | **Betty Strandberg** | | **SWE** | **56.44** |
| **3** | **Anne Sofia Kirkegaard** | | **DEN** | **56.60** |
| 4 | Klara Helander | | SWE | 57.05 |
| 5 | Emilia Borgmästars | | FIN | 57.06 |
| 6 | Sara Dorthea Jensen | | NOR | 57.47 |
| 7 | Mette Paavolainen | | FIN | 58.34 |
| 8 | Renate Lie | | NOR | 58.59 |

| | *800 m* | | 17. aug | |
|---|---|---|---|---|
| **1** | **Anita Hinriksdóttir** | | **ISL** | **2:03.94** |
| **2** | **Aurora Selstad Dybedokken** | | **NOR** | **2:08.79** |
| **3** | **Dagmar Fæster Olsen** | | **DEN** | **2:11.33** |
| 4 | Frida Thorsås | | NOR | 2:12.57 |
| 5 | Eveliina Määttänen | | FIN | 2:12.90 |
| 6 | Josefine Malmborg | | SWE | 2:13.11 |
| 7 | Elin Axelsson | | SWE | 2:15.72 |
| 8 | Roosa Lahtinen | | FIN | 2:16.80 |

| | *1500 m* | | 18. aug | |
|---|---|---|---|---|
| **1** | **Anita Hinriksdóttir** | | **ISL** | **4:18.18** |
| **2** | **Sarah Lahti** | | **SWE** | **4:22.11** |
| **3** | **Aurora Selstad Dybedokken** | | **NOR** | **4:24.09** |
| 4 | Line K. Schulz | | DEN | 4:27.48 |
| 5 | Hedda Bångman | | SWE | 4:34.82 |
| 6 | Elisabeth Angell Bergh | | NOR | 4:34.88 |
| 7 | Saara Nikander | | FIN | 4:35.80 |
| 8 | Emilia Maaskola | | FIN | 4:55.86 |

| | *3000 m* | | 17. aug | |
|---|---|---|---|---|
| **1** | **Oona Kettunen** | | **FIN** | **9:19.09** |
| **2** | **Sarah Lahti** | | **SWE** | **9:26.02** |
| **3** | **Maria Larsen** | | **DEN** | **9:38.32** |
| 4 | Minttu Hukka | | FIN | 9:39.99 |
| 5 | Hedda Bångman | | SWE | 9:43.13 |
| 6 | Kristiane Width | | NOR | 9:50.94 |
| 7 | Ida Meli Narbuvoll | | NOR | 10:11.31 |

| | *100 m hurdles* | | 18. aug | -1,5 |
|---|---|---|---|---|
| **1** | **Reetta Hurske** | | **FIN** | **14.05** |
| **2** | **Oona Hujanen** | | **FIN** | **14.12** |
| **3** | **Sofia Mossberg** | | **SWE** | **14.18** |
| 4 | Arna Stefanía Guðmundsdóttir | | ISL | 14.46 |
| 5 | Kristi Strømmen Kjerpeset | | NOR | 14.55 |
| 6 | Mari Forbord Anderssen | | NOR | 14.60 |
| 7 | Mette Graversgaard | | DEN | 14.95 |
| 8 | Josefin Palm | | SWE | DNF |

| | *400 m hurdles* | | 17. aug | |
|---|---|---|---|---|
| **1** | **Vilde Jakobsen Svortevik** | | **NOR** | **59.13** |
| **2** | **Oona Hujanen** | | **FIN** | **59.57** |
| **3** | **Johanna Holmen Svensson** | | **SWE** | **59.66** |
| 4 | Eveliina Määttänen | | FIN | 59.66 |
| 5 | Sofia Johnsson | | SWE | 60.56 |
| 6 | Nora Kollerød Wold | | NOR | 62.57 |
| 7 | Helene S. Welin | | DEN | 63.27 |

| | *2000 m steeplechase* | | 18. aug | |
|---|---|---|---|---|
| **1** | **Oona Kettunen** | | **FIN** | **6:21.33** |
| **2** | **Minttu Hukka** | | **FIN** | **6:39.63** |
| **3** | **Isabell Nordstet** | | **SWE** | **7:02.13** |
| 4 | Mari Aarskog Nesse | | NOR | 7:09.42 |
| 5 | Caroline Tauson | | DEN | 7:12.42 |
| 6 | Amanda Trense | | SWE | 7:21.01 |
| 7 | Nora Kollerød Wold | | NOR | DNF |

| | *3000 m walk* | | 18. aug | |
|---|---|---|---|---|
| **1** | **Erika Parviainen** | | **FIN** | **14:32.73** |
| **2** | **Lena Tomas** | | **SWE** | **14:57.15** |
| **3** | **Tiia Kuikka** | | **FIN** | **15:21.93** |
| 4 | Delicia Hogrell | | SWE | 16:58.30 |
| 5 | Vilde Karlsen | | NOR | 17:09.62 |
| 6 | Ida Steinstad | | NOR | 18:25.69 |

| | *High jump* | | 18. aug | |
|---|---|---|---|---|
| **1** | **Evelina Erlandsson** | | **SWE** | **1.77** |
| **2** | **Heidi Erkinheimo** | | **FIN** | **1.75** |
| **3** | **Heta Tuuri** | | **FIN** | **1.71** |
| 4 | Malin Wiseth | | NOR | 1.73 |
| 5 | Anne Engen Andersen | | NOR | 1.69 |
| 6 | Sandra B. Christensen | | DEN | 1.66 |
| 7 | Lisa Engman | | SWE | 1.66 |

| Series | 1.50 | 1.55 | 1.60 | 1.63 | 1.66 | 1.69 | 1.71 | 1.73 | 1.75 | 1.77 | 1.80 |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | o | o | o | o | o | xo | xxx |
| 2 | | | | | | | o | - | xo | xxx | |
| 3 | | | | | | o | - | o | xxx | | |
| 4 | | | | o | o | o | o | xo | xxx | | |
| 5 | | | | o | o | xo | xxx | | | | |
| 6 | | | o | o | o | xxx | | | | | |
| 7 | | | | | xo | xxx | | | | | |

| | *Pole vault* | | 17. aug | |
|---|---|---|---|---|
| **1** | **Aino Siitonen** | | **FIN** | **3.80** |
| **2** | **Rosanna Ojala** | | **FIN** | **3.70** |
| **3** | **Paula Nedberge Llano** | | **NOR** | **3.60** |
| 4 | Hanna Jansson | | SWE | 3.60 |
| 5 | Denise Eriksson | | SWE | 3.55 |
| 6 | Amalie Bang Petersen | | DEN | 3.50 |
| 7 | Karoline Weea Johansen | | NOR | 3.30 |
| 8 | Bogey Ragnheiður Leósdóttir | | ISL | 3.20 |

| Series | 2.50 | 2.70 | 2.90 | 3.00 | 3.10 | 3.20 | 3.30 | 3.35 | 3.40 | 3.45 | 3.50 | 3.55 | 3.60 | 3.65 | 3.70 | 3.75 | 3.80 | 3.85 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | | | | | o | - | - | o | - | o | - | o | --- |
| 2 | | | | | | | o | - | o | -o | - | - | o | - | o | xxx | | |
| 3 | | | | | | | | | o | o | - | - | o | - | xxx | | | |
| 4 | | | | | | | | | o | o | - | - | xxo | - | xxx | | | |

| | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 5 | | | | | | | | | | | o | - | o | - | xxx | |
| 6 | | | | | | o | o | - | o | - | xo | - | xxx | | | |
| 7 | | xo | o | o | o | xxo | o | xxx | | | | | | | | |
| 8 | | | | o | - | xxo | xxx | | | | | | | | | |

***Long jump*** 18. aug

| | | | |
|---|---|---|---|
| **1** | **Nadia Akpana Aassa** | **NOR** | **6.08** |
| **2** | **Elise Malmberg** | **SWE** | **6.08** |
| **3** | **Lynn Johnson** | **SWE** | **5.98** |
| 4 | Martha Traore | DEN | 5.93 |
| 5 | Anne-Mari Lehtiö | FIN | 5.83 |
| 6 | Guro Forbord Anderssen | NOR | 5.77 |
| 7 | Merika Sumanen | FIN | 5.55 |
| 8 | Dóróthea Jóhannesdóttir | ISL | 5.21 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | 5.95 | X | 5.89 | 6.05 | 6.08 | X |
| | +1,1 | | 0,0 | +0,7 | +1,1 | |
| 2 | 5.81 | X | 5.93 | 5.96 | 6.08 | 6.00 |
| | +0,4 | | +0,6 | +1,2 | +0,4 | +1,3 |
| 3 | X | 5.98 | 5.98 | X | 5.95 | X |
| | | -0,4 | +0,3 | | -0,6 | |
| 4 | 5.33 | 5.74 | 5.82 | 5.82 | 5.83 | 5.92 |
| | -0,2 | -0,4 | +0,1 | +0,6 | 0,0 | +1,2 |
| 5 | 5.62 | 5.46 | X | X | 5.71 | 5.83 |
| | +1,1 | -0,2 | | | +1,4 | +1,3 |
| 6 | 5.36 | 5.60 | 5.77 | 5.56 | 5.62 | 5.70 |
| | +0,5 | -0,3 | +1,0 | +1,4 | +0,2 | +1,9 |
| 7 | X | X | X | 5.55 | X | X |
| | | | | +0,7 | | |
| 8 | X | 1.64 | X | X | 2.33 | 5.21 |
| | | +0,1 | | | +0,3 | +0,8 |

***Triple jump*** 17. aug

| | | | |
|---|---|---|---|
| **1** | **Lynn Johnson** | **SWE** | **13.22** |
| **2** | **Monika Benserud** | **NOR** | **12.27** |
| **3** | **Sini Sanaslahti** | **FIN** | **12.04** |
| 4 | Rebecka Abrahamsson | SWE | 11.96 |
| 5 | Sofie Olsholt | NOR | 11.72 |
| 6 | Mette Graversgaard | DEN | 11.61 |
| 7 | Dóróthea Jóhannesdóttir | ISL | 11.50 |

Heini Vainiopää, FIN NM

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | 13.22 | 13.20 | - | - | - | - |
| | 0,0 | +0,8 | | | | |
| 2 | 11.93 | 11.94 | 12.11 | 11.92 | 12.27 | 12.15 |
| | +1,0 | +2,3 | +0,3 | +0,5 | +0,5 | +0,7 |
| 3 | 12.04 | X | 11.81 | X | X | 10.42 |
| | +0,2 | | +0,2 | | | +0,9 |
| 4 | X | X | 11.96 | X | 11.31 | - |
| | | | +0,3 | | +0,2 | |
| 5 | 11.31 | 11.46 | 11.30 | X | 11.62 | 11.72 |
| | -0,1 | -0,2 | -0,4 | | +0,3 | +0,1 |
| 6 | 11.15 | 11.56 | 11.38 | 11.58 | 11.16 | 11.61 |
| | +0,9 | +0,7 | +1,3 | +0,8 | -0,4 | +0,8 |
| 7 | 11.23 | 11.13 | - | X | X | 11.50 |
| | +0,7 | +0,3 | | | | +0,3 |
| | X | X | X | X | X | X |

***Shot put*** 18. aug

| | | | |
|---|---|---|---|
| **1** | **Fanny Roos** | **SWE** | **15.44** |
| **2** | **Lina Bengtson** | **SWE** | **14.52** |
| **3** | **Taija Keskinen** | **FIN** | **12.91** |
| 4 | Jessica Meriheinä | FIN | 12.61 |
| 5 | Vanessa Sunde Hoel | NOR | 12.55 |
| 6 | Marie Aagaard | DEN | 12.38 |
| 7 | Frida Thorsås | NOR | 11.48 |
| 8 | Asgerður Jana Ágústsdóttir | ISL | 10.52 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | X | 14.60 | 15.44 | X | 15.38 | 15.03 |
| 2 | 13.43 | X | 13.71 | 14.03 | 14.52 | 14.41 |
| 3 | X | X | 12.79 | X | X | 12.91 |
| 4 | 12.48 | 12.59 | 12.14 | 12.61 | X | 11.94 |
| 5 | 10.75 | 12.55 | 11.71 | X | X | 12.07 |
| 6 | 12.20 | 12.25 | 12.38 | 11.97 | X | 12.37 |
| 7 | 10.85 | X | 11.16 | 11.33 | 10.78 | 11.48 |
| 8 | X | 10.52 | X | X | 10.43 | 9.95 |

***Discus throw*** 17. aug

| | | | |
|---|---|---|---|
| **1** | **Salla Sipponen** | **FIN** | **52.34** |
| **2** | **Emma Ljungberg** | **SWE** | **50.32** |
| **3** | **Fanny Roos** | **SWE** | **47.42** |
| 4 | Heini Järventausta | FIN | 45.85 |
| 5 | Marie Aagaard | DEN | 41.39 |
| 6 | Lisa Brix Pedersen | DEN | 40.79 |
| 7 | Mona Ekroll Jaidi | NOR | 39.67 |
| 8 | Helene Sofie Ingvaldsen | NOR | 39.65 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | X | 47.31 | X | X | X | 52.34 |
| 2 | 46.32 | 45.14 | 45.76 | 50.32 | 45.02 | 48.15 |
| 3 | X | 46.62 | 43.81 | 47.05 | X | 47.42 |
| 4 | X | 45.85 | X | 44.93 | 42,29 | 44,12 |
| 5 | 39.38 | 40.51 | 41.39 | X | X | 41.36 |
| 6 | 39.45 | 38.43 | X | X | 40.79 | 39.62 |
| 7 | X | X | 36.19 | 39.34 | 32.29 | 39.67 |
| 8 | X | X | 39.14 | 36.34 | X | 39.65 |

***Hammer throw*** 18. aug

| | | | |
|---|---|---|---|
| **1** | **Heli Rinnekari** | **FIN** | **59.54** |
| **2** | **Helene Sofie Ingvaldsen** | **NOR** | **57.89** |
| **3** | **Beatrice Nedberge Llano** | **NOR** | **57.73** |
| 4 | Sanni Saarinen | FIN | 57.17 |
| 5 | Matilda Åström | SWE | 55.20 |
| 6 | Marinda Pettersson | SWE | 55.13 |
| 7 | Louise Theil Lundberg | DEN | 47.95 |
| 8 | Vigdis Jönsdóttir | ISL | 42.97 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | 57.74 | X | 57.62 | 59.54 | X | X |
| 2 | 56.59 | 57.89 | 56.76 | 57.30 | X | 56.26 |
| 3 | 52.41 | 56.44 | 57.73 | 56.08 | X | 55.37 |
| 4 | 54.91 | X | 57.17 | 55.46 | 56.73 | X |
| 5 | 51.06 | 54.31 | 53.41 | 53.76 | X | 55.20 |
| 6 | 53.99 | 55.01 | 55.13 | 54.19 | 54.22 | 54.18 |
| 7 | 46.02 | 47.95 | 47.17 | 46.65 | 45.63 | X |
| 8 | 39.59 | 41,64 | X | X | X | 42.97 |

***Javelin throw*** 17. aug

| | | | |
|---|---|---|---|
| **1** | **Maria Børstad Jensen** | **NOR** | **49.61** |
| **2** | **Sanne Erkkola** | **FIN** | **48.13** |
| **3** | **Sigrid Borge** | **NOR** | **46.87** |
| 4 | Mari Rautamies | FIN | 46.25 |
| 5 | Sofie Hammer | SWE | 45.00 |
| 6 | Sofia Davoust | SWE | 44.33 |
| 7 | Asgerður Jana Ágústsdóttir | ISL | 40.15 |
| 8 | Fawzie Otour | DEN | 35.98 |

| Series | 1 | 2 | 3 | 4 | 5 | 6 |
|---|---|---|---|---|---|---|
| 1 | 46.99 | 46.84 | 46.94 | 49.61 | X | X |
| 2 | 43.92 | 43.07 | 43.35 | 42.96 | 44.89 | 48.13 |
| 3 | 46.63 | 45.07 | 46.87 | X | 41.63 | X |
| 4 | 39.11 | 42.34 | 45.77 | 46.25 | X | 44.19 |
| 5 | 42.16 | 41.21 | 45.00 | 42.05 | X | 43.62 |
| 6 | 39.85 | 39.39 | X | 41.66 | 44.22 | 44.33 |
| 7 | 40.15 | 35.67 | 37.07 | 38.56 | X | 34.22 |
| 8 | 35.98 | 35.52 | X | 30.94 | 33.79 | X |

| | ***4x100 m relay*** | 17. aug | |
|---|---|---|---|
| **1** | **FIN** | **45.64** | (Reetta Hurske, Ella Räsänen, Anniina Kortetmaa, Milja Thureson) |
| **2** | **SWE** | **47.13** | (Sara Söderberg, Rebecca Larsson, Josefin Palm, Elise Malmberg) |
| **3** | **NOR** | **47.51** | (Helene Rønningen, Nadia Assa, Monika Benserud, Guro Anderssen) |
| 4 | DEN | 47.53 | (Stellaa Jørgensen, Zarah Johansen, Annelouise V. Jensen, Martha Traore) |
| 5 | ISL | 48.28 | (Andrea Torfadóttir, Björg Gunnarsdóttir, Dóróthea Jóhannesdóttir, Anna Stefanía Guðmundsdóttir) |

| | ***4x400 m relay*** | 18. Aug | |
|---|---|---|---|
| **1** | **SWE** | **3:45.82** | (Caroline Kihlbom, Sofia Johnsson, Klara Helander, Betty Strandberg) |

| | | | |
|---|---|---|---|
| **2** | **ISL** | **3:46.28** | (Arna Stefanía Guðmundsdóttir, Anita Hinriksdóttir, Björg Gunnarsdóttir, Dóróthea Jóhannesdóttir) |
| **3** | **FIN** | **3:46.67** | (Eveliina Määttänen, Mette Paavolainen, Emilia Borgmästars, Oona Hujanen) |
| 4 | NOR | 3:47.10 | (Sara Dorthea Jensen, Frida Thorsås, Renate Lie, Vilde Svortevik) |
| 5 | DEN | 3:53.70 | (Dagmar Fæster Olsen, Sarah Michelsen, Bianca Svendsen, Anna Sofie Kirkegaard) |

| Points Women | Nation | Day 1 | Day 2 | Total |
|---|---|---|---|---|
| | FIN | 106 | 113 | 219 |
| | SWE | 99 | 99 | 198 |
| | NOR | 80 | 76 | 156 |
| | DEN/ISL | 61 | 53 | 114 |

## 17th Nordic Cross Country Championships

Laugardalur, Reykjavik, ISL — 9 Nov

### Men

| | *Senior* | 9. nov. | 9 km |
|---|---|---|---|
| **1** | **Abdi Hakin Ulad** | **DEN** | **26:38** |
| **2** | **Ørjan Grønnevig** | **NOR** | **26:41** |
| **3** | **Michael Nielsen** | **DEN** | **26:54** |
| 4 | Johan Larsson | SWE | 26:56 |
| 5 | Eirik Gramstad | NOR | 27:15 |
| 6 | Audun Nordtveit | NOR | 27:18 |
| 7 | Lars Södergard | SWE | 27:23 |
| 8 | Kári Steinn Karlsson | ISL | 27:24 |

9 Jesper Farschou, DEN 27:31, 10 Johan Bugge, NOR 27:33, 11 Johan Damkjær, DEN 27:45, 12 Marius Vedvik, NOR 27:52, 13 Andreas Åhwall, SWE 28:04, 14 þorbergur Ingi Jónsson, ISL 28:09, 15 Peter Glans, DEN 28:18, 16 Björn Margeirsson, ISL 28:46, 17 Ármann Eydal Albertsson, ISL 28:55, 18 Andreas Jansson, SWE 29:38, 19 Arnar Pétursson, ISL 29:47

**Teams:** 1 NOR 23p (Grønnevig, Gramstad, Nordtveit, Bugge), 2 DEN 24p (Ulad, Nielsen, Farschou, Damkjær), 3 SWE 42p (Larsson, Södergard, Åhwall, Jansson), 4 ISL 55p (Karlsson, Hónsson, Margeirsson, Albertsson)

| | *U20* | 9. nov. | 6 km |
|---|---|---|---|
| **1** | **Erik Udø Pedersen** | **NOR** | **18:16** |
| **2** | **Anders Lund Hansen** | **DEN** | **18:17** |
| **3** | **Andreas Johansson** | **SWE** | **18:28** |
| 4 | Vidar Johansson | SWE | 18:30 |
| 5 | Jacob Simonsen | DEN | 18:32 |
| 6 | Magnus Sirnes Hjellum | NOR | 18:36 |
| 7 | Jakob Dybdal Abrahamsen | DEN | 18:39 |
| 8 | Mikkel Dahl-Jessen | DEN | 18:50 |

9 William Levay, SWE 18:57, 10 Joachim Weel Rosbo, DEN 19:01, 11 Kristian Tjørnhom, NOR 19:03, 12 Sæmundur Ólafsson, ISL 19:11, 13 Gustav Iden, NOR 19:25, 14 Ingvar Hjartarson, ISL 19:41, 15 þór Daniel Hólm Friðbjörnsson, ISL 21:30, 16 Bjarki Freyr Rúnarsson, ISL 22:01, 17 David Erik Mollberg, ISL 22:14

**Teams:** 1 DEN 14p (Hansen, Simonsen, Abrahamsen), 2 SWE 16p (A. Johansson, V. Johansson, Levay), 3 NOR 18p (Pedersen, Hjellum, Tjørnhom), 4 ISL 41p (Ólafsson, Hjartarson, Friðbjörnsson)

### Women

| | *Senior* | 9. nov. | 7,5 km |
|---|---|---|---|
| **1** | **Charlotta Fougberg** | **SWE** | **25:41** |
| **2** | **Inger Liv Bjerkrem Nilsen** | **NOR** | **25:43** |
| **3** | **Simone Glad** | **DEN** | **25:51** |
| 4 | Cecilia Kleist | SWE | 26:03 |
| 5 | Hilde Aasheim | NOR | 26:07 |
| 6 | Louise Langelund Batting | DEN | 26:18 |
| 7 | Elin Borglund | SWE | 26:21 |
| 8 | Anne Kristine Nevin | NOR | 26:38 |

9 Louise Kunø, DEN 26:45, 10 Louise Laursen, DEN 27:47, 11 Nanna Bagger, DEN 27:35, 12 Valborg Heinesen, FRO 27:39, 13 Arndis Ýr Hafþórsdóttir, ISL 28:09, 14 Friðardóttir, ISL28:43, 15 Íris Anna Skúladóttir, ISL, 30:20, 16 Maria Kristin Gröndal, ISL 30:29, 17 Ebba Særún Brynjarsdóttir, ISL 31:22

**Teams:** 1 SWE 12p (Fougberg, Kleist, Borglund), 2 NOR 15p (Nilsen, Asheim, Nevin), 3 DEN 18p (Glad, Batting, Kunø), 4 ISL 42 p (Hafþórsdóttir, Friðardóttir, Skúladóttir)

| | *U20* | 9. nov. | 4,5 km |
|---|---|---|---|
| **1** | **Heidi Mårtensson** | **NOR** | **15:07** |
| **2** | **Oona Kettunen** | **FIN** | **15:10** |
| **3** | **Sara Lahti** | **SWE** | **15:21** |
| 4 | Anita Hinriksdóttir | ISL | 15:37 |
| 5 | Isabel Brauer | SWE | 15:42 |
| 6 | Saara Nikander | FIN | 15:44 |
| 7 | Live Solheimdal | NOR | 15:48 |
| 8 | Maria Larsen | DEN | 15:51 |

9 Minttu Hukka, FIN 15:53, 10 Alberte Kjær Pedersen, DEN 15:53, 11 Josephine Thestrup, DEN 16:06, 12 Johanna Matintalo, FIN 16:11, 13 Elisabeth Angell Bergh, NOR 16:17, 14 Emma Hyypä, FIN 16:36, 15 Linn Söderholm, SWE 16:54, 16 Louise Rode, DEN 16:55, 17 Louise Høj Jensen, DEN 17:18, 18 Andrea Kolbeinsdóttir, ISL 17:39, 19 María Birkisdóttir, ISL 17:52, 20 Helga Guðný Eliasdóttir, ISL 17:57, 21 Málfriður Anna Eiriksdóttir, ISL 21:29

Teams: FIN 17p (Kettunen, Nikander, Hukka), 2 NOR 21p ()Mårtensson, Solheimdal, Bergh), 3 SWE 23p (Lahti, Brauer, Söderholm), 4 DEN 29p (Larsen. Pedersen, Thestrup), 5 ISL 41p (Hinriksdóttir, Kolbeinsdóttir, Birkisdóttir)

## Nordic Race Walking Championships

Cancelled