

**Norge / Norway: 2009 - Utendørs / Outdoor****Kvinner / Women 40-44 år / years**

pr. 31.12.2009 (oppdatert / updated 02.03.2011)

**60m (K40-44)**

|       |      |       |                                              |      |          |            |
|-------|------|-------|----------------------------------------------|------|----------|------------|
| 9.21  | +0,0 | (1)   | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Fana     | 16.09.2009 |
| 9.58  | -0,9 | (m)KS | Anette Bru, Osterøy IL                       | (69) | Hatland  | 02.10.2009 |
| 10.41 | +1,8 | (1)   | Lilly Remme Brunel, Egersunds IK             | (66) | Egersund | 26.09.2009 |

## Manuelle tider / Handtiming:

|      |      |     |                                    |      |         |            |
|------|------|-----|------------------------------------|------|---------|------------|
| 10.4 | +1,0 | (1) | Karina Bergmann Hommen, Lyngdal IL | (69) | Lyngdal | 19.05.2009 |
|------|------|-----|------------------------------------|------|---------|------------|

**100m (K40-44)**

|       |      |       |                                              |      |           |            |
|-------|------|-------|----------------------------------------------|------|-----------|------------|
| 13.43 | +0,2 | (1)   | Toril Lauritsen Nyborg, Steinkjer FIK        | (67) | Steinkjer | 16.05.2009 |
| 14.76 | +1,8 | (1)KS | Lena Opaker Øines, Ullensaker/Kisa IL        | (69) | Jessheim  | 19.09.2009 |
| 14.77 | +0,9 | (1)   | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Knarvik   | 11.10.2009 |
| 15.35 | -0,2 | (m)KS | Anette Bru, Osterøy IL                       | (69) | Hatland   | 02.10.2009 |
| 16.08 | +1,8 | (2)KS | Irene Schultze, Ullensaker/Kisa IL           | (67) | Jessheim  | 19.09.2009 |
| 17.12 | -1,8 | (2)   | Lilly Remme Brunel, Egersunds IK             | (66) | Moss      | 21.08.2009 |

## Utenfor NFIF / Club outside NAA:

|       |      |     |                                |      |            |            |
|-------|------|-----|--------------------------------|------|------------|------------|
| 15.64 | +0,0 | (1) | Karianne Øen, PIL Kristiansand | (67) | Brumunddal | 04.09.2009 |
| 16.91 | +0,0 | (2) | Randi Skurseth, Brevpost IL    | (68) | Brumunddal | 04.09.2009 |

## Medvind / Wind-assisted:

|       |      |     |                                  |      |          |            |
|-------|------|-----|----------------------------------|------|----------|------------|
| 16.92 | +3,4 | (1) | Lilly Remme Brunel, Egersunds IK | (66) | Egersund | 13.08.2009 |
|-------|------|-----|----------------------------------|------|----------|------------|

**200m (K40-44)**

|       |      |       |                                              |      |             |            |
|-------|------|-------|----------------------------------------------|------|-------------|------------|
| 27.85 | +0,0 | (1)   | Mona Karin Riisnes Riise, FIK BFG Fana       | (66) | Strandebarm | 05.07.2009 |
| 27.94 | -0,9 | (2)KS | Toril Lauritsen Nyborg, Steinkjer FIK        | (67) | Steinkjer   | 14.06.2009 |
| 31.25 | +1,0 | (1)   | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Knarvik     | 10.10.2009 |
| 31.28 | -0,2 | (m)KS | Anette Bru, Osterøy IL                       | (69) | Hatland     | 02.10.2009 |
| 36.14 | -1,3 | (1)   | Lilly Remme Brunel, Egersunds IK             | (66) | Moss        | 22.08.2009 |
| 36.58 | -2,0 | (6)KS | Hanne Gjerde, Ringerike FIK                  | ( )  | Prestfoss   | 06.09.2009 |

**400m (K40-44)**

|       |  |       |                                       |      |           |            |
|-------|--|-------|---------------------------------------|------|-----------|------------|
| 59.76 |  | (3)KS | Toril Lauritsen Nyborg, Steinkjer FIK | (67) | Overhalla | 30.05.2009 |
|-------|--|-------|---------------------------------------|------|-----------|------------|

## Utenfor NFIF / Club outside NAA:

|       |  |     |                                      |      |            |            |
|-------|--|-----|--------------------------------------|------|------------|------------|
| 77.47 |  | (1) | Randi Skurseth, Brevpost IL          | (68) | Brumunddal | 05.09.2009 |
| 84.10 |  | (2) | Wenche Kristiansen, Posten Logistikk | ( )  | Brumunddal | 05.09.2009 |

## Manuelle tider / Handtiming:

|      |  |       |                        |      |         |            |
|------|--|-------|------------------------|------|---------|------------|
| 69.7 |  | (m)KS | Anette Bru, Osterøy IL | (69) | Hatland | 03.10.2009 |
|------|--|-------|------------------------|------|---------|------------|

**800m (K40-44)**

|         |  |       |                                              |      |             |            |
|---------|--|-------|----------------------------------------------|------|-------------|------------|
| 2:20.94 |  | (1)   | Toril Lauritsen Nyborg, Steinkjer FIK        | (67) | Moss        | 22.08.2009 |
| 2:21.44 |  | (4)   | Anette Bru, Osterøy IL                       | (69) | Fana        | 13.06.2009 |
| 2:34.78 |  | (2)   | Hanna Blom Breivik, Kongsberg IF             | (69) | Moss        | 22.08.2009 |
| 2:44.87 |  | (3)KS | Kari Øvsthus, Oslo Politis IL                | (66) | Fana        | 02.09.2009 |
| 3:02.1  |  | (1)   | Kjersti Kjernli Andersen, Ullensaker/Kisa IL | (68) | Jessheim    | 19.09.2009 |
| 3:14.2  |  | (1)   | Trine Nygårdsmoen Høiseth, Sørums IL         | (66) | Lørenfallet | 02.06.2009 |

**1000m (K40-44)**

|         |  |     |                        |      |         |            |
|---------|--|-----|------------------------|------|---------|------------|
| 3:32.80 |  | (1) | Anette Bru, Osterøy IL | (69) | Hatland | 03.10.2009 |
|---------|--|-----|------------------------|------|---------|------------|

**1500m (K40-44)**

|         |  |       |                                            |      |          |            |
|---------|--|-------|--------------------------------------------|------|----------|------------|
| 4:53.69 |  | (1)KS | Margrete (Lindstad) Ellingsbø, FIK Orion   | (69) | Romedal  | 16.05.2009 |
| 4:55.12 |  | (1)   | Anette Bru, Osterøy IL                     | (69) | Fana     | 01.07.2009 |
| 5:08.09 |  | (1)   | Kristin Rasdal Håland, Bryne FIK           | (67) | Egersund | 26.09.2009 |
| 5:21.2  |  | (1)   | Siri Fjellberg Larsen, Ullensaker/Kisa IL  | (69) | Jessheim | 04.06.2009 |
| 5:55.0  |  | (2)   | Claudia Berger Asphaug, Ullensaker/Kisa IL | (68) | Jessheim | 04.06.2009 |
| 6:29.2  |  | (3)   | Line Røen Hansen, Ullensaker/Kisa IL       | (66) | Jessheim | 04.06.2009 |
| 6:34.8  |  | (4)   | Wenche Løland, Ullensaker/Kisa IL          | (65) | Jessheim | 04.06.2009 |
| 6:38.1  |  | (5)   | Gunn Kristin Sunde, Ullensaker/Kisa IL     | (66) | Jessheim | 04.06.2009 |

**3000m (K40-44)**

|          |  |       |                                         |      |             |            |
|----------|--|-------|-----------------------------------------|------|-------------|------------|
| 10:53.07 |  | (3)   | Anette Bru, Osterøy IL                  | (69) | Fana        | 14.06.2009 |
| 11:42.07 |  | (1)   | Hanna Blom Breivik, Kongsberg IF        | (69) | Moss        | 22.08.2009 |
| 11:54.22 |  | (3)KS | Kari Øvsthus, Oslo Politis IL           | (66) | Fana        | 03.09.2009 |
| 12:49.5  |  | (1)   | Ann-Theres Mosberg Pedersen, IL Express | (65) | Fevik       | 09.05.2009 |
| 13:05.0  |  | (1)   | Reidun Tveit Sund, Fet FIK              | (66) | Lørenfallet | 08.09.2009 |

**5000m (K40-44)**

|          |       |                                   |      |             |            |
|----------|-------|-----------------------------------|------|-------------|------------|
| 17:43.97 | (4)KS | Vigdis Bringedal Holst, GTI       | (69) | Lillehammer | 02.08.2009 |
| 18:56.9  | (-)   | Anette Bru, Osterøy IL            | (69) | Hatland     | 24.10.2009 |
| 22:07.33 | (1)   | Hanne Liland, T&IF Viking         | (69) | Moss        | 23.08.2009 |
| 23:12.66 | (3)KS | Hege Irene Gathen, Fredrikstad IF | (66) | Lisleby     | 26.06.2009 |

**10000m (K40-44)**

|         |     |                                         |      |         |            |
|---------|-----|-----------------------------------------|------|---------|------------|
| 42:29.6 | (1) | Anette Bru, Osterøy IL                  | (69) | Hatland | 24.10.2009 |
| 45:25.4 | (1) | Ann-Theres Mosberg Pedersen, IL Express | (65) | Fevik   | 15.08.2009 |

**80m hekk / hurdles 76.2 cm (K40-44)**

|       |      |     |                                              |      |               |            |
|-------|------|-----|----------------------------------------------|------|---------------|------------|
| 16.42 | +0,0 | (3) | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Huddinge, SWE | 28.06.2009 |
|-------|------|-----|----------------------------------------------|------|---------------|------------|

**100m hekk / hurdles 84.0 cm (K40-44)**

Manuelle tider / Handtiming:

|      |      |       |                        |      |         |            |
|------|------|-------|------------------------|------|---------|------------|
| 20.3 | +0,0 | (m)KS | Anette Bru, Osterøy IL | (69) | Hatland | 02.10.2009 |
|------|------|-------|------------------------|------|---------|------------|

**200m hekk / hurdles 76.2 cm (K40-44)**

|       |      |       |                        |      |         |            |
|-------|------|-------|------------------------|------|---------|------------|
| 44.84 | -2,2 | (m)KS | Anette Bru, Osterøy IL | (69) | Hatland | 03.10.2009 |
|-------|------|-------|------------------------|------|---------|------------|

**400m hekk / hurdles 76.2 cm (K40-44)**

|       |       |                                       |      |           |            |
|-------|-------|---------------------------------------|------|-----------|------------|
| 70.39 | (1)KS | Toril Lauritsen Nyborg, Steinkjer FIK | (67) | Steinkjer | 13.06.2009 |
| 81.35 | (m)KS | Anette Bru, Osterøy IL                | (69) | Hatland   | 03.10.2009 |

**3000m hinder / steeplechase 76.2 cm (K40-44)**

|          |     |                        |      |         |            |
|----------|-----|------------------------|------|---------|------------|
| 13:34.51 | (m) | Anette Bru, Osterøy IL | (69) | Hatland | 03.10.2009 |
|----------|-----|------------------------|------|---------|------------|

**Høyde / High Jump (K40-44)**

|      |       |                                              |      |            |            |
|------|-------|----------------------------------------------|------|------------|------------|
| 1.23 | (1)   | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Knarvik    | 10.10.2009 |
| 1.10 | (1)   | Anne Grete Kristiansen, Oslo IL              | (65) | Brumunddal | 05.09.2009 |
| 1.07 | (m)KS | Anette Bru, Osterøy IL                       | (69) | Hatland    | 02.10.2009 |

Utenlandsk statsborger / Foreign citizen:

|      |       |                              |      |              |            |
|------|-------|------------------------------|------|--------------|------------|
| 1.50 | (1)KS | Elke Udelhoven, IK Våg (GER) | (68) | Kristiansand | 06.06.2009 |
|------|-------|------------------------------|------|--------------|------------|

**Stav / Pole Vault (K40-44)**

|      |       |                                 |      |         |            |
|------|-------|---------------------------------|------|---------|------------|
| 2.50 | (2)KS | Elin Margrete Dølør, IL i BUL   | (65) | Oslo/So | 10.09.2009 |
| 2.10 | (1)   | Ingunn Gatland Jacobsen, IL Fri | (67) | Hatland | 10.10.2009 |
| 1.85 | (m)KS | Anette Bru, Osterøy IL          | (69) | Hatland | 03.10.2009 |

**Lengde / Long Jump (K40-44)**

|      |      |       |                                              |      |            |            |
|------|------|-------|----------------------------------------------|------|------------|------------|
| 4.97 | +1,8 | (-)KS | Randi Nymoen, Strømmen IF                    | (68) | Lillestrøm | 12.09.2009 |
| 4.95 | +0,0 | (1)   | Toril Lauritsen Nyborg, Steinkjer FIK        | (67) | Steinkjer  | 19.09.2009 |
| 4.53 | +0,2 | (3)   | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Fana       | 14.06.2009 |
| 3.35 | +1,1 | (m)   | Lilly Remme Brunel, Egersunds IK             | (66) | Egersund   | 06.06.2009 |
| 3.17 | +0,8 | (-)   | Anne Merethe Moe Dahlen, Stovnerkameratene   | (66) | Moss       | 22.08.2009 |
| 2.88 | +0,0 | (m)KS | Anette Bru, Osterøy IL                       | (69) | Hatland    | 02.10.2009 |

Utenfor NFIF / Club outside NAA:

|      |     |                                |      |            |            |
|------|-----|--------------------------------|------|------------|------------|
| 3.80 | (1) | Karianne Øen, PIL Kristiansand | (67) | Brumunddal | 04.09.2009 |
|------|-----|--------------------------------|------|------------|------------|

Manglende informasjon om vind / Wind-data missing:

|      |     |                                |      |       |            |
|------|-----|--------------------------------|------|-------|------------|
| 3.33 | (1) | Lisbeth Bjorvatn, Lillesand IL | (66) | Fevik | 13.08.2009 |
|------|-----|--------------------------------|------|-------|------------|

Medvind / Wind-assisted:

|      |      |       |                                              |      |               |            |
|------|------|-------|----------------------------------------------|------|---------------|------------|
| 5.07 | +2,1 | (1)KS | Randi Nymoen, Strømmen IF                    | (68) | Lillestrøm    | 12.09.2009 |
| 4.56 | +2,4 | (2)   | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Huddinge, SWE | 27.06.2009 |
| 3.29 | +2,2 | (2)   | Anne Merethe Moe Dahlen, Stovnerkameratene   | (66) | Moss          | 22.08.2009 |
| 3.22 | +3,5 | (-)   | Anne Merethe Moe Dahlen, Stovnerkameratene   | (66) | Moss          | 22.08.2009 |

**Tresteg / Triple Jump (K40-44)**

|      |      |     |                                              |      |         |            |
|------|------|-----|----------------------------------------------|------|---------|------------|
| 9.59 | -1,1 | (1) | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Knarvik | 11.10.2009 |
| 7.07 | +1,0 | (2) | Anne Merethe Moe Dahlen, Stovnerkameratene   | (66) | Moss    | 23.08.2009 |

Medvind / Wind-assisted:

|      |       |                        |      |         |            |
|------|-------|------------------------|------|---------|------------|
| 6.91 | (m)KS | Anette Bru, Osterøy IL | (69) | Hatland | 03.10.2009 |
|------|-------|------------------------|------|---------|------------|

**Kule / Shot Put 4.0 kg (K40-44)**

|      |       |                                              |      |            |            |
|------|-------|----------------------------------------------|------|------------|------------|
| 9.23 | (1)   | Tove Hustad, Inderøy IL                      | (69) | Inderøy    | 12.09.2009 |
| 8.95 | (1)KS | Randi Nymoen, Strømmen IF                    | (68) | Lillestrøm | 12.09.2009 |
| 8.87 | (1)   | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Knarvik    | 11.10.2009 |
| 8.80 | (3)KS | Gro Berger Lappegård, Oslo Politis IL        | (69) | Fana       | 03.09.2009 |
| 8.69 | (1)   | Anne Merethe Moe Dahlen, Stovnerkameratene   | (66) | Moss       | 22.08.2009 |
| 8.48 | (1)   | Anita Bolstad Raa, FIK BFG Fana              | (66) | Fana       | 28.07.2009 |
| 8.27 | (1)   | Anne Berit Askeland Drønen, Austevoll IK     | (68) | Storebø    | 01.06.2009 |
| 8.11 | (1)   | Ingunn Gatland Jacobsen, IL Fri              | (67) | Knarvik    | 23.04.2009 |
| 7.73 | (1)   | Ellen Schjei Wekre, Steinkjer FIK            | (67) | Steinkjer  | 19.09.2009 |
| 7.65 | (1)   | Anne Grete Kristiansen, Oslo IL              | (65) | Brumunddal | 05.09.2009 |
| (10) |       |                                              |      |            |            |
| 7.62 | (1)   | Eva Irene Stiang Haukø, Lånke IL             | (68) | Tønsås     | 24.09.2009 |
| 7.40 | (3)   | Marianne Jaavall, FIL Bamse                  | (66) | Moss       | 22.08.2009 |
| 7.34 | (1)   | Gunn Ågot Leite, Jøa IL                      | (67) | Jøa        | 25.07.2009 |
| 7.24 | (1)   | Line Gjelsest, IL Sandvin                    | (65) | Sande      | 17.06.2009 |
| 6.97 | (2)KS | Birgitte Marie Størvik, Nittedal IL          | (68) | Nittedal   | 12.09.2009 |
| 6.75 | (1)   | Wenche Haave, Haugesund IL                   | (65) | Haugesund  | 02.10.2009 |
| 6.69 | (m)KS | Anette Bru, Osterøy IL                       | (69) | Hatland    | 02.10.2009 |
| 6.66 | (1)   | Kristin Rasdal Håland, Bryne FIK             | (67) | Egersund   | 26.09.2009 |
| 6.63 | (1)   | Inger Solum Styrvold, Larvik T&IF            | (66) | Larvik/Lo  | 16.09.2009 |
| 6.49 | (1)   | Janne Margrethe Dybvad, Lånke IL             | (66) | Tønsås     | 27.08.2009 |
| (20) |       |                                              |      |            |            |
| 6.49 | (2)   | Randi Nordås, Mjøsdalen IL                   | (68) | Knarvik    | 11.10.2009 |
| 6.44 | (2)   | Marit Kristin Stuberg Guldseth, Lånke IL     | (68) | Tønsås     | 27.08.2009 |
| 6.38 | (2)   | Hildur Kristin Andersen, Åmøy & Grønøy IL    | (68) | Åmnes      | 16.06.2009 |
| 6.05 | (4)   | Lilly Remme Brunel, Egersunds IK             | (66) | Moss       | 21.08.2009 |

## Utenfor NFIF / Club outside NAA:

|      |     |                                      |      |            |            |
|------|-----|--------------------------------------|------|------------|------------|
| 7.03 | (2) | Turid Kåsen, Posten Logistikk        | (66) | Brumunddal | 05.09.2009 |
| 6.09 | (3) | Wenche Kristiansen, Posten Logistikk | ( )  | Brumunddal | 05.09.2009 |
| 6.02 | (4) | Randi Skurseth, Brevpost IL          | (68) | Brumunddal | 05.09.2009 |

**Diskos / Discus Throw 1.0 kg (K40-44)**

|       |       |                                              |      |               |            |
|-------|-------|----------------------------------------------|------|---------------|------------|
| 32.50 | (1)   | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Huddinge, SWE | 28.06.2009 |
| 31.29 | (2)KS | Gro Berger Lappegård, Oslo Politis IL        | (69) | Fana          | 02.09.2009 |
| 26.61 | (2)   | Ingunn Gatland Jacobsen, IL Fri              | (67) | Bergen/Sk     | 24.10.2009 |
| 25.30 | (1)   | Anne Merethe Moe Dahlen, Stovnerkameratene   | (66) | Oslo/St       | 27.05.2009 |
| 21.31 | (1)   | Toril Lauritsen Nyborg, Steinkjer FIK        | (67) | Steinkjer     | 15.09.2009 |
| 21.30 | (1)   | Anne Grete Kristiansen, Oslo IL              | (65) | Brumunddal    | 04.09.2009 |
| 16.23 | (1)   | Line Gjelsest, IL Sandvin                    | (65) | Sande         | 22.09.2009 |
| 15.86 | (m)KS | Anette Bru, Osterøy IL                       | (69) | Hatland       | 02.10.2009 |
| 13.64 | (1)   | Janne Margrethe Dybvad, Lånke IL             | (66) | Tønsås        | 07.05.2009 |

**Slegge / Hammer Throw 4.0 kg (K40-44)**

|       |       |                                              |      |           |            |
|-------|-------|----------------------------------------------|------|-----------|------------|
| 35.51 | (1)   | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Knarvik   | 10.10.2009 |
| 29.26 | (2)   | Ingunn Gatland Jacobsen, IL Fri              | (67) | Bergen/Sk | 24.10.2009 |
| 23.94 | (2)   | Anne Merethe Moe Dahlen, Stovnerkameratene   | (66) | Moss      | 22.08.2009 |
| 21.18 | (2)KS | Gro Berger Lappegård, Oslo Politis IL        | (69) | Fana      | 03.09.2009 |
| 17.05 | (1)   | Janne Margrethe Dybvad, Lånke IL             | (66) | Tønsås    | 07.05.2009 |
| 13.14 | (1)   | Nina Strøm Tandberg, IL Sandvin              | (67) | Sande     | 01.10.2009 |
| 13.04 | (3)KS | Hanne Gjerde, Ringerike FIK                  | ( )  | Prestfoss | 06.09.2009 |
| 12.34 | (m)KS | Anette Bru, Osterøy IL                       | (69) | Hatland   | 02.10.2009 |

**Spyd / Javelin Throw 600 g (K40-44)**

|       |       |                                              |      |            |            |
|-------|-------|----------------------------------------------|------|------------|------------|
| 33.97 | (1)   | Marianne Jaavall, FIL Bamse                  | (66) | Moss       | 21.08.2009 |
| 24.42 | (3)   | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Fana       | 14.06.2009 |
| 24.34 | (2)   | Anne Merethe Moe Dahlen, Stovnerkameratene   | (66) | Moss       | 21.08.2009 |
| 23.55 | (1)   | Anne Grete Kristiansen, Oslo IL              | (65) | Brumunddal | 05.09.2009 |
| 21.71 | (7)KS | Hanne Gjerde, Ringerike FIK                  | ( )  | Prestfoss  | 06.09.2009 |
| 21.35 | (2)KS | Gro Berger Lappegård, Oslo Politis IL        | (69) | Fana       | 02.09.2009 |
| 20.83 | (1)KS | Randi Nymoen, Strømmen IF                    | (68) | Lillestrøm | 12.10.2009 |

## Utenfor NFIF / Club outside NAA:

|       |     |                                |      |            |            |
|-------|-----|--------------------------------|------|------------|------------|
| 20.21 | (2) | Karianne Øen, PIL Kristiansand | (67) | Brumunddal | 05.09.2009 |
| 17.74 | (3) | Turid Kåsen, Posten Logistikk  | (66) | Brumunddal | 05.09.2009 |

**Vekt / Weight Throw 9.08 kg (K40-44)**

|       |     |                                              |      |           |            |
|-------|-----|----------------------------------------------|------|-----------|------------|
| 11.80 | (1) | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Knarvik   | 11.10.2009 |
| 9.95  | (2) | Anne Merethe Moe Dahlen, Stovnerkameratene   | (66) | Drammen   | 07.03.2009 |
| 9.19  | (2) | Ingunn Gatland Jacobsen, IL Fri              | (67) | Bergen/Sk | 24.10.2009 |

**Supervekt / Super Weight Throw 15.88 kg (K40-44)**

|      |     |                                              |      |         |            |
|------|-----|----------------------------------------------|------|---------|------------|
| 7.31 | (1) | Britt Eva Fauskanger Brurås, IL Norna-Salhus | (65) | Knarvik | 11.08.2009 |
|------|-----|----------------------------------------------|------|---------|------------|

**4-kamp / Tetrathlon (K40-44)**

|     |     |                                                                             |      |          |            |
|-----|-----|-----------------------------------------------------------------------------|------|----------|------------|
| 984 | (1) | Lilly Remme Brunel, Egersunds IK<br>(17.22-5.43-3.35-3:30.12) / +0,1 / +1,1 | (66) | Egersund | 06.06.2009 |
|-----|-----|-----------------------------------------------------------------------------|------|----------|------------|

**Kast-5-kamp / Weight Pentathlon (K40-44)**

|      |     |                                                                                |      |               |            |
|------|-----|--------------------------------------------------------------------------------|------|---------------|------------|
| 2903 | (1) | Britt Eva Fauskanger Brurås, IL Norna-Salhus<br>(29.27-8.32-30.65-22.96-10.68) | (65) | Huddinge, SWE | 29.06.2009 |
|------|-----|--------------------------------------------------------------------------------|------|---------------|------------|

|      |     |                                                                             |      |         |            |
|------|-----|-----------------------------------------------------------------------------|------|---------|------------|
| 2197 | (1) | Anne Merethe Moe Dahlen, Stovnerkameratene<br>(20.79-8.05-20.69-20.75-8.47) | (66) | Oslo/La | 02.05.2009 |
|------|-----|-----------------------------------------------------------------------------|------|---------|------------|

**1000m stafett / Swedish Relay (K40-49)**

|         |     |                                                                                            |  |      |            |
|---------|-----|--------------------------------------------------------------------------------------------|--|------|------------|
| 3:03.12 | (1) | Lørenskog FIL                                                                              |  | Moss | 23.08.2009 |
|         |     | (Lisbeth Elvebakk(66)-Kristin Moen(65)-May Lisbeth Dahl(58)-Tone Merete Gjerde Løkken(61)) |  |      |            |